



Event No.	Latest Report Time	Approx. EVENT START	Event	Age Group	Heats or Finals
<b>TRACK EVENTS TIMETABLE</b>					
T01	09.00	<b>09.45</b>	300m H 400m H		<b>athletes register for then we will run</b>
	09.15	<b>10.00</b>	150m	U11G	Hts or FIN
	09.15		150m	U11B	Hts or FIN
	09.15		150m	U13G	Hts or FIN
	09.30		200m	U13B	Hts or FIN
	09.30		200m	U15G	Hts or FIN
	09.45		200m	U15B	Hts or FIN
	09.45		200m	U17W	Hts or FIN
	09.45		200m	U17M	Hts or FIN
	10.00		200m	U20 M	Hts or FIN
	10.00		200m	U20W + SW	Hts or FIN
	10.00		200m	SM	Hts or FIN
	10.15	<b>11.15</b>	600m	U11G	<b>FINAL</b>
	10.15		600m	U11B	<b>FINAL</b>
	10.15		800m	U13G	<b>FINAL</b>
	10.30	<b>11.30</b>	800m	U13B	<b>FINAL</b>
	10.30		800m	U15G	<b>FINAL</b>
	10.30		800m	U15B	<b>FINAL</b>
		<b>11.45</b>	150m	<b>From Heats</b>	<b>FINALS</b>
			200m	<b>From Heats</b>	<b>FINALS</b>
	-				
	11.15	<b>12.15</b>	1000m	U11G + U11B	<b>FINALS</b>
	11.15		70m Hurdles	U13G	Hts or FIN
	11.15		1200m	U13G	<b>FINAL</b>
	11.30		75m Hurdles	U13B	Hts or FIN
	11.30		800m	SW, U20W + U17W	<b>FINALS</b>
	11.30		75m Hurdles	U15G	Hts or FIN
	11.45		800m	U17M	<b>FINAL</b>



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	11.45		800m	U20M + SM	<b>FINALS</b>
	11.45	-	80m Hurdles	U17W	Hts or FIN
	12.00	<b>13.00</b>	3000m	U15 B, U17M, U20M + SM	<b>FINALS</b>
	12.00	<b>13.00</b>	3000m	U15 G, U17W, U20W + SW	<b>FINALS</b>
	12.00		80m Hurdles	U15B	Hts or FIN
	12.15	<b>13.15</b>	2000m S/Chase	U20 W / SW	<b>FINAL</b>
	12.15	<b>13.15</b>	1500m S/Chase	U17W	<b>FINAL</b>
	12.15	<b>13.25</b>		<b>100H ?? 110H ??</b>	<b>FINALS</b>
				<b>Any Hurdle Finals ??</b>	

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<b>TRACK AFTERNOON SESSION EVENTS TIMETABLE</b>					
	13.15	<b>14.15</b>	S / Chase	U17M, U20 M, + S M	<b>FINAL</b>
	13.15		300m / 400m	?????	<b>Hts</b>
		<b>14.30</b>	75m	U11G	Hts or FIN
	13.30		75m	U11B	Hts or FIN
	13.30		75m	U13G	Hts or FIN
	13.30		100m	U13B	Hts or FIN
	13.45		100m	U15G	Hts or FIN
	13.45		100m	U15B	Hts or FIN
	14.00		100m	U17W	Hts or FIN
	14.00		100m	U17M	Hts or FIN
	14.30	<b>15.30</b>	100m	U20 W+SW	Hts or FIN
	14.30		100m	U20 M	Hts or FIN
	14.30		100m	SM	Hts or FIN
	14.40	<b>15.40</b>	1500m	U13B	<b>FINAL</b>
	14.40		1500m	U15G	<b>FINAL</b>
	14.40		1500m	U15B	<b>FINAL</b>
		<b>16.00</b>	75m	U11's or U13 G ??	<b>FINALS</b>
			100m	U13 B + U15's ??	<b>FINALS</b>
	15.15	<b>16.15</b>	1500m	17W, U20W+SW	<b>FINALS</b>
	15.15		1500m	17M, U20 M+SM	<b>FINALS</b>
		<b>16.30</b>	100m	U 17's ??	<b>FINALS</b>
	-		100m	U20 W + SW ??	<b>FINALS</b>
			100m	U20 M + SM ??	<b>FINALS</b>
	15.45	<b>16.45</b>	300m	U15 G	<b>FINAL</b>
	15.45		300m	U15 B	<b>FINAL</b>
	15.45		300m	U17 W	<b>FINAL</b>
T66	16.00	<b>17.00</b>	400m	U17 M	<b>FINAL</b>
T67	16.00		400m	U20 M	<b>FINAL</b>



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T68	16.00		400m	U20 W+SW	<b>FINALS</b>
T69	16.00		400m	SM	<b>FINAL</b>
<b>NOTES:</b>					
Start times shown are approximate times. Athletes are advised to listen for announcements					
In the event of low numbers we may combine certain events !!					
<u>Qualifications to next rounds:</u>					
2 Heats = 1st 3 and 2 Fastest Losers to FINAL					
3 Heats = 1st 2 and 2 Fastest Losers to FINAL					
<b>REPORTING TIMES</b>					
<b>TRACK ATHLETES MUST DECLARE and THEN pick up their number for their event(s) at least one hour before the event start time.</b>					

Event No.	Latest Report Time	Approx. EVENT START	Event	Age Group	Heats or Finals
<b>FIELD EVENTS TIMETABLE</b>					
Event No.	Latest Report Time	Approx. EVENT START	Event	Age Group	
F01	09.00	<b>09.30</b>	Hammer	Females	<b>FINALS</b>
F02a	09.00	<b>09.30</b>	Triple Jump	Females	<b>FINALS Pit 1</b>
F02b	09.00	<b>09.30</b>	Triple Jump	Males	<b>FINALS Pit 1</b>
F03	09.15	<b>09.45</b>	High Jump	Males	<b>FINALS</b>
F04	10.00	<b>10.30</b>	Hammer	Male	<b>FINALS</b>
F05a	10.00	<b>10.30</b>	Pole Vault	Females	<b>FINALS</b>
F05b	10.00	<b>10.30</b>	Pole Vault	Males	<b>FINALS</b>
F06	10.00	<b>10.30</b>	Long Jump	U13B + U11B	<b>FINALS Pit 2</b>
F07	10.45	<b>11.15</b>	Long Jump	U 15 B	<b>FINALS Pit 1</b>
F08	10.45	<b>11.15</b>	Discus	Males	<b>FINALS</b>
F09	11.30	<b>12.00</b>	Long Jump	SM, U20M + 17M	<b>FINALS Pit 1</b>
F10	12.00	<b>12.30</b>	Discus	Females	<b>FINALS</b>
F11	12.30	<b>13.00</b>	Shot Put	15B + 13 B	<b>FINALS</b>
F12	12.45	<b>13.15</b>	Long Jump	SW,U20W + U17W	<b>FINALS Pit 1</b>
F13	13.00	<b>13.30</b>	High Jump	Females	<b>FINALS</b>
F14	13.00	<b>13.30</b>	Soft Javelin	U11B + U11G	<b>FINALS</b>
F15	13.15	<b>13.45</b>	Shot Put	SM, U20M + 17 M	<b>FINALS</b>
F16	13.30	<b>14.00</b>	Javelin	Females	<b>FINALS</b>
F17	13.45	<b>14.15</b>	Long Jump	11 G	<b>FINAL Pit 2</b>
F18	13.45	<b>14.15</b>	Shot Put	15 G + 13 G	<b>FINALS</b>
F19	14.00	<b>14.30</b>	Long Jump	13 G	FINAL Pit 1
F20	14.30	<b>15.00</b>	Shot Put	SW, U20W, + U17W	<b>FINALS</b>
F21	14.30	<b>15.00</b>	Javelin	15B + 13 B	<b>FINALS</b>



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F22	15.15	<b>15.45</b>	Long Jump	U15G	<b>FINAL Pit 2</b>
F23	15.15	<b>15.45</b>	Javelin	SM, U20M + 17 M	<b>FINALS</b>
Start times shown are approximate times. Athletes are advised to listen for announcements					
REPORTING TIMES					
FIELD athletes pick up their number and then report direct to field event area, at least 30 minutes before the published event start time.					
FIELD EVENTS: SENIORS, UNDER 20s, UNDER 17s - 6 TRIALS EACH					
UNDER 15s, UNDER 13s, UNDER 11s - 3 TRIALS EACH + Top Three gain One extra Throw					