

Merseyside County Grand Prix 2015
Overall Individual Standings

Race 1 - St Helens 10k

Race 2 - Liverpool Half Marathon

Race 3 - Walton Park 5M

Race 4 - Birkenhead Park 5M

Race 5 - Rock n' Roll Marathon

Race 6 - Penny Lane 10k

Race 7 - Southport Half Marathon

Race 8 - Sefton Park 5M

Race 9 - Mystery 5k

Race 10 - Halewood 5k

Men

Pos	Name	Club	Cat	Race										Total	Best 5
				Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	10		
1	Anthony Lawlor	Knowsley Harriers	MV50	98	0	96	90	0	92	98	93	95	0	662	480
2	Stephen Doyle	Knowsley Harriers	MV40	0	0	98	96	0	94	0	94	96	92	570	478
3	Kevin Brennan	St Helens Striders	MV45	97	85	88	86	99	0	95	86	0	0	636	465
4	Steven Nijs	Southport Waterloo AC	MV40	0	0	0	85	0	0	96	88	94	90	453	453
5	Paul Schumann	Knowsley Harriers	MV50	0	0	0	82	0	87	0	85	89	87	430	430
6	Ben Lewington	Knowsley Harriers	SM	0	0	93	78	0	86	74	83	80	0	494	420
7	Alexander Rigby	Liverpool Running Club	SM	0	0	0	0	86	77	81	0	85	82	411	411
8	Roy Hughes	Mossley Hill AC	SM	0	75	82	69	0	81	0	0	0	84	391	391
9	David Lawton	Liverpool Running Club	SM	0	50	77	0	0	80	0	71	79	83	440	390
10=	Ant Cassidy	Mossley Hill AC	MV40	86	67	72	0	0	72	77	54	65	78	571	385
10=	Dominic Cooper	Mossley Hill AC	SM	0	84	80	68	0	76	0	0	0	77	385	385
12	Matt Helme	LH&AC/PLS	MV50	0	0	0	55	92	0	89	64	75	0	375	375

13	Lee Ward	Liverpool Running Club	MV40	93	68	70	63	78	0	0	0	0	0	372	372
14	Paul Demore	St Helens Striders	MV45	81	0	0	0	0	75	76	52	43	81	408	365
15	Mark O'Callaghan	Kirkby Milers AC	SM	0	0	0	0	90	74	80	51	67	0	362	362
16	Stephen Watkin	Penny Lane Striders	SM	0	33	69	58	0	0	82	68	83	47	440	360
17	Anthony Metcalfe	Mossley Hill AC	MV60	90	0	65	0	0	0	0	48	58	72	333	333
18	Allan Lawson	Mossley Hill AC	MV45	0	53	68	62	0	68	0	0	0	73	324	324
19	Danny Fegan	St Helens Striders	MV45	82	36	61	43	0	0	64	50	44	65	445	322
20	Thomas King	Penny Lane Striders	SM	85	44	54	47	0	0	0	0	0	59	289	289
21	Jonathan Fisher	Liverpool Running Club	SM	0	46	58	42	0	64	67	38	40	0	355	277
22	Alan Spencer	Knowsley Harriers	MV55	67	3	40	35	0	58	53	28	22	58	364	276
23	Scott Robertson	St Helens Striders	SM	84	34	0	0	0	65	0	42	46	0	271	271
24	Antony Cheers	St Helens Striders	SM	71	17	50	0	0	49	70	18	0	0	275	258
25	Kevin Monaghan	St Helens Striders	MV45	60	0	44	0	0	59	56	37	0	0	256	256
26	Michael O'Rourke	Penny Lane Striders	SM	74	32	0	48	0	0	0	31	0	61	246	246
27	Mike Walker	Southport Waterloo AC	MV65	0	0	52	41	0	62	0	33	17	55	260	243
28	Steven Kelly	Liverpool Running Club	SM	79	38	59	0	0	0	46	20	0	0	242	242
29	Carl Yu	Liverpool Running Club	MV40	62	1	0	34	0	56	0	21	23	56	253	231
30	David Navis	St Helens Striders	SM	80	31	8	30	0	0	58	23	26	0	256	225
31	Stephen Pemberto	Penny Lane Striders	MV60	0	19	0	56	0	0	62	41	38	0	216	216
32	Tony Green	Liverpool Harriers	MV55	65	7	0	0	0	52	52	0	2	0	178	178
33	Terry Noon	Knowsley Harriers	SM	64	5	45	0	0	48	0	6	0	0	168	168
34	Chris Wills	Knowsley Harriers	SM	0	0	0	0	53	40	17	0	1	48	159	159
35	Stan Cottier	Liverpool Running Club	MV65	47	1	0	22	0	35	15	1	1	30	152	149
36	Mick O'Brien	Knowsley Harriers	MV45	52	1	17	21	0	0	12	1	1	40	145	142
37	John Clark	Knowsley Harriers	SM	0	1	18	0	0	78	38	1	0	0	136	136
38	James Stansfield	Penny Lane Striders	SM	41	1	14	24	0	0	0	1	1	42	124	122
39=	Carl Williams	Knowsley Harriers	MV45	0	1	0	0	0	36	22	1	0	39	99	99
39=	Rob Armes	Liverpool Running Club	SM	0	1	11	0	65	0	21	1	0	0	99	99
41	Kenny Worrall	Liverpool Running Club	MV40	0	1	1	0	0	50	33	1	0	0	86	86
42	Derek Hughes	Knowsley Harriers	MV60	0	0	1	17	0	31	0	1	1	24	75	74
43	Ian Broadhurst	Knowsley Harriers	MV45	0	1	0	28	0	0	26	5	1	0	61	61

44	Davie Thompson	Liverpool Running Club	SM	0	1	3	0	0	38	10	1	0	0	53	53
45	Richard Hughes	Southport Waterloo AC	MV60	0	0	4	0	0	32	5	1	1	0	43	43
46	Mark Clair	Knowsley Harriers	SM	0	0	100	0	0	95	0	0	100	98	393	
47	Peter Green	Knowsley Harriers	SM	0	96	0	0	0	0	0	96	98	95	385	
48	Kelvin Dickinson	Wirral AC	MV40	0	95	0	84	0	89	0	0	91	0	359	
49	Chris Iles	Mossley Hill AC	SM	0	0	91	81	0	83	0	0	0	85	340	
50	Kev Outten	St Helens Striders	MV40	94	0	0	75	94	0	0	0	0	74	337	
51	Dan Thomas	Penny Lane Striders	SM	96	77	0	0	0	0	90	73	0	0	336	
52	Rob Kelly	Knowsley Harriers	SM	0	0	0	70	0	82	0	87	93	0	332	
53	Jay Clarke	Penny Lane Striders	SM	99	0	90	72	0	0	0	65	0	0	326	
54	John Halson	LPS AC	MV50	0	0	85	79	0	0	0	0	74	79	317	
55	David Daly	Kirkby Milers AC	SM	0	0	0	0	84	0	83	67	66	0	300	
56	Ian Moran	Kirkby Milers AC	SM	0	0	0	0	0	0	100	92	97	0	289	
57	James Thompson	Knowsley Harriers	SM	0	0	0	94	0	93	0	95	0	0	282	
58	Gareth Howell	Liverpool Harriers	SM	0	97	94	0	0	0	0	0	90	0	281	
59	Mark Wynne	LPS AC	MV40	0	0	97	88	0	0	0	0	0	94	279	
60	Andy McQue	Liverpool Harriers	SM	0	0	0	83	100	0	0	0	0	93	276	
61	Alex Cowin	Penny Lane Striders	SM	0	86	0	0	98	0	0	90	0	0	274	
62	Lawrence Eccles	Penny Lane Striders	SM	0	90	0	0	0	0	0	0	92	88	270	
63	Terry Mitchell	Knowsley Harriers	SM	0	0	0	0	0	85	0	82	88	0	255	
64	Anthony Wilcox	Liverpool Harriers	MV50	0	0	87	0	0	0	0	79	87	0	253	
65	Carl Murphy	Liverpool Running Club	SM	0	80	92	0	0	0	0	76	0	0	248	
66	John Jensen	Penny Lane Striders	SM	0	0	0	0	0	0	63	53	62	69	247	
67	Chris Pedder	LPS AC	MV55	0	0	0	71	0	84	0	0	86	0	241	
68	Alan Joyce	Southport Waterloo AC	MV60	0	0	0	0	0	70	0	49	55	63	237	
69	Graham Douglas	Penny Lane Striders	SM	0	83	78	0	0	0	0	0	73	0	234	
70	Paul Riley	Penny Lane Striders	MV40	87	0	0	0	87	0	0	60	0	0	234	
71	Mike Gall	Knowsley Harriers	SM	0	78	75	0	0	0	0	77	0	0	230	
72	Jamie Pugh	Knowsley Harriers	SM	0	81	0	73	0	0	0	72	0	0	226	
73	Colin Dobbs	Penny Lane Striders	SM	0	0	76	0	0	0	0	66	77	0	219	

74	Andrew Leslie	Penny Lane Striders	SM	0	0	81	0	0	0	0	63	72	0	216
75	Rob Burke	Liverpool Running Club	MV50	0	0	73	0	79	0	0	62	0	0	214
76	Tony Devoy	Wirral AC	MV55	0	0	0	67	0	0	85	61	0	0	213
77	Lee Lewington	Knowsley Harriers	SM	0	0	0	59	0	73	79	0	0	0	211
78	Andrew Glen	Knowsley Harriers	MV50	0	0	0	0	67	55	0	30	0	53	205
79	William Jones	Knowsley Harriers	MV45	0	0	0	0	0	69	0	0	61	71	201
80	Haccalu Hundeessa	Liverpool Harriers	SM	0	0	0	0	0	100	0	100	0	0	200
81	James Toohey	Liverpool Running Club	SM	0	100	0	0	0	0	0	0	0	100	200
82	Callum Grant	Liverpool Harriers	MU20	0	0	0	0	0	0	0	0	99	99	198
83	Phil Robertson	Wirral AC	SM	0	0	0	99	0	97	0	0	0	0	196
84	Paul Sankey	Liverpool Harriers	MV45	0	98	0	97	0	0	0	0	0	0	195
85	Bob Lewington	Knowsley Harriers	MV50	0	55	0	54	0	0	84	0	0	0	193
86	Richard Worsley	St Helens Striders	MV40	78	0	51	0	0	63	0	0	0	0	192
87	Marc Littlefield	Penny Lane Striders	SM	0	1	62	0	0	0	0	58	70	0	191
88	Xavier Desse	Wirral AC	MV40	0	0	0	95	0	96	0	0	0	0	191
89	Richard Thorpe	Penny Lane Striders	SM	0	0	66	0	0	0	0	0	59	64	189
90	Joseph Chedgzoy	Kirkby Milers AC	SM	0	0	0	0	0	0	0	55	64	67	186
91	Alan Ashton	Liverpool Harriers	MV45	0	0	0	0	0	90	0	0	0	96	186
92	John McNamara	Liverpool Running Club	SM	0	0	63	0	0	60	60	0	0	0	183
93	Richard Davies	Wirral AC	SM	0	0	0	87	0	0	94	0	0	0	181
94	Robbie Trecarichi	Southport Waterloo AC	MV40	0	0	0	0	0	54	57	0	15	54	180
95	Paul Warrington	Southport Waterloo AC	SM	0	69	0	0	0	0	0	0	48	60	177
96	Joe Lazenby	Liverpool Running Club	SM	0	0	86	0	0	0	0	0	0	91	177
97	Mike Green	Wallasey AC	MV40	0	0	0	0	77	0	97	0	0	0	174
98	John Armstrong	Wallasey AC	MV45	0	0	0	0	91	0	0	80	0	0	171
99	Jerome Doyle	Penny Lane Striders	MV40	0	42	0	0	0	0	65	0	63	0	170
100	Pete Fairclough	St Helens Striders	SM	95	0	0	0	0	0	0	0	0	75	170
101	Marc Goudie	Penny Lane Striders	SM	0	0	0	0	0	0	68	44	57	0	169
102	Nigel Grant	Penny Lane Striders	MV50	0	0	0	76	0	0	92	0	0	0	168
103	Patrick Boyle	Liverpool Running Club	MV40	0	0	0	80	0	0	0	0	0	86	166
104	Julien Tour	Penny Lane Striders	SM	0	25	0	45	64	0	0	0	31	0	165

105	Leslie Abbott	St Helens Striders	MV55	66	0	43	0	0	0	54	0	0	0	163
106	Jonathan Toft	Penny Lane Striders	SM	0	0	0	0	0	0	0	78	84	0	162
107	Alex Waddelove	Southport Waterloo AC	SM	0	73	0	0	0	0	0	0	0	89	162
108	Gary English	Liverpool Running Club	MV50	0	0	83	0	0	0	0	0	78	0	161
109	Paul Cliff	Liverpool Running Club	MV45	0	0	0	53	0	67	0	40	0	0	160
110	Rob Pearse	Wallasey AC	MV40	0	74	0	0	0	0	0	84	0	0	158
111	Mark Ashby	Southport Waterloo AC	MV55	0	62	0	0	95	0	0	0	0	0	157
112	Lyndon Easthope	Penny Lane Striders	SM	0	87	0	0	0	0	0	70	0	0	157
113	Brian Middleton	St Helens Striders	MV60	88	0	0	0	0	0	0	0	0	68	156
114	Martin Christian	Knowsley Harriers	MV45	0	0	0	0	0	0	0	74	81	0	155
115	James Brooker	Southport Waterloo AC	SM	0	0	0	0	83	0	72	0	0	0	155
116	Daniel Gilbody	LPS AC	SM	0	76	0	0	0	0	78	0	0	0	154
117	Daniel Coonan	Penny Lane Striders	SM	0	52	55	46	0	0	0	0	0	0	153
118	Andrew Biddle	Penny Lane Striders	MV40	0	0	57	49	0	0	0	46	0	0	152
119	James Boardman	Mossley Hill AC	SM	0	71	0	0	81	0	0	0	0	0	152
120	Andrew Keeley	Penny Lane Striders	MV50	0	70	79	0	0	0	0	0	0	0	149
121	Richard Houghton	Southport Waterloo AC	SM	0	63	0	0	85	0	0	0	0	0	148
122	John Lingard	St Helens Striders	MV60	59	0	0	0	0	0	88	0	0	0	147
123	Chris Pownell	Knowsley Harriers	SM	0	0	0	0	58	0	86	0	0	0	144
124	James Warburton	Kirkby Milers AC	SM	0	0	0	0	0	0	75	0	68	0	143
125	Stephen Lennon	LPS AC	MV40	0	56	0	0	0	0	87	0	0	0	143
126	Geoff Rudd	Liverpool Running Club	MV45	0	0	60	0	0	0	0	47	33	0	140
127	David Edwards	Kirkby Milers AC	MV50	0	0	0	0	0	0	0	69	71	0	140
128	Patrick Lee	St Helens Striders	MV45	63	0	0	0	71	0	0	0	0	0	134
129	Tony Craig	Kirkby Milers AC	MV45	0	0	0	0	0	0	44	32	0	57	133
130	Michael Kelly	Wallasey AC	SM	0	65	0	66	0	0	0	0	0	0	131
131	Stuart Barry	Knowsley Harriers	MV50	69	0	0	0	0	45	0	17	0	0	131
132	Stuart Jones	Mossley Hill AC	SM	0	37	67	0	0	0	0	27	0	0	131
133	Lee Clarke	Penny Lane Striders	MV40	0	0	0	0	75	0	0	0	56	0	131
134	Paul Brady	Penny Lane Striders	MV45	0	0	0	40	0	0	42	43	0	0	125
135	Anthony Horsfall	St Helens Striders	MV50	0	0	39	0	0	0	0	15	19	51	124

136	Alex Abbott	St Helens Striders	SM	55	0	33	0	0	0	32	0	0	0	120
137	Neil Rigby	St Helens Striders	MV40	0	0	0	0	68	0	0	0	0	52	120
138	Jonathan Kirkman	St Helens Striders	SM	0	0	0	0	0	66	0	0	53	0	119
139	Robert Wood	Liverpool Pembroke Seft	MV55	0	0	0	0	0	0	0	0	49	70	119
140	Thomas Rimmer	Penny Lane Striders	SM	0	59	0	0	0	0	0	0	60	0	119
141	Stuart Tagg	St Helens Striders	SM	61	0	0	0	57	0	0	0	0	0	118
142	Nathan Parry	Knowsley Harriers	MU20	0	0	0	51	0	0	0	0	0	66	117
143	Adrian Loughrey	Penny Lane Striders	MV50	0	43	0	0	0	0	73	0	0	0	116
144	Anthony Padmore	St Helens Striders	MV45	0	0	48	36	0	0	0	29	0	0	113
145	Keith Swift	Southport Waterloo AC	SM	0	0	0	0	76	0	0	0	34	0	110
146	James Fenwick	Liverpool Running Club	SM	0	40	0	0	69	0	0	0	0	0	109
147	Steven Hesp	Liverpool Running Club	SM	0	1	41	0	66	0	0	0	0	0	108
148	Nick Burns	St Helens Striders	MV50	75	28	0	0	0	0	0	0	0	0	103
149	Mark Thomas	Penny Lane Striders	MV50	58	0	36	0	0	0	0	0	9	0	103
150	James Daly	Liverpool Running Club	SM	0	0	46	0	0	0	0	56	0	0	102
151	David Quinn	Liverpool Harriers	SM	0	0	0	0	74	0	0	0	27	0	101
152	Martin Swensson	Penny Lane Striders	SM	0	0	0	100	0	0	0	0	0	0	100
153	John Ashcroft	Liverpool Harriers	SM	100	0	0	0	0	0	0	0	0	0	100
154	Martin Farrar	St Helens Striders	MV45	57	0	0	0	0	43	0	0	0	0	100
155	Graham Stewart	Liverpool Running Club	MV45	0	0	0	0	70	0	0	0	29	0	99
156	Stephen Gorman	Penny Lane Striders	MV40	0	1	0	0	62	0	36	0	0	0	99
157	Robert McGrath	Southport Waterloo AC	MV50	0	0	0	0	0	0	99	0	0	0	99
158	Ian Lawton	Liverpool Harriers	SM	0	0	0	0	0	99	0	0	0	0	99
159	Philip Walton	Wallasey AC	SM	0	99	0	0	0	0	0	0	0	0	99
160	Alistair Rutherford	Mossley Hill AC	SM	0	0	99	0	0	0	0	0	0	0	99
161	James McNally	Liverpool Harriers	SM	0	0	0	0	0	0	0	99	0	0	99
162	Philip Langan	Wirral AC	SM	0	0	0	98	0	0	0	0	0	0	98
163	Joseph Vis	Southport Waterloo AC	SM	0	0	0	0	0	98	0	0	0	0	98
164	Laurie Luscombe	Liverpool Harriers	SM	0	0	0	0	0	0	0	98	0	0	98
165	Graham Cushion	Liverpool Running Club	SM	0	0	56	0	0	0	0	0	41	0	97
166	Joe Grundy	Liverpool Harriers	SM	0	0	0	0	0	0	0	97	0	0	97

167	Mark Bissell	Knowsley Harriers	SM	0	0	0	0	97	0	0	0	0	0	97
168	Andrew Kershaw	Southport Waterloo AC	MU20	0	0	0	0	0	0	0	0	0	97	97
169	Stephen Mannings	Penny Lane Striders	SM	0	0	0	0	96	0	0	0	0	0	96
170	Kyle Harrison	Liverpool Running Club	SM	0	0	95	0	0	0	0	0	0	0	95
171	David Marsh	Southport Waterloo AC	MV55	0	1	0	0	52	0	41	0	0	0	94
172	Thomas Rogerson	Liverpool Harriers	SM	0	94	0	0	0	0	0	0	0	0	94
173	Jason Walker	Southport Waterloo AC	MV40	0	0	0	0	0	0	93	0	0	0	93
174	Peter Bird	Wallasey AC	SM	0	93	0	0	0	0	0	0	0	0	93
175	Wilf Patterson	Wirral AC	MU20	0	0	0	93	0	0	0	0	0	0	93
176	Ben Wittenberg	Southport Waterloo AC	SM	0	0	0	0	93	0	0	0	0	0	93
177	Craig Hawley	Penny Lane Striders	MV55	0	30	0	0	0	0	55	0	8	0	93
178	Richard Seville	St Helens Striders	MV40	92	0	0	0	0	0	0	0	0	0	92
179	John Cain	Liverpool Harriers	SM	0	92	0	0	0	0	0	0	0	0	92
180	David Brockway	Wirral AC	SM	0	0	0	92	0	0	0	0	0	0	92
181	Stephen Wall	Liverpool Running Club	MV40	0	0	42	0	0	0	49	0	0	0	91
182	Luke Jockins	Liverpool Harriers	SM	0	0	0	0	0	91	0	0	0	0	91
183	Mark Hulmston	Wirral AC	MV40	0	0	0	91	0	0	0	0	0	0	91
184	Gregory Callaghan	LPS AC	MV50	0	91	0	0	0	0	0	0	0	0	91
185	James Cassidy	Liverpool Harriers	SM	91	0	0	0	0	0	0	0	0	0	91
186	Marc Jacques	Liverpool Running Club	MV45	0	0	0	0	0	0	91	0	0	0	91
187	Tom Michaelson	Knowsley Harriers	SM	0	0	0	0	0	0	0	91	0	0	91
188	Christopher Lee	Penny Lane Striders	SM	0	0	84	0	0	0	0	0	6	0	90
189	John Connolly	Penny Lane Striders	MV40	0	0	0	0	0	0	0	89	0	0	89
190	George Aylward	Penny Lane Striders	SM	0	16	0	0	73	0	0	0	0	0	89
191	Stephen Robinson	Penny Lane Striders	MV40	0	0	0	0	89	0	0	0	0	0	89
192	Phil O'Rourke	Liverpool Running Club	MV50	0	0	0	0	0	46	43	0	0	0	89
193	Peter Brame	Liverpool Harriers	MV45	0	89	0	0	0	0	0	0	0	0	89
194	Chris Reid	St Helens Striders	MV50	89	0	0	0	0	0	0	0	0	0	89
195	Lewis Smith	Liverpool Harriers	MU17	0	0	89	0	0	0	0	0	0	0	89
196	Neil Hunter	St Helens Striders	MV40	0	0	0	0	0	0	59	0	30	0	89
197	Richard Webster	Wallasey AC	MV45	0	0	0	89	0	0	0	0	0	0	89

198	Andrew Loughney	Liverpool Harriers	MV60	0	0	0	0	88	0	0	0	0	0	88
199	Colin Palmer	Wallasey AC	MV50	0	88	0	0	0	0	0	0	0	0	88
200	Simon Poole	St Helens Striders	MV40	68	0	20	0	0	0	0	0	0	0	88
201	Terry Roberts	Wirral AC	SM	0	0	0	0	0	88	0	0	0	0	88
202	Ian Wright	St Helens Striders	MV40	0	0	53	0	0	0	0	34	0	0	87
203	Nicholas Heath	Liverpool Running Club	SM	0	24	0	0	60	0	0	0	0	0	84
204	Andy Fisher	St Helens Striders	MV40	83	0	0	0	0	0	0	0	0	0	83
205	Paul Gray	Liverpool Harriers	MV45	0	0	0	0	0	0	0	0	82	0	82
206	Nick Holt	Wallasey AC	MV40	0	0	0	0	82	0	0	0	0	0	82
207	Robert Hornby	Southport Waterloo AC	SM	0	82	0	0	0	0	0	0	0	0	82
208	Mike Clayton	Liverpool Running Club	SM	0	0	0	0	0	0	0	81	0	0	81
209	Sam Evans	Penny Lane Striders	SM	0	0	0	0	80	0	0	0	0	0	80
210	Matthew Collins	Mossley Hill AC	SM	0	0	0	0	0	0	0	0	0	80	80
211	Peter Roome	Southport Waterloo AC	MV50	0	79	0	0	0	0	0	0	0	0	79
212	Gary Carney	St Helens Striders	MV45	0	0	0	0	0	79	0	0	0	0	79
213	Roger Haslett	St Helens Striders	MV45	77	0	0	0	0	0	0	0	0	0	77
214	Steve Smith	Liverpool Running Club	MV55	53	1	23	0	0	0	0	0	0	0	77
215	Simon Fox	Wirral AC	MV45	0	0	0	77	0	0	0	0	0	0	77
216	Martin Hirrell	Penny Lane Striders	MV45	0	29	0	0	0	0	48	0	0	0	77
217	Andy Cantwell	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	76	76
218	Luke Harrison	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	76	0	76
219	Karl Allender	St Helens Striders	SM	76	0	0	0	0	0	0	0	0	0	76
220	Christopher McElrc	Mossley Hill AC	SM	0	0	0	0	0	0	31	0	0	45	76
221	Mike Cox	St Helens Striders	MV50	48	0	19	0	0	0	9	0	0	0	76
222	Rob Williams	Liverpool Harriers	SM	0	0	0	0	0	0	0	75	0	0	75
223	Gregory Hope	Mossley Hill AC	SM	0	1	30	0	0	44	0	0	0	0	75
224	Andrew Conway	Mossley Hill AC/LPS AC	MV50	0	10	0	0	0	0	0	36	28	0	74
225	Tim Waldron	Liverpool Running Club	SM	0	0	74	0	0	0	0	0	0	0	74
226	Simon Jeffs	Wirral AC	MV40	0	0	0	74	0	0	0	0	0	0	74
227	John Smee	St Helens Striders	MV45	73	0	0	0	0	0	0	0	0	0	73
228	Steve Armstrong	Wallasey AC	MV45	0	12	0	0	0	0	61	0	0	0	73

229	Stuart Harrison	Penny Lane Striders	SM	0	15	49	0	0	0	0	9	0	0	73
230	Terence Turner	Liverpool Running Club	SM	0	9	0	0	63	0	0	0	0	0	72
231	John McManniman	Liverpool Running Club	MV40	0	0	0	0	72	0	0	0	0	0	72
232	John Bampton	Penny Lane Striders	MV40	72	0	0	0	0	0	0	0	0	0	72
233	Jamie Carragher	Wallasey AC	SM	0	72	0	0	0	0	0	0	0	0	72
234	Rod Jones	Liverpool Running Club	MV55	0	1	35	0	0	0	0	35	0	0	71
235	Darren Unsworth	Kirkby Milers AC	SM	0	0	0	0	0	0	71	0	0	0	71
236	Colin Duggan	Liverpool Running Club	MV55	49	0	9	0	0	0	13	0	0	0	71
237	Des Mclvor	Wirral AC	MV50	0	0	71	0	0	0	0	0	0	0	71
238	David Knowles	Liverpool Running Club	SM	0	0	0	0	0	71	0	0	0	0	71
239	Kenneth Hill	St Helens Striders	MV60	70	0	0	0	0	0	0	0	0	0	70
240	Andy Boulger	Kirkby Milers AC	SM	0	0	0	0	0	0	0	0	69	0	69
241	Ian Fitzpatrick	Southport Waterloo AC	MV50	0	0	0	0	0	0	69	0	0	0	69
242	Ian Pinnington	Mossley Hill AC	MV50	0	0	0	0	0	42	25	0	0	0	67
243	Colin Oxley	Liverpool Running Club	MV60	0	0	0	0	0	57	0	0	10	0	67
244	Pauls Auce	Penny Lane Striders	SM	0	0	0	0	0	0	66	0	0	0	66
245	Gary Judge	Liverpool Running Club	MV50	0	66	0	0	0	0	0	0	0	0	66
246	Tony Dagnall	St Helens Striders	MV55	0	0	29	29	0	0	0	7	0	0	65
247	Mark Hughes	Wirral AC	SM	0	0	0	65	0	0	0	0	0	0	65
248	Phil Cuthbert	Wallasey AC	MV40	0	0	0	64	0	0	0	0	0	0	64
249	Peter Fraser	Wirral AC	SM	0	64	0	0	0	0	0	0	0	0	64
250	Rob Bruchez-Corbe	Penny Lane Striders	SM	0	0	64	0	0	0	0	0	0	0	64
251	Michael Connor	Knowsley Harriers	MV45	0	0	0	0	0	0	0	0	0	0	62
252	Mark Scott	Liverpool Running Club	MV45	0	11	0	0	0	0	51	0	0	0	62
253	George Pierce	Liverpool Running Club	MV45	0	0	0	0	0	51	0	0	11	0	62
254	Peter Garrigan	Liverpool Running Club	SM	0	0	0	0	61	0	0	0	0	0	61
255	Craig Cluney	Liverpool Running Club	MV45	0	0	31	0	0	0	30	0	0	0	61
256	Rob Cooper	Penny Lane Striders	SM	0	61	0	0	0	0	0	0	0	0	61
257	Nick Wilson	Wirral AC	MV45	0	0	0	61	0	0	0	0	0	0	61
258	Kennie Shurie MacI	Kirkby Milers AC	MV45	0	0	0	0	0	61	0	0	0	0	61
259	Tom O'Dowd	Knowsley Harriers	SM	0	0	0	60	0	0	0	0	0	0	60

260	David Owens	Penny Lane Striders	MV40	0	60	0	0	0	0	0	0	0	0	60
261	Stephen Dipple	Penny Lane Striders	MV40	0	0	0	33	0	0	0	26	0	0	59
262	Phil Bailey	Southport Waterloo AC	MV60	0	0	0	0	0	0	0	59	0	0	59
263	Bryan Stevenson	Wallasey AC	SM	0	0	0	0	59	0	0	0	0	0	59
264	Peter Teeling	St Helens Striders	MV40	0	0	24	0	0	0	35	0	0	0	59
265	James Price	Liverpool Running Club	MV60	0	58	0	0	0	0	0	0	0	0	58
266	Paul Abela-Stevens	Liverpool Running Club	MV40	0	1	0	0	56	0	0	0	0	0	57
267	Phil Dabner	Wallasey AC	MV45	0	57	0	0	0	0	0	0	0	0	57
268	Daniel Morgan	Wirral AC	SM	0	0	0	57	0	0	0	0	0	0	57
269	Gary Clare	St Helens Striders	MV45	0	0	0	0	0	0	0	57	0	0	57
270	Tony Bond	Southport Waterloo AC	MV45	0	1	0	0	55	0	0	0	0	0	56
271	Paul Spencer	St Helens Striders	MV40	56	0	0	0	0	0	0	0	0	0	56
272	Stephen Flanagan	Southport Waterloo AC	SM	0	1	0	0	54	0	0	0	0	0	55
273	Kev Cunningham	St Helens Striders	SM	0	0	0	0	0	0	0	0	54	0	54
274	David Kirk	Liverpool Running Club	MV55	0	1	13	0	0	33	7	0	0	0	54
275	Gary Spriggs	St Helens Striders	MV40	54	0	0	0	0	0	0	0	0	0	54
276	Carl Pedder	Southport Waterloo AC	MV50	0	54	0	0	0	0	0	0	0	0	54
277	Alan Sanderson	Liverpool Running Club	SM	0	0	0	0	0	53	0	0	0	0	53
278	Chris Ball	Wirral AC	MV45	0	0	0	52	0	0	0	0	0	0	52
279	Paul Cope	Kirkby Milers AC	SM	0	0	0	0	0	0	0	0	52	0	52
280	Colin Sefton	Mossley Hill AC	MV55	0	1	0	37	0	0	0	0	14	0	52
281	Ian Williams	Mossley Hill AC	MV45	0	0	0	0	0	0	0	0	51	0	51
282	Mark Finch	Penny Lane Striders	MV50	0	0	0	0	51	0	0	0	0	0	51
283	Bryan Cole	Liverpool Running Club	SM	43	1	7	0	0	0	0	0	0	0	51
284	Alex Bentley	Knowsley Harriers	SM	0	51	0	0	0	0	0	0	0	0	51
285	Tom Towey	St Helens Striders	MV60	51	0	0	0	0	0	0	0	0	0	51
286	Jim Savage	Kirkby Milers AC	MV40	0	0	0	0	0	0	0	0	50	0	50
287	Steve Wright	St Helens Striders	MV50	50	0	0	0	0	0	0	0	0	0	50
288	Gareth Langford	Wirral AC	SM	0	0	0	50	0	0	0	0	0	0	50
289	Brian O'Reilly	Southport Waterloo AC	MV50	0	0	0	0	0	0	50	0	0	0	50
290	Gavin Parry	Knowsley Harriers	MV45	0	0	0	38	0	0	0	0	12	0	50

291	Mark Bleasdale	Liverpool Pembroke Seft	MV55	0	0	0	0	0	0	0	0	0	50	50
292	John Dobie	Liverpool Pembroke Seft	MV65	0	0	0	0	0	0	0	0	0	49	49
293	Neil Silcock	Southport Waterloo AC	MV45	0	49	0	0	0	0	0	0	0	0	49
294	Frank Murphy	Knowsley Harriers	MV45	0	0	0	0	0	47	0	0	1	0	48
295	Paul Cunningham	Knowsley Harriers	SM	0	48	0	0	0	0	0	0	0	0	48
296	Mark Knight	Penny Lane Striders	SM	0	47	0	0	0	0	0	0	0	0	47
297	Olivier Giger	Mossley Hill AC	SM	0	0	47	0	0	0	0	0	0	0	47
298	Stephen McNicholas	Penny Lane Striders	MV50	0	0	0	0	0	0	0	0	47	0	47
299	Tony Man	Penny Lane Striders	MV45	0	0	0	0	0	0	47	0	0	0	47
300	Kieran Carr	Knowsley Harriers	MV40	0	0	0	0	0	0	0	8	7	32	47
301	Geoff Hunter	St Helens Striders	MV50	46	0	0	0	0	0	0	0	0	0	46
302	Adam Gallimore	St Helens Striders	MV40	0	0	34	0	0	0	0	12	0	0	46
303	Arthur Cross	Knowsley Harriers	MV55	0	0	0	0	0	0	0	0	0	46	46
304	Eamonn Brady	Penny Lane Striders	MV45	0	0	0	16	0	0	6	19	5	0	46
305	Jason Jones	St Helens Striders	MV40	45	0	0	0	0	0	0	0	0	0	45
306	Paul Ashby	Southport Waterloo AC	MV50	0	45	0	0	0	0	0	0	0	0	45
307	Mark Murphy	Penny Lane Striders	MV40	0	0	0	0	0	0	45	0	0	0	45
308	Kevin Gorry	Wallasey AC	SM	0	0	0	0	0	0	0	45	0	0	45
309	Keith Boyle	Penny Lane Striders	MV40	0	0	0	23	0	0	20	1	1	0	45
310	Peter Evans	Liverpool Running Club	SM	42	0	2	0	0	0	0	1	0	0	45
311	David McNiven	Liverpool Harriers	MV45	0	0	0	0	0	0	0	0	45	0	45
312	Philip Moody	Liverpool Running Club	SM	44	0	0	0	0	0	0	0	0	0	44
313	David Griffiths	Penny Lane Striders	MV45	0	22	0	0	0	0	0	22	0	0	44
314	Paul Collins	Wirral AC	MV50	0	0	0	44	0	0	0	0	0	0	44
315	Peter Jones	Mossley Hill AC	SM	0	0	0	0	0	0	0	0	0	44	44
316	Michael Maloney	Knowsley Harriers	MV60	0	0	0	0	0	0	0	0	0	43	43
317	Brian Fitzhenry	Kirkby Milers AC	MV45	0	0	0	0	0	0	0	0	1	41	42
318	Peter Jones	St Helens Striders	MV40	0	0	0	0	0	0	0	0	42	0	42
319	Tony Woods	Penny Lane Striders	MV40	0	1	0	26	0	0	14	1	0	0	42
320	Trevor Astell	Penny Lane Striders	MV55	0	0	0	0	0	0	0	16	25	0	41
321	James Thornhill	Mossley Hill AC	SM	0	0	0	0	0	41	0	0	0	0	41

322	Graham Wild	Knowsley Harriers	MV50	40	1	0	0	0	0	0	0	0	0	41
323	Graham Slater	Wallasey AC	SM	0	41	0	0	0	0	0	0	0	0	41
324	Stephen Lea	Liverpool Running Club	SM	0	1	0	0	0	0	39	0	0	0	40
325	Billy Hargreaves	Southport Waterloo AC	MV65	0	0	0	0	0	0	0	1	1	38	40
326	David Alty	Southport Waterloo AC	SM	0	0	0	0	0	0	40	0	0	0	40
327	Malcolm Boyes	Mossley Hill AC	FV50	0	0	0	39	0	0	0	0	0	0	39
328	Anthony Jones	St Helens Striders	CS	39	0	0	0	0	0	0	0	0	0	39
329	Matthew Nelson	Southport Waterloo AC	MV55	0	0	0	0	0	0	0	0	39	0	39
330	Keith Andrews	Liverpool Running Club	MV50	0	39	0	0	0	0	0	0	0	0	39
331	Nigel Chilvers	Kirkby Milers AC	MV45	0	0	0	0	0	0	0	39	0	0	39
332	Paul Gilbertson	Liverpool Running Club	SM	0	1	38	0	0	0	0	0	0	0	39
333	Maurice Butler	Liverpool Harriers	MV60	0	0	0	0	0	39	0	0	0	0	39
334	Ben Lawrenson	St Helens Striders	SM	0	38	0	0	0	0	0	0	0	0	38
335	Darren Brown	Liverpool Running Club	MV40	0	13	25	0	0	0	0	0	0	0	38
336	Paul Hickey	Liverpool Harriers	SM	0	0	0	0	0	0	0	0	37	0	37
337	Shane Knott	Penny Lane Striders	SM	0	0	37	0	0	0	0	0	0	0	37
338	Tony Dickinson	Kirkby Milers AC	MV45	0	0	0	0	0	37	0	0	0	0	37
339	Mark Davies	Southport Waterloo AC	MV45	0	0	0	0	0	0	37	0	0	0	37
340	Gregory Hocking	Penny Lane Striders	MV40	0	0	0	0	0	0	0	24	13	0	37
341	Ian Dutton	Knowsley Harriers	MV45	0	0	0	0	0	0	0	0	0	37	37
342	Christopher Sullivan	Kirkby Milers AC	MV40	0	0	0	0	0	0	0	0	1	36	37
343	Louis Atkinson	Kirkby Milers AC	SM	0	0	0	0	0	0	0	0	1	35	36
344	Kenneth Day	Kirkby Milers AC	SM	0	0	0	0	0	0	0	0	36	0	36
345	Robert Givnan	Liverpool Running Club	MV40	0	0	0	0	0	0	0	0	35	0	35
346	Richard Kirk	Liverpool Running Club	SM	0	1	0	0	0	0	34	0	0	0	35
347	Callum Flanagan	Liverpool Running Club	SM	0	35	0	0	0	0	0	0	0	0	35
348	Paul Carr	St Helens Striders	MV60	0	0	0	0	0	34	0	1	0	0	35
349	Tom Preece	Kirkby Milers AC	MU20	0	0	0	0	0	0	0	0	0	34	34
350	Simon Ellis	Knowsley Harriers	SM	0	0	0	0	0	0	0	1	0	33	34
351	Barry Bright	Penny Lane Striders	MV55	0	0	0	0	0	0	29	4	0	0	33
352	Mike Griffiths	Wallasey AC	MV60	0	0	0	32	0	0	0	0	0	0	32

384	Bryan Case	Liverpool Running Club	SM	0	0	0	20	0	0	0	0	0	0	20
385	Tony Hewitson	Penny Lane Striders	MV70	0	1	0	18	0	0	0	1	0	0	20
386	Tony Burquest	Kirkby Milers AC	SM	0	0	0	0	0	0	0	0	20	0	20
387	Anthony Brockway	Wirral AC	MV55	0	0	0	19	0	0	0	0	0	0	19
388	Paul Gardner	Kirkby Milers AC	SM	0	0	0	0	0	0	19	0	0	0	19
389	William Merritt	Knowsley Harriers	MV50	0	0	0	0	0	0	0	0	18	0	18
390	James Doolan	LPS AC	MV40	0	18	0	0	0	0	0	0	0	0	18
391	Tim Jones	Penny Lane Striders	MV40	0	1	0	0	0	0	16	0	0	0	17
392	Sean Lockett	Liverpool Running Club	SM	0	0	16	0	0	0	0	0	0	0	16
393	Colin Wilson	St Helens Striders	MV45	0	0	15	0	0	0	0	1	0	0	16
394	David Pinnington	Penny Lane Striders	MV50	0	0	0	0	0	0	0	0	16	0	16
395	Paul Rudkin	LPS AC	MV40	0	14	0	0	0	0	0	0	0	0	14
396	Adam Tysoe	Liverpool Running Club	SM	0	0	0	0	0	0	0	14	0	0	14
397	Terry McKeown	Liverpool Running Club	MV50	0	0	0	0	0	0	0	13	0	0	13
398	Terry Long	Penny Lane Striders	MV60	0	1	12	0	0	0	0	0	0	0	13
399	Frankie Smith	Liverpool Running Club	MV45	0	1	0	0	0	0	11	0	0	0	12
400	David Lynan	Penny Lane Striders	MV40	0	1	0	0	0	0	0	10	0	0	11
401	Phil Raymond	Liverpool Running Club	SM	0	0	10	0	0	0	0	1	0	0	11
402	John Guy	Penny Lane Striders	SM	0	8	0	0	0	0	0	2	0	0	10
403	Ben Freeney	Penny Lane Striders	SM	0	1	0	0	0	0	8	0	0	0	9
404	Jon Court	Liverpool Running Club	MV50	0	0	5	0	0	0	3	0	0	0	8
405	William Walsh	LPS AC	MV55	0	1	6	0	0	0	0	0	0	0	7
406	Andy Smith	Liverpool Harriers	MV40	0	6	0	0	0	0	0	0	0	0	6
407	Michael Devereux	Penny Lane Striders	MV65	0	1	0	0	0	0	0	1	3	0	5
408	Anthony McClenna	Liverpool Running Club	SM	0	0	0	0	0	0	4	0	0	0	4
409	Joe McGlynn	Penny Lane Striders	MV55	0	0	0	0	0	0	0	0	4	0	4
410	Colin O'Brien	Penny Lane Striders	MV40	0	1	0	0	0	0	0	1	1	0	3
411	Mike Welsby	Penny Lane Striders	MV50	0	1	0	0	0	0	0	1	1	0	3
412	Neil Kelly	Wirral AC	MV50	0	2	0	0	0	0	0	0	0	0	2
413	Ron Bowcock	Penny Lane Striders	MV45	0	1	0	0	0	0	0	0	1	0	2
414	Michael Edwards	Penny Lane Striders	MV55	0	0	0	0	0	0	0	1	1	0	2

415	Michael Sharkey	Penny Lane Striders	MV65	0	0	0	0	0	0	0	1	1	0	2
416	Jon Windle	Penny Lane Striders	MV40	0	0	0	0	0	0	0	1	1	0	2
417	Vincent Hessey	Penny Lane Striders	MV65	0	0	0	0	0	0	0	1	1	0	2
418	Billy Sergeson	Penny Lane Striders	MV45	0	1	0	0	0	0	0	1	0	0	2
419	Ian Wood	Liverpool Harriers	MV45	0	1	0	0	0	0	0	0	0	0	1
420	Raaland Burke	Mossley Hill AC	MV40	0	1	0	0	0	0	0	0	0	0	1
421	Peter Simpson	Liverpool Harriers	MV65	0	1	0	0	0	0	0	0	0	0	1
422	Mark Wilson	Knowsley Harriers	MV40	0	1	0	0	0	0	0	0	0	0	1
423	Ian Kelly	LPS AC	SM	0	1	0	0	0	0	0	0	0	0	1
424	Peter Duncan	Liverpool Running Club	SM	0	1	0	0	0	0	0	0	0	0	1
425	Andy Hodson	Penny Lane Striders	MV40	0	1	0	0	0	0	0	0	0	0	1
426	Alan Gray	Southport Waterloo AC	MV65	0	1	0	0	0	0	0	0	0	0	1
427	Peter Hayes	Liverpool Running Club	MV40	0	1	0	0	0	0	0	0	0	0	1
428	Carl Deighton	Mossley Hill AC	SM	0	1	0	0	0	0	0	0	0	0	1
429	Paul Thelwall	Wallasey AC	MV60	0	1	0	0	0	0	0	0	0	0	1
430	Barry Wheller	Penny Lane Striders	MV40	0	1	0	0	0	0	0	0	0	0	1
431	Oz Fry	Penny Lane Striders	MV40	0	1	0	0	0	0	0	0	0	0	1
432	Steven Gray	Knowsley Harriers	SM	0	1	0	0	0	0	0	0	0	0	1
433	Ian Deakin	Liverpool Running Club	SM	0	1	0	0	0	0	0	0	0	0	1
434	Aidan Close	Liverpool Running Club	SM	0	1	0	0	0	0	0	0	0	0	1
435	Mal Taylor	Penny Lane Striders	SM	0	1	0	0	0	0	0	0	0	0	1
436	Justin Bradley	Southport Waterloo AC	MV45	0	1	0	0	0	0	0	0	0	0	1
437	Anthony Harper	Southport Waterloo AC	MV55	0	1	0	0	0	0	0	0	0	0	1
438	Frederick Brown	Liverpool Harriers	MV65	0	1	0	0	0	0	0	0	0	0	1
439	Daniel Kelly	Penny Lane Striders	SM	0	1	0	0	0	0	0	0	0	0	1
440	Colin Moneypenny	Penny Lane Striders	MV55	0	1	0	0	0	0	0	0	0	0	1
441	John Paul Standey	Knowsley Harriers	SM	0	1	0	0	0	0	0	0	0	0	1
442	Dave Owens	Mossley Hill AC	MV60	0	1	0	0	0	0	0	0	0	0	1
443	Paul McGregor	Penny Lane Striders	MV50	0	0	0	0	0	0	0	1	0	0	1
444	Peter Yip	Penny Lane Striders	MV55	0	0	0	0	0	0	0	1	0	0	1
445	Peter Hamlett	Knowsley Harriers	MV45	0	0	0	0	0	0	0	1	0	0	1

446	Stephen Pickavance	St Helens Striders	MV55	0	0	0	0	0	0	0	0	1	0	0	1
447	Chris O'Sullivan	Knowsley Harriers	MV40	0	0	0	0	0	0	0	0	1	0	0	1
448	Tommy Gates	Penny Lane Striders	MV55	0	0	0	0	0	0	0	0	1	0	0	1
449	Rolf Westrum	Wallasey AC	MV60	0	0	0	0	0	0	0	0	1	0	0	1
450	Jim Garvey	Penny Lane Striders	MV65	0	0	0	0	0	0	0	0	1	0	0	1
451	Kevin O'Brien	Penny Lane Striders	MV70	0	0	0	0	0	0	0	0	1	0	0	1
452	Philip Murray	Penny Lane Striders	MV75	0	0	0	0	0	0	0	0	1	0	0	1
453	Harry Rainford	Penny Lane Striders	MV70	0	0	0	0	0	0	0	0	1	0	0	1
454	Andy Bates	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	1	0	1
455	George Winter	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	1	0	1
456	Tom Pritchard	Knowsley Harriers	SM	0	0	0	0	0	0	0	0	0	1	0	1
457	Neil Braithwaite	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	1	0	1
458	Robert Farley	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	1	0	1
459	Rob Moore	Knowsley Harriers	MV40	0	0	0	0	0	0	0	0	0	1	0	1
460	Stephen Draper	Mossley Hill AC	MV60	0	0	0	0	0	0	0	0	0	1	0	1
461	Bob Blease	Kirkby Milers AC	MV50	0	0	0	0	0	0	0	0	0	1	0	1
462	Adam McGlory	Penny Lane Striders	SM	0	0	0	0	0	0	0	0	0	1	0	1
463	Gareth Hughes	Knowsley Harriers	SM	0	0	0	0	0	0	0	0	0	1	0	1
464	Matthew Bates	Knowsley Harriers	SM	0	0	0	0	0	0	0	0	0	1	0	1