

Merseyside County Grand Prix 2015
Overall Individual Standings

Race 1 - St Helens 10k

Race 2 - Liverpool Half Marathon

Race 3 - Walton Park 5M

Race 4 - Birkenhead Park 5M

Race 5 - Rock 'n Roll Marathon

Race 6 - Penny Lane 10k

Race 7 - Southport Half Marathon

Race 8 - Sefton Park 5M

Race 9 - Mystery 5k

Race 10 - Halewood 5k

Women

Pos	Name	Club	Cat	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Total	Best 5
1	Kirsty Longley	Liverpool Pembroke Sef	FV35	100	0	0	100	0	100	0	100	100	0	500	500
2	Rachael Fairclough	St Helens Striders	SF	99	0	0	0	0	97	0	98	97	98	489	489
3	Sharon Samson	Penny Lane Striders	FV35	98	97	98	95	0	0	99	97	92	94	770	489
4	Gillian Verdin	Liverpool Running Club	SF	0	0	95	91	89	0	96	95	93	0	559	470
5	Lisa Crosby	Mossley Hill AC	FV40	0	95	92	88	0	87	0	0	0	93	455	455
6	Trace Allan	Southport Waterloo AC	SF	0	0	0	86	0	88	95	85	88	92	534	449
7	Pauline Horsfall	St Helens Striders	FV55	89	0	91	0	0	0	0	84	84	90	438	438
8=	Sarah Richards	Southport Waterloo AC	FV35	0	84	0	80	96	82	94	78	77	0	591	436
8=	Louise Warn	Penny Lane Striders	SF	0	83	0	87	0	0	89	86	83	91	519	436
8=	Jeanette Fisher	St Helens Striders	FV40	95	0	0	0	0	84	0	83	85	89	436	436
11	Anne-Marie Williar	Penny Lane Striders	FV40	0	79	0	0	98	0	92	76	74	85	504	430
12	Justine Moore	Knowsley Harriers	FV40	0	93	0	0	0	89	0	87	72	88	429	429

13	Laura Buckley	St Helens Striders	SF	92	0	0	79	0	83	0	0	79	87	420	420
14	Sam Tiger	Mossley Hill AC	FV35	94	0	0	76	0	81	0	0	78	82	411	411
15	Lynn Lewington	Knowsley Harriers	FV45	0	0	83	73	0	80	84	0	73	80	473	400
16=	Anna Watkin	Penny Lane Striders	SF	0	63	89	83	0	0	81	63	0	83	462	399
16-	Helen Lodge	Southport Waterloo AC	FV45	0	76	84	0	0	0	88	73	0	78	399	399
18	Jane Nicholson	Penny Lane Striders	FV50	81	60	82	72	91	0	72	56	57	0	571	398
19	Jess Garrigan	Liverpool Running Club	FV35	0	70	80	0	95	0	80	72	70	0	467	397
20	Lynsey Unsworth	Knowsley Harriers	SF	0	0	0	89	0	92	0	91	40	74	386	386
21	Rachel Rick	Penny Lane Striders	FV55	82	64	45	0	90	0	76	67	68	0	492	383
22	Susan Rogers	Mossley Hill AC	FV55	84	56	75	0	0	65	0	0	0	71	351	351
23	Rebecca McKenna	St Helens Striders	FV40	85	55	78	0	0	70	0	45	0	0	333	333
24	Denise Garrigan	Liverpool Running Club	FV35	0	21	61	0	0	0	52	22	38	0	194	194
25	Helen Sahgal	Liverpool Harriers	SF	0	0	97	92	0	0	0	94	0	96	379	
26	Caroline Hall	Wirral AC	FV45	0	96	0	90	0	90	0	0	80	0	356	
27	Alex O'Brien	Liverpool Running Club	SF	0	100	100	0	0	0	0	99	0	0	299	
28	Helen Davies	Mossley Hill AC	SF	0	98	0	97	0	94	0	0	0	0	289	
29	Michelle King	Penny Lane Striders	SF	97	0	0	93	0	0	0	0	0	97	287	
30	Rachel Richardson	Mossley Hill AC	SF	0	0	0	94	0	91	0	96	0	0	281	
31	Michelle Murphy	Liverpool Harriers	FV45	0	88	96	0	0	0	0	0	90	0	274	
32	Jo Keeling	Liverpool Running Club	SF	0	0	94	0	0	86	0	0	86	0	266	
33	Catherine McElhinr	Southport Waterloo AC	FV40	0	66	77	70	0	0	0	51	0	0	264	
34	Jayne Mclvor	Liverpool Running Club	FV50	0	0	71	0	0	69	71	49	0	0	260	
35	Kathryn Sharkey	Penny Lane Striders	SF	0	86	0	0	0	0	0	88	82	0	256	
36	Elizabeth Lyanan	Penny Lane Striders	FV35	0	81	0	0	0	0	91	74	0	0	246	
37	Clare O'Callaghan	Penny Lane Striders	SF	0	59	0	0	97	0	82	0	0	0	238	
38	Amy Gilbertson	Liverpool Running Club	SF	0	65	81	0	92	0	0	0	0	0	238	
39	Paula Smith	Wirral AC	FV40	0	36	68	0	87	0	0	37	0	0	228	
40	Sue Carter	Kirkby Milers AC	SF	0	0	0	0	0	0	83	68	0	76	227	
41	Katie Cunliffe	Knowsley Harriers	SF	0	0	85	0	0	0	0	59	0	75	219	
42	Sue Stewart	Southport Waterloo AC	FV65	0	0	0	0	0	74	85	0	52	0	211	

74	Katie Johnson	Penny Lane Striders	SF	0	0	0	0	0	0	0	80	81	0	161
75	Debi McMillan	Penny Lane Striders	FV40	0	0	46	64	0	0	0	17	32	0	159
76	Ann Green	Kirkby Milers AC	FV55	0	0	0	0	0	0	49	21	34	55	159
77	Louise Watson	Penny Lane Striders	FV35	0	0	0	0	0	0	0	81	76	0	157
78	Collette O'Halleron	Kirkby Milers AC	FV40	0	0	0	0	0	0	0	42	51	64	157
79	Sharon Farmer	Mossley Hill AC	FV40	0	74	0	81	0	0	0	0	0	0	155
80	Maria Brockway	Wirral AC	FV50	0	73	0	82	0	0	0	0	0	0	155
81	Sharon Lamont	Wallasey AC	FV50	0	0	0	77	0	78	0	0	0	0	155
82	Jacqueline Latham	St Helens Striders	SF	71	24	0	0	0	0	59	0	0	0	154
83	Joanne Jackson	St Helens Striders	FV40	74	0	0	0	0	0	0	0	0	77	151
84	Nicola Howarth	St Helens Striders	FV45	80	0	0	0	0	0	0	0	0	70	150
85	Joanne Keogh	St Helens Striders	FV40	87	0	0	0	0	0	0	62	0	0	149
86	Louise Padmore	St Helens Striders	FV45	0	0	57	66	0	0	0	24	0	0	147
87	Judie Ko	Liverpool Running Club	FV45	0	49	0	0	0	0	70	26	0	0	145
88	Cheryl Pace	Penny Lane Striders	FV35	0	0	0	0	0	0	79	66	0	0	145
89	Jackie Jones	Liverpool Running Club	FV50	0	43	0	0	0	0	66	34	0	0	143
90	Michelle Bird	Liverpool Running Club	FV40	0	0	0	0	88	0	0	54	0	0	142
91	Karen Parry	Knowsley Harriers	FV45	0	0	0	75	0	0	0	0	67	0	142
92	Adele Aspinall	Mossley Hill AC	FV35	0	0	0	0	0	76	0	0	66	0	142
93	Lesley Finnih	Penny Lane Striders	FV35	0	34	0	69	0	0	0	38	0	0	141
94	Melanie Holden	Penny Lane Striders	SF	0	58	0	0	83	0	0	0	0	0	141
95	Tracey Carr	Knowsley Harriers	FV50	0	0	0	0	0	0	0	32	44	65	141
96	Emma Williams	Kirkby Milers AC	SF	0	0	0	0	0	0	77	0	63	0	140
97	Hayley Watson	St Helens Striders	SF	88	47	0	0	0	0	0	0	0	0	135
98	Gina Bellhouse	Southport Waterloo AC	FV45	67	0	0	0	0	0	67	0	0	0	134
99	Holly Johnson	Penny Lane Striders	SF	0	69	0	0	0	0	0	64	0	0	133
100	Alison Little	Liverpool Running Club	FV35	0	46	0	0	85	0	0	0	0	0	131
101	Ruth Besford	St Helens Striders	FV40	79	0	0	0	0	0	0	52	0	0	131
102	Adele Gold	Kirkby Milers AC	FV40	0	0	0	0	0	66	65	0	0	0	131
103	Julie Houghton	Mossley Hill AC	FV40	0	71	0	0	0	0	0	0	58	0	129
104	Natalie Duckworth	St Helens Striders	FV35	0	0	0	0	0	0	60	0	0	69	129

105	Amanda Holman	Kirkby Milers AC	FV40	0	0	0	0	0	71	0	0	56	0	127
106	Natalie Cubbins	Kirkby Milers AC	FV35	0	0	0	0	0	67	0	0	0	56	123
107	Gill Darby	Penny Lane Striders	FV50	0	0	0	0	0	0	0	61	60	0	121
108	Sandra Ellison	Wallasey AC	FV55	0	1	0	0	84	0	0	35	0	0	120
109	Laura Owens	Liverpool Running Club	SF	0	57	0	0	0	63	0	0	0	0	120
110	Lisa Payne	Liverpool Running Club	FV40	0	0	50	0	0	51	0	19	0	0	120
111	Olga Jarynka	Knowsley Harriers	FV35	0	0	0	0	0	57	0	0	0	59	116
112	Claire Meadows	Penny Lane Striders	FV45	0	0	0	0	0	0	0	46	0	67	113
113	Rachel Mairs	Liverpool Running Club	SF	0	23	60	0	0	0	0	30	0	0	113
114	Jan Fisher	Liverpool Running Club	FV55	0	12	51	0	0	49	0	0	0	0	112
115	Christine Carter	Kirkby Milers AC	FV35	0	0	0	0	0	0	0	0	45	66	111
116	Anita Hall	St Helens Striders	FV45	69	0	0	0	0	0	0	40	0	0	109
117	Ruth Fisher	Penny Lane Striders	SF	0	54	55	0	0	0	0	0	0	0	109
118	Rachel Simm	St Helens Striders	SF	59	0	49	0	0	0	0	0	0	0	108
119	Louise Thomas	Liverpool Running Club	SF	68	35	0	0	0	0	0	0	0	0	103
120	Sarah Flanagan	Penny Lane Striders	FV35	0	0	0	0	100	0	0	0	0	0	100
121	Jennifer Clague	Liverpool Harriers	FV40	0	0	0	0	0	0	100	0	0	0	100
122	Maria Barrett	Liverpool Harriers	SF	0	0	0	0	0	0	0	0	0	100	100
123	Sarah Singleton	Liverpool Harriers	FV45	0	0	0	0	0	0	0	0	99	0	99
124	Christine Murphy	Liverpool Harriers	FV45	0	99	0	0	0	0	0	0	0	0	99
125	Carolyn Knott	Penny Lane Striders	FV40	0	52	0	0	0	0	0	47	0	0	99
126	Chrissie Stewart	Liverpool Running Club	FV50	0	5	0	0	93	0	0	0	0	0	98
127	Samantha Wade	Liverpool Pembroke Sef	SF	0	0	0	0	0	0	98	0	0	0	98
128	Jennifer Houghton	Kirkby Milers AC	SF	0	0	0	0	0	54	0	0	43	0	97
129	Georgina Gillen	Southport Waterloo AC	FV35	0	0	0	0	0	0	97	0	0	0	97
130	Shirley Chung	Liverpool Running Club	FV45	0	0	72	0	0	0	0	25	0	0	97
131	Catherine Roberts	St Helens Striders	SF	96	0	0	0	0	0	0	0	0	0	96
132	Linda Rogers	Liverpool Running Club	FV55	0	29	67	0	0	0	0	0	0	0	96
133	Heather Goadsby	Southport Waterloo AC	FV50	0	27	0	0	0	0	69	0	0	0	96
134	Fiona Dutton	Penny Lane Striders	SF	0	0	0	0	0	0	0	0	0	95	95
135	Beth Hankinson	Penny Lane Striders	SF	0	0	0	0	0	0	0	0	94	0	94

136	Sasha Yap	Penny Lane Striders	SF	0	94	0	0	0	0	0	0	0	0	94
137	Jane Lightfoot	Knowsley Harriers	SF	0	0	0	0	94	0	0	0	0	0	94
138	Sheila Rodgers	Kirkby Milers AC	FV50	0	0	0	0	0	0	0	33	0	60	93
139	Karen Kelly	Liverpool Running Club	FV35	0	0	64	0	0	0	0	29	0	0	93
140	Lauren Wilson	Liverpool Pembroke Sef	SF	0	0	93	0	0	0	0	0	0	0	93
141	Victoria Jones	Liverpool Pembroke Sef	SF	0	0	0	0	0	0	93	0	0	0	93
142	Hayley Fairclough	Liverpool Running Club	SF	0	0	0	0	0	0	0	92	0	0	92
143	Laura Murphy	Liverpool Harriers	SF	0	92	0	0	0	0	0	0	0	0	92
144	Myka Heard	Penny Lane Striders	FV45	0	91	0	0	0	0	0	0	0	0	91
145	Clare Murphy	Liverpool Harriers	SF	0	0	0	0	0	0	0	0	91	0	91
146	Jo Bruchez-Corbett	Penny Lane Striders	FV35	0	32	0	0	0	0	58	0	0	0	90
147	Mary Rees	Wallasey AC	FV60	0	90	0	0	0	0	0	0	0	0	90
148	Cheryl Orrick	St Helens Striders	FV40	90	0	0	0	0	0	0	0	0	0	90
149	Robby Richey	Penny Lane Striders	FV40	0	0	0	0	0	0	90	0	0	0	90
150	Leanne Rimmer	Liverpool Running Club	SF	0	0	0	0	0	62	0	28	0	0	90
151	Maxine Booth	Knowsley Harriers	SF	0	89	0	0	0	0	0	0	0	0	89
152	Jo Winstanley	Liverpool Running Club	SF	0	0	0	0	0	0	0	89	0	0	89
153	Sue Burke	Liverpool Running Club	FV50	0	0	87	0	0	0	0	0	0	0	87
154	Annie McCaffrey	Southport Waterloo AC	FV50	0	0	0	0	0	0	87	0	0	0	87
155	Amanda Lee	Kirkby Milers AC	FV40	0	0	0	0	0	0	86	0	0	0	86
156	Lisa Mercer	Liverpool Running Club	SF	0	0	86	0	0	0	0	0	0	0	86
157	Ursula Cheetham	Liverpool Running Club	FV40	0	0	0	0	86	0	0	0	0	0	86
158	Helen Sharman	Knowsley Harriers	SF	0	0	0	0	0	0	0	0	0	86	86
159	Cristina Puccini	Penny Lane Striders	FV45	0	85	0	0	0	0	0	0	0	0	85
160	Josephine Edgar	Liverpool Running Club	FV35	0	26	59	0	0	0	0	0	0	0	85
161	Helen Wilkinson	Knowsley Harriers	SF	0	0	0	0	0	85	0	0	0	0	85
162	Jane Blacklin	Southport Waterloo AC	FV55	0	30	0	0	0	0	55	0	0	0	85
163	Katrina Iles	Mossley Hill AC	SF	0	0	0	0	0	0	0	0	0	0	84
164	Clare Pickavance	St Helens Striders	FV40	83	0	0	0	0	0	0	0	0	0	83
165	Suzanne Hornby	Liverpool Running Club	FV35	0	17	65	0	0	0	0	0	0	0	82
166	Claire Stanistreet	Penny Lane Striders	SF	0	0	0	0	82	0	0	0	0	0	82

167	Zoe Sumner	Penny Lane Striders	SF	0	80	0	0	0	0	0	0	0	0	80
168	Paula Dixon	Mossley Hill AC	SF	0	0	0	0	0	79	0	0	0	0	79
169	Linda Greengrass	Kirkby Milers AC	FV45	0	0	0	0	0	0	78	0	0	0	78
170	Elin Brier	Mossley Hill AC	SF	0	78	0	0	0	0	0	0	0	0	78
171	Esther Lindesay	Wirral AC	SF	0	0	0	78	0	0	0	0	0	0	78
172	Jenny Bradshaw	Wallasey AC	FV35	0	0	0	0	0	0	0	77	0	0	77
173	Andrea Hill-Jones	St Helens Striders	FV35	77	0	0	0	0	0	0	0	0	0	77
174	Samatha Bentall	Penny Lane Striders	FV45	0	77	0	0	0	0	0	0	0	0	77
175	Katrina O'Neil	Mossley Hill AC	SF	0	0	0	0	0	77	0	0	0	0	77
176	Elizabeth Dennett	Knowsley Harriers	FV40	62	14	0	0	0	0	0	0	0	0	76
177	Donna Halsall	St Helens Striders	FV40	75	0	0	0	0	0	0	0	0	0	75
178	Lucie Michaelson	Penny Lane Striders	SF	0	0	0	0	0	0	0	0	75	0	75
179	Jane Fraser	Wirral AC	FV60	0	0	0	74	0	0	0	0	0	0	74
180	Louise Adlington	Liverpool Running Club	SF	63	11	0	0	0	0	0	0	0	0	74
181	Catherine Doyle	Liverpool Harriers	FV35	0	0	0	0	0	0	74	0	0	0	74
182	Jennie Rooney	Liverpool Running Club	SF	0	0	0	0	0	0	73	0	0	0	73
183	Rachel Saunders	Wallasey AC	FV50	0	0	0	0	0	73	0	0	0	0	73
184	Tami Garvey-Jones	St Helens Striders	FV40	73	0	0	0	0	0	0	0	0	0	73
185	Njideka Agwuna	Penny Lane Striders	FV40	0	72	0	0	0	0	0	0	0	0	72
186	Amanda Coogan	St Helens Striders	FV40	72	0	0	0	0	0	0	0	0	0	72
187	Lisa Carney	Wallasey AC	FV35	0	0	0	0	0	72	0	0	0	0	72
188	Dawn Atherton	Knowsley Harriers	SF	0	0	0	0	0	0	0	0	71	0	71
189	Dawn Fairclough	Liverpool Running Club	FV35	0	0	0	0	0	0	0	71	0	0	71
190	Nicci Davies	Wallasey AC	FV55	0	0	0	71	0	0	0	0	0	0	71
191	Laura De'ath	St Helens Striders	SF	70	0	0	0	0	0	0	0	0	0	70
192	Carol Knowles	Liverpool Running Club	FV60	0	16	54	0	0	0	0	0	0	0	70
193	Ester Van Ginneker	Penny Lane Striders	SF	0	0	0	0	0	0	0	70	0	0	70
194	Marie Motley	Penny Lane Striders	FV50	0	0	0	0	0	0	0	0	69	0	69
195	Kate Banham	Knowsley Harriers	FV40	0	0	0	0	0	48	0	20	0	0	68
196	Mary Heery	Penny Lane Striders	FV55	0	68	0	0	0	0	0	0	0	0	68
197	Sarah Jackson	Liverpool Harriers	FV35	0	0	0	0	0	0	68	0	0	0	68

