

Merseyside County Grand Prix 2016
Overall Individual Female Vets Standings

Race 1 - St Helens 10k

Race 2 - Liverpool Spring 10k

Race 3 - Walton Park 5M

Race 4 - Birkenhead Park 5M

Race 5 - Penny Lane 10k

Race 6 - Southport Half Marathon

Race 7 - Sefton Park 5M

Race 8 - Mystery 5k

Race 9 - Halewood 5k

Race 10 - Wirral Half Marathon

Name	Club	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Total	Best 5 Total
FV35													
Katie Johnson	PENNY LANE STRIDERS	0	85	88	0	0	0	93	89	97	0	452	452
Sarah Richards	PENNY LANE STRIDERS	0	0	73	82	0	84	78	0	0	93	410	410
Christine Carter	KIRKBY MILERS AC	0	34	36	0	0	43	0	45	76	0	234	234
Denise Garrigan	KIRKBY MILERS AC	0	0	26	0	0	40	40	47	0	61	214	214
Jay Smith	LIVERPOOL RC	0	0	52	0	49	22	19	0	0	33	175	175
FV40													
Lisa Crosby	MOSSLEY HILL AC	98	0	97	93	97	93	0	93	0	0	571	478
Jeanette Fisher	ST HELENS STRIDERS	94	91	83	0	93	80	77	0	0	0	518	441

Julia Shuker	ST HELENS SUTTON AC	80	0	81	0	87	76	0	0	0	74	398	398
Clare Wright	LIVERPOOL RC	0	64	71	74	78	64	71	0	87	85	594	395
Julie Houghton	MOSSLEY HILL AC	73	0	68	71	83	0	0	83	0	0	378	378

FV45

Angela Delaney	SOUTHPORT WATERLOO /	0	0	93	94	99	97	97	98	0	0	578	485
Annemarie Williams	PENNY LANE STRIDERS	88	78	70	77	60	77	0	67	90	68	675	410
Bhavana Mistry	KIRKBY MILERS AC	68	59	57	62	81	71	62	59	0	91	610	373
Amanda Holman	KIRKBY MILERS AC	0	63	60	61	74	36	0	56	0	62	412	320
Amanda Coogan	ST HELENS STRIDERS	52	10	14	0	0	0	28	31	0	0	135	135

FV50

Sue Heaps	ST HELENS STRIDERS	78	62	50	58	0	0	59	60	85	83	535	368
Jane Nicholson	PENNY LANE STRIDERS	0	61	51	63	0	59	49	0	82	51	416	316
Tracey Carr	KNOWSLEY HARRIERS	0	28	28	55	62	0	47	48	78	0	346	290
Sharon Lamont	WALLASEY AC	0	69	0	0	76	0	0	57	0	89	291	
Rachel Saunders	WALLASEY AC	0	71	0	0	0	53	0	65	0	88	277	

FV55+

Susan Cooper	SOUTHPORT WATERLOO /	89	0	0	0	95	90	0	76	94	0	444	444
Rachel Rick	PENNY LANE STRIDERS	0	0	53	0	0	67	0	58	83	90	351	351
Mary Rees	WALLASEY AC	0	89	0	81	0	0	72	78	0	0	320	
Pauline Horsfall	ST HELENS STRIDERS	92	0	94	0	0	0	85	0	0	0	271	
Carol Foster	ST HELENS STRIDERS	87	0	0	79	0	0	0	0	92	0	258	

