

Merseyside County Grand Prix 2018
Overall Individual Standings

- Race 1 - St Helens 10k**
- Race 2 - Liverpool Spring 10k**
- Race 3 - Walton Park 5M**
- Race 4 - Birkenhead Park 5M**
- Race 5 - Penny Lane 10k**
- Race 6 - Southport Half Marathon**
- Race 7 - Sefton Park 5M**
- Race 8 - Seaside Runs 5k**
- Race 9 - Halewood 5k**
- Race 10 - Knowsley Safari Park 10M**

Men

Pos	Name	Club	Cat	Race	Race	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race	Best 5 Total	No of Races
				1	2								10		
1	Jamie	Rutherford	Liverpool Running Club		148	149	148	150	150	150	150			749	7
2	Chris	Pownell	Knowsley Harriers		147		147	148	149		148	138		739	6
3	Ben	Lewington	Kirkby Milers AC		144	132	146	144	146	138	148	149	147	736	9
4	Rob	Pearse	Wallasey Athletic Club	MV40		101		142	147		146	147	148	730	6
5	Ryan	Jones	Kirkby Milers AC		147	128	145	133	144	147	145	145	145	729	9
6	Jay	Clarke	Penny Lane Striders			143		139	118		142	143	149	716	6
7	James	Ellis	Kirkby Milers AC		143	108	139	130	143	144	140	137	140	710	9
8	Anthony	Lawlor	Knowsley Harriers	MV50		140	144	135	142		144			705	5
9	Dean	Howlett	Liverpool Running Club					131	140	145	143		141	700	5
10	Lee	Moore	Kirkby Milers AC		141	134	137	128		141	138	138		695	7
11	Phil	Riding	Penny Lane Striders	MV40	138	135	125	122		137	135		130	675	7

12	Jay	Williams	Kirkby Milers AC		125	131		120	136	139		136			667	6
13	John	Mclaren	Knowsley Harriers		136	133	130	114	109	131		129	133		663	8
14	Lewis	Houghton	Kirkby Milers AC		128	129	140	129	78		137		125		663	7
15	Simon	Rogers	Pensby Runners	MV55	135	125	123	111	127	130	127	125	124	138	657	10
16	Sean	Wilton	Kirkby Milers AC		129	107	122	101	130	132	125	134	131		656	9
17	Gary	Wilton	Kirkby Milers AC	MV40	134	122	134	117		119	130	128			648	7
18	Gary	Fisher	Kirkby Milers AC			126	124		134			127	135		646	5
19	Steven	Irwin	Kirkby Milers AC	MV55			128	110	132		132	132			634	5
20	Colin	Walsh	Penny Lane Striders		126	97	109	102	122	133			141		631	7
21	Julien	Tour	Penny Lane Striders			102	112	106		123	124	131		135	625	7
22	Scott	Robertson	St Helens Striders	MV40	121				124	125	121	122		133	625	6
23	Ralph	Pawling	Pensby Runners			115	117			113	117		128	136	613	6
24	Matthew	Whalley	Kirkby Milers AC		122	109	115	104	119	114	123	124	122		610	9
25	Luke	Harrison	Penny Lane Striders			104			92	142	128			144	610	5
26	David	Edwards	Kirkby Milers AC	MV55	127	117	118	92	125		122	108			609	7
27	Ian	Hewitt	Liverpool Running Bugs	MV40				96	121		126		129	134	606	5
28	Robbie	Burke	Liverpool Running Club	MV50			111	89	111	124		111	120	132	598	7
29	Kenneth	Day	Kirkby Milers AC		124	124	127	116				107			598	5
30	Robert	Moore	Knowsley Harriers	MV40		83		97	114		118	120	121	115	588	7
31	Kevin	Harrison	Kirkby Milers AC	MV40	120	103	114	91	117	118		118			587	7
32	Daniel	McKevitt	Kirkby Milers AC			99	116	98	120		129	117			581	6
33	Colin	Dobbs	Penny Lane Striders	MV40		98		93		122			126	142	581	5
34	George	Aylward	Penny Lane Striders			87	98	84		120	115	116		130	579	7
35	Alan	Joyce	Knowsley Harriers	MV60	110	74	85	78	94	93	104	87	105	116	529	10
36	Anthony	Metcalfe	Mossley Hill AC	MV60			99	82	103			80	111	131	526	6
37	David	Owens	Penny Lane Striders	MV45		89	107		107			105	114		522	5
38	Mike	Walker	Southport Waterloo AC	MV65		88	100	87	104	116			113		521	6
39	Anthony	Ellis	St Helens Striders		114	90			97	100			118		519	5
40	Eric	Ranson	St Helens Striders	MV45	108	81	104	81			113	112			518	6
41	Andrew	Keeley	Penny Lane Striders	MV55		85	102		100		109	113			509	5
42	Andrew	Boulger	Kirkby Milers AC	MV45	109	76	95	74	99		114	90			507	7
43	Adam	Fitzsimmon	Kirkby Milers AC		100	57	91	62	84		107	103	102		503	8

44	Carl	Yu	Liverpool Running Club	MV40		64	81	66	95	89	98	82	106	108	496	9
45	Nick	Morton	Kirkby Milers AC			65	89	61	87		99	97		118	490	7
46	Paul	Goodwin	Kirkby Milers AC	MV50	94	78		86	106	77		121			485	6
47	Alan	Spencer	Knowsley Harriers	MV55	82	6		51		84	95		100	123	484	7
48	Andrew	McGlone	Kirkby Milers AC			77	93	85			112	78	112		480	6
49	Paul	Wilson	Liverpool Running Club	MV45	107	91			90	80				109	477	5
50	Andrew	Glen	Knowsley Harriers/LRB	MV55		62		55	98			84	107	122	473	6
51	Alan	Sanderson	Liverpool Running Club	MV40		49	113	76			106			103	447	5
52	Nigel	Foo	Penny Lane Striders	MV45			82	70	42	105	84	76	75		422	7
53	Frank	Cahill	St Helens Striders	MV60	97		76	54			86	61	99		419	6
54	Chris	Wills	Knowsley Harriers	MV40		24	70	37	81	83	71	24	98		403	8
55	Mark	Skelton	Penny Lane Striders	MV55	90	41	69	40		98			90		388	6
56	James	Brooker	Southport Waterloo AC		103	56	75			86	62				382	5
57	Tony	Beyga	Kirkby Miler	MV60		58	79			72	96	74			379	5
58	Dan	Bruffell	Pensby Runners	MV45		42	72	46	86	73	91	54			376	7
59	Aaron	Wilson	Liverpool Running Club			1	53	45	83	75		65		90	366	7
60	Christopher	Lee	Liverpool Running Bugs	MV45			59	22	77	58		57		113	364	6
61	Andy	Duff	Liverpool Running Bugs	MV40				17	76			70	91	107	361	5
62	Paul	Dowdle	St Helens Striders	MV45	98	44		44		74	89				349	5
63	Peter	Moville	St Helens Striders	MV55	87	22	65	39	82	59		42			335	7
64	Frank	Kelly	Liverpool RC	MV50			55	38	80			68		88	329	5
65	Gordon	Scholefield	Pensby Runners	MV65			61	25	70				82	91	329	5
66	John	Diggle	Kirkby Milers AC	MV40	95		71	35			72	49			322	5
67	Davie	Thompson	Liverpool Rc			1	51	1	89	1	54	67		56	317	8
68	Mike	Evans	Knowsley Harriers	MV65	71			15	64				80	82	312	5
69	Kieron	Carr	Liverpool Running Bugs	MV45				2	71		76	60		93	302	5
70	Peter	Atkin	Liverpool Running Club			1	67				75	41		114	298	5
71	Stan	Cottier	Liverpool Running Club	MV70		1	30		57	43			73	84	287	6
72	Mark	Fillingham	St Helens Striders	MV50	76	1			51		58	18	81		284	6
73	James	Roberts	Penny Lane Striders		64					19	56		71	68	278	5
74	Karl	Bunnell	Wallasey Athletic Club			1				52	74	52		95	274	5
75	Sean	Loughran	Kirkby Milers AC	MV55	59	1	34	12	48	35	60	20			236	8

76	Adrian	Pridgeon	St Helens Striders		51	1		49	59	69		229	5		
77	Tony	Tarpey	Pensby Runners	MV55		1	27	4	43	6	67	53	196	7	
78	James	Battersby	Liverpool RC	MV45			47	15	41	13		61	177	5	
79	David	Barrow	Kirkby Milers AC	MV60	53	1	14	1		15	52	9	143	7	
80	George	Whitehurst	Knowsley Harriers	MV40		1	20			6	50		60	137	5
81	Ronald	Thornton	Liverpool Running Bugs	MV75		1		1	27		44	1	63	136	6
82	Sean	Kelly	Liverpool Running Club		68	1	37	1		23				130	5
83	Nick	Bartlett	Knowsley Harriers	MV40	48	1	10		28	1				88	5
84	Ray	Murphy	Kirkby Milers AC	MV50	50	1	28	5		2				86	5

85	Chris	Maher	Penny Lane Striders			145	148	145		148				586	4
86	Sean	Jones	Penny Lane Striders					126			139	142	147	554	4
87	Alan	Healy	Kirkby Milers AC	MV40	142	137			131	143				553	4
88	Paul	Riley	Penny Lane Striders	MV45		113	121	100				140		474	4
89	Chris	Pedder	L'pool Pembroke Sefton	MV60			120	105	116			123		464	4
90	Brian	Middleton	St Helens Striders	MV65						102	96	110	128	436	4
91	Jon-Jo	Doherty	St Helens Striders					137				149	150	436	3
92	Jay	Walker	Wallasey AC						145	146		143		434	3
93	Robert	Deller	Wirral AC			142		140				146		428	3
94	Paul	Waters	Knowsley Harriers		115	84		109			116			424	4
95	Martin	Christian	Kirkby Milers AC	MV45			143		133			141		417	3
96	David	Willshire	Penny Lane Striders		137		136				136			409	3
97	Andrew	Fearns	Knowsley Harriers	MV40			132		135			139		406	3
98	James	Ingram	Kirkby Milers AC		139	127						137		403	3
99	Carl	Balshaw	Liverpool Running Bugs	MV45				67	101		108		126	402	4
100	Graham	Douglas	Penny Lane Striders				129					134	139	402	3
101	Carl	Murphy	Liverpool Running Club			119	138						145	402	3
102	Ian	Wright	St Helens Striders		85						105	86	125	401	4
103	Andrew	Biddle	Penny Lane Striders	MV40		75	106		102	110				393	4
104	Matthew	Clair	Liverpool Running Club		131	120	141							392	3

105	James	Ashworth	Knowsley Harriers					118		137		133					388	3	
106	Sam	Evans	Penny Lane Striders						133			117			132		382	3	
107	Mark	Riley	St Helens Striders		131			114						127			372	3	
108	Nigel	Grant	Penny Lane Striders	MV55				59		77				94		137	367	4	
109	Anthony	Cassidy	Liverpool Harriers	MV40	133					107		123					363	3	
110	Paul	Brown	Liverpool Running Club					55	90				96			119	360	4	
111	Mark	Dunn	Kirkby Milers AC							108			126		123		357	3	
112	Stephen	Campbell	Knowsley Harriers							88		129			135		352	3	
113	William	Merritt	Knowsley Harriers	MV55							74			82		84	106	346	4
114	Alexander	Bentley	Knowsley Harriers					37					85			95	127	344	4
115	David	Lynan	Penny Lane Striders	MV45				79					57		89	115		340	4
116	Mal	Gordon	Penny Lane Striders					100	108						119		327	3	
117	Jake	Goodwin	Liverpool Harriers & AC					60		72	108	76					316	4	
118	Graham	Liu	Southport Waterloo AC	MV50	67				52			79				110	308	4	
119	James	Malone	Penny Lane Striders					51	88	71				94			304	4	
120	Daniel	Tetlow	St Helens Striders			47		68							109		302	4	
121	John	Bampton	Penny Lane Striders	MV45				92	103				107				302	3	
122	Martin	Swensson	Penny Lane Striders	MV40					150						149		299	2	
123	Thomas	O'Dowd	Knowsley Harriers							146		149					295	2	
124	Peter	Leadbetter	Kirkby Milers AC	MV50	101	34					88			69			292	4	
125	David	Wilson	St Helens Striders			148	144										292	2	
126	Peter	Fairclough	St Helens Striders												142	146	288	2	
127	Daniel	Cheetham	St Helens Striders			145										143	288	2	
128	Francois	Rafferty	Southport Waterloo AC	MV40	146							141					287	2	
129	Stuart	Brandwood	Penny Lane Striders	MV40								53		69		85	79	286	4
130	Matthew	Skaife	Mossley Hill AC								138						148	286	2
131	Jack	Poland	Wallasey AC									139			144		283	2	
132	Alex	Cowin	Penny Lane Striders					141								141	282	2	
133	Thomas	Wilson	Liverpool Running Club					136					135				271	2	
134	Adam	Hall	Liverpool Running Bugs								67			77	44		81	269	4
135	Ian	Russell	Penny Lane Striders	MV50				72	92					103			267	3	
136	Mark	Hamilton	St Helens Striders	MV40	99				68							99	266	3	

137	Matt	Goodwin	Wallasey AC					138	127						265	2		
138	Karl	Pickstock	Wallasey Athletic Club				139		124							263	2	
139	Alan	Lowry	Kirkby Milers AC	MV50		1	126			68		65				260	4	
140	David	McAllister	Pensby Runners	MV55								94	66	96		256	3	
141	Steve	Pemberton	Penny Lane Striders	MV60								97			102	256	3	
142	Josh	Keogh	Penny Lane Striders		140		116									256	2	
143	Ian	Magill	Liverpool Running Club	MV45										134		255	2	
144	Stephen	Spence	Wirral AC	MV45			130									253	2	
145	Lee	Ward	Liverpool Running Club	MV40	112			97	42							251	3	
146	John	Lee	Kirkby Milers AC	MV45	86	1				75			85			247	4	
147	Mark	Helme	Liverpool Running Club	MV55		1	84				79		83			247	4	
148	Neil	Hennigan	Penny Lane Striders	MV40			110	131								241	2	
149	Kevin	Cairns	St Helens Striders	MV40	62			80						94		236	3	
150	Graham	Deane	Knowsley Harriers		83			66						86		235	3	
151	Steven	Hesp	Liverpool Running Club				35	77	56			65				233	4	
152	Tony	Craig	Kirkby Milers AC	MV50			54						120			232	3	
153	Tom	Loughran	Kirkby Milers AC							50	93			88		231	3	
154	Peter	Morgan	Penny Lane Striders	MV60				56				55		31	87	229	4	
155	Andie	Gow	Pensby Runners	MV65						64			88		77	229	3	
156	Paul	Demore	St Helens Striders	MV50	119			110								229	2	
157	Lee	Turner	Kirkby Milers AC		123		105									228	2	
158	Robert	Owen	Knowsley Harriers								141	85				226	2	
159	Tony	Green	Penny Lane Striders	MV60	91	1						53		79		224	4	
160	David	Wright	Southport Waterloo AC								113					221	2	
161	Luke	Curtis	Penny Lane Striders				106									221	2	
162	Shaun	Morris	Liverpool Running Club		117			101								218	2	
163	Chris	Morgan	Wirral AC							95						216	2	
164	Gary	McGovern	Liverpool Running Bugs										71		39	105	215	3
165	John	Preece	Kirkby Milers AC	MV40			112				103					215	2	
166	Matthew	Wilson	Wallasey AC												103	109	212	2
167	Peter	Brooks	Mossley Hill AC							96			111			207	2	
168	Ian	King	Liverpool Running Club	MV60				74				69		63		206	3	

169	Trevor	Astell	Penny Lane Striders	MV55		32		43		80	50				205	4
170	Alex	Rigby	Liverpool Running Club		130			75							205	2
171	Mark	Smith	Pensby Runners	MV45				90			115				205	2
172	Paul	Burdett	St Helens Striders	MV40	69		49						86		204	3
173	Lee	Walmsley	Kirkby Milers AC	MV45					105		99				204	2
174	Mark	Newns	Wirral AC	MV40				83			119				202	2
175	Steven	Mckenzie	Kirkby Milers AC	MV40		111				90					201	2
176	Kevin	Cornwell	Liverpool Harriers & AC			94			106						200	2
177	Jon	Reynolds	Liverpool Running Club	MV45				24			81		94		199	3
178	Dave	Barr	Liverpool Harriers	MV45					99	100					199	2
179	Roy	Hughes	Penny Lane Striders			121					75				196	2
180	Benjamin	Darby	Pensby Runners					41	50	55	48				194	4
181	Richard	Costain	Penny Lane Striders				83			110					193	2
182	Martin	Ballard	St Helens Striders		84					104					188	2
183	Michael	Charman	Knowsley Harriers	MV65			42	66			14	65			187	4
184	David	Navis	St Helens Striders				87						100		187	2
185	David	Marsh	Southport Waterloo AC	MV50	88								97		185	2
186	Stephen	Lennon	Liverpool Pembroke & S	MV40		86							98		184	2
187	Chris	Ball	Wirral AC	MV45				36	68		79				183	3
188	David	Gain	Wirral AC			71					104				175	2
189	Dominic	Rowan	St Helens Striders		81	3						88			172	3
190	Steve	Cole	Wallasey AC	MV45				53	56		62				171	3
191	Phil	Bird	Wallasey AC	MV50				80			91				171	2
192	Michael	O'Rourke	Penny Lane Striders			69				101					170	2
193	Joseph	Chedgzoy	Kirkby Milers AC					68				101			169	2
194	Paul	Fitzgerald	Knowsley Harriers	MV40							89	80			169	2
195	Gary	English	Liverpool Running Club	MV55		47	119								166	2
196	Alexander	Mitchell	Liverpool Running Bugs					8	54		66	37			165	4
197	Nigel	Chilvers	Kirkby Milers AC	MV45		70	94								164	2
198	Anthony	Horsfall	St Helens Striders	MV50	75					87					162	2
199	Jonathan	Fisher	Liverpool Running Club		102			60							162	2
200	Jon	Hogg	Wallasey Athletic Club			67					95				162	2

201	Paul	Hanley	Knowsley Harriers	MV45					61		101	162	2	
202	Robert	Cooper	Penny Lane Striders						47		111	158	2	
203	Mark	Roberts	Pensby Runners	MV65		58	31			68		157	3	
204	Steven	Buckley	St Helens Striders	MV55				65			92	157	2	
205	Nick	Wilson	Wirral AC	MV45			63			92		155	2	
206	Mal	Taylor	Penny Lane Striders	MV40	1					13	76	64	154	4
207	Andrew	Conway	L'pool Pembroke Sefton	MV50			73			81		154	2	
208	Sean	Ahearn	St Helens Striders		78						75	153	2	
209	Peter	Medlicott	St Helens Striders	MV45	92	43			16			151	3	
210	Simon	Ellis	Knowsley Harriers			1	19			131		151	3	
211	Christopher	McElroy	Mossley Hill AC	MV40			86	65				151	2	
212	Gary	Jones	Kirkby Milers AC	MV40		8	31		47	64		150	4	
213	Darren	Eccles	St Helens Striders	MV40	72						78	150	2	
214	Dave	Brisco	St Helens Striders	MV50	61						89	150	2	
215	Degene	Gezimu	Liverpool Harriers			150						150	1	
216	Matthew	Crehan	St Helens Sutton Ac		150							150	1	
217	Jonny	Mellor	Liverpool Harriers				150					150	1	
218	Thomas	Griffiths	St Helens Sutton Ac							150		150	1	
219	Phillip	Langan	Wirral AC	MV40		149						149	1	
220	James	Allen	St Helens Striders		149							149	1	
221	James	Tartt	Southport Waterloo AC				149					149	1	
222	Paul	Sankey	Liverpool Harriers	MV45		147						147	1	
223	Mark	Wynne	L'pool Pembroke Sefton	MV40						147		147	1	
224	David	Brockway	Wirral AC			146						146	1	
225	William	Hine	Mossley Hill AC								146	146	1	
226	Kane	Green	St Helens Striders							144		144	1	
227	Rob	Grantham	Pensby Runners	MV45			143					143	1	
228	Paul	Brady	Penny Lane Striders	MV45	36		52		54			142	3	
229	Josh	McGovern	Liverpool Running Bugs					36		27	79	142	3	
230	Tom	Evans	Penny Lane Striders			142						142	1	
231	Harry	Wingate	Kirkby Milers AC		57	1	29			53		140	4	
232	Nick	Holt	Wallasey	MV40		46		94				140	2	

233	Duncan	Kennedy	Liverpool Running Club	MV40					140				140	1
234	William	Sutcliffe	Wirral AC							140			140	1
235	Thomas	Dempsey	Kirkby Milers AC							139			139	1
236	John	Connolly	Liverpool Harriers & AC	MV45	138								138	1
237	John	Cain	Liverpool Harriers				40	97					137	2
238	Andrew	Dunning	Liverpool Harriers					136					136	1
239	John	Heap	Wirral AC	MV45					136				136	1
240	Stephen	Watkin	Penny Lane Striders								136		136	1
241	John	Lingard	St Helens Striders	MV60	73			62					135	2
242	Paul	Schumann	Knowsley Harriers	MV55		135							135	1
243	Eddie	Roche	Pensby Runners	MV40									134	1
244	Sam	McCauley	Penny Lane Striders									134	134	1
246	Nicholas	Kilty	Knowsley Harriers			45	27				61		133	3
247	Brian	Higgins	Penny Lane Striders	MV50							70	63	133	2
248	Matt	Wilson	Wallasey AC	MV40								133	133	1
249	Stephen	Doyle	Knowsley Harriers	MV40								132	132	1
250	John	Bosward	Knowsley Harriers	MV45					87	43			130	2
251	George	McCann	Liverpool Running Club	MV45	52	78							130	2
252	Charlie	Deakin	Kirkby Milers AC									130	130	1
253	John	Davies	Knowsley Harriers	MV45				59				70	129	2
254	Richard	Beesley	L'pool Pembroke Sefton	MV45					129				129	1
255	Richard	Thorpe	Penny Lane Striders									129	129	1
256	Ian	Jones	Penny Lane Striders	MV60	45					83			128	2
257	Neil	Toner	Wallasey AC	MV45					128				128	1
258	Stephen	Cain	L'pool Pembroke Sefton AC						128				128	1
259	Mike	Green	Wallasey AC	MV40								127	127	1
260	Mark	Redman	Wirral AC						67		59		126	2
261	Keith	Lunt	Southport Waterloo AC	MV45								126	126	1
262	Ben	Grantham	Wirral AC									126	126	1
263	Arran	Kearney	Wirral AC									125	125	1
264	Kevin	Hall	Wallasey Athletic Club	MV50	23						101		124	2
265	Philip	Cuthbert	Wallasey AC	MV45								124	124	1

266	Robert	Eagles	Penny Lane Striders		123																123	1			
267	Peter	Teeling	St Helens Striders	MV40	80								42									122	2		
268	Mike	Price	Kirkby Milers AC	MV45																		121	121	1	
269	Carl	Pedder	Southport Waterloo AC	MV55																		120	120	1	
270	Phil	Robinson	Knowsley Harriers	MV50									29	1	42							47	119	4	
271	Mark	Hulmston	Wirral AC	MV40							119												119	1	
272	Ian	Costello	St Helens Sutton Ac	MV45																		119	119	1	
273	Antony	Cheers	St Helens Striders		118																		118	1	
274	Callum	Grant	Liverpool Harriers								118												118	1	
275	Joe	McGlynn	Penny Lane Striders	MV60	1								33									83	117	3	
276	Tony	Landry	Kirkby Milers AC	MV55																		117	117	1	
277	Matthew	Rutherford	Wirral AC																			117	117	1	
278	Mark	Scott	Liverpool Running Club	MV50	1	54	20							41									116	4	
279	Jonathan	Kirkman	St Helens Striders		116																		116	1	
280	Tadie	Abeki	Knowsley Harriers	MV40																		116	116	1	
281	Daniel	Thomas	Penny Lane Striders								115												115	1	
282	Mark	Miller	Kirkby Milers AC	MV50										115									115	1	
283	Kevin	Carberry	Kirkby Milers AC	MV45	1		23	60														30	114	4	
284	Anthony	Dagnall	St Helens Striders	MV60	33																	81	114	2	
285	David	Lee	Liverpool Running Bugs																			114	114	1	
286	Colin	Wilson	St Helens Striders																			44	69	113	2
287	Mark	Hudson	L'pool Pembroke Sefton	MV50	113																		113	1	
288	Richard	Webster	Wallasey AC	MV50							113												113	1	
289	Anthony	Peacock	Penny Lane Striders	MV65	19		10															83	112	3	
290	Alex	Waddelove	Southport Waterloo AC																			112	112	1	
291	Kelvin	Dickinson	Wirral AC	MV45							112												112	1	
292	Carl	McMahon	Southport Waterloo AC	MV40										112									112	1	
293	Tony	Man	Penny Lane Striders	MV50																		112	112	1	
294	John	Dillon	Penny Lane Striders		58	1							44	8									111	4	
295	Ian	Joinson	Kirkby Milers AC																			111	111	1	
296	Keith	Swift	Southport Waterloo AC	MV40	111																		111	1	
297	Robert	Chalmers	Pensby Runners	MV40	17		29															64	110	3	

298	Stephen	Ward	Southport Waterloo AC					110										110	1																			
299	Shaun	Rhead	Liverpool Running Bugs																110	1																		
300	Alex	Abbott	St Helens Striders		46		63												109	2																		
301	Michael	Green	Pensby Runners	MV45						109									109	1																		
302	Lee	Cunningham	Penny Lane Striders							38	70								108	2																		
303	Simone	Capponi	Penny Lane Striders	MV40															108	108	1																	
304	Stuart	Wright	Liverpool Running Bugs	MV40					1	31					1		73		106	4																		
305	Neil	Hunter	St Helens Striders	MV40	106														106	1																		
306	Stephen	Norton	Wallasey AC	MV50														106	106	1																		
307	Louis	Atkinson	Kirkby Milers AC						32	73									105	2																		
308	Kevin	Outten	St Helens Striders	MV40	105														105	1																		
309	Dominic	Cooper	Mossley Hill AC																105	1																		
310	Jim	Garvey	Penny Lane Striders	MV60	42														62	104	2																	
311	Richard	Seville	St Helens Striders	MV40	104														104	1																		
312	William	Jones	Knowsley Harriers	MV50															104	104	1																	
313	Daniel	McCrorie	Liverpool Running Club																104	104	1																	
314	Christopher	Prout	Wirral AC	MV45						48									55	103	2																	
315	Darren	Eckersley	St Helens Striders	MV45															103	103	1																	
316	Stephen	Pickavance	St Helens Striders	MV55	65					14									22	102	4																	
317	Russell	Eaton	Wirral AC	MV50															30	102	2																	
318	Eddie	Roberts	Knowsley Harriers	MV45																102	102	1																
319	Simon	Fox	Wirral AC	MV50																102	102	1																
320	Steven	Cosgrove	Wallasey AC																	101	101	1																
321	Zachary	Stavrou-Do	Liverpool Running Club																	1	39	39	21								100	4						
322	Nicholas	McCole	Kirkby Milers AC	MV40																13														100	3			
323	Cameron	Oliver	Kirkby Milers AC																																100	1		
324	Ian	Wallace	Wirral AC																																99	1		
325	Phil	O'Rourke	Liverpool RC	MV55																															99	1		
326	Kevin	Winstanley	St Helens Striders		44																															98	4	
327	Stephen	Conway	Liverpool Running Club	MV60																																98	3	
328	Steve	Wright	St Helens Striders	MV50	52																															98	2	
329	Brian	Beecroft	Wirral AC	MV60																																	98	1

330	John Bentley	Liverpool Running Club							31		66	97	2
331	David Webb	Penny Lane Striders								97		97	1
332	Tony Dickinson	Kirkby Milers AC							28	68		96	2
333	Rick Rowe	St Helens Striders		96								96	1
334	Danny Fegan	St Helens Striders	MV50			96						96	1
335	Kieran Birrell	Penny Lane Striders			96							96	1
336	Mark Thompson	Pensby Runners	MV50							96		96	1
337	John Bassett	Wallasey AC	MV50						95			95	1
338	Stephen Tod	Liverpool Harriers	MV45		95							95	1
339	David Griffiths	Penny Lane Striders	MV45		20			73				93	2
340	John McCaffrey	Knowsley Harriers			1					92		93	2
341	Paul Booth	St Helens Striders		93								93	1
342	Gerald Musoke	Liverpool Harriers & AC			93							93	1
343	Graham Swadkins	Liverpool Running Bugs	MV55					93				93	1
344	Ben Cronshaw	Wirral AC						93				93	1
345	Marty Hirrell	Penny Lane Striders	MV50							93		93	1
346	Alan Moore	Liverpool Running Bugs	MV55					35		57		92	2
347	Adrian Loughrey	Penny Lane Striders	MV50					92				92	1
348	Robert Porter	Penny Lane Striders	MV40					92				92	1
349	Andrew Mcallister	Kirkby Milers AC	MV40	38	1		52					91	3
350	Paul Hill	Southport Waterloo AC	MV50					91				91	1
351	Alex Yem	Wallasey Athletic Club			31		59					90	2
352	James Crowder	Penny Lane Striders						90				90	1
353	James Stansfield	Penny Lane Striders					35			55		90	2
354	Jon Dobson	St Helens Striders	MV60	89								89	1
355	Andrew Bradley	Knowsley Harriers						11		77		88	2
356	Neil Hannett	Penny Lane Striders	MV45		1					87		88	2
357	Patrick Corrigan	Pensby Runners	MV50						85			85	1
358	Gary Hinds	Liverpool Running Bugs								85		85	1
359	Bernard Graney	St Helens Striders	MV60	39						45		84	2
360	Rob Armes	Liverpool Running Club			1			10		72		83	3
361	Chris Penn	Pensby Runners	MV40					82				82	1

362	Ian	Claridge	Penny Lane Striders	MV45		82														82	1	
363	Tony	Holmes	Liverpool Rc	MV50	43	38															81	2
364	Ged	Shannon	Liverpool Running Club	MV65				1				8			71						80	3
365	Matthew	Cook	Penny Lane Striders			80															80	1
366	Rod	Jones	Penny Lane Striders	MV55		15			25	39											79	3
367	Billy	Hargreaves	Southport Waterloo AC	MV65				1						78							79	2
368	Peter	Bennett	St Helens Striders	MV40	79																79	1
369	Ian	Rowlands	Wirral AC	MV45				79													79	1
370	David	Hughes	Penny Lane Striders	MV50		1	26					51									78	3
371	Chris	Alexander	Kirkby Milers AC									78									78	1
372	Steve	Roden	Penny Lane Striders	MV45		1	36			40											77	3
373	Peter	Barham	Wallasey AC							45		32									77	2
374	Chris	Probert	Penny Lane Striders							3				74							77	2
375	Thomas	Houghton	St Helens Striders	MV60	77																77	1
376	Martin	Farrar	St Helens Striders	MV50										77							77	1
377	Daniel Ste	Merrick	St Helens Striders		60							16									76	2
378	Adrian	Shandley	Southport Waterloo AC	MV50											76						76	1
379	Paul	Doyle	Kirkby Milers AC		49	1	25														75	3
380	Mark	Quinn	Mossley Hill AC	MV45			23	1		1					50						75	4
381	Patrick	Davey	St Helens Striders	MV50	74																74	1
382	Paul	Carlin	Southport Waterloo AC	MV45											74						74	1
383	William	Wignall	Liverpool Running Club	MV50																	73	1
384	Paul	Spooner	Liverpool Running Club			73															73	1
385	Joe	McGrath	Penny Lane Striders	MV60										73							73	1
386	Ian	Broadhurst	Knowsley Harriers	MV50				6	46	20											72	3
387	Russ	Owens	Knowsley Harriers	MV55				1	22					1		48					72	4
388	Colin	Lamprey	Pensby Runners							36				36							72	2
389	Mark	Hughes	Wirral AC											72							72	1
390	Gary	Eccleston	St Helens Striders												72						72	1
391	John	Kelly	Penny Lane Striders	MV55			13									58					71	2
392	Neil	Blakemore	Pensby Runners	MV50											71						71	1
393	Peter	Gateley	Pensby Runners	MV40						55				15							70	2

394	Paul	McGregor	Penny Lane Striders										70								70	1	
395	Neil	Anthony	Lowe	St Helens Sutton Ac									70									70	1
396	James	Atkin	Wirral AC	MV60											57	12						69	2
397	David	Longford	Pensby Runners	MV40							69											69	1
398	Gareth	Lyons	Penny Lane Striders	MV40									69									69	1
399	Tony	Woods	Penny Lane Striders	MV45																		68	2
400	Derek	Hughes	Liverpool Running Bugs	MV65																		67	4
401	Nick	Donnelly	Knowsley Harriers																			67	2
402	Ray	Chung	Liverpool Rc																			67	2
403	Paul	Abel	Stevenson	Liverpool Running Club	MV45																	66	1
404	Martin	Kelly	Penny Lane Striders	MV40																		66	1
405	Arthur	Cross	Knowsley Harriers	MV60																		66	1
406	Kenny	Williams	Pensby Runners																			66	1
407	Gary	Crocket	Knowsley Harriers																			66	1
408	Lee	Jones	Penny Lane Striders	MV40																		65	2
409	Shane	Knott	Penny Lane Striders	MV40																		65	2
410	Geoff	Rudd	Liverpool Running Club	MV55																		65	2
411	Steve	Maddock	Liverpool Running Bugs	MV45																		64	1
412	Michael	Morton	Penny Lane Striders	MV50																		64	1
413	Paul	Cunningham	Kirkby Milers AC																			64	1
414	Michael	Dodd	St Helens Striders																			64	1
415	Kenny	Tinsley	Penny Lane Striders	MV50																		63	1
416	Craig	Mark	St Helens strider																			63	1
417	Jon	Lawless	Kirkby Milers AC																			63	1
418	Kevin	Betts	Liverpool Running Club	MV40																		63	1
419	Matt	Irvine	St Helens Striders																			62	1
420	John	Appleton	St Helens Sutton Ac	MV65																		62	1
421	Tony	Mooney	Kirkby Milers AC	MV45																		62	1
422	Richard	Stafford	Penny Lane Striders																			61	1
423	Leslie	Abbott	St Helens strider	MV55																		61	1
424	Kevin	O'Brien	Penny Lane Striders	MV75																		61	1
425	Dave	Harrison	Wallasey AC	MV40																		61	1
																						60	4
																						60	1
																						60	1
																						60	1
																						60	1
																						59	2
																						59	1

426	Graham	Lloyd	Mossley Hill AC	MV45		2				56		58	2
427	Ian	Rivers	Kirkby Milers AC	MV50				58				58	1
428	Gary	Johnstone	Pensby Runners	MV50						58		58	1
429	Michael	Flatley	Liverpool RC				57					57	1
430	Geoff	Hunter	St Helens Striders	MV50	56							56	1
431	Ian	Pinnington	Mossley Hill AC	MV50				56				56	1
432	Ian	Spencer	St Helens Striders	MV50	54	1						55	2
433	Ian	Barker	St Helens Striders		55							55	1
434	Glyn	Hughes	Penny Lane Striders	MV60							54	54	1
435	Howard	Davies	Penny Lane Striders			53						53	1
436	Nic	Johns	Mossley Hill AC	MV40						53		53	1
437	Graham	Howell	Liverpool Harriers & AC	MV65	1	40				11		52	3
438	David	Dodd	Knowsley Harriers					1			51	52	2
439	Mike	Kemp	Liverpool Running Club	MV45	1	50						51	2
440	Scott	Montgomery	Penny Lane Striders						51			51	1
441	Ian	Williams	Mossley Hill AC	MV50						51		51	1
442	John	Clarke	Kirkby Milers AC	MV50	1			45	4			50	3
443	Matt	Kelly	Liverpool Running Bugs							48	2	50	2
444	Mike	Taylor	Liverpool Running Bugs					50				50	1
445	Michael	Smith	St Helens Striders			50						50	1
446	William	Sergeson	Penny Lane Striders	MV50	1	48						49	2
447	Darren	Seeney	Liverpool Running Club	MV50					49			49	1
448	Daniel	Cuthbertson	Pensby Runners	MV45				49				49	1
449	Lee	Yates	Knowsley Harriers	MV40							49	49	1
450	Stephen	Catterall	Wallasey AC						48			48	1
451	Paul	Thomas	Kirkby Milers			48						48	1
452	Stephen	McConville	Pensby Runners	MV50				18		29		47	2
453	Nigel	Herbert	St Helens Striders							47		47	1
454	Stuart	Harrison	Penny Lane Striders					47				47	1
455	Iain	Arnison	Pensby Runners	MV40						47		47	1
456	Owen	Gallagher	Kirkby Milers AC	MV45	1	9				36		46	3
457	Steve	Bennett	Penny Lane Striders	MV50	45	1						46	2

490	Jack	Heap	Wirral AC						33		33	1
491	Paul	McMorn	Liverpool Running Club	MV45		32					32	1
492	Matthew	Forshaw	Penny Lane Striders						29		29	1
493	Robert	Andrews	St Helens Striders			29					29	1
494	Ian	Wood	Liverpool harriers ac	MV50		1			27		28	2
495	Paul	Alexander	Pensby Runners	MV55				28			28	1
496	Joshua	Rawlins-Wil	Mossley Hill AC			28					28	1
497	Jim	Fedigan	Pensby Runners	MV60					28		28	1
498	Matthew	Nelson	Southport Waterloo AC	MV55		27					27	1
499	Barry	Bright	Penny Lane Striders						26		26	1
500	Michael	Stone	Wirral AC	MV55				26			26	1
501	David	Flatley	Liverpool Running Club			26					26	1
502	TJ	Jones	Wirral AC						26		26	1
503	Chris	Anderson	Penny Lane Striders	MV45		1	24				25	2
504	Stephen	Hannam	Wallasey AC						25		25	1
505	Daniel	Coonan	Penny Lane Striders			25					25	1
506	Chris	Wil;liams	Mossley Hill AC	MV40					25		25	1
507	Robert	Freeman	Liverpool Running Bugs	MV45				23		1	24	2
508	Tommy	Gates	Penny Lane Striders	MV55		1	22				23	2
509	Toby	Port	Wirral AC					1		21	22	2
510	Joey	Abbott	Penny Lane Striders						22		22	1
511	John	Ryan	Liverpool Running Club	MV50			21				21	1
512	Nigel	Pratten	Pensby Runners	MV65				21			21	1
513	Stephen	Flanagan	Southport Waterloo AC	MV40		21					21	1
514	Paul	Keegan	Kirby Milers	MV50			18	1			19	2
515	Brian	Davies	St Helens Striders						18		18	1
516	Dave	Hechle	Liverpool Running Club	MV40		18					18	1
517	Michael	Shaw	Mossley Hill AC						17		17	1
518	Andrew	Lloyd	Liverpool RC	MV40			15	1			16	2
519	Kenny	Worrall	Liverpool Running Club	MV45			12	1		1	14	3
520	Paul	Mcmillan	Penny Lane Striders	MV45		1		13			14	2
521	Peter	Gale	Southport Waterloo AC						14		14	1

522	Adam	Lythgoe	Liverpool Running Club		14					14	1
523	Carl	Newby-Hug	Penny Lane Striders		12					12	1
524	Stephen	Hunt	Liverpool Running Club			11				11	1
525	Gary	Cook	Penny Lane Striders	MV50	11					11	1
526	Michael	Eakin	Penny Lane Striders	MV60	1	9				10	2
527	Benjamin	Buckby	Penny Lane Striders		10					10	1
528	James	Fletcher	Knowsley Harriers				10			10	1
529	Geoff	Smith	Liverpool Harriers	MV50	9					9	1
530	Frankie	Smith	Liverpool Running Club	MV45		7		1		8	2
531	Anthony	Brockway	Wirral AC	MV55	1				7	8	2
532	Colin	Duggan	Liverpool Running Club	MV55		8				8	1
533	Jon	Windle	Penny Lane Striders					7		7	1
534	Joey	Stocks	Knowsley Harriers		7					7	1
535	Eamonn	Brady	Penny Lane Striders					5		5	1
536	Ben	Leeming	Knowsley Harriers		5					5	1
537	Geoff	Banning	Penny Lane Striders		4					4	1
538	Mark	Humphreys	Wallasey AC	MV40					3	3	1
539	Phillip	Hewitt	Knowsley Harriers		1				1	2	2
540	Neil	Taylor	Liverpool Running Club					1		1	1
541	Colin	Moneypenr	Penny Lane Striders					1		1	1
542	Keith	Boyle	Penny Lane Striders					1		1	1
543	Peter	Davies	Mossley Hill AC					1		1	1
544	Dave	Owens	Penny Lane Striders	MV65				1		1	1
545	Andrew	Pettitt	Pensby Runners	MV50	1					1	1
546	Scott	Williams	Penny Lane Striders		1					1	1
547	Donald	Wilkinson	Southport Waterloo AC	MV55	1					1	1
548	Kevin	Gorry	Wallasey AC		1					1	1
549	John	Guy	Penny Lane Striders	MV40	1					1	1
550	Matthew	Swann	St Helens Striders		1					1	1
551	Mark	Kirwan	Penny Lane Striders	MV40	1					1	1
552	Robert	Woodham	Penny Lane Striders		1					1	1
553	Dominic	Bennett	Penny Lane Striders		1					1	1

554	David	Woodhall	Penny Lane Striders	MV50	1	1	1
555	Neil	Mattocks	Kirkby Milers AC	MV40	1	1	1
556	Dennis	Fenna	Southport Waterloo AC	MV60	1	1	1
557	Darren	Brown	Liverpool Running Club	MV40	1	1	1
558	Keith	Peacock	Kirkby Milers	MV55	1	1	1
559	Roy	Haggett	Liverpool Running Club		1	1	1
560	Dean	Irving	Southport Waterloo AC		1	1	1
561	Jon	Morris	Penny Lane Striders		1	1	1
562	Colin	Tucker	Penny Lane Striders	MV45	1	1	1
563	Robert	Jones	Penny Lane Striders		1	1	1
564	Owen	Mayne	Penny Lane Striders	MV55	1	1	1
565	Remo	Morgani	Pensby Runners	MV50	1	1	1
566	Michael	TArpey	Liverpool Running Club	MV45	1	1	1
567	Warren	Turner	Liverpool Pembroke & Sefton H AC		1	1	1
568	Philip	Lloyd	Kirkby Milers AC	MV40	1	1	1
569	Phil	Macklin	Penny Lane Striders	MV40	1	1	1
570	Tom	Oakley	Penny Lane Striders		1	1	1
571	Paul	Carr	St Helens Striders	MV65	1	1	1
572	Nathaniel	Hopkins	Kirkby Milers AC		1	1	1
573	John	Maguire	Liverpool Running Club	MV40	1	1	1
573	Gary	Ward	St Helens Striders		1	1	1
575	John	Quinn	Kirkby Milers AC	MV55	1	1	1
576	Pierre	Verron	St Helens Striders		1	1	1
577	Mark	Minett	Penny Lane Striders	MV50	1	1	1
578	Adam	Tysoe	Liverpool Running Club		1	1	1
579	Paul	O'Callaghan	Kirkby Milers AC		1	1	1
580	Peter	Gee	Kirkby Milers AC		1	1	1
581	Christopher	Jones	Penny Lane Striders		1	1	1
582	Ian	Meharg	Kirkby Milers AC	MV45	1	1	1
583	Matthew	Bates	Knowsley Harriers		1	1	1
584	Phil	Murray	Penny Lane Striders	MV75	1	1	1
585	Simon	O'Brien	Liverpool Running Club	MV40	1	1	1

586	Mark	Woolford	Wallasey AC	MV45	1			1	1
587	Colin	Leyland	St Helens Striders	MV55	1			1	1
588	Andrew	Amos	Kirkby Milers AC			1		1	1
589	Martin	Hughes	Liverpool Running Club	MV40		1		1	1
590	Ian	Chalmers	Pensby Runners	MV70			1	1	1
591	John	Shaw	Mossley Hill AC	MV60			1	1	1
592	Andrew	Lee	Liverpool Running Bugs				1	1	1
593	Richard	Potts	Pensby Runners	MV50			1	1	1