

Merseyside County Grand Prix 2019
Overall Individual Standings

Race 1 - St Helens 10k

Race 2 - Liverpool Spring 10k

Race 3 - Walton Park 5M

Race 4 - Seaside Runs 5k

Race 5 - Birkenhead Park 5M

Race 6 - Penny Lane 10k

Race 7 - Southport Half Marathon

Race 8 - Sefton Park 5M

Race 9 - Halewood 5k

Race 10 - Knowsley Safari Park 10M

Women

Pos	Name	Club	Cat	Race 1	Race 2	Race 3	Race 4	Race 5	Race 6	Race 7	Race 8	Race 9	Race 10	Best 5	No of
														Total	Races
1	Charlotte	Smith	Kirkby Milers AC	FV35	141	117	132	130	124					644	5
2	Louise	Jackson	Knowsley Harriers		147	145	150		145					587	4
3	Samantha	Bentall	Penny Lane Striders	FV50	127	92	126	124	115					584	5
4	Sue	Heaps	St Helens Striders	FV55	135	104	120	107	99					565	5
5	Amanda	Lee	Kirkby Milers AC	FV45	140	128	133	123						524	4
6	Annmarie	Williams	Penny Lane Striders	FV45		126	131	126	125					508	4
7	Rachel	Tickle	St Helens Striders		123	83	107	81	97					491	5
8	Katie	Pownell	Knowsley Harriers		138	109	124		120					491	4
9	Sharron	Burt	St Helens Striders	FV45	136	99		129	122					486	4
10	Kelly	Marrin	Knowsley Harriers	FV40		112	129	122	116					479	4
11	Jennifer	Martin	St Helens Striders	FV35	137	114	116		103					470	4
12	Rebecca	Burke	Liverpool Running Club			144		149	146					439	3

13	Alexandra	Harrison	Liverpool Running Club		128	93	104	113		438	4
14	Amena	Madden	Liverpool Running Club	FV45		106	122	103	105	436	4
15	Felicity	Pawling	Penny Lane Striders			141	148	143		432	3
16	Kylie	Barlow	St Helens Striders		146		140		135	421	3
17	Katherine	Holley	Wallasey Athletic Club	FV35		138		139	138	415	3
18	Sara	Kelly	Penny Lane Striders	FV35			144	138	132	414	3
19	Charlotte	Rawcliffe	Penny Lane Striders	FV35		132	143	136		411	3
20	Helen	Kelsall	Kirkby Milers AC	FV35		137	142		131	410	3
21	Anja	Pownell	Knowsley Harriers		134	77	113		85	409	4
22	Sarah	Treble	Kirkby Milers AC		145	125			133	403	3
23	Angela	McGowan	Liverpool Running Bugs	FV40		60	111	111	113	395	4
24	Jennifer	Chedgzoy	Kirkby Milers AC		100	27	79	79	71	356	5
25	Jayne	Mcivor	Liverpool Running Club	FV55	95	5	85	89	77	351	5
26	Kasia	Boydell	Liverpool Running Bugs		129			120	101	350	3
27	Zoe	Fillingham	St Helens Striders	FV50	108	26	71	69	64	338	5
28	Jan	McArd	Wallasey Athletic Club	FV45			118	109	107	334	3
29	Brenda	Cahill	St Helens Striders	FV60	125	89	119			333	3
30	Laura	Porter	Penny Lane Striders	FV40		103		112	118	333	3
31	Julie	Houghton	Penny Lane Striders	FV45		107	115		109	331	3
32	Ruth	Hewitt	Liverpool Running Bugs	FV40		76		119	119	314	3
33	Sarah	Kearney	Wirral AC	FV40				150	150	300	2
34	Rachael	Fairclough	St Helens Striders		150				147	297	2
35	Kelly	Hamilton	St Helens Striders					148	148	296	2
36	Danielle	Scott	Knowsley Harriers		148	147				295	2
37	Shelley	Hignett	Knowsley Harriers			32	92	90	79	293	4
38	Orla	Carty	Penny Lane Striders			143	149			292	2
39	Susan	Cooper	Southport Waterloo AC	FV65	113	91			87	291	3
40	Nadine	Weeks	UTS Running Club					147	143	290	2
41	Helen	Stansfield	Wallasey Athletic Club	FV35		146			144	290	2
42	Kathryn Adele	Sharkey	Penny Lane Striders	FV35		142	147			289	2
43	Lynne	Doyle	Kirkby Milers AC	FV45	126	57	105			288	3

44	Kathryn	Bradley	Penny Lane Striders			146	140			286	2
45	Trace	Allan	Southport Waterloo AC	FV35			144	141		285	2
46	Laura	Owens	Liverpool Running Club			139	141			280	2
47	Catherine	McElhinney	Southport Waterloo AC	FV45		87	97		96	280	3
48	Stephanie	Donald	Kirkby Milers AC	FV35	132	56		88		276	3
49	Louise	Marsden	Wallasey Athletic Club			84		106	86	276	3
50	Christine	Humphrey	St Helens Striders	FV55	110	29		68	68	275	4
51	Lisa	Crosby	Mossley Hill AC	FV45		131	139			270	2
52	Claire	Scott	St Helens Striders	FV45		136			134	270	2
53	Jackie	Ellis	St Helens Striders	FV55	103	14		74	72	263	4
54	Maria	Brockway	Wirral AC	FV55		72		101	89	262	3
55	Kirsty	Giller	Kirkby Milers AC				137		123	260	2
56	Sarah	Simons	Penny Lane Striders			66	96	94		256	3
57	Susan	Burke	Liverpool Running Club	FV55		79		96	80	255	3
58	Elaine	Coulter	Liverpool Running Bugs	FV50		41	41	91	82	255	4
59	Jane	Nicholson	Penny Lane Striders	FV55		48	112		93	253	3
60	Sarah	Jackson	Penny Lane Striders	FV40		38		115	98	251	3
61	Hazel	Brennan	Knowsley Harriers	FV40	133	110				243	2
62	Becky	Varnouse	Penny Lane Striders	FV35		33	109	99		241	3
63	Christine	Grant	Penny Lane Striders	FV50		17	78	76	70	241	4
64	Cheryl	Orrick	St Helens Striders	FV45	139				100	239	2
65	Sharon	Samson	Penny Lane Striders	FV35		97	141			238	2
66	Jackie	Dobson	St Helens Striders	FV55	120	30		86		236	3
67	Mollie	Swadkins	Liverpool Running Bugs			6	84	73	69	232	4
68	Lisa	Grantham	Pensby Runners	FV40				125	106	231	2
69	Tracey	Carr	Liverpool Running Bugs	FV50	98	1		66	65	230	4
70	Supanki	Kamalanathan	Penny Lane Striders				110	114		224	2
71	Katie	Bellew	Wallasey Athletic Club	FV40		102		121		223	2
72	Njideka	Agwuna	Penny Lane Striders	FV45		94	125			219	2
73	Lucy	Helsby	Kirkby Milers AC					128	88	216	2
74	Rebecca	Hylton	Mossley Hill AC			111			104	215	2

75	Sharon	Swift	St Helens Striders	FV50	95	114					209	2
76	Eunice	Nopondo	Penny Lane Striders	FV50	1	81	64	63			209	4
77	Jessica	Garrigan	Liverpool Rc	FV35		101	104				205	2
78	Shirley	Chung	Liverpool Running Club	FV50	107	24		73			204	3
79	Katie	Dawson	Penny Lane Striders	FV40		108		94			202	2
80	Suzanne	Hall	Liverpool Running Bugs			1	73	65	61		200	4
81	Katie	Lloyd	Liverpool Running Bugs			75	121				196	2
82	Kerry	Quinton	Penny Lane Striders	FV35		88	102				190	2
83	Judy	Dyer	Penny Lane Striders	FV50		81	103				184	2
84	Claire	Birkett	Liverpool Running Bugs	FV40	104	20			60		184	3
85	Sophie	Marsden	UTS Running Club					105	75		180	2
86	Rebecca	Bancroft	Liverpool Running Bugs	FV40			99		81		180	2
87	Michelle Louis	Elston	Liverpool Running Bugs	FV40	82			41	54		177	3
88	Onnor	Hampson	Liverpool Running Bugs	FV45				92	83		175	2
89	Annie	McCaffrey	Southport Waterloo AC	FV55		67	106				173	2
90	Jade	Teeder	Liverpool Running Bugs			65		108			173	2
91	Karen	Skaife	Mossley Hill AC	FV50		80			92		172	2
92	Hayley	McNicholas	Wallasey Athletic Club			13	80	78			171	3
93	Colette	O'Halleron	Kirkby Milers AC	FV45	117	53					170	2
94	Diane	Veasey	Kirkby Milers AC	FV35	118	52					170	2
95	Louise	Busby	Southport Waterloo AC	FV40		70	100				170	2
96	Judie	Ko	Penny Lane Striders	FV50		73			95		168	2
97	Ann	Griffiths	UTS Running Club	FV40				53	114		167	2
98	Angela	Joyce	Knowsley Harriers	FV65	99				59		158	2
99	Carolyn	Knott	Penny Lane Striders	FV45		62	95				157	2
100	Natalie	O'Brien	Kirkby Milers AC			58	98				156	2
101	Carol	Platt	Kirkby Milers AC	FV55	89	1	64				154	3
102	Kirsty	Longley	LPS AC	FV40		150					150	1
103	Charlotte	Wilson-Dewhurst	Liverpool Harriers & AC			149					149	1
104	Jade	Smith	St Helens Sutton Ac		149						149	1
105	Ellen Mary	Kearney	Wirral AC						149		149	1

106 Rachel	Jacks	Southport Waterloo AC							148	1
107 Amy	Edwards	Penny Lane Striders			1	70	75		146	3
108 Jo	Irvin	UTS Running Club	FV40				146		146	1
109 Jenny	Cotterell	UTS Running Club					72	74	146	2
110 Joanne	Keogh	St Helens Striders	FV40	91	54				145	2
111 Hayley	Fairclough	Liverpool Rc	FV35					145	145	1
112 Liz	Turner	Penny Lane Striders	FV35				145		145	1
113 Tracy	Sherlock	UTS Running Club	FV40				55	90	145	2
114 Rachel	Wilcock	St Helens Sutton AC							144	1
115 Rachel	Beesley	St Helens Sutton AC							143	1
116 Pauline	Horsfall	St Helens Striders	FV60						142	1
117 Elaine	Opara	Wallasey Athletic Club						142	142	1
118 Hannah	Whittaker	St Helens Striders							142	1
119 Jessica	Dean	Southport Waterloo AC							140	1
120 Anne	Oxbrough	Penny Lane Striders	FV35				45	95	140	2
121 Gemma	Finnan	St Helens Striders			115	25			140	2
122 Jess	McKinlay	Wallasey Athletic Club							140	1
123 Alice	Cox-Cooper	Pensby Runners	FV35						139	1
124 Charlotte	Sanderson-Rigby	Penny Lane Striders						138	138	1
125 Nicola	Atherton	Liverpool Running Bugs	FV45	79	1			57	137	3
126 Emma	Poulston	Wirral AC							137	1
127 Ellie	Hynws	Wirral AC							137	1
128 Diane	Hennigan	Penny Lane Striders	FV45					136	136	1
129 Janet	Owens	Knowsley Harriers	FV40						136	1
130 Anna	Kenny	Wallasey Athletic Club	FV35						135	1
131 Dawn	Atherton	Knowsley Harriers							135	1
132 Tallulah	Brady-Jones	Wirral AC							135	1
133 Sharon	Spencer	Southport Waterloo AC	FV40						134	1
134 Sarah	Richards	Penny Lane Striders	FV35						134	1
135 Sarah Ami	Smith	Wirral AC						134	134	1
136 Joanna	Durkin	LPS AC	FV35						133	1

137	Joanne	Mercer	St Helens Striders	FV50	84	1	48				133	3
138	Leanne	Rimmer	Kirkby Milers AC	FV35						133	133	1
139	Ella	Heap	Wirral AC							132	132	1
140	Claire	Pickavance	St Helens Striders	FV45	131						131	1
141	Evie Melissa	Smith	Wirral AC							131	131	1
142	Joanne	Harrison	Penny Lane Striders				130				130	1
143	Elaine	Parry	St Helens Striders		130						130	1
144	Michelle	Murphy	Liverpool Harriers	FV50			130				130	1
145	Susan	Beckett	UTS Running Club					54	76		130	2
146	Vicky	Kehoe	Wallasey Athletic Club	FV45						130	130	1
147	Karen	Jones	Pensby Runners	FV45		129					129	1
148	Anne	Rosbottom	Wirral AC	FV45						129	129	1
149	Ellie Jane	Ireland	Southport Waterloo AC	FV35			128				128	1
150	Dawn	Fairclough	Liverpool Rc	FV35						128	128	1
151	Wendy	Davies	St Helens Striders	FV40		127					127	1
152	Deborah	Crawley	Kirkby Milers AC	FV60			127				127	1
153	Katie	Johnson	Penny Lane Striders	FV35				127			127	1
154	Caroline	Hall	Wirral AC	FV45						127	127	1
155	Bryony	Lucas-Swale	Pensby Runners	FV40						126	126	1
156	Shirley	O'Brien	Kirkby Milers AC	FV50		1	37	35	52		125	4
157	Helen	Pantlin	Penny Lane Striders	FV40		124					124	1
158	Laura	Carter	St Helens Striders		124						124	1
159	Lenka	Vidamour	Penny Lane Striders	FV35		123					123	1
160	Elaine	Laycock	Liverpool Running Club	FV50			123				123	1
161	Marie	O'Donnell	Kirkby Milers AC	FV65			65		58		123	2
162	Susan	Kerfoot	St Helens Striders	FV35		122					122	1
163	Maia	Robinson	Knowsley Harriers		122						122	1
164	Joanne	Edwards	Penny Lane Striders	FV45		1	69	52			122	3
165	Laura	Hennahane	Penny Lane Striders	FV35		121					121	1
166	Geraldine	Shaw	St Helens Striders		121						121	1
167	Katrin	Ryan	Wallasey Athletic Club	FV45						121	121	1

168	Emily	Rowe	Liverpool Harriers & AC			120			120	1
169	Stephanie	Charman	Knowsley Harriers	FV65	77	43			120	2
170	Helen	Symonds	Wallasey Athletic Club	FV50		119			119	1
171	Gemma	Aden	St Helens Striders		119				119	1
172	Andrea	Bond	Penny Lane Striders	FV40		118			118	1
173	Delilah	Harty	Wirral AC					118	118	1
174	Lisa	Minshull	Knowsley Harriers	FV45		117			117	1
175	Pat	Helsby	Kirkby Milers AC	FV60				117	117	1
176	Tracy	Pennington	Pensby Runners	FV50				117	117	1
177	Lucie	Michaelson	Penny Lane Striders	FV35		116			116	1
178	Heather	Drillingcourt	St Helens Sutton AC		116				116	1
179	Amber	Neal	Wirral AC					116	116	1
180	Sophia	Johnson-McDevitt	Mossley Hill AC			115			115	1
181	Lucy	St John	Liverpool Running Bugs		114				114	1
182	Diane	Hennigan	Penny Lane Striders	FV45		113			113	1
183	Nicola	Higham	Kirkby Milers AC	FV45	74	39			113	2
184	Solange	Hill	St Helens Striders		112				112	1
185	Lorraine Trace	Johnson	Liverpool Running Bugs	FV35		1	53	58	112	3
186	Michele	Alty	Wallasey Athletic Club	FV50				112	112	1
187	Jade	Booth	St Helens Striders		111				111	1
188	Susan	Reynolds	Wallasey Athletic Club	FV45				111	111	1
189	Bhav	Mistry	Kirkby Milers	FV45				110	110	1
190	Lynzie	Fleming	UTS Running Club	FV35				110	110	1
191	Sarah	Bowles	St Helens Striders	FV40	109				109	1
192	Claudia	McLean	Liverpool Running Bugs	FV45		18	91		109	2
193	Kathryn	Jones	Knowsley Harriers	FV45		21	88		109	2
194	Debi	McMillan	Penny Lane Striders	FV45		1		51	109	3
195	Sian	Maguire	St Helens Striders			108			108	1
196	Sue	Spiers	Mossley Hill AC	FV55				108	108	1
197	Caroline	Feeney	Liverpool Running Club		106	1			107	2
198	Kerry	Pridgeon	St Helens Striders	FV35	72	1	34		107	3

199	Jayne	Russell	Kirkby Milers AC	FV40	23		84		107	2
200	Val	Anderton	Penny Lane Striders	FV45	1	50		55	106	3
201	Helen	Lodge	Southport Waterloo AC	FV50		105			105	1
202	Carla	Langley	St Helens Striders			105			105	1
203	Katie	Fielding	Liverpool Running Bugs		1	57	46		104	3
204	Ann Marie	Carberry	Kirkby Milers AC	FV50	1	55	48		104	3
205	Amanda	Coogan	St Helens Striders	FV45	102				102	1
206	Angela	Peerless	Pensby Runners	FV60			102		102	1
207	Jo	Sutherland	Penny Lane Striders	FV40	15	87			102	2
208	Joanne	Porteous	UTS Running Club	FV50				102	102	1
209	Nicola	Williams	Penny Lane Striders	FV35		101			101	1
210	Leanne	Bailey	St Helens Striders			101			101	1
211	Carrie	O'Brien	Kirkby Milers AC				38	63	101	2
212	Mary	Rees	Wallasey Athletic Club	FV65		100			100	1
213	Jennifer	Grant	Liverpool Harriers					100	100	1
214	Kathleen	Powell	Kirkby Milers AC	FV40		98			98	1
215	Natalie	Grimes	UTS Running Club					98	98	1
216	Tami	Garvey-Jones	St Helens Striders	FV40+	97				97	1
217	Catherine	O'Leary	UTS Running Club	FV40				97	97	1
218	Gabrielle	O'Gara	Penny Lane Striders			96			96	1
219	Angie	Byron	Kirkby Milers AC	FV40	96				96	1
220	Helen	Eaton	Kirkby Milers AC	FV45		16	80		96	2
221	Sue	Burke	Penny Lane Striders	FV45		1	94		95	2
222	Jane	Ashcroft	St Helens Sutton Ac	FV50	94				94	1
223	Janet	Woods	Liverpool Running Club	FV55		1	93		94	2
224	Deborah	Lodge	Kirkby Milers AC	FV50	93				93	1
225	Denise	Garrigan	Kirkby Milers AC	FV35				93	93	1
226	Chloe	Dowdle	St Helens Sutton AC	FV40	92				92	1
227	Uyai	Ikpatt	Wirral AC	FV40				91	91	1
228	Cheryl	Pace	Penny Lane Striders	FV35		90			90	1
229	Joanne	Jackson	St Helens Striders	FV40+	90				90	1

230	Dawn	Evans	Mossley Hill AC	FV40			90			90	1
231	Leeanne	Evans	Liverpool Running Club	FV35	88	1				89	2
232	Jennifer	Corkhill	Penny Lane Striders				89			89	1
233	Joanne	Evans	Liverpool Running Club	FV35	87	1				88	2
234	Molly	Williams	Wirral AC					87		87	1
235	Amanda	Bradbury	Southport Waterloo AC	FV35		86				86	1
236	Gillian	Treadle	Knowsley Harriers	FV40	86					86	1
237	Katy	Davitt	Kirkby Milers AC	FV40			86			86	1
238	Fleur	Culshaw	Southport Waterloo AC	FV45		85				85	1
239	Jenny	Appleton	St Helens Striders	FV35	85					85	1
240	Sandra	Ellison	Wallasey Athletic Club	FV50				85		85	1
241	Natalie	Wilson	Kirkby Milers AC	FV40	83	1				84	2
242	Laura	Rooney	Liverpool Running Bugs			1		83		84	2
243	Susan	Rogers	Mossley Hill AC	FV60					84	84	1
244	Mimi	Moss	Liverpool Running Club			1	82			83	2
245	Emma	Wright	Liverpool Running Bugs	FV45			83			83	1
246	Joanne	Hanley	Knowsley Harriers	FV45		1	42	40		83	3
247	Kerrie	Davidson	Mossley Hill AC			82				82	1
248	Jessikha	Ellison	Wallasey Athletic Club					82		82	1
249	Elizabeth	Connolly	Knowsley Harriers	FV40	81					81	1
250	Claire	Hayden	Penny Lane Striders	FV40	80					80	1
251	Maria	Hunter	Wallasey Athletic Club	FV40		78				78	1
252	Angela	Jones	St Helens Striders	FV40+	78					78	1
253	Elaine	Hughes	Kirkby Milers AC	FV50		1	77			78	2
254	Norma	Forrester	Knowsley Harriers	FV50					78	78	1
255	Lileth	Hammond	Penny Lane Striders			1	76			77	2
256	Sue	Davies	Pensby Runners	FV50				77		77	1
257	Diane	Rogers	Mossley Hill AC	FV50		1	75			76	2
258	Elaine	Ahearn	St Helens Striders	FV55	76					76	1
259	Samantha	Ashton	St Helens Striders		75					75	1
260	Lucy	Wood	Pensby Runners			74				74	1

261	Natalie	Kelly	Knowsley Harriers			74			74	1
262	Hannah	Twigg	Liverpool Running Bugs		1	72			73	2
263	Louise	Hill	St Helens Sutton AC	FV40	73				73	1
264	Sue	Stewart	Southport Waterloo AC	FV70		71			71	1
265	Gemma	Harkness	St Helens Striders		71				71	1
266	Alison	Engle	Wallasey Athletic Club	FV45			71		71	1
267	Kelly	Clark	Wirral AC	FV35			70		70	1
268	Paula	Stuart	Penny Lane Striders	FV50	69				69	1
269	Jo	Bruchez-Corbett	Penny Lane Striders	FV40	68				68	1
270	Jessica	Cavanagh	Penny Lane Striders	FV35		68			68	1
271	Paula	Heaton	Kirkby Milers AC	FV40	8		60		68	2
272	Gillian	McKinnon	Mossley Hill AC	FV50	1		67		68	2
273	Gail	Fairclough	Liverpool Running Club	FV60		67			67	1
274	Karen	Morgan	Liverpool Running Bugs	FV40			67		67	1
275	Nicola	Roberts	Knowsley Harriers	FV35		66			66	1
276	Rachel	Kenrick	Pensby Runners				66		66	1
277	Miriam	Eaton	Kirkby Milers AC	FV55	64				64	1
278	Bex	Dennehy	Penny Lane Striders	FV35	1	63			64	2
279	Rachael	Fennell	St Helens Striders		63				63	1
280	Chloe	Beckett	Knowsley Harriers	FV45		62			62	1
281	Jan	Hughes	Penny Lane Striders	FV60	1		61		62	2
282	Hayley	Smallman	Kirkby Milers AC	FV40			62		62	1
283	Marie	Motley	Penny Lane Striders	FV50			62		62	1
284	Julie	Brake	Mossley Hill AC	FV50	61				61	1
285	Jody	Hazeldine	Penny Lane Striders	FV40		61			61	1
286	Kathryn	Kent	Liverpool Running Club		1	59			60	2
287	Jane	Lawrence	Liverpool Running Club	FV50		60			60	1
288	Lindsey	Black	Liverpool Running Bugs	FV40	59				59	1
289	Jean	Miao	Liverpool Running Club	FV60	1	58			59	2
290	Tracey	Goble	Liverpool Running Bugs	FV50			59		59	1
291	Emmajane	Webster	Liverpool Running Bugs		1	56			57	2

292	Kirsty	Coltart	Mossley Hill AC	FV45	1		56		57	2
293	Gillian	Swadkins	Liverpool Running Bugs	FV50			56		56	1
294	Mari	Dyson	Southport Waterloo AC	FV45	55				55	1
295	Treena	Peate	Liverpool Running Bugs	FV45	1	54			55	2
296	Nicola	Studley	Mossley Hill AC	FV45	1			53	54	2
297	Christine	Stewart	Knowsley Harriers	FV55		52			52	1
298	Jacqueline	Jones	Liverpool Running Club	FV55	51				51	1
299	Susan	Farrell	Knowsley Harriers	FV45		51			51	1
300	Tracey	McCoy	Liverpool Running Club	FV50	50				50	1
301	Jayne	Ellis	Knowsley Harriers	FV50	1	49			50	2
302	Michelle	Hawthorne	Pensby Runners	FV40			50		50	1
303	Margaret	Kelly	Kirkby Milers	FV45	49				49	1
304	Jeanette	Ryan	Liverpool Running Bugs	FV50			49		49	1
305	Jane	Woods	Penny Lane Striders	FV45	1		47		48	2
306	Rachel	Rick	Penny Lane Striders	FV60	47				47	1
307	Alison	Brown	Liverpool Running Club	FV35		47			47	1
308	Lorna	Pain	Liverpool Running Bugs		46				46	1
309	Angela	Williams	Kirkby Milers AC	FV35	1	45			46	2
310	Denise	Scott	Knowsley Harriers	FV40		46			46	1
311	Liz	Owens	Knowsley Harriers	FV55	1	44			45	2
312	Val	Coldock	Liverpool Running Bugs	FV60			45		45	1
313	Helen	Redmond	Kirkby Milers AC	FV35	44				44	1
314	Deborah	Pink	UTS Running Club	FV50			44		44	1
315	Honieh	Abed	Penny Lane Striders		43				43	1
316	Rebecca	Lewis	UTS Running Club	FV40			43		43	1
317	Lauren	Jenkins	Knowsley Harriers				42		42	1
318	Jennie	Platt	Liverpool Harriers & AC	FV35	42				42	1
319	Collette	Spencer	Liverpool Running Club	FV65		41			41	1
320	Joyce	Lloyd	Knowsley Harriers	FV45	1		39		40	2
321	Sarah	Pickerill	Southport Waterloo AC	FV40	40				40	1
322	Pat	Kelly	Liverpool Running Club	FV55	39				39	1

324	Deborah	Crawley	Kirkby Milers AC	FV60	1	37	38	2
325	Alison	Eland	Knowsley Harriers			38	38	1
326	Carolyn	Holt	Penny Lane Striders	FV55	37		37	1
327	Lisa	Minshull	Knowsley Harriers	FV45		36	36	1
328	Natalie	O'Brien	Kirkby Miletrs AC			36	36	1
329	Dagmara	Stankiewicz	Knowsley Harriers		36		36	1
330	Carmen	Cavanagh	Knowsley Harriers			35	35	1
331	Claire	Meadows	Penny Lane Striders	FV50	35		35	1
332	Sheetal	Sharma	Penny Lane Striders	FV40	34		34	1
333	Jane	Makin	St Helens Sutton AC	FV50		33	33	1
334	Rebecca	Harrison	Kirkby Milers AC		31		31	1
335	Sian	Loftus	Liverpool Running Bugs		28		28	1
336	Heather	Goadsby	Southport Waterloo AC	FV50	22		22	1
337	Sarah	Wright	Liverpool Running Bugs	FV45	19		19	1
338	Tricia	Rutherford	Mossley Hill AC	FV55	12		12	1
339	Lesley	Finnih	Penny Lane Striders	FV40	11		11	1
340	Paula	Need	Liverpool Running Bugs	FV50	10		10	1
341	Sharon	Martin	Knowsley Harriers	FV40	9		9	1
342	Adele	Gold	Kirkby Milers	FV40	7		7	1
343	Lauren	Parker	Mossley Hill AC		4		4	1
344	Annmarie	Daley	Liverpool Running Club	FV40	3		3	1
345	Colette	Roche	Penny Lane Striders	FV50	2		2	1
346	Tania	Sparks	Penny Lane Striders		1		1	1
347	Karen	Mason	ST. HELENS STRIDERS	FV50	1		1	1
348	Michelle	Carlton	Southport Waterloo AC		1		1	1
349	Kelly	Carey	Kirkby Milers AC	FV35	1		1	1
350	Atim	Laber-Craig	Penny Lane Striders		1		1	1
351	Annmaria	Miller	Kirkby Milers AC	FV45	1		1	1
352	Sharon	McGough	Kirkby Milers AC	FV40	1		1	1
353	Nicola	Mylar	Kirkby Milers AC		1		1	1
354	Lesley	McGrail	St Helens Striders	FV40	1		1	1

355	Paula	Murphy	Knowlsey Harriers	FV40	1	1	1
356	Gina	Bellhouse	Southport Waterloo AC	FV50	1	1	1
357	Donna	Roddan	Pensby Runners	FV45	1	1	1
358	Rachel	Chandler	Liverpool Running Bugs		1	1	1
359	Rebecca	Foy	Mossley Hill AC		1	1	1
360	Angela	Irvine	Liverpool Running Club	FV50	1	1	1
361	Amy	Brown	Liverpool Running Club		1	1	1
362	Lisa	Mitchell	Penny Lane Striders	FV35	1	1	1
363	Laura	Atkinson	Penny Lane Striders		1	1	1
364	Carol	Bairsto	Liverpool Running Bugs	FV45	1	1	1
365	Elaine	Cunningham	Liverpool Running Club	FV35	1	1	1
366	Cara	Bartlett	Knowsley Harriers	FV40	1	1	1
367	Rebecca	Tierney	Liverpool Running Club		1	1	1
368	Sharon	Quinn	Kirkby Milers AC	FV45	1	1	1
369	Nicola	Maddock	Liverpool Running Bugs	FV40	1	1	1
370	Robyn	English	Liverpool Running Club	FV50	1	1	1
371	Inma	Ruiz	Penny Lane Striders	FV45	1	1	1
372	Tracy	Hargreaves	Liverpool Running Bugs	FV50	1	1	1
373	Gillian	Treadell	Knowsley Harriers	FV40	1	1	1
374	Allison	Pettitt	Mossley Hill AC	FV45	1	1	1
375	Lisa	Pritchard	Mossley Hill AC	FV35	1	1	1
376	Sarah	Charlton	St Helens Striders		1	1	1
377	Karen	Culshaw	Penny Lane Striders	FV40	1	1	1
378	Cathy	Hughes's	Kirkby Milers AC	FV60	1	1	1
379	Paula	Smith	Wirral AC	FV45	1	1	1
380	Rachel	Rogers	Penny Lane Striders	FV45	1	1	1
381	Karen	Harrison	St Helens Striders	FV50	1	1	1
382	Jan	Marsh	Southport Waterloo AC	FV60	1	1	1
383	Gillian	O'Neil	Liverpool Running Club	FV45	1	1	1
384	Karen	Beck	Liverpool Running Club	FV65	1	1	1
385	Charlotte	Willshire	Liverpool Running Club	FV35	1	1	1

386	Donna	Mannion	Liverpool Running Club	FV50	1	1	1
387	Audrey	Cowpland	Southport Waterloo AC	FV55	1	1	1
388	Soraya	Meah	Penny Lane Striders	FV55	1	1	1
389	Janet	Murray	Knowsley Harriers	FV45	1	1	1
390	Cat	Treble	Kirkby AC		1	1	1
391	Harriet	Dunsby	Penny Lane Striders		1	1	1
392	Clare	Griffiths	Liverpool Running Bugs	FV35	1	1	1
393	Louise	Padmore	St Helens Striders	FV45	1	1	1
394	Claire	Monti	Liverpool Running Bugs	FV40	1	1	1
395	Kirstin	Farrar	Kirkby Milers AC	FV45	1	1	1
396	Julie	Rivers	Kirkby Milers AC	FV50	1	1	1
397	Jo	Fenna	Southport Waterloo AC	FV45	1	1	1
398	Dianne	Sorensen	Mossley Hill AC	FV45	1	1	1
399	Marie	Wallace	Liverpool Running Bugs	FV50	1	1	1
400	Nardeen	Nemat	Liverpool Running Bugs		1	1	1
401	Lisa	Platt	Kirkby Milers AC	FV40	1	1	1
402	Sioux	McGee	Penny Lane Striders	FV55	1	1	1
403	Jen	Ashton	Liverpool Running Bugs	FV45	1	1	1
404	Sharon	Graham	Liverpool Running Bugs	FV45	1	1	1
405	Joanne	Moody	Liverpool Running Club	FV35	1	1	1
406	Victoria	Lawson	Mossley Hill AC	FV50	1	1	1
407	Ange	Frackleton	Liverpool Running Club		1	1	1
408	Jackie	Riley	Knowsley Harriers	FV50	1	1	1
409	Claire	Rice	Kirkby Milers AC	FV45	1	1	1
410	Lynda	McGlinchey	Liverpool Running Club	FV50	1	1	1
411	Leanne	Court	Kirkby Milers AC	FV35	1	1	1
412	Catherine	Jones	Kirkby Milers AC	FV60	1	1	1
413	Gemma	Conway	Kirkby Milers AC		1	1	1
414	Lynne	Condell	Kirkby Milers AC	FV55	1	1	1