

**Merseyside County Grand Prix 2013  
Overall Individual Standings**

**Women**

Pos'n	Name	Club	Category	Walton Park	Birkenhead	Penny Lane	Sefton Park	Wavertree	Merseyvend	Southport	Total	Best 4 Total
				5M	Park 5M	10k	5M	Mystery 5k	5k	Seaside 10k		
<b>FV35</b>												
	Kirsty Longley	Liverpool Pembroke Sefton	L35	100	0	100	99	100	0	0	399	<b>399</b>
	Sam Tiger	Mossley Hill	L35	89	95	93	0	93	98	98	566	<b>379</b>
	Suzanne Moss	Knowsley Harriers	L35	65	0	86	0	0	0	88	239	
	Helen Lavelle	Southport Waterloo	L35	95	0	0	95	0	0	0	190	
	Joanne Davis	Liverpool Running Club	L35	0	0	69	0	0	0	78	147	
<b>FV40</b>												
	Amanda Lee	Knowsley Harriers	L40	64	0	90	80	76	88	0	398	<b>334</b>
	Paula Smith	Wirral AC	L40	54	87	80	71	72	0	91	455	<b>330</b>
	Carolyn Houghton	Penny Lane Striders	L40	0	0	0	68	73	90	0	231	
	Jenny Clague	Liverpool Harriers	L40	0	0	0	0	99	0	100	199	
	Sharon Wright	Knowsley Harriers	L40	0	0	0	85	85	0	0	170	
<b>FV45</b>												
	Michelle Murphy	Liverpool Harriers	L45	92	96	94	0	96	0	0	378	<b>378</b>
	Judy Ko	Liverpool Running Club	L45	60	0	83	75	0	0	0	218	
	Diane Rogers	Mossley Hill	L45	39	83	74	0	0	0	0	196	
	April Morgan	St Helens Striders	L45	0	0	95	0	97	0	0	192	
	Jayne Murphy	Liverpool Running Club	L45	43	0	76	63	0	0	0	182	

**FV50**

Karen Dalby	Liverpool Harriers	L50	0	88	0	0	77	92	0	257
Susan Rogers	Mossley Hill	L50	70	0	91	0	0	0	0	161
Jayne McIvor	Liverpool Running Club	L50	0	84	0	69	0	0	0	153
Michelle Kelly	Penny Lane Striders	L50	0	0	0	79	74	0	0	153
Gill Darby	Penny Lane Striders	L50	63	0	0	83	0	0	0	146

**FV55+**

Pauline Horsfall	St Helens Striders	L55	0	0	0	96	0	97	0	193
Cath Nevin	Penny Lane Striders	L55	0	0	0	81	78	0	0	159
Sue Stewart	Southport Waterloo AC	L65	0	0	0	0	0	0	93	93
Liz Simpson	Penny Lane Striders	L65	0	0	0	0	0	0	89	89
Nicci Davies	Wirral AC	L55	0	0	81	0	0	0	0	81
Leslie Owens	Liverpool Running Club	L55	81	0	0	0	0	0	0	81



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