

Merseyside County Grand Prix 2013 Overall Individual Standings

Women

Pos'n	Name	Club	Category	Walton Park	Birkenhead	Penny Lane	Sefton Park	Wavertree	Merseyvend	Southport	Total	Best 4 Total
				5M	Park 5M	10k	5M	Mystery 5k	5k	Seaside 10k		
1	Kirsty Longley	Liverpool Pembroke Sefton	L35	100	0	100	99	100	0	0	399	399
2	Sharon Samson	Knowsley Harriers	SL	94	0	96	93	95	99	99	576	389
3	Sam Tiger	Mossley Hill AC	L35	89	95	93	0	93	98	98	566	384
4	Michelle Murphy	Liverpool Harriers	L45	92	96	94	0	96	0	0	378	378
5	Abigail Wilmitt	Liverpool Running Club	SL	87	0	82	90	92	0	0	351	351
6	Amanda Lee	Knowsley Harriers	L40	64	0	90	80	76	88	0	398	334
7	Paula Smith	Wirral AC	L40	54	87	80	71	72	0	91	455	330
8	Chelsea Arrowsmith	Knowsley Harriers	JL	0	0	0	0	89	89	94	272	
9	Sharon Farmer	Mossley Hill	SL	84	93	0	0	90	0	0	267	
10	Adele Aspinall	Liverpool Running Club	SL	78	92	0	0	0	94	0	264	
11	Gillian Verdin	Liverpool Running Club	SL	79	0	84	0	0	0	95	258	
12	Karen Dalby	Liverpool Harriers	L50	0	88	0	0	77	92	0	257	
13	Rachel Burke	Liverpool Running Club	SL	83	0	85	87	0	0	0	255	
14	Louise Warn	Penny Lane Striders	SL	0	89	0	82	82	0	0	253	
15	Suzanne Moss	Knowsley Harriers	L35	65	0	86	0	0	0	88	239	
16	Carolyn Houghton	Penny Lane Striders	L40	0	0	0	68	73	90	0	231	
17	Cheryl Pace	Penny Lane Striders	SL	68	0	0	0	71	0	85	224	
18	Judy Ko	Liverpool Running Club	L45	60	0	83	75	0	0	0	218	
19	Jennifer Clague	Liverpool Harriers	L40	0	0	0	0	99	0	100	199	
20=	Diane Rogers	Mossley Hill	L45	39	83	74	0	0	0	0	196	
	Fiona Dutton	Penny Lane Striders	SL	97	99	0	0	0	0	0	196	
22=	Natalie Palin	Liverpool Running Club	SL	98	0	97	0	0	0	0	195	
	Rachel Williams	Penny Lane Striders	SL	0	0	0	97	98	0	0	195	
24=	Rachael Fishwick	St Helens Striders	SL	93	0	0	0	0	100	0	193	
	Pauline Horsfall	St Helens Striders	L55	0	0	0	96	0	97	0	193	

26	April Morgan	St Helens Striders	L45	0	0	95	0	97	0	0	192
27	Helen Lavelle	Southport Waterloo	L35	95	0	0	95	0	0	0	190
28	Jayne Murphy	Liverpool Running Club	L45	43	0	76	63	0	0	0	182
29=	Jane Eardley	Penny Lane Striders	SL	0	0	0	89	91	0	0	180
	Michelle King	Penny Lane Striders	SL	86	0	0	94	0	0	0	180
31=	Myka Heard	Penny Lane Striders	L45	85	94	0	0	0	0	0	179
	Ruth Fisher	Penny Lane Striders	SL	37	0	0	61	0	0	81	179
33	Eugy Lay Yuan Lim	Knowsley Harriers	SL	0	0	0	0	79	0	97	176
34	Sharon Wright	Knowsley Harriers	L40	0	0	0	85	85	0	0	170
35	Sue Burke	Liverpool Running Club	L45	80	0	0	84	0	0	0	164
36	Lisa Crosby	Mossley Hill	L40	75	0	0	88	0	0	0	163
37	Susan Rogers	Mossley Hill	L50	70	0	91	0	0	0	0	161
38	Jane Hallows	Penny Lane Striders	L40	76	0	0	0	84	0	0	160
39	Cath Nevin	Penny Lane Striders	L55	0	0	0	81	78	0	0	159
40	Elin Brier	Mossley Hill	SL	71	0	0	86	0	0	0	157
41	Kerry Purvis	Knowsley Harriers	SL	0	0	0	0	69	0	86	155
42=	Jayne Mclvor	Liverpool Running Club	L50	0	84	0	69	0	0	0	153
	Michelle Kelly	Penny Lane Striders	L50	0	0	0	79	74	0	0	153
44	Naomi Curtis	Penny Lane Striders	L45	0	0	0	77	75	0	0	152
45	Joanne Davis	Liverpool Running Club	L35	0	0	69	0	0	0	78	147
46	Gill Darby	Penny Lane Striders	L50	63	0	0	83	0	0	0	146
47	Elizabeth Dennett	Knowsley Harriers	L40	0	0	77	67	0	0	0	144
48=	Claire O'Brien	Penny Lane Striders	SL	67	0	0	73	0	0	0	140
	Jane Blackin	Southport Waterloo AC	L50	53	0	0	0	0	0	87	140
50	Deborah Hill	St Helens Striders	L35	0	0	0	56	0	0	80	136
51=	Anne Oxbrough	Penny Lane Striders	SL	52	0	0	0	0	0	83	135
	Lisa Mercer	Liverpool Running Club	SL	57	0	0	78	0	0	0	135
53	Jean Miao	Liverpool Running Club	L50	49	85	0	0	0	0	0	134
54	Amena Madden	Liverpool Running Club	L40	56	0	0	72	0	0	0	128
55	Kelli Black	Mossley Hill	L35	44	0	79	0	0	0	0	123
56	Eunice Nopondo	Penny Lane Striders	L45	34	82	0	0	0	0	0	116
57	Christine Newbury	Liverpool Running Club	L40	46	0	0	64	0	0	0	110
58=	Sarah Kearney	Wirral AC	L35	0	100	0	0	0	0	0	100

	Rachel Burns	Liverpool Harriers	SL	0	0	0	100	0	0	0	100
60=	Clare Constable	Southport Waterloo AC	L40	99	0	0	0	0	0	0	99
	Sophie Hunt	Wirral AC	SL	0	0	99	0	0	0	0	99
62=	Helen Davies	Mossley Hill AC	SL	0	98	0	0	0	0	0	98
	Lisa Gawthorne	Liverpool Pembroke Sefton	SL	0	0	98	0	0	0	0	98
	Sarah Jarvis	Liverpool Harriers	SL	0	0	0	98	0	0	0	98
65	Caroline Hall	Wirral AC	L40	0	97	0	0	0	0	0	97
66=	Tracey Peters	Southport Waterloo	SL	96	0	0	0	0	0	0	96
	Becky Nijs	Knowsley Harriers	L35	0	0	0	0	0	96	0	96
68	Emily Lucas	Liverpool Harriers	JL	0	0	0	0	0	95	0	95
69	Cristina Puccini	Penny Lane Striders	L45	0	0	0	0	94	0	0	94
70=	Sue Stewart	Southport Waterloo AC	L65	0	0	0	0	0	0	93	93
	Jane Lightfoot	Knowsley Harriers	SL	0	0	0	0	0	93	0	93
72=	Kathryn Behan	Birkenhead AC	L50	0	0	92	0	0	0	0	92
	Catherine Howard	Knowsley Harriers	SL	0	0	0	92	0	0	0	92
74=	Carol Foster	St Helens Striders	L50	0	0	0	0	0	91	0	91
	Kate McFarlane	Penny Lane Striders	SL	0	0	0	91	0	0	0	91
	Vicky Unsworth	Liverpool Harriers	SL	91	0	0	0	0	0	0	91
	Carole Morrison	Birkenhead AC	L50	0	91	0	0	0	0	0	91
	Jessica Garrigan	Liverpool Running Club	SL	32	0	0	59	0	0	0	91
79=	Lynn Ebrell	Wirral AC	L50	0	90	0	0	0	0	0	90
	Sarah Jackson	Liverpool Harriers	L35	90	0	0	0	0	0	0	90
	Kerry Rimmer	Southport Waterloo AC	L45	0	0	0	0	0	0	90	90
82=	Liz Simpson	Penny Lane Striders	L65	0	0	0	0	0	0	89	89
	Chrissie Stewart	Liverpool Running Club	SL	0	0	89	0	0	0	0	89
84=	Rachel Saunders	Wallasey AC	L50	0	0	88	0	0	0	0	88
	Lynn Ferry	Liverpool Running Club	L35	88	0	0	0	0	0	0	88
	Jess Lowry	Wallasey AC	SL	0	0	0	0	88	0	0	88
87=	Nicola Howarth	St Helens Striders	L40	0	0	0	0	0	87	0	87
	Ellie Darby	Penny Lane Striders	SL	0	0	0	0	87	0	0	87
	Lisa Carney	Wallasey AC	SL	0	0	87	0	0	0	0	87
90=	Emily Rowe	Liverpool Harriers	JL	0	0	0	0	86	0	0	86
	Lynn Vickers	Liverpool Running Club	L50	0	86	0	0	0	0	0	86

92	Rebecca McKenna	St Helens Striders	L35	0	0	0	0	0	0	84	84
93	Emma Hayward	Liverpool Harriers	SL	0	0	0	0	83	0	0	83
94=	Elaine Sutton	Southport Waterloo AC	L45	0	0	0	0	0	0	82	82
	Emma Kearney	Penny Lane Striders	L35	82	0	0	0	0	0	0	82
96=	Nicci Davies	Wirral AC	L55	0	0	81	0	0	0	0	81
	Leslie Owens	Liverpool Running Club	L55	81	0	0	0	0	0	0	81
	Hannah Skaife	Liverpool Harriers	JL	0	0	0	0	81	0	0	81
99	Amelia McCoy	Liverpool Harriers	JL	0	0	0	0	80	0	0	80
100	Debbie Caulfield	Liverpool Running Club	L35	0	0	0	0	0	0	79	79
101	Theresa Lewin	Mossley Hill AC	L50	0	0	78	0	0	0	0	78
102=	Lorraine Kelly-Swan	St Helens Striders	L40	0	0	0	0	0	0	77	77
	Louise Nicholson	Liverpool Running Club	L35	77	0	0	0	0	0	0	77
104=	Amanda Murphy	Wirral AC	SL	0	0	0	76	0	0	0	76
	Rachel Leach	Mossley Hill AC	SL	0	0	0	0	0	0	76	76
106=	Maggie Cooke	Southport Waterloo AC	L55	0	0	0	0	0	0	75	75
	Gill Shandley	Southport Waterloo AC	L45	0	0	75	0	0	0	0	75
108=	Lynsey Rimmer	Liverpool Running Club	SL	0	0	0	74	0	0	0	74
	Louise Jeffrey-Read	St Helens Striders	SL	74	0	0	0	0	0	0	74
110=	Jo Winstanley	Liverpool Running Club	SL	73	0	0	0	0	0	0	73
	Angela Gwyn	Birkenhead AC	L55	0	0	73	0	0	0	0	73
112=	Shirley Cox	Liverpool Running Club	L50	0	0	72	0	0	0	0	72
	Nina Croasdale	Penny Lane Striders	SL	72	0	0	0	0	0	0	72
114	Edwina Terry	Mossley Hill AC	SL	0	0	71	0	0	0	0	71
115=	Julie Houghton	Mossley Hill AC	L40	0	0	0	70	0	0	0	70
	Alexandra Hindle	Liverpool Running Club	SL	0	0	70	0	0	0	0	70
	Jennifer Taylor	Penny Lane Striders	SL	0	0	0	0	70	0	0	70
118	Dawn Evans	Mossley Hill	L35	69	0	0	0	0	0	0	69
119	Jan Marsh	Southport Waterloo AC	L55	0	0	68	0	0	0	0	68
120=	Jo Bruchez-Corbett	Penny Lane Striders	L35	0	0	0	66	0	0	0	66
	Charlotte Ward	St Helens Striders	L35	66	0	0	0	0	0	0	66
122	Althea Deane	Penny Lane Striders	L45	0	0	0	65	0	0	0	65
123=	Kelly Dalton	Knowsley Harriers	SL	62	0	0	0	0	0	0	62
	Denise Garrigan	Liverpool Running Club	SL	0	0	0	62	0	0	0	62

125	Paula Dixon	Mossley Hill	SL	61	0	0	0	0	0	0	61
126	Diane Robson	Knowsley Harriers	SL	0	0	0	60	0	0	0	60
127	Megan Lees	Mossley Hill	SL	59	0	0	0	0	0	0	59
128=	Kelly Rainford	Liverpool Running Club	L35	58	0	0	0	0	0	0	58
	Maria Haigh	Birkenhead AC	L60	0	0	0	58	0	0	0	58
130	Rachel Rick	Penny Lane Striders	L50	0	0	0	57	0	0	0	57
131=	Margaret Delaney	Birkenhead AC	L60	0	0	0	55	0	0	0	55
	Suzanne Hornby	Liverpool Running Club	L35	55	0	0	0	0	0	0	55
133	Catherine Doyle	Knowsley Harriers	L35	51	0	0	0	0	0	0	51
134	Laura Owens	Liverpool Running Club	SL	50	0	0	0	0	0	0	50
135	Jude Hill	Mossley Hill	L40	48	0	0	0	0	0	0	48
136	Nicola Marron	Knowsley Harriers	SL	47	0	0	0	0	0	0	47
137	Hilary Greenhalgh	Liverpool Running Club	L45	45	0	0	0	0	0	0	45
138	Helen Makinson	Mossley Hill	L45	42	0	0	0	0	0	0	42
139	Bex Dennehy	Knowsley Harriers	SL	41	0	0	0	0	0	0	41
140	Michelle Williams	Mossley Hill	L45	40	0	0	0	0	0	0	40
141	Adele Rosenbloom	Knowsley Harriers	L35	38	0	0	0	0	0	0	38
142	Claire Stanistreet	Penny Lane Striders	SL	36	0	0	0	0	0	0	36
143	Jaqueline Jones	Liverpool Running Club	L45	35	0	0	0	0	0	0	35
144	Nicola Curran	Liverpool Running Club	SL	33	0	0	0	0	0	0	33
145	Sarah Nealey	Penny Lane Striders	L35	31	0	0	0	0	0	0	31
146	Lisa Deens	Liverpool Running Club	L35	30	0	0	0	0	0	0	30