

Merseyside County Grand Prix 2017
Birkenhead Park 5M Results

Womens Team

Pos'n	Club	Counters				Total
1	Penny Lane Striders	99	97	96	91	383
2	Wallasey AC	98	95	93	81	367
3	Kirkby Milers AC	94	87	86	80	347
4	Wirral AC	92	89	74	69	324
5	St Helens Striders	85	84	78	72	319
6	Mossley Hill AC	90	79	76	71	316
7	Knowsley Harriers	88	75	73	70	306
8	Liverpool Pembroke & Sefton AC	100	83			183
9	Liverpool Running Club	82	77			159
10						0
11						0
12						0

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Kirsty Longley	Liverpool Pembroke & Sefton H Ac	FV40	00:29:11	100	100
2	Lauren Wilson	Penny Lane Striders		00:32:24	99	99
3	Sallie Holt	Wallasey Athletic Club	FV40	00:32:56	98	98
4	Kate McFarlane	Penny Lane Striders		00:33:23	97	97
5	Katie Johnson	Penny Lane Striders	FV35	00:33:34	96	96
6	Helen Stansfield	Wallasey Athletic Club		00:33:40	95	95
7	Jennifer Houghton	Kirkby Milers		00:33:53	94	94
8	Zoe Pearse	Wallasey Athletic Club		00:34:04	93	93
9	Penny Thorn	Wirral AC	FV40	00:34:28	92	92
10	Louise Warn	Penny Lane Striders		00:34:31	91	91
11	Pamela Thurtle	Penny Lane Striders	FV40	00:35:25		90
12	Helen Jane Davies	Mossley Hill AC		00:35:40	90	89
13	Bree Sutcliffe	Wirral AC	FV40	00:35:48	89	88
14	Janet Owen	Knowsley Harriers	FV40	00:35:55	88	87
15	Georgina Gillen	Kirkby Milers	FV40	00:36:15	87	86
16	Angela Delaney	Kirkby Milers AC	FV45	00:36:18	86	85
17	Lisa Cheers	St Helens Striders		00:36:27	85	84
18	Emma Callery	St Helens Striders		00:36:28	84	83
19	Victoria Gilbody	Liverpool Pembroke & Sefton H Ac		00:36:30	83	82
20	Lisa Mercer	Liverpool Running Club		00:36:55	82	81
21	Adrienne Hall	Wallasey Athletic Club	FV45	00:36:57	81	80
22	Lucy O'Connor	Kirkby Milers		00:37:13	80	79
23	Lisa Crosby	Mossley Hill AC	FV40	00:37:19	79	78
24	Wendy Davies	St.helens striders	FV40	00:38:04	78	77
25	Lynn Lewington	Kirkby Milers	FV50	00:38:22		76

26	Amena Madden	Liverpool Running Club	FV45	00:38:46	77	75
27	Sarah Jackson	Penny Lane Striders	FV35	00:39:14		74
28	Catherine Rigby	Mossley Hill AC	FV50	00:39:16	76	73
29	Anja Dunsch	Knowsley Harriers		00:39:17	75	72
30	Annmarie Williams	Penny Lane Striders	FV45	00:39:46		71
31	Maria Brockway	Wirral AC	FV55	00:39:55	74	70
32	Katie Pownall	Knowsley Harriers		00:39:57	73	69
33	Jan McArd	Wallasey Athletic Club	FV45	00:40:19		68
34	Anna Watkin	Penny Lane Striders	FV35	00:40:31		67
35	Sue Heaps	St Helens Striders	FV50	00:41:01	72	66
36	Bhavna Mistry	Kirkby Milers	FV45	00:41:15		65
37	Katherine Holley	Wallasey Athletic Club	FV35	00:41:19		64
38	Marie Motley	Penny Lane Striders	FV50	00:41:26		63
39	Jane Nicholson	Penny Lane Striders	FV50	00:41:32		62
40	Susan Rogers	Mossley Hill AC	FV55	00:41:33	71	61
41	Sian Kilty	Mossley Hill AC		00:41:43		60
42	Samantha Bentall	Penny Lane Striders	FV50	00:42:01		59
43	Christine Grant	Penny Lane Striders	FV50	00:43:06		58
44	Carolyn Knott	Penny Lane Striders	FV45	00:43:11		57
45	Judie Ko	Penny Lane Striders	FV50	00:43:31		56
46	Tracey Carr	Knowsley Harriers	FV50	00:43:50	70	55
47	Julie Houghton	Mossley Hill AC	FV45	00:43:57		54
48	Kelly Clark	Wirral AC	FV35	00:44:33	69	53
49	Sandra Ellison	Wallasey AC	FV55	00:45:05		52
50	Amanda Coogan	St Helens Striders	FV45	00:45:37		51
51	Paula Smith	Wirral AC	FV45	00:46:06		50
52	Fiona Bradbury	Knowsley Harriers		00:46:15		49
53	Nicola Chapman	Wallasey Athletic Club	FV35	00:46:22		48
54	Sarah-Jane Carroll	Kirkby Milers	FV35	00:46:26		47
55	Frankie Fixter	Knowsley Harriers		00:46:35		46
56	Liz Simson	Penny Lane Striders	FV65	00:46:37		45
57	Hayley McNicholas	Wallasey Athletic Club		00:47:10		44
58	Rebecca Harrison	Kirkby Milers AC		00:48:19		43
59	Cara Barlett	Knowsley Harriers	FV40	00:48:29		42
60	Katie Lloyd	Knowsley Harriers		00:48:57		41
61	Debi McMillan	Penny Lane Striders	FV45	00:50:11		40
62	Ann Green	Kirkby Milers AC	FV55	00:52:20		39
63	Sharon Harrison	Kirkby Milers AC	FV40	00:53:22		38
64	Diane Rogers	Mossley Hill AC	FV50	00:54:44		37