

**Merseyside County Grand Prix 2018**  
**Birkenhead Park 5M Results**

**Mens Team**

Pos'n	Club	Counters						Total
1	Knowsley Harriers	147	146	141	135	132	116	817
2	Kirkby Milers AC	144	133	130	129	128	120	784
3	Penny Lane Striders	145	139	134	126	122	117	783
4	Wirral AC	140	136	125	123	119	114	757
5	Liverpool Running Club	148	131	121	108	103	102	713
6	Wallasey AC	142	127	124	115	104	96	708
7	Pensby Runners	143	113	109	100	97	93	655
8	St Helens Striders	137	105	94	92	91	88	607
9	Liverpool Running Bugs	110	99	95	90	89	87	570
10	Mossley Hill AC	138	106	98	86	84		512
11	Liverpool Harriers	150	118	112				380
12	Southport Waterloo AC	149	107	85				341
13	Liverpool Pembroke Sefton AC	111	101					212

**Mens Individual**

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Jonny Mellor	Liverpool Harriers & AC		00:24:01	150	150
2	James Tartt	Southport Waterloo AC		00:26:16	149	149
3	Jamie Rutherford	Liverpool Running Club		00:26:49	148	148
4	Chris Pownell	Knowsley Harriers		00:27:01	147	147
5	Thomas O'Dowd	Knowsley Harriers		00:27:17	146	146
6	Chris Maher	Penny Lane Striders		00:27:20	145	145
7	Ben Lewington	Kirkby Milers		00:27:26	144	144
8	Rob Grantham	Pensby Runners	O45	00:27:51	143	143
9	Rob Pearse	Wallasey Athletic Club	O40	00:27:55	142	142
10	Robert Owens	Knowsley Harriers		00:27:58	141	141
11	Robert Deller	Wirral AC		00:28:06	140	140
12	Jay Clarke	Penny Lane Striders		00:28:09	139	139
13	Matthew Skaife	Mossley Hill AC		00:28:20	138	138
14	Jon-Jo Doherty	St Helens Striders		00:28:26	137	137
15	John Heap	Wirral AC	O45	00:28:27	136	136
16	Anthony Lawlor	Knowsley Harriers AC	O50	00:28:32	135	135
17	Sam McCauley	Penny Lane Striders		00:28:41	134	134
18	Ryan Jones	Kirkby Milers		00:28:44	133	133
19	Stephen Doyle	Knowsley Harriers	O40	00:29:13	132	132
20	Dean Howlett	Liverpool Running Club		00:29:16	131	131
21	James Ellis	Kirkby Milers AC		00:29:20	130	130
22	Lewis Houghton	Kirkby Milers		00:29:22	129	129
23	Lee Moore	Kirkby Milers		00:29:28	128	128
24	Mike Green	Wallasey Athletic Club	O40	00:29:31	127	127
25	Sean Jones	Penny Lane Striders		00:29:40	126	126

26	Arran	Kearney	Wirral AC		00:29:47	125	125
27	Karl	Pickstock	Wallasey Athletic Club		00:29:48	124	124
28	Steve	Spence	Wirral AC	O45	00:29:55	123	123
29	Phil	Riding	Penny Lane Striders	O40	00:29:56	122	122
30	Ian	Magill	Liverpool Running Club	O45	00:29:57	121	121
31	James	Williams	Kirkby Milers		00:30:04	120	120
32	Mark	Hulmston	Wirral AC	O40	00:30:07	119	119
33	Callum	Grant	Liverpool Harriers & AC		00:30:07	118	118
34	Gary	Wilton	Kirkby Milers AC	O40	00:30:08		117
35	Kenneth	Day	Kirkby Milers		00:30:25		116
36	Dan	Thomas	Penny Lane Striders		00:30:27	117	115
37	John	Mclaren	Knowsley Harriers		00:30:31	116	114
38	Richard	Webster	Wallasey Athletic Club	O50	00:30:48	115	113
39	Kelvin	Dickinson	Wirral AC	O45	00:30:52	114	112
40	Simon	Rogers	Pensby Runners	O55	00:30:56	113	111
41	Steven	Irwin	Kirkby Milers AC	O55	00:31:03		110
42	Paul	Waters	Knowsley Harriers		00:31:12		109
43	Mark	Dunn	Kirkby Milers		00:31:17		108
44	Ant	Cassidy	Liverpool Harriers & AC	O40	00:31:20	112	107
45	Julien	Tour	Penny Lane Striders		00:31:22		106
46	Chris	Pedder	Liverpool Pembroke & Sefton H AC	O60	00:31:23	111	105
47	Matthew	Whalley	Kirkby Milers		00:31:24		104
48	John	Preece	Kirkby Milers	O40	00:31:25		103
49	Colin	Walsh	Penny Lane Striders		00:31:26		102
50	Sean	Wilton	Kirkby Milers		00:31:27		101
51	Paul	Riley	Penny Lane Striders	O45	00:31:29		100
52	Ian	Wallace	Wirral AC		00:31:30		99
53	Daniel	McKevitt	Kirby Milers		00:31:31		98
54	Robert	Moore	Knowsley Harriers AC	O40	00:31:32		97
55	Ian	Hewitt	Liverpool Running Bugs	O40	00:31:34	110	96
56	Chris	Morgan	Wirral AC		00:31:38		95
57	Nick	Holt	Wallasey Athletic Club	O40	00:31:42		94
58	Colin	Dobbs	Penny Lane Striders	O40	00:31:59		93
59	David	Edwards	Kirkby Milers AC	O55	00:32:06		92
60	Kevin	Harrison	Kirkby Milers	O40	00:32:08		91
61	Mark	Smith	Pensby Runners	O45	00:32:14	109	90
62	Robert	Burke	Liverpool Running Club	O50	00:32:31	108	89
63	Stephen	Campbell	Knowsley Harriers		00:32:42		88
64	Mike	Walker	Southport Waterloo AC	O65	00:32:49	107	87
65	Paul	Goodwin	Kirkby Milers AC	O50	00:32:54		86
66	Andrew	McGlone	Kirkby Milers		00:33:03		85
67	George	Aylward	Penny Lane Striders		00:33:14		84
68	Mark	Newns	Wirral	O40	00:33:18		83
69	Anthony	Metcalfe	Mossley Hill AC	O60	00:33:28	106	82
70	Eric	Ranson	St Helens Striders	O45	00:33:38	105	81
71	Phil	Bird	Wallasey Athletic Club	O50	00:33:41	104	80
72	Ian	Rowlands	Wirral AC	O45	00:33:45		79
73	Alan	Joyce	Knowsley Harriers AC	O60	00:33:51		78
74	Nigel	Grant	Penny Lane	O55	00:33:51		77

75	Alan	Sanderson	Liverpool Running Club	O40	00:33:56	103	76
76	Alex	Rigby	Liverpool Running Club		00:33:56	102	75
77	Andy	Boulger	Kirkby Milers AC	O45	00:33:57		74
78	Andrew	Conway	Liverpool Pembroke & Sefton H AC	O50	00:34:06	101	73
79	Jake	Goodwin	Kirkby Milers AC		00:34:13		72
80	James	Malone	Penny Lane Striders		00:34:15		71
81	Nigel	Foo	Penny Lane Striders	O45	00:34:19		70
82	David	Longford	Pensby Runners	O40	00:34:21	100	69
83	Joseph	Chedgzoy	Kirkby Milers		00:34:37		68
84	Carl	Balshaw	Liverpool Running Bugs	O45	00:34:38	99	67
85	Carl	Yu	Liverpool Running Club	O40	00:34:38		66
86	Christopher	McElroy	Mossley Hill AC	O40	00:34:39	98	65
87	Andie	Gow	Pensby Runners	O65	00:34:43	97	64
88	Nick	Wilson	Wirral AC	O45	00:34:49		63
89	Adam	Fitzsimmons	Kirkby Milers AC		00:35:14		62
90	Nick	Morton	Kirkby Milers		00:35:36		61
91	Jonathan	Fisher	Liverpool Running Club		00:35:37		60
92	Alex	Yem	Wallasey Athletic Club		00:35:44	96	59
93	Tony	Craig	Kirkby Milers AC	O50	00:35:47		58
94	Steve	Pemberton	Penny Lane Striders	O60	00:35:49		57
95	Steven	Hesp	Liverpool Running Club		00:35:56		56
96	Andrew	Glen	Liverpool Running Bugs	O55	00:36:01	95	55
97	Frank	Cahill	St Helens Striders	O60	00:36:05	94	54
98	Steve	Cole	Wallasey Athletic Club	O45	00:36:12		53
99	Paul	Brady	Penny Lane Striders	O45	00:36:26		52
100	Alan	Spencer	Knowsley Harriers	O55	00:36:27		51
101	Tom	Loughran	Kirkby Milers		00:36:27		50
102	Daniel	Cuthbertson	Pensby Runners	O45	00:36:55	93	49
103	Christopher	Prout	Wirral AC	O45	00:36:56		48
104	Stuart	Harrison	Penny Lane Striders		00:37:05		47
105	Dan	Bruffell	Pensby Runners	O45	00:37:05		46
106	Aaron	Wilson	Liverpool Running Club		00:37:06		45
107	Paul	Dowdle	St Helens Striders	O45	00:37:12	92	44
108	Trevor	Astell	Penny Lane Striders	O55	00:37:28		43
109	Lee	Ward	Liverpool Running Club	O40	00:37:38		42
110	Benjamin	Darby	Pensby Runners		00:37:39		41
111	Mark	Skelton	Penny Lane Striders	O55	00:37:42		40
112	Peter	Moville	Sthelens striders	O55	00:37:45	91	39
113	Frank	Kelly	Liverpool Running Club	O50	00:37:51		38
114	Chris	Wills	Knowsley Harriers	O40	00:38:00		37
115	Chris	Ball	Wirral AC	O45	00:38:13		36
116	John	Diggle	Kirkby Milers	O40	00:38:18		35
117	Terry	Noon	Kirkby Milers AC		00:38:32		34
118	Matthew	Bebb	Knowsley Harriers	O45	00:38:35		33
119	Louis	Atkinson	Kirkby Milers		00:38:39		32
120	Mark	Roberts	Pensby Runners	O65	00:38:43		31
121	Shane	Knott	Penny Lane Striders	O40	00:38:44		30
122	Robert	Chalmers	Pensby Runners	O40	00:38:52		29

123	Paul	Alexander	Pensby	055	00:38:54		28
124	Nick	Kilty	Knowsley Harriers		00:38:58		27
125	Michael	Stone	Wirral AC	055	00:39:04		26
126	Gordon	Scholefield	Pensby Runners	065	00:39:05		25
127	Jon	Reynolds	Liverpool Running Club	045	00:39:20		24
128	Kevin	Carberry	Kirkby Milers AC	045	00:39:23		23
129	Christopher	Lee	Liverpool Running Bugs	045	00:39:34	90	22
130	Nigel	Pratten	Pensby Runners	065	00:39:41		21
131	Mark	Scott	Liverpool Running Club	050	00:39:44		20
132	Simon	Ellis	Knowsley Harriers		00:39:46		19
133	Stephen	Mcconville	Pensby Runners	050	00:39:55		18
134	Andy	Duff	Liverpool Running Bugs	040	00:39:55	89	17
135	Mike	Evans	Knowsley Harriers	065	00:39:57		16
136	James	Battersby	Liverpool Running Club	045	00:40:15		15
137	Stephen	Pickavance	St Helens Striders	055	00:40:19	88	14
138	Paul	McMillan	Penny Lane Striders	045	00:41:08		13
139	Sean	Loughran	Kirkby Milers	055	00:41:26		12
140	Robbie	Trecarichi	Liverpool Running Bugs	040	00:41:49	87	11
141	Tony	Peacock	Penny Lane Striders	065	00:41:51		10
142	Michael	Eakin	Penny Lane Striders	060	00:42:05		9
143	Alex	Mitchell	Liverpool Running Bugs		00:42:12		8
144	Tony	Mooney	Kirkby Milers AC	045	00:43:00		7
145	Ian	Broadhurst	Knowsley Harriers	050	00:43:29		6
146	Ray	Murphy	Kirkby Milers	050	00:43:30		5
147	Tony	Tarpey	Pensby Runners	055	00:43:36		4
148	Matthew	Harvey	Penny Lane Striders	040	00:43:38		3
149	Kieron	Carr	Liverpool Running Bugs	045	00:43:40		2
150	Russ	Owens	Knowsley Harriers	055	00:43:41		1
151	Kenny	Worrall	Liverpool Running Club	045	00:43:50		1
152	Mark	Quinn	Mossley Hill AC	045	00:43:59	86	1
153	Toby	Port	Wirral AC		00:44:10		1
154	Ged	Shannon	Liverpool Running Club	065	00:44:12		1
155	Billy	Hargreaves	Southport	065	00:44:17	85	1
156	David	Barrow	Kirkby Milers AC	060	00:44:29		1
157	Mark	Woolford	Wallasey Athletic Club	045	00:44:42		1
158	Colin	Leyland	St Helens Striders	055	00:44:46		1
159	Andrew	Lloyd	Liverpool Running Club	040	00:46:15		1
160	Stuart	Wright	Liverpool Running Bugs	040	00:46:19		1
161	Phil	O'Rourke	Liverpool Running Club	055	00:47:10		1
162	Martin	Rogers	Mossley Hill AC	050	00:47:16	84	1
163	Davie	Thompson	Liverpool Running Club		00:47:35		1
164	Sean	Kelly	Liverpool Running Club		00:47:43		1
165	Paul	Keegan	Kirkby Milers A C	045	00:48:41		1
166	Ronald	Thornton	Liverpool Running Bugs	065	00:53:56		1
167	Derek	Hughes	Liverpool Running Bugs	065	00:54:42		1