

Merseyside County Grand Prix 2019
Birkenhead Park 5M Results

Mens Team

Pos'n	Club	Counters						Total
1	Wirral AC	150	146	141	138	127	126	828
2	Knowsley Harriers	149	148	145	137	130	115	824
3	Kirkby Milers AC	139	134	128	122	121	120	764
4	Liverpool Running Club	144	142	132	124	103	93	738
5	Penny Lane Striders	129	123	117	114	110	109	702
6	St Helens Striders	140	125	119	108	105	101	698
7	Wallasey AC	143	118	113	100	99	98	671
8	UTS Running Club	147	136	112	92	89	82	658
9	Pensby Runners	133	106	102	88	84	83	596
10	Liverpool Running Bugs	116	96	91	90	87	86	566
11	Mossley Hill AC	135	131	97	85	81		529
12	Liverpool Pembroke Sefton AC	111	107	95				313
13	Southport Waterloo AC	104	94	80				278

Mens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Harley Henshaw	Wirral AC		00:26:48	150	150
2	Stephen Campbell	Knowsley Harriers		00:27:03	149	149
3	Robert Owens	Knowsley Harriers		00:27:11	148	148
4	Andrew Fleming	UTS Running Club		00:27:11	147	147
5	John Heap	Wirral AC	O45	00:27:12	146	146
6	Chris Pownell	Knowsley Harriers		00:27:14	145	145
7	Jamie Rutherford	Liverpool Running Club		00:27:15	144	144
8	Greg Jones	Wallasey Athletic Club		00:27:18	143	143
9	James Toohey	Liverpool Running Club		00:27:21	142	142
10	David Brockway	Wirral AC		00:27:22	141	141
11	Chris Hazeldine	St Helens Striders		00:27:24	140	140
12	Thomas Dempsey	Kirkby Milers AC		00:27:27	139	139
13	Robert Deller	Wirral AC		00:27:41	138	138
14	Thomas O'Dowd	Knowsley Harriers		00:27:43	137	137
15	William Barr	UTS Running Club		00:27:45	136	136
16	Matthew Skaife	Mossley Hill AC		00:28:10	135	135
17	Ryan Jones	Kirkby Milers AC		00:28:14	134	134
18	Rob Grantham	Pensby Runners	O45	00:28:31	133	133
19	Adam Simpkin	Liverpool Running Club		00:28:33	132	132
20	Will Hine	Mossley Hill AC		00:28:49	131	131
21	Andrew Fearn	Knowsley Harriers	O40	00:28:59	130	130
22	Sean Jones	Penny Lane Striders		00:29:03	129	129
23	Dean Howlett	Kirkby Milers AC		00:29:09	128	128

24	Ian	Wallace	Wirral AC		00:29:22	127	127
25	Steve	Spence	Wirral AC	O45	00:29:27	126	126
26	Daniel	Cheetham	St Helens Striders		00:29:28	125	125
27	Carl	Murphy	Liverpool Running Club		00:29:36	124	124
28	Paul	Riley	Penny Lane Striders	O45	00:29:39	123	123
29	Liam	Brown	Kirkby Milers AC		00:29:55	122	122
30	Jay	Williams	Kirkby Milers AC		00:30:00	121	121
31	James	Ellis	Kirkby Milers AC		00:30:05	120	120
32	Dylan	Redican	St Helens Striders		00:30:05	119	119
33	Simon	Dunk	Wirral AC		00:30:12		118
34	Mike	Green	Wallasey Athletic Club	O45	00:30:12	118	117
35	Phil	Riding	Penny Lane Striders	O40	00:30:19	117	116
36	Mark	Hulmston	Wirral AC	O40	00:30:25		115
37	Gary	Wilton	Kirkby Milers AC	O40	00:30:46		114
38	Ian	Hewitt	Liverpool Running Bugs	O40	00:30:48	116	113
39	Scott	Robertson	Knowsley Harriers	O40	00:30:49	115	112
40	Colin	Walsh	Penny Lane Striders		00:30:55	114	111
41	Paul	Goodwin	Kirkby Milers AC	O50	00:30:57		110
42	Matthew	Wilson	Wallasey Athletic Club	O40	00:31:06	113	109
43	Mark	Thorne	UTS Running Club		00:31:10	112	108
44	David	Edwards	Kirkby Milers AC	O55	00:31:31		107
45	Mark	Newns	Wirral AC	O40	00:31:33		106
46	Chris	Pedder	Liverpool Pembroke & Sefton H	O60	00:31:35	111	105
47	Kelvin	Dickinson	Wirral AC	O45	00:31:38		104
48	Julien	Tour	Penny Lane Striders		00:31:44	110	103
49	Michael	Wilkinson	Wirral AC		00:31:45		102
50	Lee	Warburton	Penny Lane Striders	O45	00:31:55	109	101
51	Nigel	Grant	Penny Lane Striders	O55	00:32:04		100
52	Daniel	Hayes	Wirral AC		00:32:07		99
53	Kieran	Allen	St Helens Striders		00:32:19	108	98
54	Daniel	Rees	Liverpool Pembroke & Sefton H	O60	00:32:24	107	97
55	Gary	Parker	Pensby Runners		00:32:25	106	96
56	John	Williams	St Helens Striders	O40	00:32:26	105	95
57	Nick	Wilson	Wirral AC	O45	00:32:35		94
58	George	Aylward	Penny Lane Striders		00:32:43		93
59	Mike	Walker	Southport Waterloo AC	O65	00:32:54	104	92
60	Matthew	Whalley	Kirkby Milers AC		00:32:56		91
61	Robert	Burke	Liverpool Running Club	O50	00:33:00	103	90
62	John	Bampton	Penny Lane Striders	O45	00:33:10		89
63	David	Longford	Pensby Runners	O40	00:33:11	102	88
64	Andrew	Lawrenson	St Helens Striders		00:33:15	101	87
65	Robert	Cichocki	Wirral AC	O45	00:33:16		86
66	Kevin	O'Brien	Kirkby Milers AC	O55	00:33:18		85
67	Danny	Lawson	Wallasey Athletic Club		00:33:18	100	84
68	Kevin	Hall	Wallasey Athletic Club	O50	00:33:19	99	83
69	Philip	Lawrenson	St Helens Striders	O50	00:33:24		82
70	John	Bassett	Wallasey Athletic Club	O50	00:33:47	98	81
71	Anthony	Metcalfe	Mossley Hill AC	O65	00:33:52	97	80

72	Andrew	Glen	Liverpool Running Bugs	O55	00:34:00	96	79
73	Richard	Costain	Penny Lane Striders		00:34:01		78
74	Andrew	Conway	Liverpool Pembroke & Sefton H	O50	00:34:02	95	77
75	Alan	Spencer	Knowsley Harriers	O55	00:34:06		76
76	Graham	Liu	Southport Waterloo AC	O50	00:34:09	94	75
77	Alan	McDermott	Penny Lane Striders	O55	00:34:18		74
78	Paul	Brown	Liverpool Running Club		00:34:22	93	73
79	Peter	Atkin	Liverpool Running Club		00:34:28		72
80	Anthony	Ellis	ST. HELENS STRIDERS		00:34:32		71
81	Roger	Graham	UTS Running Club	O45	00:34:36	92	70
82	Dave	Friend	Liverpool Running Bugs		00:34:53	91	69
83	Darren	Eckersley	St Helens Striders	O45	00:34:56		68
84	Carl	Yu	Liverpool Running Club	O40	00:34:58		67
85	David	Navis	Liverpool Running Bugs		00:35:03	90	66
86	Phil	Bird	Wallasey Athletic Club	O55	00:35:09		65
87	Paul	Thomas	Kirkby Milers AC		00:35:19		64
88	Ian	Cannings	Wallasey Athletic Club	O60	00:35:23		63
89	Frank	Cahill	St Helens Striders	O60	00:35:26		62
90	Jimmy	Driver	UTS Running Club		00:35:29	89	61
91	Aaron	Wilson	Liverpool Running Club		00:35:35		60
92	Ian	Rivers	Kirkby Milers AC	O50	00:35:40		59
93	Jake	Goodwin	Kirkby Milers AC		00:35:40		58
94	John	Suckley	Pensby Runners	O60	00:35:51	88	57
95	John	Diggle	Kirkby Milers AC	O40	00:36:03		56
96	Alex	Yem	Wallasey Athletic Club		00:36:05		55
97	A	Peacock	Penny Lane Striders	O65	00:36:08		54
98	Robert	Andrews	Kirkby Milers AC		00:36:11		53
99	Kieron	Carr	Liverpool Running Bugs	O45	00:36:13	87	52
100	John	Lee	Kirkby Milers AC	O50	00:36:23		51
101	Alex	Mitchell	Liverpool Running Bugs		00:36:24	86	50
102	Christopher	McElroy	Mossley Hill AC	O40	00:36:27	85	49
103	Andie	Gow	Pensby Runners	O65	00:36:34	84	48
104	John	Barlow	Liverpool Running Bugs		00:36:45		47
105	Trevor	Astell	Penny Lane Striders	O55	00:36:45		46
106	Jonathan	Fisher	Liverpool Running Club		00:36:54		45
107	Peter	Barham	Wallasey Athletic Club	O45	00:36:56		44
108	John	Cooney	Knowsley Harriers	O45	00:36:57		43
109	Daniel	Issawi	Knowsley Harriers		00:37:06		42
110	Alan	Joyce	Knowsley Harriers	O60	00:37:16		41
111	Mark	Hamilton	St Helens Striders	O40	00:37:26		40
112	Paul	Alexander	Pensby Runners	O60	00:37:32	83	39
113	Stephen	Mcconville	Pensby Runners	O50	00:38:05		38
114	Robbie	Trecarichi	Liverpool Running Bugs	O40	00:38:16		37
115	David	McAlister	Wallasey Athletic Club	O60	00:38:19		36
116	Chris	Owen	Liverpool Running Bugs		00:38:25		35
117	John Paul	Dale	Liverpool Running Bugs		00:38:32		34
118	Terry	Noon	Kirkby Milers AC		00:38:37		33
119	James	Roberts	Penny Lane Striders		00:38:47		32

120	Mark	Roberts	Pensby Runners	O65	00:38:51		31
121	Peter	Morgan	Penny Lane Striders	O60	00:38:59		30
122	Mike	Evans	Knowsley Harriers	O65	00:39:29		29
123	Nicholas	McCole	Kirkby Milers AC	O45	00:39:39		28
124	Gordon	Scholefield	Pensby Runners	O65	00:39:43		27
125	Stephen	Draper	Mossley Hill A.C.	O65	00:39:49		26
126	Neil	Mattocks	Kirkby Milers AC	O40	00:39:59		25
127	Robert	Chalmers	Pensby Runners	O40	00:40:05		24
128	Ryan	Cairns	UTS Running Club		00:40:05	82	23
129	Andrew	Hughes	Liverpool Running Bugs		00:40:12		22
130	Ian	Pinnington	Mossley Hill AC	O55	00:40:17	81	21
131	Christopher	Lee	Liverpool Running Bugs	O50	00:40:19		20
132	Jefferson	Gard	Penny Lane Striders	O50	00:40:26		19
133	Phillip	Stanley	UTS Running Club	O55	00:40:35		18
134	Nigel	Pratten	Pensby Runners	O75	00:40:48		17
135	Colin	Lamprey	Pensby Runners	O55	00:40:54		16
136	Mark	Fillingham	St Helens Striders	O50	00:41:19		15
137	Sean	Loughran	Kirkby Milers AC	O55	00:42:01		14
138	David	Barrow	Kirkby Milers AC	O60	00:42:14		13
139	Ray	Chung	Liverpool Running Club	O55	00:42:52		12
140	Anthony	Brockway	Wirral AC	O55	00:43:11		11
141	Michael	Eakin	Penny Lane Striders	O60	00:43:13		10
142	Billy	Hargreaves	Southport Waterloo AC	O70	00:43:30	80	9
143	James	Atkin	Wirral AC	O60	00:44:25		8
144	Ian	Burt	St Helens Striders	O50	00:44:41		7
145	Mark	Woolford	Wallasey Athletic Club	O45	00:46:00		6
146	Tony	Tarpey	Pensby Runners	O60	00:46:22		5
147	Ian	Chalmers	Pensby Runners	O70	00:47:02		4
148	Phil	O'Rourke	Liverpool Running Club	O55	00:48:35		3
149	David	Griffiths	UTS Running Club	O45	00:48:52		2
150	Phil	Thorp	Liverpool Running Bugs	O60	00:49:53		1
151	Ronald	Thornton	Liverpool Running Bugs	O75	00:50:35		1
152	Allan	Gibbs-Monaghan	Liverpool Running Bugs	O40	00:53:31		1