

Merseyside County Grand Prix 2019
Birkenhead Park 5M Results

Womens Team

Pos'n	Club	Counters				Total
1	St Helens Striders	148	147	142	135	572
2	Wirral AC	150	149	137	130	566
3	Wallasey AC	144	140	138	131	553
4	Knowsley Harriers	145	136	124	120	525
5	Kirkby Milers AC	134	132	126	125	517
6	Pensby Runners	139	128	121	114	502
7	Penny Lane Striders	133	127	122	119	501
8	Liverpool Running Club	146	129	113	104	492
9	UTS Running Club	143	118	116	111	488
10	Liverpool Running Bugs	123	117	110	105	455
11	Mossley Hill AC	115	112	108	106	441
12	Southport Waterloo AC	141	109	107		357

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Sarah Kearney	Wirral AC	O45	00:31:59	150	150
2	Ellen Mary Kearney	Wirral AC		00:32:28	149	149
3	Kelly Hamilton	St Helens Striders		00:32:31	148	148
4	Rachael Fairclough	St Helens Striders		00:32:44	147	147
5	Rebecca Burke	Liverpool Running Club		00:33:00	146	146
6	Louise Jackson	Knowsley Harriers		00:33:08	145	145
7	Helen Stansfield	Wallasey Athletic Club	O35	00:33:21	144	144
8	Nadine Weeks	UTS Running Club	O35	00:33:29	143	143
9	Hannah Whittaker	St Helens Striders		00:33:29	142	142
10	Trace Allan	Southport Waterloo AC	O35	00:33:42	141	141
11	Jess McKinlay	Wallasey Athletic Club		00:34:04	140	140
12	Alice Cox-Cooper	Pensby Runners	O35	00:34:40	139	139
13	Katherine Holley	Wallasey Athletic Club	O35	00:35:22	138	138
14	Ellie Hynws	Wirral AC		00:35:25	137	137
15	Janet Owens	Knowsley Harriers	O45	00:35:27	136	136
16	Kylie Barlow	St Helens Striders		00:35:39	135	135
17	Claire Scott	St Helens Striders	O45	00:35:51		134
18	Sarah Treble	Kirkby Milers AC		00:36:10	134	133
19	Sara Kelly	Penny Lane Striders	O35	00:36:15	133	132
20	Helen Kelsall	Kirkby Milers AC	O35	00:36:38	132	131
21	Vicky Kehoe	Wallasey Athletic Club	O45	00:36:58	131	130
22	Anne Rosbottom	Wirral AC	O45	00:36:58	130	129
23	Dawn Fairclough	Liverpool Running Club	O35	00:37:02	129	128
24	Caroline Hall	Wirral AC	O45	00:37:11		127
25	Bryony Lucas-Swale	Pensby Runners	O40	00:37:23	128	126

26	Annmarie	Williams	Penny Lane Striders	O45	00:37:32	127	125
27	Charlotte	Smith	Kirkby Milers AC	O35	00:37:44	126	124
28	Kirsty	Giller	Kirkby Milers AC		00:37:57	125	123
29	Sharron	Burt	St Helens Striders	O45	00:37:58		122
30	Katrin	Ryan	Wallasey Athletic Club	O45	00:38:20		121
31	Katie	Pownell	Knowsley Harriers		00:38:28	124	120
32	Ruth	Hewitt	Liverpool Running Bugs	O40	00:38:29	123	119
33	Laura	Porter	Penny Lane Striders	O40	00:38:49	122	118
34	Tracy	Pennington	Pensby Runners	O50	00:38:52	121	117
35	Kelly	Marrin	Knowsley Harriers	O40	00:39:05	120	116
36	Samantha	Bentall	Penny Lane Striders	O50	00:39:14	119	115
37	Ann	Griffiths	UTS Running Club	O40	00:39:19	118	114
38	Angela	McGowan	Liverpool Running Bugs	O40	00:39:22	117	113
39	Michele	Alty	Wallasey Athletic Club	O50	00:39:28		112
40	Susan	Reynolds	Wallasey Athletic Club	O45	00:39:37		111
41	Lynzie	Fleming	UTS Running Club	O35	00:39:43	116	110
42	Julie	Houghton	Penny Lane Striders	O45	00:39:47		109
43	Sue	Spiers	Mossley Hill AC	O55	00:39:47	115	108
44	Jannine	McArd	Wallasey Athletic Club	O45	00:39:48		107
45	Lisa	Grantham	Pensby Runners	O40	00:39:54	114	106
46	Amena	Madden	Liverpool Running Club	O45	00:39:54	113	105
47	Rebecca	Hylton	Mossley Hill AC		00:39:55	112	104
48	Jenny	Martin	St Helens Striders	O35	00:40:01		103
49	Joanne	Porteous	UTS Running Club	O50	00:40:06	111	102
50	Kasia	Boydell	Liverpool Running Bugs	O35	00:40:17	110	101
51	Cherryl	Orrick	St Helens Striders	O45	00:40:25		100
52	Sue	Heaps	St Helens Striders	O55	00:40:31		99
53	Sarah	Jackson	Penny Lane Striders	O40	00:40:40		98
54	Rachel	Tickle	St Helens Striders		00:41:00		97
55	Catherine	McElhinney	Southport Waterloo AC	O45	00:41:09	109	96
56	Judie	Ko	Penny Lane Striders	O50	00:41:18		95
57	Katie	Dawson	Penny Lane Striders	O40	00:41:25		94
58	Jane	Nicholson	Penny Lane Striders	O55	00:41:28		93
59	Karen	Skaife	Mossley Hill AC	O50	00:41:44	108	92
60	Uyai	Ikpatt	Wirral AC	O40	00:41:45		91
61	Tracy	Sherlock	UTS Running Club	O40	00:41:51		90
62	Maria	Brockway	Wirral AC	O55	00:41:52		89
63	Lucy	Helsby	Kirkby Milers AC		00:41:57		88
64	Susan	Cooper	Southport Waterloo AC	O65	00:41:59	107	87
65	Louise	Marsden	Wallasey Athletic Club		00:42:11		86
66	Anja	Pownell	Knowsley Harriers		00:42:13		85
67	Susan	Rogers	Mossley Hill AC	O60	00:42:18	106	84
68	Onnor	Hampson	Liverpool Running Bugs	O45	00:42:42	105	83
69	Elaine	Coulter	Liverpool Running Bugs	O50	00:43:07		82
70	Rebecca	Bancroft	Liverpool Running Bugs	O40	00:43:19		81
71	Susan	Burke	Liverpool Running Club	O55	00:43:32	104	80
72	Shelley	Hignett	Knowsley Harriers		00:43:52		79
73	Norma	Forrester	Knowsley Harriers	O50	00:44:12		78

74	Jayne	Mcivor	Liverpool Running Club	O55	00:44:14	77
75	Susan	Beckett	UTS Running Club	O40	00:45:34	76
76	Sophie	Marsden	UTS Running Club		00:45:34	75
77	Jenny	Cotterell	UTS Running Club	O35	00:45:34	74
78	Shirley	Chung	Liverpool Running Club	O50	00:46:28	73
79	Jackie	Ellis	St Helens Striders	O55	00:46:29	72
80	Jennifer	Chedgzoy	Kirkby Milers AC		00:46:30	71
81	Christine	Grant	Penny Lane Striders	O50	00:46:34	70
82	Mollie	Swadkins	Liverpool Running Bugs		00:46:37	69
83	Christine	Humphrey	St Helens Striders	O55	00:46:39	68
84	Gillian	Mckinnon	Mossley Hill AC	O50	00:46:49	67
85	Rachel	Kenrick	Pensby Runners		00:47:18	66
86	Tracey	Carr	Liverpool Running Bugs	O50	00:47:25	65
87	Zoe	Fillingham	St Helens Striders	O50	00:47:32	64
88	Eunice	Nopondo	Penny Lane Striders	O55	00:47:52	63
89	Marie	Motley	Penny Lane Striders	O55	00:47:53	62
90	Suzanne	Hall	Liverpool Running Bugs		00:48:33	61
91	Claire	Birkett	Liverpool Running Bugs	O40	00:48:33	60
92	Angela	Joyce	Knowsley Harriers	O65	00:49:52	59
93	Marie	O'Donnell	Kirkby Milers AC	O65	00:50:51	58
94	Debi	McMillan	Penny Lane Striders	O45	00:51:33	57
95	Kirsty	Coltart	Mossley Hill AC	O45	00:53:02	56
96	Val	Anderton	Penny Lane Striders	O45	00:53:40	55
97	Michelle	Elston	Liverpool Running Bugs	O45	00:54:36	54
98	Nicola	Studley	Mossley Hill AC	O45	00:55:12	53
99	Shirley	O'Brien	Kirkby Milers AC	O55	01:00:21	52