



**ERNIE GALLAGHER MEMORIAL MEDAL MEETING
LIVERPOOL HARRIERS & ATHLETIC CLUB
Sunday 5th APRIL 2020 @ WAVERTREE
1st Track Event @ 10.30 a.m. Field @ 10.15 a.m.**



complete form below AND EMAIL to mcsaa.mike@gmail.com ... PAY ON THE DAY
EMAIL BEFORE 2nd APRIL 2020

First Name								
Surname								
Contact Phone/Mobile								
Email								
Athletics Club								
School								
Date of Birth						School Year		
Please tick events below you wish to enter								
Event	Year 4 & 5		Year 6		Year 7		Year 8 & 9	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
75m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
100m							<input type="checkbox"/>	<input type="checkbox"/>
150m	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
200m							<input type="checkbox"/>	<input type="checkbox"/>
300m							<input type="checkbox"/>	<input type="checkbox"/>
600m or	<input type="checkbox"/>	<input type="checkbox"/>						
1200m ¹	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
800m or			<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1500m ²							<input type="checkbox"/>	<input type="checkbox"/>
60mH			<input type="checkbox"/>	<input type="checkbox"/>				
70mH					<input type="checkbox"/>			
75mH						<input type="checkbox"/>	<input type="checkbox"/>	
80mH								<input type="checkbox"/>
Long J	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
High J	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Soft Jav	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Javelin					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shot					<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
1. Athletes may only compete in 600m OR 1200m BUT NOT BOTH								
2. Athletes may only compete in 800m OR 1500m BUT NOT BOTH								
<u>Athletes may not compete in more than 3 events</u>								
Medals: will be awarded for the first 3 individuals in each event.								
<u>FEES (FOR ENTRIES ON THE DAY PLEASE ADD £1 EXTRA)</u>								
£3.00 (one event) <input type="checkbox"/>			£5.00 (2 events) <input type="checkbox"/>			£6.00 (3 events) <input type="checkbox"/>		
Cheques only, made payable to: <u>LIVERPOOL HARRIERS & AC</u>								
Send to Mike Dooling, MBE, 19 Mooreway, Rainhill, Prescot, Merseyside, L35 6PD by Thursday, 2nd April 2020								