

Merseyside County Grand Prix 2017
Liverpool Spring 10k Results

Mens Team

Pos'n	Club	Counters						Total
1	Penny Lane Striders	98	94	91	84	83	82	532
2	Liverpool Harriers & AC	100	97	96	92	89	56	530
3	Kirkby Milers AC	90	79	78	77	76	70	470
4	Wallasey AC	88	87	81	80	67	63	466
5	Liverpool Running Club	93	75	73	65	57	54	417
6	Southport Waterloo AC	99	64	61	69	53	47	393
7	Knowsley Harriers	95	62	59	55	50	49	370
8	Mossley Hill AC	86	74	68	48	45	44	365
9	St Helens Striders	71	69	58	52	51	46	347
10	Liverpool Pembroke Sefton AC	85	72	66				223
11								0
12								0

Mens

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Degene Gezimu	Liverpool Harriers & AC		00:30:25	100	100
2	Mark Dunham	Southport Waterloo AC		00:33:12	99	99
3	Stephen Watkin	Penny Lane Striders		00:34:27	98	98
4	Michael Fitzsimmons	Liverpool Harriers & AC		00:34:51	97	97
5	Paul Sankey	Liverpool Harriers & AC	M45	00:34:55	96	96
6	Tony Lawlor	Knowsley Harriers	M50	00:36:30	95	95
7	Alex Cowin	Penny Lane Striders		00:36:34	94	94
8	Dean Howlett	Liverpool RC		00:36:43	93	93
9	John Connolly	Liverpool Harriers & AC	M45	00:37:08	92	92
10	Chris Maher	Penny Lane Striders		00:37:15	91	91
11	Martin Christiansen	Kirkby Milers AC	M45	00:37:22	90	90
12	Andrew Dunning	Liverpool Harriers & AC		00:37:32	89	89
13	Ray Clark	Wallasey AC		00:37:37	88	88
14	John Armstrong	Wallasey AC	M45	00:37:43	87	87
15	Ant Cassidy	Mossley Hill RC	M40	00:37:48	86	86
16	Paul Milburn	Liverpool Pembroke & Sefton AC		00:37:51	85	85
17	Sam Evans	Penny Lane Striders		00:37:57	84	84
18	Ross White	Penny Lane Striders		00:37:58	83	83
19	Andrew Starkey	Penny Lane Striders	M40	00:38:01	82	82
20	Jack Poland	Wallasey AC		00:38:17	81	81
21	Tom Evans	Penny Lane Striders		00:38:23		80
22	Michael Kelly	Wallasey AC		00:38:35	80	79
23	Ben Lewy	Kirkby Milers AC		00:38:35	79	78
24	David Edwards	Kirkby Milers AC	M50	00:38:56	78	77
25	Lee Moore	Kirkby Milers AC		00:38:57	77	76

26	Daniel Mckevitt	Kirkby Milers AC		00:39:11	76	75
27	Kevin Smyth	Liverpool RC		00:39:16	75	74
28	Matthew Skaife	Mossley Hill RC		00:39:33	74	73
29	Luke Harrison	Penny Lane Striders		00:39:34		72
30	Marc Jacques	Liverpool RC	M45	00:39:36	73	71
31	Mike Gall	Liverpool Pembroke & Sefton F		00:39:59	72	70
32	Neil Hennigan	Penny Lane Striders	M40	00:40:03		69
33	Eric Ranson	St. Helens Striders	M45	00:40:17	71	68
34	Joseph Chedgzoy	Kirkby Milers AC		00:40:28	70	67
35	Stephen Miller	Penny Lane Striders		00:40:36		66
36	Jim Savage	Kirkby Milers AC	M40	00:40:39		65
37	Lee Walmsley	Kirkby Milers AC	M40	00:40:44		64
38	Mark Riley	St. Helens Striders		00:40:46	69	63
39	Jay Clarke	Penny Lane Striders		00:40:51		62
40	Barry Lewin	Mossley Hill RC	M45	00:40:59	68	61
41	Rob Garth	Penny Lane Striders		00:41:09		60
42	Peter Clarke	Wallasey AC		00:41:12	67	59
43	Daniel Gilbody	Liverpool Pembroke & Sefton F		00:41:23	66	58
44	Paul Wilson	Liverpool RC	M45	00:41:23	65	57
45	David Daly	Kirkby Milers AC		00:41:29		56
46	Mike Walker	Southport Waterloo AC	M65	00:41:32	64	55
47	Mal Gordon	Penny Lane Striders		00:41:48		54
48	Jon Hogg	Wallasey AC		00:41:50	63	53
49	Gavin Melia	Penny Lane Striders		00:41:51		52
50	Julien Tour	Penny Lane Striders		00:41:56		51
51	Robert Bruchez-Corbett	Penny Lane Striders		00:42:06		50
52	Robert Moore	Knowsley Harriers	M40	00:42:08	62	49
53	Kenneth Day	Kirkby Milers AC		00:42:14		48
54	Andy Cantwell	Penny Lane Striders		00:42:22		47
55	Kevin Harrison	Kirkby Milers AC		00:42:26		46
56	James Ingram	Kirkby Milers AC		00:42:27		45
57	Mike Murray	Southport Waterloo AC	M45	00:42:33	61	44
58	James Brooker	Southport Waterloo AC		00:42:39	60	43
59	Paul Waters	Knowsley Harriers		00:42:40	59	42
60	David Brisco	St. Helens Striders	M50	00:42:44	58	41
61	David Seddon	Liverpool RC	M50	00:42:47	57	40
62	Dave Barr	Liverpool Harriers & AC	M45	00:42:47	56	39
63	Andrew Glen	Knowsley Harriers	M50	00:42:49	55	38
64	Mark Helme	Liverpool RC	M55	00:42:51	54	37
65	David Wright	Southport Waterloo AC		00:43:00	53	36
66	Danny Fegan	St. Helens Striders	M50	00:43:17	52	35
67	Shaun Mcgrath	Penny Lane Striders		00:43:18		34
68	Stephen Dipple	Penny Lane Striders	M40	00:43:19		33
69	David Houghton	Kirkby Milers AC		00:43:35		32
70	Lewis Houghton	Kirkby Milers AC		00:43:36		31
71	Ian Rivers	Kirkby Milers AC	M45	00:43:37		30

72	Ian Wright	St. Helens Striders	M45	00:43:44	51	29
73	Ian Cannings	Wallasey AC	M55	00:43:51		28
74	Lee Warburton	Penny Lane Striders	M45	00:44:09		27
75	Geoff Rudd	Liverpool RC	M55	00:44:11		26
76	Jefferson Gard	Penny Lane Striders	M45	00:44:18		25
77	George Mccann	Liverpool RC	M45	00:44:27		24
78	Carl Yu	Liverpool RC	M40	00:44:33		23
79	Steven Maguire	Penny Lane Striders	M40	00:44:41		22
80	David Griffiths	Penny Lane Striders	M45	00:44:42		21
81	Nigel Chilvers	Kirkby Milers AC	M45	00:44:50		20
82	Richard Costain	Penny Lane Striders		00:44:54		19
83	Alan Spencer	Knowsley Harriers	M55	00:45:00	50	18
84	Christopher Byrne	Knowsley Harriers	M45	00:45:06	49	17
85	Colin Sefton	Mossley Hill RC	M50	00:45:09	48	16
86	Tony Peacock	Penny Lane Striders	M65	00:45:09		15
87	Frank Murphy	Knowsley Harriers	M50	00:45:13		14
88	Marty Hirrell	Penny Lane Striders	M50	00:45:18		13
89	Matt Oakes	Penny Lane Striders		00:45:27		12
90	Michael O'Rourke	Penny Lane Striders		00:45:35		11
91	Nigel Foo	Penny Lane Striders	M45	00:45:47		10
92	Robbie Trecarichi	Southport Waterloo AC	M40	00:45:49	47	9
93	Alan Joyce	Southport Waterloo AC	M60	00:45:53		8
94	Peter Medlicott	St. Helens Striders	M40	00:45:58	46	7
95	Mark Skelton	Penny Lane Striders	M55	00:46:00		6
96	Tony Holmes	Liverpool RC	M55	00:46:25		5
97	Brendan Murphy	Penny Lane Striders		00:46:26		4
98	Paul Demore	St. Helens Striders	M50	00:46:37		3
99	Cahir Mullan	Penny Lane Striders		00:46:50		2
100	Tommy Clarke	Mossley Hill RC	M50	00:46:51	45	1
101	Andrew Troy	Penny Lane Striders		00:46:59		1
102	Chris Wills	Knowsley Harriers	M40	00:47:05		1
103	Ian Reid	Wallasey AC	M50	00:47:07		1
104	Neil Hannett	Penny Lane Striders	M45	00:47:07		1
105	Tony Green	Penny Lane Striders	M60	00:47:12		1
106	Paul Brady	Penny Lane Striders	M45	00:47:24		1
107	Gary Cook	Penny Lane Striders	M50	00:47:31		1
108	David Marsh	Southport Waterloo AC	M55	00:47:35		1
109	Stuart Harrison	Penny Lane Striders		00:47:41		1
110	Karl Bunnell	Wallasey AC		00:47:55		1
111	Alex Hogg	Wallasey AC		00:48:16		1
112	Richard Stafford	Penny Lane Striders		00:48:21		1
113	David Mckinlay	Wallasey AC		00:48:25		1
114	Paul Dowdle	St. Helens Striders	M45	00:48:32		1
115	Kieron Carr	Knowsley Harriers	M45	00:48:41		1
116	Scott Robertson	St. Helens Striders	M40	00:48:54		1
117	Tony Dorian	Kirkby Milers AC		00:49:13		1

118	John Davies	Kirkby Milers AC		00:49:18	1
119	Steven Buckley	St. Helens Striders	M50	00:49:39	1
120	John Clarke	Kirkby Milers AC	M50	00:49:47	1
121	Paul Mcgregor	Penny Lane Striders	M50	00:50:02	1
122	Trevor Astell	Penny Lane Striders	M55	00:50:34	1
123	Mark Fillingham	St. Helens Striders	M45	00:50:50	1
124	Michael Edwards	Penny Lane Striders	M55	00:51:00	1
125	Andrew Choyce	Penny Lane Striders		00:51:04	1
126	Peter Atkin	Liverpool RC		00:51:15	1
127	Mark Thomas	Penny Lane Striders	M50	00:51:22	1
128	Lisa Glover	St. Helens Striders		00:51:30	1
129	Craig Hawley	Penny Lane Striders	M55	00:51:34	1
130	Michael Kemp	Liverpool RC	M40	00:51:41	1
131	Philip O'Rourke	Liverpool RC	M50	00:51:48	1
132	Alan Lowry	Kirkby Milers AC	M50	00:52:11	1
133	Lee Jones	Penny Lane Striders	M40	00:52:26	1
134	David Hughes	Penny Lane Striders	M50	00:52:28	1
135	Graham Pickering	Penny Lane Striders		00:52:30	1
136	Jonathon Morris	Penny Lane Striders		00:52:33	1
137	Graham Howell	Liverpool Harriers & AC	M65	00:52:45	1
138	John Guy	Penny Lane Striders	M40	00:52:57	1
139	James Roberts	Penny Lane Striders		00:53:54	1
140	Rodney Jones	Penny Lane Striders	M55	00:54:07	1
141	Glyn Hughes	Penny Lane Striders	M60	00:54:11	1
142	Ray Murphy	Liverpool RC	M45	00:54:15	1
143	Mark Scott	Liverpool RC	M50	00:54:20	1
144	Stuart Clarke	Penny Lane Striders		00:54:29	1
145	Gerard Russell	Penny Lane Striders		00:54:36	1
146	Chris Hewitt	Southport Waterloo AC		00:54:51	1
147	Micharl Sharkey	Penny Lane Striders	M65	00:54:53	1
148	Mal Taylor	Penny Lane Striders	M40	00:55:19	1
149	David Woodhall	Penny Lane Striders	M45	00:55:23	1
150	Nicholas Mccole	Liverpool RC	M40	00:55:24	1
151	Simon Ellis	Knowsley Harriers		00:56:04	1
152	Paul Carr	St. Helens Striders	M60	00:56:26	1
153	Conal Cunningham	Penny Lane Striders	M40	00:56:42	1
154	Darren Brown	Liverpool RC	M40	00:57:20	1
155	Sean Kelly	Liverpool RC		00:57:21	1
156	Kevin Winstanley	St. Helens Striders		00:57:23	1
157	Paul Keegan	Kirkby Milers AC	M45	00:57:36	1
158	Andrew Bradley	Knowsley Harriers		00:57:40	1
159	Colin Duggan	Liverpool RC	M55	00:57:54	1
160	Stephen Gorman	Penny Lane Striders	M45	00:58:34	1
161	Martyn Hughes	Liverpool RC	M40	00:58:55	1
162	Andrew Lloyd	Liverpool RC		00:59:09	1
163	Ellis Woods	Penny Lane Striders		00:59:10	1

164	Robert Farley	Penny Lane Striders		00:59:15		1
165	Terry Long	Penny Lane Striders	M60	00:59:18		1
166	Nathaniel Hopkins	Kirkby Milers AC		00:59:29		1
167	Gary Eccleston	St. Helens Striders		00:59:40		1
168	Graham Deane	Knowsley Harriers		00:59:47		1
169	Matthew Swann	St. Helens Striders		00:59:48		1
170	Nick Bartlett	Knowsley Harriers	M40	01:00:17		1
171	Rob Armes	Liverpool RC		01:00:31		1
172	Stuart Atherton	Knowsley Harriers		01:00:42		1
173	James Malone	Penny Lane Striders		01:00:43		1
174	Michael Tarpey	Liverpool RC	M45	01:00:56		1
175	Steve Roden	Penny Lane Striders	M45	01:00:59		1
176	Pete Davies	Mossley Hill RC	M55	01:01:09	44	1
177	David Dodd	Knowsley Harriers	M45	01:05:01		1
178	Simon O'Brien	Liverpool RC	M40	01:05:29		1
179	Derek Hughes	Knowsley Harriers	M65	01:06:05		1
180	Karl Corrick	Penny Lane Striders		01:06:39		1
181	Ian Spencer	St. Helens Striders	M45	01:06:52		1
182	Gareth Hughes	Knowsley Harriers		01:07:36		1
183	Ian Meharg	Kirkby Milers AC	M45	01:08:18		1
184	Dom Gilvarry	Penny Lane Striders	M40	01:08:32		1
185	Bennett Lawrenson	St. Helens Striders		01:08:57		1
186	Matthew Bates	Knowsley Harriers		01:10:18		1
187	Philip Moody	Liverpool RC	M40	01:11:38		1
188	Simon Clare	Kirkby Milers AC		01:11:39		1
189	Stephen Hayes	Kirkby Milers AC	M45	01:12:10		1
190	Alex Rae	Mossley Hill RC		01:12:23		1
191	Phil Murray	Penny Lane Striders	M70	01:12:30		1
192	Robert Tennant	Liverpool RC	M60	01:14:09		1
193	Ronald Thornton	Knowsley Harriers	M70	01:14:52		1
194	Mike Leatherbarrow	Southport Waterloo AC	M40	01:17:16		1
195	Richard Deane	Knowsley Harriers	M45	01:20:43		1