

Merseyside County Grand Prix 2018
Liverpool Spring 10k Results

Mens Team

Pos'n	Club	Counters						Total
1	Penny Lane Striders	145	143	141	135	126	124	814
2	Kirkby Milers AC	137	134	132	131	129	128	791
3	Wirral AC	149	146	142	130	107	95	769
4	Liverpool Running Club	148	136	125	123	122	114	768
5	Knowsley Harriers	147	140	133	121	110	109	760
6	Liverpool Harriers	150	138	117	116	115	102	738
7	St Helens Striders	144	119	113	108	106	100	690
8	Wallasey AC	139	118	105	99	96	92	649
9	Pensby Runners	127	120	98	90	87	83	605
10	Southport Waterloo AC	112	101	97	93	91	85	579
11	Mossley Hill AC	104	94	89	88	86	84	545
12	Liverpool Pembroke Sefton AC	111	82					193
13	St Helens Sutton AC	103						103

Mens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Degene Gezimu	Liverpool Harriers		00:30:26	150	150
2	Phillip Langan	Wirral AC	MV40	00:33:26	149	149
3	Jamie Rutherford	Liverpool Running Club		00:34:00	148	148
4	Chris Pownell	Knowsley Harriers		00:34:14	147	147
5	David Brockway	Wirral AC		00:34:21	146	146
6	Chris Maher	Penny Lane Striders		00:34:35	145	145
7	David Wilson	St Helens Striders		00:35:19	144	144
8	Jay Clarke	Penny Lane Striders		00:35:29	143	143
9	Robert Deller	Wirral AC		00:35:31	142	142
10	Alex Cowin	Penny Lane Striders		00:36:08	141	141
11	Anthony Lawlor	Knowsley Harriers	MV50	00:36:15	140	140
12	Karl Pickstock	Wallasey Athletic Club		00:36:35	139	139
13	John Connolly	Liverpool Harriers & AC	MV45	00:36:38	138	138
14	Alan Healy	Kirkby Milers AC	MV40	00:36:46	137	137
15	Thomas Wilson	Liverpool Running Club		00:37:15	136	136
16	Phil Riding	Penny Lane Striders	MV40	00:37:20	135	135
17	Lee Moore	Kirkby Milers AC		00:37:26	134	134
18	John McLaren	Knowsley Harriers		00:37:36	133	133
19	Ben Lewington	Kirkby Milers AC		00:37:37	132	132
20	Jay Williams	Kirkby Milers AC		00:37:38	131	131
21	Stephen Spence	Wirral AC	MV45	00:37:39	130	130
22	Lewis Houghton	Kirkby Milers AC		00:37:42	129	129
23	Ryan Jones	Kirkby Milers AC		00:37:48	128	128
24	James Ingram	Kirkby Milers AC		00:38:14		127
25	Gary Fisher	Kirkby Milers AC		00:38:23		126
26	Simon Rogers	Pensby Runners	MV55	00:38:25	127	125

27	Kenneth	Day	Kirkby Milers AC		00:38:32		124
28	Robert	Eagles	Penny Lane Striders		00:38:34	126	123
29	Gary	Wilton	Kirkby Milers AC	MV40	00:38:36		122
30	Ian	Hewitt	Liverpool Running Club	MV40	00:38:38	125	121
31	Roy	Hughes	Penny Lane Striders		00:38:43	124	120
32	Matthew	Clair	Liverpool Running Club		00:38:47	123	119
33	Carl	Murphy	Liverpool Running Club		00:38:48	122	118
34	James	Ashworth	Knowsley Harriers		00:38:52	121	117
35	David	Edwards	Kirkby Milers AC	MV55	00:38:54		116
36	Josh	Keogh	Penny Lane Striders		00:38:56		115
37	Ralph	Pawling	Pensby Runners		00:39:00	120	114
38	Mark	Riley	St Helens Striders		00:39:00	119	113
39	Paul	Riley	Penny Lane Striders	MV45	00:39:07		112
40	John	Preece	Kirkby Milers AC	MV40	00:39:14		111
41	Steven	Mckenzie	Kirkby Milers AC	MV40	00:39:14		110
42	Neil	Hennigan	Penny Lane Striders	MV40	00:39:22		109
43	Matthew	Whalley	Kirkby Milers AC		00:39:34		108
44	James	Ellis	Kirkby Milers AC		00:39:35		107
45	Sean	Wilton	Kirkby Milers AC		00:39:35		106
46	Luke	Curtis	Penny Lane Striders		00:39:37		105
47	Lee	Turner	Kirkby Milers AC		00:39:37		104
48	Luke	Harrison	Penny Lane Striders		00:39:39		103
49	Kevin	Harrison	Kirkby Milers AC	MV40	00:39:46		102
50	Julien	Tour	Penny Lane Striders		00:39:52		101
51	Rob	Pearse	Wallasey Athletic Club	MV40	00:39:55	118	100
52	Mal	Gordon	Penny Lane Striders		00:39:58		99
53	Daniel	McKevitt	Kirkby Milers AC		00:40:01		98
54	Colin	Dobbs	Penny Lane Striders	MV40	00:40:03		97
55	Colin	Walsh	Penny Lane Striders		00:40:06		96
56	Kieran	Birrell	Penny Lane Striders		00:40:21		95
57	Stephen	Tod	Liverpool Harriers	MV45	00:40:33	117	94
58	Kevin	Cornwell	Liverpool Harriers & AC		00:40:34	116	93
59	Gerald	Musoke	Liverpool Harriers & AC		00:40:36	115	92
60	John	Bampton	Penny Lane Striders	MV45	00:40:48		91
61	Paul	Wilson	Liverpool Running Club	MV45	00:40:51	114	90
62	Anthony	Ellis	St Helens Striders		00:41:27	113	89
63	David	Owens	Penny Lane Striders	MV45	00:41:29		88
64	Mike	Walker	Southport Waterloo AC	MV65	00:41:30	112	87
65	George	Aylward	Penny Lane Striders		00:41:41		86
66	Stephen	Lennon	Liverpool Pembroke & Sefton F	MV40	00:41:49	111	85
67	Andrew	Keeley	Penny Lane Striders	MV55	00:41:50		84
68	Paul	Waters	Knowsley Harriers		00:41:59	110	83
69	Robert	Moore	Knowsley Harriers	MV40	00:42:03	109	82
70	Ian	Claridge	Penny Lane Striders	MV45	00:42:06		81
71	Eric	Ranson	St Helens Striders	MV45	00:42:20	108	80
72	Matthew	Cook	Penny Lane Striders		00:42:24		79
73	David	Lynan	Penny Lane Striders	MV45	00:42:33		78
74	Paul	Goodwin	Kirkby Milers AC	MV50	00:42:54		77
75	Andrew	McGlone	Kirkby Milers AC		00:42:56		76

76	Andrew	Boulger	Kirkby Milers AC	MV45	00:43:06		75
77	Andrew	Biddle	Penny Lane Striders	MV40	00:43:11		74
78	Alan	Joyce	Knowsley Harriers	MV60	00:43:12		73
79	Paul	Spooner	Liverpool Running Club		00:43:20		72
80	Ian	Russell	Penny Lane Striders	MV50	00:43:22		71
81	David	Gain	Wirral AC		00:43:29	107	70
82	Nigel	Chilvers	Kirkby Milers AC	MV45	00:43:35		69
83	Michael	O'Rourke	Penny Lane Striders		00:43:40		68
84	Daniel	Tetlow	St Helens Striders		00:43:41	106	67
85	Jon	Hogg	Wallasey Athletic Club		00:43:49	105	66
86	Martin	Kelly	Penny Lane Striders	MV40	00:43:53		65
87	Nick	Morton	Kirkby Milers AC		00:44:02		64
88	Carl	Yu	Liverpool Running Club	MV40	00:44:11		63
89	Ian	Sadler	Mossley Hill AC	MV55	00:44:16	104	62
90	Andrew	Glen	Knowsley Harriers	MV55	00:44:30		61
91	John	Appleton	St Helens Sutton Ac	MV65	00:44:36	103	60
92	Jake	Goodwin	Liverpool Harriers & AC		00:44:37	102	59
93	Nigel	Grant	Penny Lane Striders	MV55	00:44:45		58
94	Tony	Beyga	Kirkby Miler	MV60	00:44:54		57
95	Adam	Fitzsimmons	Kirkby Milers AC		00:44:56		56
96	James	Brooker	Southport Waterloo AC		00:44:56	101	55
97	Paul	Brown	Liverpool Running Club		00:45:01		54
98	Tony	Craig	Kirkby Milers AC	MV50	00:45:05		53
99	Howard	Davies	Penny Lane Striders		00:45:07		52
100	George	McCann	Liverpool Running Club	MV45	00:45:10		51
101	James	Malone	Penny Lane Striders		00:45:12		50
102	Michael	Smith	St Helens Striders		00:45:12	100	49
103	Alan	Sanderson	Liverpool Running Club	MV40	00:45:12		48
104	Paul	Thomas	Kirkby Milers		00:45:29		47
105	Gary	English	Liverpool Running Club	MV55	00:45:32		46
106	Nick	Holt	Wallasey	MV40	00:45:39	99	45
107	Ian	Jones	Penny Lane Striders	MV60	00:45:56		44
108	Paul	Dowdle	St Helens Striders	MV45	00:46:01		43
109	Peter	Medlicott	St Helens Striders	MV45	00:46:02		42
110	Dan	Bruffell	Pensby Runners	MV45	00:46:03	98	41
111	Mark	Skelton	Penny Lane Striders	MV55	00:46:05		40
112	Alan	Gidman	Liverpool Running Club	MV45	00:46:08		39
113	Paul	Aspinall	Southport Waterloo AC	MV50	00:46:10	97	38
114	Tony	Holmes	Liverpool Rc		00:46:18		37
115	Alexander	Bentley	Knowsley Harriers		00:46:20		36
116	Paul	Brady	Penny Lane Striders	MV45	00:46:26		35
117	Steven	Hesp	Liverpool Running Club		00:46:29		34
118	Peter	Leadbeater	Kirkby Milers AC	MV50	00:46:38		33
119	Anthony	Dagnall	St Helens Striders	MV60	00:46:43		32
120	Trevor	Astell	Penny Lane Striders	MV55	00:46:54		31
121	Alex	Yem	Wallasey Athletic Club		00:46:59	96	30
122	Russell	Eaton	Wirral AC	MV50	00:47:00	95	29
123	Robert	Andrews	St Helens Striders		00:47:06		28

124	Joshua	Rawlins-Williams	Mossley Hill AC		00:47:08	94	27
125	Matthew	Nelson	Southport Waterloo AC	MV55	00:47:08	93	26
126	David	Flatley	Liverpool Running Club		00:47:14		25
127	Daniel	Coonan	Penny Lane Striders		00:47:14		24
128	Chris	Wills	Knowsley Harriers	MV40	00:47:27		23
129	Kevin	Hall	Wallasey Athletic Club	MV50	00:47:41	92	22
130	Peter	Moville	St Helens Striders	MV55	00:47:42		21
131	Stephen	Flanagan	Southport Waterloo AC	MV40	00:47:53	91	20
132	David	Griffiths	Penny Lane Striders	MV45	00:48:01		19
133	Anthony	Peacock	Penny Lane Striders	MV65	00:48:20		18
134	Dave	Hechle	Liverpool Running Club	MV40	00:48:21		17
135	Robert	Chalmers	Pensby Runners	MV40	00:48:49	90	16
136	Paul	Doherty	Mossley Hill AC	MV40	00:48:53	89	15
137	Rod	Jones	Penny Lane Striders	MV55	00:48:56		14
138	Adam	Lythgoe	Liverpool Running Club		00:48:57		13
139	Nicholas	McCole	Kirkby Milers AC	MV40	00:48:58		12
140	Carl	Newby-Hughes	Penny Lane Striders		00:49:03		11
141	Gary	Cook	Penny Lane Striders	MV50	00:49:07		10
142	Benjamin	Buckby	Penny Lane Striders		00:49:08		9
143	Geoff	Smith	Liverpool Harriers	MV50	00:49:18		8
144	Gary	Jones	Kirkby Milers AC	MV40	00:49:18		7
145	Joey	Stocks	Knowsley Harriers		00:49:27		6
146	Alan	Spencer	Knowsley Harriers	MV55	00:49:28		5
147	Ben	Leeming	Knowsley Harriers		00:49:29		4
148	Geoff	Banning	Penny Lane Striders		00:49:35		3
149	Dominic	Rowan	St Helens Striders		00:49:40		2
150	Graham	Lloyd	Mossley Hill AC	MV45	00:49:41	88	1
151	Andrew	Pettitt	Pensby Runners	MV50	00:49:49	87	1
152	Alan	O'Brien	Mossley Hill AC		00:49:55	86	1
153	Karl	Bunnell	Wallasey Athletic Club		00:50:05		1
154	James	Daly	Liverpool Running Club		00:50:09		1
155	John	Lee	Kirkby Milers AC	MV45	00:50:12		1
156	Scott	Williams	Penny Lane Striders		00:50:35		1
157	Tony	Green	Penny Lane Striders	MV60	00:50:42		1
158	Mark	Scott	Liverpool Running Club	MV50	00:50:45		1
159	John	McCaffrey	Knowsley Harriers		00:51:04		1
160	William	Sergeson	Penny Lane Striders	MV50	00:51:14		1
161	Donald	Wilkinson	Southport Waterloo AC	MV55	00:51:21	85	1
162	Mark	Helme	Liverpool Running Club	MV55	00:51:29		1
163	Peter	Atkin	Liverpool Running Club		00:52:04		1
164	Kevin	Gorry	Wallasey AC		00:52:05		1
165	Mike	Kemp	Liverpool Running Club	MV45	00:52:09		1
166	Steve	Roden	Penny Lane Striders	MV45	00:52:09		1
167	Steve	Bennett	Penny Lane Striders	MV50	00:52:09		1
168	Michael	Edwards	Penny Lane Striders	MV55	00:52:10		1
169	Tony	Woods	Penny Lane Striders	MV45	00:52:12		1
170	Graham	Howell	Liverpool Harriers & AC	MV65	00:52:16		1
171	Terry	Noon	Kirkby Milers AC		00:52:16		1

172	Mark	Fillingham	St Helens Striders	MV50	00:52:35		1
173	Matthew	Harvey	Penny Lane Striders	MV40	00:52:55		1
174	Rick	Forster	Mossley Hill AC		00:53:14	84	1
175	Adam	Jones	Mossley Hill Athletics Club		00:53:24		1
176	Kevin	Carberry	Kirkby Milers AC	MV45	00:53:43		1
177	John	Guy	Penny Lane Striders	MV40	00:53:48		1
178	Matthew	Swann	St Helens Striders		00:54:01		1
179	Stan	Cottier	Liverpool Running Club	MV70	00:54:01		1
180	Lee	Jones	Penny Lane Striders	MV40	00:54:06		1
181	Aaron	Wilson	Liverpool Running Club		00:54:07		1
182	Michael	Sharkey	Penny Lane Striders	MV65	00:54:10		1
183	Mark	Kirwan	Penny Lane Striders	MV40	00:54:24		1
184	John	Clarke	Kirkby Milers AC	MV50	00:54:33		1
185	Robbie	Trecarichi	Knowsley Harriers	MV40	00:54:38		1
186	Ian	Wood	Liverpool harriers ac	MV50	00:54:42		1
187	Robert	Woodham	Penny Lane Striders		00:54:55		1
188	Tony	Mooney	Kirkby Milers AC	MV45	00:54:58		1
189	David	Hughes	Penny Lane Striders	MV50	00:55:01		1
190	Stephen	Pickavance	St Helens Striders	MV55	00:55:02		1
191	Sean	Kelly	Liverpool Running Club		00:55:05		1
192	Chris	Anderson	Penny Lane Striders	MV45	00:55:13		1
193	Alan	Lowry	Kirkby Milers AC	MV50	00:55:19		1
194	Michael	Eakin	Penny Lane Striders	MV60	00:55:25		1
195	Sean	Loughran	Kirkby Milers AC	MV55	00:55:48		1
196	Dominic	Bennett	Penny Lane Striders		00:55:56		1
197	David	Woodhall	Penny Lane Striders	MV50	00:56:07		1
198	Neil	Mattocks	Kirkby Milers AC	MV40	00:56:19		1
199	Dennis	Fenna	Southport Waterloo AC	MV60	00:56:27		1
200	Darren	Brown	Liverpool Running Club	MV40	00:56:36		1
201	Anthony	Brockway	Wirral AC	MV55	00:56:38		1
202	Adrian	Pridgeon	St Helens Striders		00:57:11		1
203	Paul	Mcmillan	Penny Lane Striders	MV45	00:57:38		1
204	Keith	Peacock	Kirkby Milers	MV55	00:57:55		1
205	Simon	Ellis	Knowsley Harriers		00:57:56		1
206	Roy	Haggett	Liverpool Running Club		00:57:59		1
207	Zachary	Stavrou-Dowd	Liverpool Running Club		00:58:20		1
208	Rob	Armes	Liverpool Running Club		00:58:39		1
209	Ray	Murphy	Kirkby Milers AC	MV50	00:58:45		1
210	Neil	Hannett	Penny Lane Striders	MV45	00:58:55		1
211	Dean	Irving	Southport Waterloo AC		00:58:55		1
212	John	Dillon	Penny Lane Striders		00:59:06		1
213	David	Barrow	Kirkby Milers AC	MV60	00:59:16		1
214	Tony	Tarpey	Pensby Runners	MV55	00:59:30	83	1
215	Paul	Doyle	Kirkby Milers AC		00:59:39		1
216	Mal	Taylor	Penny Lane Striders	MV40	00:59:49		1
217	Jon	Morris	Penny Lane Striders		00:59:52		1
218	Nick	Kilty	Knowsley Harriers		00:59:55		1
219	Tommy	Gates	Penny Lane Striders	MV55	01:00:32		1

220	Colin	Tucker	Penny Lane Striders	MV45	01:00:37		1
221	Robert	Jones	Penny Lane Striders		01:01:06		1
222	Owen	Mayne	Penny Lane Striders	MV55	01:01:18		1
223	Stephen	Conway	Liverpool Running Club	MV60	01:01:20		1
224	Remo	Morgani	Pensby Runners	MV50	01:01:21		1
225	Michael	TArpey	Liverpool Running Club	MV45	01:01:28		1
226	Ray	Chung	Liverpool Rc		01:01:29		1
227	Kevin	Winstanley	St Helens Striders		01:01:33		1
228	George	Whitehurst	Knowsley Harriers	MV40	01:01:39		1
229	Warren	Turner	Liverpool Pembroke & Sefton H AC		01:01:48	82	1
230	Philip	Lloyd	Kirkby Milers AC	MV40	01:02:24		1
231	Phil	Macklin	Penny Lane Striders	MV40	01:02:35		1
232	Tom	Oakley	Penny Lane Striders		01:02:41		1
233	Ian	Spencer	St Helens Striders	MV50	01:03:06		1
234	Davie	Thompson	Liverpool Rc		01:03:33		1
235	Paul	Carr	St Helens Striders	MV65	01:03:48		1
236	Harry	Wingate	Kirkby Milers AC		01:06:01		1
237	Nathaniel	Hopkins	Kirkby Milers AC		01:06:25		1
238	John	Maguire	Liverpool Running Club	MV40	01:07:01		1
239	Gary	Ward	St Helens Striders		01:07:27		1
240	John	Quinn	Kirkby Milers AC	MV55	01:07:29		1
241	Pierre	Verron	St Helens Striders		01:07:52		1
242	Mark	Minett	Penny Lane Striders	MV50	01:08:18		1
243	Nick	Bartlett	Knowsley Harriers	MV40	01:08:22		1
244	Adam	Tysoe	Liverpool Running Club		01:08:40		1
245	Paul	O'Callaghan	Kirkby Milers AC		01:09:05		1
246	Peter	Gee	Kirkby Milers AC		01:09:22		1
247	Christopher	Jones	Penny Lane Striders		01:10:04		1
248	Chris	Spruce	Penny Lane Striders		01:10:51		1
249	Phillip	Hewitt	Knowsley Harriers		01:11:49		1
250	Owen	Gallagher	Kirkby Milers AC	MV45	01:12:51		1
251	Stephen	Hayes	Knowsley Harriers	MV45	01:13:15		1
252	Ian	Meharg	Kirkby Milers AC	MV45	01:14:55		1
253	Matthew	Bates	Knowsley Harriers		01:17:22		1
254	Phil	Murray	Penny Lane Striders	MV75	01:19:23		1
255	Andrew	Mcallister	Kirkby Milers AC	MV40	01:21:08		1
256	Simon	O'Brien	Liverpool Running Club	MV40	01:23:28		1
257	Ronald	Thornton	Knowsley Harriers	MV75	01:23:55		1
258	Joe	McGlynn	Penny Lane Striders	MV60	01:30:42		1
259	Paul	Willgoss	Knowsley Harriers	MV45	01:31:47		1