

Merseyside County Grand Prix 2019 Liverpool Spring 10k Results

Womens Team

Pos'n	Club	Counters				Total
1	Penny Lane Striders	143	142	141	132	558
2	Wallasey AC	146	138	135	124	543
3	Southport Waterloo AC	148	140	134	116	538
4	Knowsley Harriers	147	145	120	118	530
5	Kirkby Milers AC	137	129	127	123	516
6	Liverpool Running Club	144	139	117	115	515
7	St Helens Striders	136	128	126	121	511
8	Mossley Hill AC	131	122	119	114	486
9	Liverpool Running Bugs	113	112	109	108	442
10	Liverpool Harriers	149	125	107		381
11	Pensby Runners	130	111	106		347
12	Liverpool Pembroke Sefton AC	150	133			283
13	Wirral AC	110	105			215

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Kirsty Longley	Liverpool Pembroke & Sefton H AC	FV40	00:35:37	150	150
2	Charlotte Wilson-Dewhurst	Liverpool Harriers & AC		00:39:33	149	149
3	Rachel Jacks	Southport Waterloo AC		00:40:35	148	148
4	Danielle Scott	Knowsley Harriers		00:41:28	147	147
5	Helen Stansfield	Wallasey Athletic Club	FV35	00:41:29	146	146
6	Louise Jackson	Knowsley Harriers		00:41:55	145	145
7	Rebecca Burke	Liverpool Running Club		00:42:01	144	144
8	Orla Carty	Penny Lane Striders		00:42:07	143	143
9	Kathryn Adele Sharkey	Penny Lane Striders	FV35	00:42:09	142	142
10	Felicity Pawling	Penny Lane Striders		00:42:29	141	141
11	Jessica Dean	Southport Waterloo AC		00:42:56	140	140
12	Laura Owens	Liverpool Running Club		00:44:29	139	139
13	Katherine Holley	Wallasey Athletic Club	FV35	00:44:43	138	138
14	Helen Kelsall	Kirkby Milers AC	FV35	00:45:02	137	137
15	Claire Scott	St Helens Striders	FV45	00:45:03	136	136
16	Anna Kenny	Wallasey Athletic Club	FV35	00:45:09	135	135
17	Sharon Spencer	Southport Waterloo AC	FV40	00:45:10	134	134
18	Joanna Durkin	Liverpool Pembroke & Sefton H AC	FV35	00:45:18	133	133
19	Charlotte Rawcliffe	Penny Lane Striders	FV35	00:45:55	132	132
20	Lisa Crosby	Mossley Hill AC	FV45	00:46:03	131	131
21	Joanne Harrison	Penny Lane Striders		00:46:05		130
22	Karen Jones	Pensby Runners	FV45	00:46:33	130	129
23	Amanda Lee	Kirkby Milers AC	FV45	00:46:37	129	128
24	Wendy Davies	St Helens Striders	FV40	00:46:44	128	127
25	Annmarie Williams	Penny Lane Striders	FV45	00:46:52		126
26	Sarah Treble	Kirkby Milers AC		00:47:22	127	125

27	Helen	Pantlin	Penny Lane Striders	FV40	00:47:34		124
28	Lenka	Vidamour	Penny Lane Striders	FV35	00:47:34		123
29	Susan	Kerfoot	St Helens Striders	FV35	00:47:40	126	122
30	Laura	Hennahane	Penny Lane Striders	FV35	00:47:43		121
31	Emily	Rowe	Liverpool Harriers & AC		00:47:52	125	120
32	Helen	Symonds	Wallasey Athletic Club	FV50	00:48:02	124	119
33	Andrea	Bond	Penny Lane Striders	FV40	00:48:07		118
34	Charlotte	Smith	Kirkby Milers AC	FV35	00:48:09	123	117
35	Lucie	Michaelson	Penny Lane Striders	FV35	00:48:12		116
36	Sophia	Johnson-McDevitt	Mossley Hill AC		00:48:25	122	115
37	Jennifer	Martin	St Helens Striders	FV35	00:49:16	121	114
38	Diane	Hennigan	Penny Lane Striders	FV45	00:49:16		113
39	Kelly	Marrin	Knowsley Harriers	FV40	00:49:19	120	112
40	Rebecca	Hylton	Mossley Hill AC		00:49:29	119	111
41	Hazel	Brennan	Knowsley Harriers	FV40	00:49:58	118	110
42	Katie	Pownell	Knowsley Harriers		00:50:00		109
43	Sian	Maguire	St Helens Striders		00:50:01		108
44	Julie	Houghton	Penny Lane Striders	FV45	00:50:09		107
45	Amena	Madden	Liverpool Running Club	FV45	00:50:09	117	106
46	Helen	Lodge	Southport Waterloo AC	FV50	00:50:11	116	105
47	Sue	Heaps	St Helens Striders	FV55	00:50:16		104
48	Laura	Porter	Penny Lane Striders	FV40	00:50:18		103
49	Katie	Bellew	Wallasey Athletic Club	FV40	00:50:32		102
50	Nicola	Williams	Penny Lane Striders	FV35	00:50:35		101
51	Mary	Rees	Wallasey Athletic Club	FV65	00:50:42		100
52	Sharron	Burt	St Helens Striders	FV45	00:50:49		99
53	Kathleen	Powell	Kirkby Milers AC	FV40	00:50:52		98
54	Sharon	Samson	Penny Lane Striders	FV35	00:50:53		97
55	Gabrielle	O'Gara	Penny Lane Striders		00:50:54		96
56	Njideka	Agwuna	Penny Lane Striders	FV45	00:51:01		95
57	Alexandra	Harrison	Liverpool Running Club		00:51:09	115	94
58	Samantha	Bentall	Penny Lane Striders	FV50	00:51:32		93
59	Susan	Cooper	Southport Waterloo AC	FV65	00:51:33		92
60	Cheryl	Pace	Penny Lane Striders	FV35	00:51:37		91
61	Kerry	Quinton	Penny Lane Striders	FV35	00:51:50		90
62	Catherine	McElhinney	Southport Waterloo AC	FV45	00:52:00		89
63	Amanda	Bradbury	Southport Waterloo AC	FV35	00:52:04		88
64	Fleur	Culshaw	Southport Waterloo AC	FV45	00:52:05		87
65	Louise	Marsden	Wallasey Athletic Club		00:52:12		86
66	Rachel	Tickle	St Helens Striders		00:52:19		85
67	Kerrie	Davidson	Mossley Hill AC		00:52:21	114	84
68	Judy	Dyer	Penny Lane Striders	FV50	00:52:43		83
69	Karen	Skaife	Mossley Hill AC	FV50	00:52:55		82
70	Susan	Burke	Liverpool Running Club	FV55	00:53:01		81
71	Maria	Hunter	Wallasey Athletic Club	FV40	00:53:12		80
72	Anja	Pownell	Knowsley Harriers		00:53:29		79
73	Ruth	Hewitt	Liverpool Running Bugs	FV40	00:53:35	113	78
74	Katie	Lloyd	Liverpool Running Bugs		00:53:45	112	77

75	Lucy	Wood	Pensby Runners		00:53:46	111	76
76	Judie	Ko	Penny Lane Striders	FV50	00:53:49		75
77	Maria	Brockway	Wirral AC	FV55	00:53:50	110	74
78	Sue	Stewart	Southport Waterloo AC	FV70	00:53:51		73
79	Louise	Busby	Southport Waterloo AC	FV40	00:54:15		72
80	Paula	Stuart	Penny Lane Striders	FV50	00:54:19		71
81	Jo	Bruchez-Corbett	Penny Lane Striders	FV40	00:54:30		70
82	Annie	McCaffrey	Southport Waterloo AC	FV55	00:54:33		69
83	Sarah	Simons	Penny Lane Striders		00:54:35		68
84	Jade	Teeder	Liverpool Running Bugs		00:54:57	109	67
85	Miriam	Eaton	Kirkby Milers AC	FV55	00:54:59		66
86	Rachael	Fennell	St Helens Striders		00:55:18		65
87	Carolyn	Knott	Penny Lane Striders	FV45	00:55:20		64
88	Julie	Brake	Mossley Hill AC	FV50	00:55:24		63
89	Angela	McGowan	Liverpool Running Bugs	FV40	00:55:26	108	62
90	Lindsey	Black	Liverpool Running Bugs	FV40	00:55:26		61
91	Natalie	O'Brien	Kirkby Milers AC		00:55:26		60
92	Lynne	Doyle	Kirkby Milers AC	FV45	00:55:39		59
93	Stephanie	Donald	Kirkby Milers AC	FV35	00:55:44		58
94	Mari	Dyson	Southport Waterloo AC	FV45	00:56:03		57
95	Joanne	Keogh	St Helens Striders	FV40	00:56:04		56
96	Colette	O'Halleron	Kirkby Milers AC	FV45	00:56:07		55
97	Diane	Veasey	Kirkby Milers AC	FV35	00:56:07		54
98	Jacqueline	Jones	Liverpool Running Club	FV55	00:56:12		53
99	Tracey	McCoy	Liverpool Running Club	FV50	00:56:15		52
100	Margaret	Kelly	Kirkby Milers	FV45	00:56:31		51
101	Jane	Nicholson	Penny Lane Striders	FV55	00:56:34		50
102	Rachel	Rick	Penny Lane Striders	FV60	00:56:48		49
103	Lorna	Pain	Liverpool Running Bugs		00:56:48		48
104	Anne	Oxbrough	Penny Lane Striders	FV35	00:56:48		47
105	Helen	Redmond	Kirkby Milers AC	FV35	00:56:55		46
106	Honieh	Abed	Penny Lane Striders		00:57:00		45
107	Adam	Tysoe	Liverpool Running Club		00:57:00		44
108	Jennie	Platt	Liverpool Harriers & AC	FV35	00:57:15	107	43
109	Elaine	Coulter	Liverpool Running Bugs	FV50	00:57:24		42
110	Sarah	Pickerill	Southport Waterloo AC	FV40	00:57:35		41
111	Pat	Kelly	Liverpool Running Club	FV55	00:57:43		40
112	Sarah	Jackson	Penny Lane Striders	FV40	00:57:57		39
113	Carolyn	Holt	Penny Lane Striders	FV55	00:58:01		38
114	Dagmara	Stankiewicz	Knowsley Harriers		00:58:18		37
115	Claire	Meadows	Penny Lane Striders	FV50	00:58:20		36
116	Sheetal	Sharma	Penny Lane Striders	FV40	00:58:23		35
117	Becky	Varnouse	Penny Lane Striders	FV35	00:58:29		34
118	Shelley	Hignett	Knowsley Harriers		00:59:06		33
119	Rebecca	Harrison	Kirkby Milers AC		00:59:11		32
120	Jackie	Dobson	St Helens Striders	FV55	00:59:21		31
121	Christine	Humphrey	St Helens Striders	FV55	00:59:22		30
122	Sian	Loftus	Liverpool Running Bugs		00:59:25		29

123	Jennifer	Chedgzoy	Kirkby Milers AC		00:59:27	28
124	Zoe	Fillingham	St Helens Striders	FV50	00:59:29	27
125	Gemma	Finnan	St Helens Striders		00:59:29	26
126	Shirley	Chung	Liverpool Running Club	FV50	00:59:37	25
127	Jayne	Russell	Kirkby Milers AC	FV40	00:59:50	24
128	Heather	Goadsby	Southport Waterloo AC	FV50	00:59:52	23
129	Kathryn	Jones	Knowsley Harriers	FV45	00:59:55	22
130	Claire	Birkett	Liverpool Running Bugs	FV40	00:59:57	21
131	Sarah	Wright	Liverpool Running Bugs	FV45	01:00:06	20
132	Claudia	McLean	Liverpool Running Bugs	FV45	01:00:06	19
133	Christine	Grant	Penny Lane Striders	FV50	01:00:14	18
134	Helen	Eaton	Kirkby Milers AC	FV45	01:00:22	17
135	Jo	Sutherland	Penny Lane Striders	FV40	01:00:42	16
136	Jackie	Ellis	St Helens Striders	FV55	01:00:53	15
137	Hayley	McNicholas	Wallasey Athletic Club		01:00:57	14
138	Tricia	Rutherford	Mossley Hill AC	FV55	01:00:59	13
139	Lesley	Finnih	Penny Lane Striders	FV40	01:01:02	12
140	Paula	Need	Liverpool Running Bugs	FV50	01:01:18	11
141	Sharon	Martin	Knowsley Harriers	FV40	01:01:21	10
142	Paula	Heaton	Kirkby Milers AC	FV40	01:01:27	9
143	Adele	Gold	Kirkby Milers	FV40	01:01:31	8
144	Mollie	Swadkins	Liverpool Running Bugs		01:01:34	7
145	Jayne	Mcivor	Liverpool Running Club	FV55	01:01:36	6
146	Lauren	Parker	Mossley Hill AC		01:01:39	5
147	Annmarie	Daley	Liverpool Running Club	FV40	01:01:42	4
148	Colette	Roche	Penny Lane Striders	FV50	01:01:44	3
149	Tania	Sparks	Penny Lane Striders		01:01:50	2
150	Karen	Mason	ST. HELENS STRIDERS	FV50	01:01:52	1
151	Sue	Burke	Penny Lane Striders	FV45	01:01:57	1
152	Michelle	Carlton	Southport Waterloo AC		01:02:12	1
153	Kelly	Carey	Kirkby Milers AC	FV35	01:02:14	1
154	Atim	Laber-Craig	Penny Lane Striders		01:02:40	1
155	Caroline	Feeney	Liverpool Running Club		01:02:43	1
156	Eunice	Nopondo	Penny Lane Striders	FV50	01:02:47	1
157	Annmaria	Miller	Kirkby Milers AC	FV45	01:03:02	1
158	Laura	Rooney	Liverpool Running Bugs		01:03:03	1
159	Ann Marie	Carberry	Kirkby Milers AC	FV50	01:03:13	1
160	Sharon	McGough	Kirkby Milers AC	FV40	01:03:16	1
161	Nicola	Myler	Kirkby Milers AC		01:03:22	1
162	Paula	Murphy	Knowsley Harriers	FV40	01:03:35	1
163	Elaine	Hughes	Kirkby Milers AC	FV50	01:03:52	1
164	Gina	Bellhouse	Southport Waterloo AC	FV50	01:04:02	1
165	Donna	Roddan	Pensby Runners	FV45	01:04:05	106
166	Rachel	Chandler	Liverpool Running Bugs		01:04:16	1
167	Carol	Platt	Kirkby Milers AC	FV60	01:04:25	1
168	Lynne	Condell	Kirkby Milers AC	FV55	01:04:25	1
169	Leeanne	Evans	Liverpool Running Club	FV35	01:04:27	1
170	Joanne	Evans	Liverpool Running Club	FV35	01:04:27	1

171	Hannah	Twigg	Liverpool Running Bugs		01:04:48	1
172	Rebecca	Foy	Mossley Hill AC		01:04:52	1
173	Tracey	Carr	Liverpool Running Bugs	FV50	01:05:01	1
174	Angela	Irvine	Liverpool Running Club	FV50	01:05:09	1
175	Amy	Brown	Liverpool Running Club		01:05:15	1
176	Jan	Hughes	Penny Lane Striders	FV60	01:05:16	1
177	Lisa	Mitchell	Penny Lane Striders	FV35	01:05:21	1
178	Mimi	Moss	Liverpool Running Club		01:05:23	1
179	Laura	Atkinson	Penny Lane Striders		01:05:31	1
180	Carol	Bairsto	Liverpool Running Bugs	FV45	01:05:45	1
181	Elaine	Cunningham	Liverpool Running Club	FV35	01:06:05	1
182	Cara	Bartlett	Knowsley Harriers	FV40	01:06:07	1
183	Rebecca	Tierney	Liverpool Running Club		01:06:29	1
184	Kathryn	Kent	Liverpool Running Club		01:06:29	1
185	Sharon	Quinn	Kirkby Milers AC	FV45	01:06:57	1
186	Amy	Edwards	Penny Lane Striders		01:07:01	1
187	Nicola	Maddock	Liverpool Running Bugs	FV40	01:07:09	1
188	Robyn	English	Liverpool Running Club	FV50	01:07:43	1
189	Inma	Ruiz	Penny Lane Striders	FV45	01:08:00	1
190	Tracy	Hargreaves	Liverpool Running Bugs	FV50	01:08:38	1
191	Diane	Rogers	Mossley Hill AC	FV50	01:08:49	1
192	Lileth	Hammond	Penny Lane Striders		01:09:04	1
193	Gillian	McKinnon	Mossley Hill AC	FV50	01:09:08	1
194	Jean	Miao	Liverpool Running Club	FV60	01:09:13	1
195	Gillian	Treadell	Knowsley Harriers	FV40	01:09:18	1
196	Allison	Pettitt	Mossley Hill AC	FV45	01:09:25	1
197	Lisa	Pritchard	Mossley Hill AC	FV35	01:09:27	1
198	Sarah	Charlton	St Helens Striders		01:09:49	1
199	Karen	Culshaw	Penny Lane Striders	FV40	01:10:00	1
200	Cathy	Hughes's	Kirkby Milers AC	FV60	01:10:03	1
201	Paula	Smith	Wirral AC	FV45	01:10:04	105
202	Rachel	Rogers	Penny Lane Striders	FV45	01:10:10	1
203	Karen	Harrison	St Helens Striders	FV50	01:10:43	1
204	Kirsty	Coltart	Mossley Hill AC	FV45	01:10:50	1
205	Joanne	Edwards	Penny Lane Striders	FV45	01:11:00	1
206	Jan	Marsh	Southport Waterloo AC	FV60	01:11:04	1
207	Gillian	O'Neil	Liverpool Running Club	FV45	01:11:42	1
208	Karen	Beck	Liverpool Running Club	FV65	01:11:42	1
209	Charlotte	Willshire	Liverpool Running Club	FV35	01:11:45	1
210	Donna	Mannion	Liverpool Running Club	FV50	01:11:45	1
211	Audrey	Cowpland	Southport Waterloo AC	FV55	01:11:48	1
212	Nicola	Atherton	Liverpool Running Bugs	FV45	01:11:48	1
213	Soraya	Meah	Penny Lane Striders	FV55	01:11:55	1
214	Lorraine Tracey	Johnson	Liverpool Running Bugs	FV35	01:12:05	1
215	Treena	Peate	Liverpool Running Bugs	FV45	01:12:07	1
216	Katie	Fielding	Liverpool Running Bugs		01:12:23	1
217	Emmajane	Webster	Liverpool Running Bugs		01:13:20	1
218	Jayne	Ellis	Knowsley Harriers	FV50	01:14:06	1

219	Joanne	Mercer	St Helens Striders	FV50	01:14:38	1
220	Janet	Murray	Knowsley Harriers	FV45	01:14:46	1
221	Cat	Treble	Kirkby AC		01:14:50	1
222	Harriet	Dunsby	Penny Lane Striders		01:14:56	1
223	Val	Anderton	Penny Lane Striders	FV45	01:15:00	1
224	Clare	Griffiths	Liverpool Running Bugs	FV35	01:15:03	1
225	Liz	Owens	Knowsley Harriers	FV55	01:15:10	1
226	Louise	Padmore	St Helens Striders	FV45	01:15:20	1
227	Claire	Monti	Liverpool Running Bugs	FV40	01:15:35	1
228	Bex	Fieldmouse	Penny Lane Striders	FV35	01:15:49	1
229	Natalie	Wilson	Kirkby Milers AC	FV40	01:15:59	1
230	Kirstin	Farrar	Kirkby Milers AC	FV45	01:15:59	1
231	Julie	Rivers	Kirkby Milers AC	FV50	01:15:59	1
232	Jo	Fenna	Southport Waterloo AC	FV45	01:16:26	1
233	Dianne	Sorensen	Mossley Hill AC	FV45	01:16:27	1
234	Marie	Wallace	Liverpool Running Bugs	FV50	01:17:11	1
235	Nardeen	Nemat	Liverpool Running Bugs		01:17:11	1
236	Nicola	Studley	Mossley Hill AC	FV45	01:18:12	1
237	Angela	Williams	Kirkby Milers AC	FV35	01:18:41	1
238	Joyce	Lloyd	Knowsley Harriers	FV45	01:19:40	1
239	Joanne	Hanley	Knowsley Harriers	FV45	01:19:41	1
240	Lisa	Platt	Kirkby Milers AC	FV40	01:19:54	1
241	Deborah	Crawley	Kirkby Milers AC	FV60	01:20:06	1
242	Sioux	McGee	Penny Lane Striders	FV55	01:20:48	1
243	Jane	Woods	Penny Lane Striders	FV45	01:20:49	1
244	Jen	Ashton	Liverpool Running Bugs	FV45	01:22:38	1
245	Sharon	Graham	Liverpool Running Bugs	FV45	01:23:03	1
246	Joanne	Moody	Liverpool Running Club	FV35	01:23:14	1
247	Victoria	Lawson	Mossley Hill AC	FV50	01:25:25	1
248	Debi	McMillan	Penny Lane Striders	FV45	01:26:44	1
249	Ange	Frackleton	Liverpool Running Club		01:27:55	1
250	Jackie	Riley	Knowsley Harriers	FV50	01:29:55	1
251	Claire	Rice	Kirkby Milers AC	FV45	01:30:30	1
252	Janet	Woods	Liverpool Running Club	FV55	01:35:38	1
253	Lynda	McGlinchey	Liverpool Running Club	FV50	01:35:39	1
254	Suzanne	Hall	Liverpool Running Bugs		01:39:00	1
255	Leanne	Court	Kirkby Milers AC	FV35	01:39:09	1
256	Catherine	Jones	Kirkby Milers AC	FV60	01:39:09	1
257	Gemma	Conway	Kirkby Milers AC		01:45:10	1