

Merseyside County Grand Prix 2017

Liverpool Spring 10k Results

Womens Team

Pos'n	Club	Counters				Total
1	Penny Lane Striders	99	97	94	91	381
2	Wallasey AC	96	93	84	82	355
3	Kirkby Milers AC	95	86	83	75	339
4	Southport Waterloo AC	98	90	64	62	314
5	St Helens Striders	89	80	72	71	312
6	Knowsley Harriers	87	77	74	73	311
7	St Helens Sutton AC	85	81	78	60	304
8	Liverpool Running Club	76	69	67	65	277
9	Mossley Hill AC	79	68	66	61	274
10	Liverpool Pembroke Sefton AC	100	88	70		258
11	Liverpool Harriers	92				92
12	Wirral AC	63				63

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Kirsty Longley	Liverpool Pembroke & Sefton Ha	F40	00:36:50	100	100
2	Hazel Maccormick	Penny Lane Striders	F35	00:40:12	99	99
3	Rachel Jacks	Southport Waterloo AC		00:40:27	98	98
4	Lauren Wilson	Penny Lane Striders		00:40:49	97	97
5	Sallie Holt	Wallasey AC	F40	00:41:56	96	96
6	Jennifer Houghton	Kirkby Milers AC		00:42:14	95	95
7	Katie Johnson	Penny Lane Striders	F35	00:42:53	94	94
8	Helen Stansfield	Wallasey AC		00:42:56	93	93
9	Charlotte Wilson-Dewhurst	Liverpool Harriers & AC		00:43:31	92	92
10	Orla Carty	Penny Lane Striders		00:43:32	91	91
11	Kate Macfarlane	Penny Lane Striders		00:44:10		90
12	Trace Allan	Southport Waterloo AC	F35	00:44:23	90	89
13	Kylie Maguire	St. Helens Striders		00:45:12	89	88
14	Victoria Jones	Liverpool Pembroke & Sefton Ha		00:45:13	88	87
15	Kathryn Sharkey	Penny Lane Striders	F35	00:45:24		86
16	Justine Moore	Knowsley Harriers	F45	00:45:24	87	85
17	Melanie Roberts	Penny Lane Striders		00:45:46		84
18	Charlotte Rawcliffe	Penny Lane Striders	F35	00:45:47		83
19	Lucy O'Connor	Kirkby Milers AC		00:45:50	86	82
20	Angela Delaney	Kirkby Milers AC *	F45	00:46:05		81
21	Rachel Beesley	St. Helens Sutton AC		00:46:48	85	80
22	Adrienne Hall	Wallasey AC	F45	00:46:56	84	79
23	Jennifer O'Sullivan	Kirkby Milers AC		00:47:10	83	78
24	Sara Kelly	Penny Lane Striders	F35	00:47:12		77
25	Charlotte Sanderson-Rigby	Penny Lane Striders		00:47:19		76
26	Jessica Mckinlay	Wallasey AC		00:47:22	82	75
27	Helen Pantlin	Penny Lane Striders	F40	00:47:50		74

28	Sarah Richards	Penny Lane Striders	F35	00:48:21		73
29	Julia Shuker	St. Helens Sutton AC	F40	00:48:54	81	72
30	Wendy Davies	St. Helens Striders	F40	00:48:55	80	71
31	Helen Roddy	Mossley Hill RC		00:49:20	79	70
32	Rachel Wilcock	St. Helens Sutton AC		00:49:33	78	69
33	Joanne Harrison	Penny Lane Striders		00:49:54		68
34	Hazel Brennan	Knowsley Harriers	F35	00:50:00	77	67
35	Amena Madden	Liverpool RC	F45	00:50:11	76	66
36	Diane Hennigan	Penny Lane Striders	F40	00:50:18		65
37	Cheryl Pace	Penny Lane Striders	F35	00:50:25		64
38	Tabitha Dineen	Penny Lane Striders	F40	00:50:26		63
39	Anna Watkin	Penny Lane Striders	F35	00:50:32		62
40	Annmarie Williams	Penny Lane Striders	F45	00:50:49		61
41	Pat Helsby	Kirkby Milers AC	F60	00:50:52	75	60
42	Laura Bohanna	Knowsley Harriers		00:50:59	74	59
43	Lucy Helsby	Kirkby Milers AC		00:51:02		58
44	Katie Pownell	Knowsley Harriers		00:51:14	73	57
45	Sarah Jackson	Penny Lane Striders	F35	00:51:18		56
46	Katherine Bowering	Penny Lane Striders	F40	00:51:21		55
47	Deborah Barrett	St. Helens Striders	F40	00:51:22	72	54
48	Lisa Glover	St. Helens Striders		00:51:30	71	53
49	Anja Dunsch	Knowsley Harriers		00:51:32		52
50	Kirsty Mackenzie	Liverpool Pembroke & Sefton Ha		00:51:38	70	51
51	Louise Jackson	Knowsley Harriers		00:51:43		50
52	Bhav Mistry	Kirkby Milers AC	F45	00:51:45		49
53	Rachel Rick	Penny Lane Striders	F55	00:51:45		48
54	Nick Kilty	Knowsley Harriers	F35	00:52:16		47
55	Njideka Agwuna	Penny Lane Striders	F45	00:52:16		46
56	Sarah Wealleans	Liverpool RC		00:52:34	69	45
57	Marie Motley	Penny Lane Striders	F50	00:53:29		44
58	Katie Bellew	Wallasey AC	F40	00:53:36		43
59	Mary Heery	Penny Lane Striders	F55	00:53:38		42
60	Lindsey Jones	Mossley Hill RC		00:54:29	68	41
61	Sue Heaps	St. Helens Striders	F50	00:54:30		40
62	Holly Lucas	Penny Lane Striders		00:54:34		39
63	Jan Mcard	Wallasey AC	F45	00:54:56		38
64	Helen Osborne	Penny Lane Striders		00:55:02		37
65	Katherine Holley	Wallasey AC	F35	00:55:07		36
66	Rachael Smith	Liverpool RC		00:55:08	67	35
67	Christine Grant	Penny Lane Striders	F50	00:55:43		34
68	Sarah Jane Carroll	Kirkby Milers AC	F35	00:55:48		33
69	Helen Redmond	Kirkby Milers AC		00:55:49		32
70	Tracey Carr	Knowsley Harriers	F50	00:56:04		31
71	Carolyn Knott	Penny Lane Striders	F40	00:56:08		30
72	Christine Carter	Kirkby Milers AC	F35	00:56:09		29
73	Jane Nicholson	Penny Lane Striders	F50	00:56:15		28

74	Catherine Nevin	Penny Lane Striders	F60	00:56:26		27
75	Katy Davitt	Kirkby Milers AC	F40	00:57:14		26
76	Claire Standley	Kirkby Milers AC	F35	00:57:14		25
77	Claudia Mclean	Knowsley Harriers	F45	00:57:34		24
78	Julie Des Forges	Penny Lane Striders	F50	00:57:36		23
79	Claire Meadows	Penny Lane Striders	F45	00:57:43		22
80	Louise Marsden	Wallasey AC		00:58:03		21
81	Megan Lees	Mossley Hill RC		00:58:06	66	20
82	Sheila Quinn	Liverpool RC	F55	00:58:46	65	19
83	Karen Kelly	Kirkby Milers AC	F35	00:59:04		18
84	Jayne Mcivor	Liverpool RC	F55	00:59:11		17
85	Amanda Bradbury	Southport Waterloo AC		00:59:12	64	16
86	Paula Smith	Wirral AC	F45	00:59:13	63	15
87	Cheryl Collier	Penny Lane Striders		00:59:33		14
88	Rebecca Harrison	Kirkby Milers AC	F20	00:59:52		13
89	Kathryn Horsley	Knowsley Harriers	F45	01:00:17		12
90	Marie Chesworth	St. Helens Striders	F45	01:00:19		11
91	Rachael Graham	Wallasey AC		01:00:20		10
92	Jane Blacklin	Southport Waterloo AC	F55	01:00:27	62	9
93	Helen Duncan	St. Helens Striders		01:00:58		8
94	Lisa Payne	Liverpool RC	F40	01:01:01		7
95	Lynne Condell	Kirkby Milers AC	F55	01:01:50		6
96	Rebecca Mckenna	St. Helens Striders	F40	01:01:53		5
97	Jayne Russell	Kirkby Milers AC	F40	01:01:53		4
98	Julie Dinwoodie	Kirkby Milers AC	F45	01:01:59		3
99	Helen Makinson	Mossley Hill RC	F50	01:02:34	61	2
100	Claire Kewley	Kirkby Milers AC	F40	01:02:50		1
101	Leigh Oakley	Penny Lane Striders		01:02:56		1
102	Amanda Coogan	St. Helens Striders	F45	01:03:06		1
103	Katie Lloyd	Knowsley Harriers		01:03:43		1
104	Nadia Alrakami	Penny Lane Striders	F35	01:04:12		1
105	Cara Bartlett	Knowsley Harriers	F40	01:04:29		1
106	Hannah Ventre	Liverpool RC		01:04:39		1
107	Victoria Christian	Penny Lane Striders		01:04:56		1
108	Inma Ruiz	Penny Lane Striders	F45	01:05:25		1
109	Nicola Donovan	St. Helens Striders	F45	01:05:27		1
110	Rachel Hall	Penny Lane Striders	F35	01:05:34		1
111	Deborah Lodge	Kirkby Milers AC	F50	01:05:50		1
112	Joanne Sutherland	Penny Lane Striders	F40	01:06:13		1
113	Elinor Chapman	Penny Lane Striders		01:06:24		1
114	Hayley Mcnicholas	Wallasey AC		01:06:47		1
115	Debi Mcmillan	Penny Lane Striders	F45	01:06:55		1
116	Jan Hughes	Penny Lane Striders	F55	01:07:28		1
117	Christine Ho	Knowsley Harriers	F40	01:07:30		1
118	Clair Matthews	Kirkby Milers AC		01:07:30		1
119	Annmaria Miller	Kirkby Milers AC	F40	01:08:13		1

120	Lesley Neary	Kirkby Milers AC	F40	01:08:18		1
121	Tracey Sanderson	Liverpool RC		01:08:18		1
122	Ann Green	Kirkby Milers AC	F55	01:08:37		1
123	Sally Richardson	Penny Lane Striders		01:09:12		1
124	Robyn English	Liverpool RC	F45	01:09:33		1
125	Nicola Lane	Liverpool RC	F40	01:10:03		1
126	Barbara Lane	Liverpool RC	F60	01:10:04		1
127	Jane Cunningham	Penny Lane Striders	F60	01:10:33		1
128	Rachel Stead	Penny Lane Striders	F35	01:10:36		1
129	Jane Woods	Penny Lane Striders	F45	01:10:36		1
130	Elaine Hughes	Kirkby Milers AC	F45	01:10:39		1
131	Hannah King	Knowsley Harriers	F20	01:10:47		1
132	Joanne Edwards	Penny Lane Striders	F45	01:10:55		1
133	Claire Butterworth	Penny Lane Striders		01:10:55		1
134	Kerry Lynch	Knowsley Harriers		01:10:58		1
135	Denise Roberts	St. Helens Sutton AC	F45	01:11:01	60	1
136	Sharon Harrison	Kirkby Milers AC	F40	01:11:04		1
137	Sioux Mcgee	Penny Lane Striders	F55	01:11:31		1
138	Claire Hayden	Kirkby Milers AC	F40	01:12:10		1
139	Sarah Spall	Knowsley Harriers	F40	01:13:18		1
140	Lyndsey Davis	Liverpool RC	F35	01:13:40		1
141	Diane Forbister	Kirkby Milers AC	F45	01:13:46		1
142	Laura Kilfoyle	Liverpool RC		01:15:55		1
143	Mary Abbott	St. Helens Striders	F40	01:15:56		1
144	Julie Westray-Baird	Penny Lane Striders	F35	01:16:01		1
145	Jessica Draper	Liverpool RC		01:17:11		1
146	Nicola Graham	Kirkby Milers AC		01:17:45		1
147	Paula Hague	Liverpool RC	F45	01:19:18		1
148	Debbie Fletcher	Liverpool RC	F45	01:19:19		1
149	Joanne Moody	Liverpool RC	F35	01:19:43		1
150	Lisa Platt	Liverpool RC	F40	01:19:56		1
151	Karen Sullivan	Kirkby Milers AC	F55	01:20:45		1
152	Angela Bates	Kirkby Milers AC	F55	01:21:05		1
153	Janet Holmes	St. Helens Sutton AC	F60	01:21:17		1
154	Joanne Brough	Kirkby Milers AC	F45	01:21:20		1
155	Kim Simmons	Kirkby Milers AC	F50	01:22:23		1
156	Sarah Parsons	Penny Lane Striders	F40	01:27:54		1
157	Ange Frackleton	Kirkby Milers AC		01:30:19		1
158	Kay Wilcock	St. Helens Sutton AC	F45	01:33:35		1
159	Louise Hill	St. Helens Sutton AC	F35	01:33:35		1
160	Nicola Higham	Kirkby Milers AC	F40	01:34:38		1
161	Joanna Forster	Kirkby Milers AC		01:34:39		1

* = non-team counter

