



Merseyside County Athletic Association



25th Annual Cross Country Championships Arrowe Park, Wirral Saturday 6th January 2018

Timetable

- 10.45 Non-championship race for Merseyside Boys and Girls, 9 or 10 on the day. 1.8km
Medals to the first three Boys and Girls – no team race.
- 11.00 U13 Girls (4 to count) 11 or 12 on 31.8.17 or 11 on day, 2.9 km
- 11.20 U13 Boys (4 to count) 11 or 12 on 31.8.17 or 11 on day, 2.9 km
- 11.40 U15 Girls (4 to count) 13 or 14 on 31.8.17, 3.9 km
- 12.00 U15 Boys (4 to count) 13 or 14 on 31.8.17, 3.9 km
- 12.20 U17/U20 Woman (3 to count – combined team) 15 to 19 on 31.8.17, 4.7 km
- 12.50 U17 Men (3 to count) 15 or 16 on 31.8.17, 4.7 km
- 13.15 Senior Women (including veterans, 4 to Count) 20 or older on 31.8.17, 7.9 km
- 14.00 U20 Men (3 to count) 17 to 19 on 31.8.17, 7.9 km
- 14.00 Senior Men (including veterans, 6 to count) 20 or older on 31.8.17, 11.9 km

Club vests must be worn in all championship races

Medals awarded to

- First 3 individuals in each category
- First 3 veterans in each age group 35 - 44, 45 - 54, 55 - 64 and 65+
Veteran age category must have been declared on the entry form to qualify for an award
Veterans will also qualify for individual awards
- First 3 teams in each category (excluding U11).
- First individual from an unplaced club not receiving an individual medal

Officials

Hon champs secretary	Mike Dooling, MBE
Referee	Neil Vick
Clerk of course	Nick Lindsey
Chief judge	Arwel Williams
Funnel judges / Recorders / Finish stewards	Gill Fallon, Paul Isenwater, Jane Vick, Tim Warn
County selection letters	Sue Claque
Chief timekeeper	Margaret Meikle
Timekeeper / Recorders	Anne Brimage, Ann Meikle, Ron Scott, Janet Homles
Starter	Wally Bridson
Starter's assistants	Joe Fallon, Derek McArdle (Junior races only), Harry Oakes
Announcer	Clive Rigby
Results	Mike Dooling, Judy Giannasi, John Heap, Simon Moore, Emma Nichols
Presentation of awards	Bob Brimage, Angie Bowen
Marshals	Members of Wirral AC
Refreshments	Wirral AC

Results from the 2017 Championship

U11 Girls	Harriet Bain	Liverpool Harriers AC	Team N/A
U11 Boys	Alex Poulston	Wirral AC	Team N/A
U13 Girls	Faye O'Hare	Liverpool Harriers AC	Team Southport Waterloo AC
U13 Boys	Charlie Teare	Liverpool Harriers AC	Team Liverpool Harriers AC
U15 Girls	Ella McMiven	Liverpool Harriers AC	Team Liverpool Harriers AC
U15 Boys	Louis Johnston	Wirral AC	Team Wirral AC
U17 Women	Jess Cook	Liverpool Harriers AC	(combined with U20 women)
U20 Women	Sophie Tarver	Wirral AC	Team Liverpool Harriers AC
U17 Men	Dan Slatter	LPS	Team Wirral AC
U20 Men	Arron Jarvis	Liverpool Harriers AC	Team Liverpool Harriers AC
Senior Women	Rachel Burns	Liverpool Harriers AC	Team Liverpool Harriers AC
Senior Men	Dejene Gezimu	Liverpool Harriers AC	Team Southport Waterloo AC

Entries for the 2018 Championship

U11 Boys and Girls (non championship)

Kirkby Milers AC

501 M McClennan
502 T Percival
503 N Healy

Liverpool Harriers AC

504 F Barden
505 T Burns
506 B Burney
507 R Escoffery
508 L Gavin
509 M Lancaster
510 M Linford
511 M Taylor
512 M Webster
534 E Dixon
535 E Greenwood
536 L Hardy
537 M Lancaster
538 E Marley
539 S McPartland
540 M Max
541 P Melia
542 S Moss
543 K O'Shea
544 R Swinnerton
545 V Teare
546 E Wigfield
568 Lilly Rose

LPS

146 J Stanton
513 T Sleight
514 E Williams
515 N Naylor

152 H Williamson
547 E Hannaway

Southport Waterloo AC

516 W Collins
517 S Pickerill
548 E Dean
549 C Hughes

St Helens Sutton AC

518 W Vose
519 G Mullen
520 L Johnson
521 J Colley
550 C Leigh-Mark

WESPA

523 Henry Graham
524 Jac Chapman
525 Noel Ford
526 Alfie Forsyth
527 Ewan Watson
528 Samuel Booth
529 Alfie McGowen

380 Ciara Lee

551 Emily Harland
552 Holly Cross
553 Alex Culliane
554 Ava Williamson
555 Orla Smout
556 Lucy Pennington
557 Charley Topping
558 Sofia Grundy
559 Scarlett Quinn
560 Amelie Rodrigues
561 Emily Wynne
562 Emily Harland
563 Willow Ellis Jones
564 Imogen Wilson

Wirral AC

530 Miles Craven
531 Ben Cronshaw
532 Jack Heap
533 Oberon Kearney
565 Amelie Bodie
566 Amber Neal
567 Emma Poulston

Unattached

522 Isaac Rimmer

U13 Girls

Kirkby Milers AC

5 A Clare
6 A McCarthy

Liverpool Harriers AC

56 A Carroll
57 H Bain
58 I Blakemore-Clark
59 I Dallas
60 J Grant
61 E Gittens
62 O Holmes
63 M Ireston
64 M Lawless
65 E McMutrie
66 M McMutrie

67 E Robinson
68 E Skaiffe
69 L Threadgold
70 G Tobin
71 A Wigfield

LPS

153 C Tamburro
154 E Williamson
155 Rachel Curzon

Southport Waterloo AC

220 G Barr
221 M Ireland
222 A Murphy-Worrell
223 L Simpson

224 K Swift

St Helens Sutton AC

273 P Handley-Hicking
274 D Ward
275 C Cochrane
276 Hollie Brussels

WESPA

377 Kiera Brady-Jones
378 Sophie Fludger
379 Megan Coombs
381 Gina Nuttall

Wirral AC

394 Emma Fildes
395 Anna Fraser

396 Ella Heap
397 Gabrielle Phelan

398 Evie Smith
399 Sarah Smith

400 Zara White
401 Jennifer Ryan

U13 Boys

Kirkby Milers AC

1 D Henderson
2 J McIntyre
3 C Oliver
4 R Short

Knowsley Harriers AC

35 Evan Wallace

Liverpool Harriers AC

45 W Broadhurst
46 A Kelly
47 G Meehan
48 L McCay
49 T McPartland
50 J Redmond
51 B Roach
52 J Robinson

53 B Taylor
54 T Webster
55 I Williams

LPS

147 P Hennigan
148 G Lucas
149 A Oakley
150 J Read
151 J Slater

Southport Waterloo AC

217 F Cain
218 M Henderson
219 J Pike

St Helens Sutton AC

271 M Dobson
272 S Mawdsley

UTS Running Club

315 J Bernham

WESPA

374 Jamie Dumbarton
375 Joshua Craven
376 Ethan Brady-Jones

Wirral AC

385 Aodhan Corr
386 George Foukas
387 Harry Hollis
388 TJ Jones
389 Harry Kaye
390 Joshua Longman
391 Alex Poulston
392 Jack Strickley
393 William Strickley

U15 Girls

Kirkby Milers AC

11 C Burke
12 C Parr
13 I Livesley

Liverpool Harriers AC

80 M Carragher
81 I Davidson
82 T Dentith
83 A Escoffery
84 I Leadbetter
85 I Leyland
86 F O'Hare

87 C Robinson

LPS

156 F Hannaway
157 J Williamson
158 H Doyle
159 N Doyle
160 P Lucas

Southport Waterloo AC

228 L-A Grayson
229 O Logan
230 B Swift

WESPA

383 Tallulah Brady-Jones

Wirral AC

408 Emily Constable
409 Lucy Hignett
410 Isabel Hodder
411 Rachel Hurst
412 Ellen Mary Kearney
413 Elyse Kedzior-MacDonough
414 Scarlett Liddy
415 Micaela Murphy

U15 Boys

Kirkby Milers AC

7 B Cook
8 H Wingate
9 E Bibby
10 C Deakin

Liverpool Harriers AC

72 M Brennan
73 E Flaherty
74 S Flaherty
75 J Ford

76 L Relph
77 H Sweeney
78 C Teare
79 M Woodward

Southport Waterloo AC

225 J Cain
226 S Coupland
227 L McMahon

St Helens Sutton AC

277 C Roberts

278 J Byrne
279 Michael Brussels

Wallasey AC

332 L Hampshire

WESPA

382 Josh McKie

Wirral AC

402 Daniel Cross
403 Daniel Hayes
404 Finan Johnston

405 Louis Johnston

406 Harry Ross-Hughes

407 Joseph Turnbull

U17 Women

Liverpool Harriers AC

90 J Cook
91 N Donnelly
92 E Gordon
93 F Ireland
94 E Lucass
95 A Lea-Wilson
96 E McNiven

97 K Miller
98 L Milller
99 J Morgan
100 M Raine

Southport Waterloo AC

233 J Dean

Wirral AC

422 Phoebe Croft
423 Erin Davies
424 Catherine Gallagher
425 Juliet Hodder
426 Katie Thompson

U17 Men

Liverpool Harriers AC

88 M Brame
89 A Grant

Southport Waterloo AC

231 M Johnson
232 H Pike

West Cheshire AC

331 Jackson Sloan

Wallasey AC

333 A Norton

Wirral AC

416 Jacob Brophy

417 Martin Hurst
418 Fernando Izquierdo-Bernard
419 Arran Kearney
420 Tom Spence
421 Sam Tempest

U20 Women

Kirkby Milers AC

15 R Harrison

Liverpool Harriers AC

106 H Delaney

107 E Gray
108 A Oliver

St Helens Sutton AC

280 S Partington

Wirral AC

428 Sophie Tarver

U20 Men

Kirkby Milers AC

14 M Whalley

Knowsley Harriers AC

36 C Harvey

Liverpool Harriers AC

101 D Corrigan

102 K Dentith
103 J Ford
104 J Prescott
105 C Woods

LPS

161 J Gordon
162 D Slater

Wallasey AC

334 T Gillbanks

Wirral AC

427 Joseph Wigfield

Senior Women (including veterans)

Kirkby Milers AC

29 H Kelsall v35
30 H Livesley v35
31 J Brough v45
32 K Kelly v35
33 N Leow
34 C Miller

Knowsley Harriers AC

37 J Owens v35

Leeds City AC

44 Heather Langham

Liverpool Harriers AC

129 M Ball
130 R Burns v35
131 J Clague v35
132 S Howard
133 H Hughes
134 C Wilson-Dewhurst

Liverpool Running Club

144 Rachel Burke
145 Sue Burke v45

LPS

174 H Honeyball v35
175 V Gilbody
176 K Longley v35
177 H Sahgal

Penny Lane Striders

189 L Wilson
 190 S Jackson v35
 191 C Rawcliffe v35
 192 L Davison

Pensby Runners

209 Helen Measures v35
 210 Lucy Partridge v35
 211 Karen Jones
 212 Lisa Grantham v35
 213 Tracy Pennington v45
 214 Samantha Cox
 215 Ursula Moore
 216 Catherine Howell v35

Southport Waterloo AC

261 T Allen v35
 262 C James v45
 263 C McElhinnie v45
 264 J Rimmer v35
 265 N Simpson v35
 266 M Spenser v35
 267 L Watham

Spectrum Striders

270 E Roberts v45

Senior Men (including veterans)**Kirkby Milers AC**

16 A Healey v35
 17 A Boulger v45
 18 D Barrow v55
 19 G Wilton v35
 20 J Ellis
 21 J Warburton
 22 J Lawless v35
 23 K Harrison v35
 24 L Moore
 25 M Dunn v35
 26 M Christian v45
 27 P Cope v35
 28 S McKenzie v35

Knowsley Harriers AC

38 T Abeki v35
 39 W Merritt v55
 40 R Moore v35
 41 R Owens v35
 42 J Thompson
 43 P Waters

St Helens Sutton AC

292 J Shuker v35
 293 L Hogg v45
 294 A Corfield

St Helens Striders

307 C Biernerhassett v35
 308 E Callery
 309 W Davies v35
 310 Rachel Fairclough
 311 K Hamilton
 312 J Jackson v45
 313 A Johnson v45
 314 V Langley v55

UTS Running Club

327 J Irwin v35
 328 Z Pearse
 329 N Weeks v35
 330 T Sherlock v35

Wallasey AC

357 M Alty v45
 358 J Barbat v55
 359 K Bellew v35
 360 R Blacklock
 361 C Cuthbert v35

362 N Davies v55
 363 R Graham
 364 K Holley v35
 365 V Kehoe v45
 366 J McArd v45
 367 E Opara v35
 368 M Rees v55
 369 S Reynold v35
 370 K Ryan v35
 371 R Saunders v55
 372 J Smith v35
 373 H Stansfield v35

WESPA

384 Fiona Nuttall

Wirral AC

445 Kelly Clark v35
 446 Maggie Cooper v45
 447 Emily Kearney
 448 Sarah Kearney v35
 449 Anne Rosbottom v45
 450 Penny Thorn v35

Liverpool Harriers AC

109 A Ashton v45
 110 R Burnley v35
 111 J Connelly v45
 112 K Cornwell v35
 113 D Devine
 114 M Fitzsimmons
 115 D Gezimu
 116 C Grant
 117 G Groves v45
 118 M Hughes
 119 A Jarvis
 120 M Keeley v45
 121 L Luscombe
 122 E Martin
 123 J McNally
 124 I Moran v35
 125 J Mullen
 126 P Owens v35
 127 A Roach v35
 128 L Siemaszko v35

Liverpool Running Club

135 Dean Wilson v35
 136 Stuart Russell v45
 137 Tony Riley v35
 138 Gary English v45
 139 George McCann v45
 140 Graham Cushion v35
 141 Matt Helm v55
 142 George Pierce v45
 143 Bob Burke v45

LPS

163 A Conway v45
 164 J Dobie v65
 165 D Gilbody
 166 J Halson v55
 167 M Hudson v55
 168 D McIvor v45
 169 B Murphy v45
 170 C Pedder v55
 171 K Usher v45
 172 M Wynne v35

173 Matt Thompson v45

Penny Lane Striders

178 C Dobbs v35

179 A Keeley v55

180 S Pemberton v55

181 L Eccles v35

182 T Burke v65

183 C Maher

184 P Riding v35

185 J McGlynn v55

186 M Swensson v35

187 P Gray v45

188 James Roberts

Pensby Runners

193 Richard Shayle v45

194 John Hunt v45

195 Alistair Malpas v35

196 Patrik Corrigan v55

197 Jeff Adams v55

198 Ian Shorrocks v35

199 John Suckley v55

200 Rob Chalmers v35

201 Rob Beech

202 Roy Fisher v65

203 Andy Gow v65

204 Ben Darby v35

205 Colin Lamprey v55

206 Brian Pennington v55

207 Nigey Howard v55

208 Peter Hampshire v45

Southport Waterloo AC

234 N Adshead v55

235 B Davey v55

236 M Dunham v35

237 P Gale

238 D Hamilton v45

239 B Hargreaves v45

240 B Johnson

241 R Johnson v55

242 A Kershaw

243 G Liu v45

244 A Logan v35

245 C McMahon v35

246 D Mulvey v35

247 I Pike v45

248 F Rafferty v45

249 P Roome v45

250 G Simpson v35

251 J Sprackland v55

252 K Swift v35

253 R Talbot v45

254 J Tartt

255 J Vis

256 A Waddelove

257 C Walsh

258 P Warrington v35

259 S Wilkinson v35

260 D Wright

Sale Harriers

268 Phil Robertson

Spectrum Striders

269 A Gaskell v45

St Helens Sutton AC

281 C Brighton v35

282 R Vose v55

283 T Griffith

284 J Healy

285 Matt Crehan

286 Marc Crehan

287 S Anders v35

288 I Roberts v35

289 A Wilson v45

290 I White v55

291 B Graney v45

451 Martin Johnson v35

St Helens Striders

295 J Allen

296 P Booth v35

297 D Briscoe v45

298 P Brown

299 J Doherty

300 P Fairclough

301 M Hamilton v35

302 MB Middleton v65

303 A Pridgeon v35

304 M Riley

305 R Seville v35

306 D Wilson

UTS Running Club

316 M Stone v55

317 M Goodwin v35

318 P Stanley v45

319 R Graham v35

320 A Cotgrave v35

321 M Hansen v35

322 A Irvin v35

323 B Stevenson v35

324 I Ellis v45

325 R Burrows

326 N Beckett v35

Wallasey AC

335 S Armstrong v45

336 T Barbat v55

337 P Barham v45

338 J Bassett v45

339 J Boden

340 P Brunt v45

341 S Catterall v35

342 P Clarke

343 S Cosgrove

344 P Cubbins v35

345 P Cuthbert v35

346 M Gillbanks v45

347 M Green v35

348 M Griffiths v55

349 A Hogg

350 J Hogg v35

351 D McArdle v55

352 S Norton v45

353 B Parrington v35

354 R Pearse v35

355 J Thelwell

356 J Walker

452 Ross Moore

Wirral AC

429 Chris Ball v45

430 Richard Bargh

431 Brian Beecroft v55

432 David Brockway

433 Simon Dunk

434 William Ferguson

435 Simon Fox v45

436 Peter Fraser v35

437 David Gain

438 Harley Henshaw

439 Mark Hulmston v35

440 Phillip Langan v35

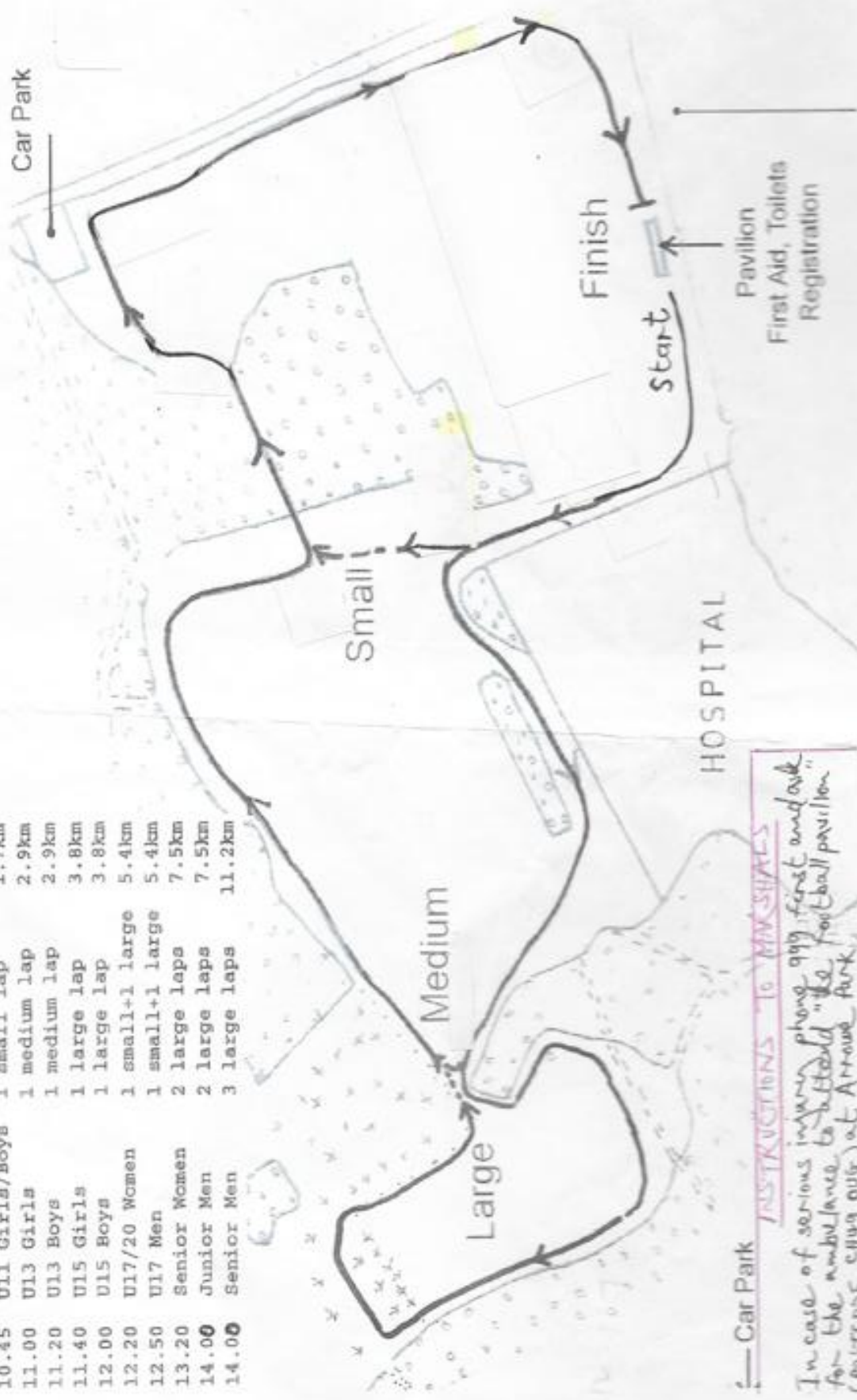
441 Daniel Morgan v35

442 Kieran Morgan

443 Stephen Spence v45

444 Tony Devoy v55

Short lap 1.6km	Medium lap 2.8km	Large lap 3.7km
10.45 U11 Girls/Boys	1 small lap	1.7km
11.00 U13 Girls	1 medium lap	2.9km
11.20 U13 Boys	1 medium lap	2.9km
11.40 U15 Girls	1 large lap	3.8km
12.00 U15 Boys	1 large lap	3.8km
12.20 U17/20 Women	1 small+1 large	5.4km
12.50 U17 Men	1 small+1 large	5.4km
13.20 Senior Women	2 large laps	7.5km
14.00 Junior Men	2 large laps	7.5km
14.00 Senior Men	3 large laps	11.2km



— Car Park
INSTRUCTIONS TO MARSHALS
 In case of serious injury phone 999 first and ask for the ambulance to attend "the football pavilion" (POSTCODE CH19 0UR) at Arrowe Park.

Parking is also possible in the marked area on Arrowe Park Road. The waiting restrictions only apply on week-days.