

# North West Road Relays at Delamere, Cheshire on Saturday 10 September 2016

## Merseyside U11 Girls — Team Results — Final (nn) is team position after the appropriate stage.

1 Wirral Ac		‘A’	20:24	Fastest of all legs — Final								
1	Macy Hiller	(1)	6:19	2	Jenny Ryan	(1)	6:35	1	Macy Hiller	WirralAc	A	6:19
3	Sarah Smith	(1)	7:30					2	Jenny Ryan	WirralAc	A	6:35
2 Wirral Ac		‘B’	22:27	3	Holly Cross			3	Holly Cross	WirralAc	B	6:58
1	Holly Cross	(2)	6:58	2	Eve Smith	(2)	7:40	4	Sarah Smith	WirralAc	A	7:30
3	May Ruddy	(2)	7:49					5	Eve Smith	WirralAc	B	7:40
								6	May Ruddy	WirralAc	B	7:49

## Merseyside U13 Girls — Team Results — Final (nn) is team position after the appropriate stage.

1 Wirral Ac		‘A’	43:47	9 Liverpool Harriers & Ac		‘F’	56:31								
1	Ellenmary Kearney	(2)	13:50	2	Scarlett Liddy	(2)	15:33	1	Connie Moran	(11)	18:43	2	Maisie Nichols	(11)	19:06
3	Keira Bradyjones	(1)	14:24					3	Jemma Scolah	(9)	18:42				
2 Liverpool Harriers & Ac		‘A’	44:41	Incomplete Teams:											
1	Faye O'hare	(1)	13:30	2	Tamzin Dentith	(1)	15:03	Liverpool Harriers & Ac		‘G’					
3	Lauren Duthie	(2)	16:08					1	Isobel Leadbetter	(6)	16:22	2	Amber Escoffrey	(5)	15:25
3 Liverpool Harriers & Ac		‘B’	47:15	Liverpool Pembroke & Sefton H											
1	I Blakemoreclark	(4)	15:40	2	Olivia Holmes	(3)	15:43	1	Freya Wissett	(10)	17:11	2	Faye Hannaway	(8)	15:57
3	Jennifer Grant	(3)	15:52					Fastest of all legs — Final							
4 Liverpool Harriers & Ac		‘C’	48:00	1	Faye O'hare	LiverpoolH	A	13:30							
1	Mia Ireston	(3)	15:23	2	Ellenmary Kearney	WirralAc	A	13:50							
3	s Fanede	(4)	16:29	3	Keira Bradyjones	WirralAc	A	14:24							
5 Wirral Ac		‘B’	48:43	4	Tamzin Dentith	LiverpoolH	A	15:03							
1	Gina Nuttall	(5)	16:17	2	Zara White	(6)	16:12	5	Mia Ireston	LiverpoolH	C	15:23			
3	T Bradyjones	(5)	16:14					6	Amber Escoffrey	LiverpoolH	G	15:25			
6 Southport Waterloo Ac		‘D’	55:03	7	Scarlett Liddy	WirralAc	A	15:33							
1	Eliza Dean	(9)	16:54	2	Alice Bird	(7)	16:11	8	I Blakemoreclark	LiverpoolH	B	15:40			
3	Grace Tobin	(6)	15:46					9	Olivia Holmes	LiverpoolH	B	15:43			
7 Liverpool Harriers & Ac		‘E’	55:03	10	Grace Tobin	SouthportW		15:46							
1	Hannah Johnson	(8)	16:32	2	Erin O'connell	(9)	19:13								
3	Rebecca Johnson	(7)	19:18												
8 Liverpool Harriers & Ac															
1	Andrea Ellinas	(7)	16:27	2	Poppy Smith	(10)	19:40								
3	Jessica White	(8)	18:56												

## Merseyside U13Boys — Team Results — Final (nn) is team position after the appropriate stage.

1 Liverpool Harriers & Ac		‘A’	40:32	Incomplete Teams:											
1	Charlie Teare	(2)	13:15	2	Gabriel Meehan	(2)	13:58	Wirral Ac		‘D’					
3	Matthew Brennan	(1)	13:19					1	Matthew Keenan	(8)	14:45	2	Ryan Charles	(6)	15:02
2 Wirral Ac		‘A’	40:51	Fastest of all legs											
1	Joseph Fountain	(1)	12:58	2	Daniel Hayes	(1)	13:42	1	Joseph Fountain	WirralAc	A	12:58			
3	Zachary Russell	(2)	14:11					2	Charlie Teare	LiverpoolH	A	13:15			
3 Wirral Ac		‘B’	43:30	3	Matthew Brennan	LiverpoolH	A	13:19							
1	William Sutcliffe	(4)	13:38	2	Jamie Dumbarton	(4)	15:44	4	Michael Dobson	StHelensSu		13:20			
3	Joshua Hale	(3)	14:08					5	William Sutcliffe	WirralAc	B	13:38			
4 Liverpool Harriers & Ac		‘B’	43:45	6	Daniel Hayes	WirralAc	A	13:42							
1	Luka Sidebotham	(9)	15:30	2	Oisín Cody	(7)	14:17	7	Alex Kelly	LiverpoolH	C	13:48			
3	Michael Bagnall	(4)	13:58					8	Michael Bagnall	LiverpoolH	B	13:58			
5 Wirral Ac		‘C’	44:12	=	Gabriel Meehan	LiverpoolH	A	13:58							
1	Ethan Bradyjones	(6)	14:14	2	Harry Kaye	(3)	14:59	10	Joshua Hale	WirralAc	B	14:08			
3	Joseph Ryan	(5)	14:59												
6 Liverpool Harriers & Ac		‘C’	46:30												
1	Alex Kelly	(5)	13:48	2	Jude Robinson	(5)	15:37								
3	Ben Roach	(6)	17:05												
7 Southport Waterloo Ac		‘C’	46:59												
1	Lewis McMahon	(7)	14:21	2	Sam Coupland	(8)	15:59								
3	Michael Henderson	(7)	16:39												
8 St Helens Sutton Ac		‘C’	49:58												
1	Michael Dobson	(3)	13:20	2	Charlie Young	(9)	18:27								
3	Max Young	(8)	18:11												

# North West Road Relays at Delamere, Cheshire on Saturday 10 September 2016

## U15G-Mersey — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Liverpool Harriers &amp; Ac</b>		<b>'A'</b>	<b>38:40</b>	<b>Fastest of all legs</b>								
1	Ella Mcniven	(1)	12:46	2	Katie Miller	(1)	13:16	1	Emma Gordon	L'poolHar	A	12:38
3	Emma Gordon	(1)	12:38					2	Ella Mcniven	L'poolHar	A	12:46
<b>2 Wirral Ac</b>		<b>'A'</b>	<b>43:17</b>	3	Katie Miller	(2)	14:47	3	Katie Miller	L'poolHar	A	13:16
1	Catherine Gallagher	(2)	14:03	2	Lucy Hignett	(2)	14:47	4	Catherine Gallagher	WirralAc	A	14:03
3	Isabel Hodder	(2)	14:27					5	Abbie Coleman	L'poolHar	B	14:22
<b>3 Liverpool Harriers &amp; Ac</b>		<b>'B'</b>	<b>44:19</b>	5	Abbie Coleman	(3)	14:32	6	Isabel Hodder	WirralAc	A	14:27
1	Abbie Coleman	(3)	14:22	2	Daisy Cornell	(3)	14:32	7	Daisy Cornell	L'poolHar	B	14:32
3	Abby Fortune	(3)	15:25					8	Lucy Hignett	WirralAc	A	14:47
<b>4 Southport Waterloo Ac</b>			<b>45:30</b>	8	Lucy Hignett	(4)	14:54	9	Lillyann Grayson	SouthportW		14:54
1	Freya Walsh	(6)	15:27	2	Lillyann Grayson	(4)	14:54	10	Jessica Dean	SouthportW		15:09
3	Jessica Dean	(4)	15:09									
<b>5 Wirral Ac</b>		<b>'B'</b>	<b>48:54</b>									
1	Rachel Hurst	(5)	15:12	2	Molly Williams	(7)	17:52					
3	Ella Head	(5)	15:50									

### Incomplete Teams:

<b>Liverpool Harriers &amp; Ac</b>		<b>'C'</b>					
1	Alana Brennan	(4)	15:12	2	Elizabeth Pedersen	(5)	15:17

<b>Liverpool Pembroke &amp; Sefton H</b>							
1	Amelia Hitchmough	(7)	15:43	2	Tasha Johnson	(6)	16:35

## U17W-Mersey — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Liverpool Harriers &amp; Ac</b>		<b>'A'</b>	<b>38:54</b>	<b>Fastest of all legs</b>								
1	Faye Ireland	(1)	12:34	2	Bethan Strange	(1)	12:55	1	Faye Ireland	L'pool H	A	12:34
3	Jessica Cook	(1)	13:25					2	Bethan Strange	L'pool H	A	12:55
<b>2 Wirral Ac</b>			<b>41:11</b>	3	Jessica Cook	(2)	14:08	3	Jessica Cook	L'pool H	A	13:25
1	Juliet Hodder	(2)	13:26	2	Phoebe Croft	(2)	14:08	4	Juliet Hodder	WirralAc		13:26
3	Katie Thompson	(2)	13:37					5	Katie Thompson	WirralAc		13:37
<b>3 Liverpool Harriers &amp; Ac</b>		<b>'B'</b>	<b>42:35</b>	5	K Martindale	(3)	13:39	6	K Martindale	L'pool H	B	13:39
1	Millie Raine	(3)	14:39	2	K Martindale	(3)	13:39	7	Phoebe Croft	WirralAc		14:08
3	Jade Morgan	(3)	14:17					8	Jade Morgan	L'pool H	B	14:17
<b>4 Liverpool Harriers &amp; Ac</b>		<b>'C'</b>	<b>47:11</b>	7	Phoebe Croft	(4)	14:35	9	Aimee Pierce	L'pool H	C	14:35
1	Emily Lucas	(4)	16:39	2	Aimee Pierce	(4)	14:35	10	Millie Raine	L'pool H	B	14:39
3	wilson Anna Lea	(4)	15:57									

## Merseyside U15 Boys — Team Results — Final

(nn) is team position after the appropriate stage.

<b>1 Wirral Ac</b>		<b>'A'</b>	<b>39:06</b>	<b>Fastest of all legs</b>								
1	Jacob Quarmby	(1)	12:07	2	Cierian English	(1)	13:26	1	Jacob Quarmby	WirralAc	A	12:07
3	Harry Martin	(1)	13:33					2	F Izquierdobernard	WirralAc	C	12:58
<b>2 Liverpool Harriers &amp; Ac</b>		<b>'A'</b>	<b>39:39</b>	3	Finan Johnston	(2)	13:18	3	Finan Johnston	WirralAc	B	13:02
1	Sam Flaherty	(3)	13:16	2	Matthew Chauman	(2)	13:18	4	Jamie Ford	LiverpoolH	A	13:05
3	Jamie Ford	(2)	13:05					5	Sam Flaherty	LiverpoolH	A	13:16
<b>3 Wirral Ac</b>		<b>'B'</b>	<b>42:02</b>	5	Sam Flaherty	(5)	15:13	6	Matthew Chauman	LiverpoolH	A	13:18
1	Tom Clark	(5)	13:47	2	William Atherden	(5)	15:13	7	Cierian English	WirralAc	A	13:26
3	Finan Johnston	(3)	13:02					8	Michael Brussels	StHelensSu	A	13:28
<b>4 Wirral Ac</b>		<b>'C'</b>	<b>42:14</b>	8	Matthew Edwards	(3)	14:26	9	Harry Martin	WirralAc	A	13:33
1	F Izquierdobernard	(2)	12:58	2	Matthew Edwards	(3)	14:26	10	Tom Clark	WirralAc	B	13:47
3	Jackson Sloan	(4)	14:50									
<b>5 St Helens Sutton Ac</b>		<b>'A'</b>	<b>42:30</b>									
1	Michael Brussels	(4)	13:28	2	Liam Houghton	(4)	15:11					
3	Charlie Roberts	(5)	13:51									

### Incomplete Teams:

<b>Liverpool Harriers &amp; Ac</b>		<b>'B'</b>	
1	Ethan Flaherty	(6)	15:42

# North West Road Relays at Delamere, Cheshire on Saturday 10 September 2016

## SW Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Liverpool Harriers &amp; Ac 'A' 1:21:10</b></p> <p>1 Abbie Oliver (5) 29:10    2 Hannah Delaney (2) 26:01 3 Sarah Howard (1) 25:59</p> <p><b>2 Liverpool Pembroke &amp; Sefton H 'A' 1:22:41</b></p> <p>1 Lisa Gawthorne (6) 29:23    2 Kirsty Longley (1) 25:39 3 Helen Sahgal (2) 27:39</p> <p><b>3 Wirral Ac 'A' 1:25:22</b></p> <p>1 Sarah Kearney (2) 27:53    2 Fiona Nuttall (4) 29:18 3 Aileen Kearney (3) 28:11</p> <p><b>4 Liverpool Harriers &amp; Ac 'B' 1:28:39</b></p> <p>1 Ailbhe Mcdaid (3) 27:56    2 Michelle Murphy (6) 32:01 3 C Wilsondewhurst (4) 28:42</p> <p><b>5 St Helens Striders 1:29:54</b></p> <p>1 Rachael Fairclough (4) 28:25    2 Kylie Maguire (5) 30:55 3 Harriet Glover (5) 30:34</p> <p><b>6 Knowsley Harriers 1:32:51</b></p> <p>1 Catherine Howard (1) 25:40    2 Karen Parry (3) 31:28 3 Susan Hamley (6) 35:43</p> <p><b>7 Southport Waterloo Ac 'A' 1:33:12</b></p> <p>1 Angela Delaney (9) 30:06    2 Karen Wilson (7) 32:37 3 Tracey Allan (7) 30:29</p> <p><b>8 Penny Lane Striders 'A' 1:34:41</b></p> <p>1 Undeclared (10) 31:05    2 Undeclared (8) 31:39 3 Undeclared (8) 31:57</p> <p><b>9 Wirral Ac 'B' 1:35:26</b></p> <p>1 Anne Rosbottom (7) 29:27    2 Natalie Johnson (10) 35:53 3 Margaret Cooper (9) 30:06</p> <p><b>10 Liverpool Pembroke &amp; Sefton H 'B' 1:38:41</b></p> <p>1 Kirsty Mackenzie (11) 32:41    2 Charlotte Mawdsley (9) 32:23 3 Abigail Kelly (10) 33:37</p>	<p><b>11 Penny Lane Striders 'B' 1:40:12</b></p> <p>1 Undeclared (8) 30:04    2 Undeclared (11) 35:31 3 Undeclared (11) 34:37</p> <p><b>Incomplete Teams:</b></p> <p style="text-align: center;"><b>Penny Lane Striders 'C'</b></p> <p>1 Undeclared (12) 34:27    2 Undeclared (12) 38:05</p> <p><b>Fastest of all legs</b></p> <table style="width: 100%; border-collapse: collapse;"> <tbody> <tr><td>1</td><td>Kirsty Longley</td><td>L'poolP</td><td>A</td><td>25:39</td></tr> <tr><td>2</td><td>Catherine Howard</td><td>KnowsleyHa</td><td></td><td>25:40</td></tr> <tr><td>3</td><td>Sarah Howard</td><td>L'poolH</td><td>A</td><td>25:59</td></tr> <tr><td>4</td><td>Hannah Delaney</td><td>L'poolH</td><td>A</td><td>26:01</td></tr> <tr><td>5</td><td>Helen Sahgal</td><td>L'poolP</td><td>A</td><td>27:39</td></tr> <tr><td>6</td><td>Sarah Kearney</td><td>WirralAc</td><td>A</td><td>27:53</td></tr> <tr><td>7</td><td>Ailbhe Mcdaid</td><td>L'poolH</td><td>B</td><td>27:56</td></tr> <tr><td>8</td><td>Aileen Kearney</td><td>WirralAc</td><td>A</td><td>28:11</td></tr> <tr><td>9</td><td>Rachael Fairclough</td><td>StHelensSt</td><td></td><td>28:25</td></tr> <tr><td>10</td><td>C Wilsondewhurst</td><td>L'poolH</td><td>B</td><td>28:42</td></tr> </tbody> </table>	1	Kirsty Longley	L'poolP	A	25:39	2	Catherine Howard	KnowsleyHa		25:40	3	Sarah Howard	L'poolH	A	25:59	4	Hannah Delaney	L'poolH	A	26:01	5	Helen Sahgal	L'poolP	A	27:39	6	Sarah Kearney	WirralAc	A	27:53	7	Ailbhe Mcdaid	L'poolH	B	27:56	8	Aileen Kearney	WirralAc	A	28:11	9	Rachael Fairclough	StHelensSt		28:25	10	C Wilsondewhurst	L'poolH	B	28:42
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## U17M-Mersey — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Wirral Ac 'A' 1:15:33</b></p> <p>1 Joe Wigfield (1) 23:34    2 Ieuan Kearney (2) 26:08 3 Michael Rooke (1) 25:51</p> <p><b>2 Wirral Ac 'B' 1:19:29</b></p> <p>1 Martin Hurst (4) 25:57    2 Samuel Cross (3) 26:12 3 Samuel Tempest (2) 27:20</p> <p><b>3 Liverpool Harriers &amp; Ac 'A' 1:20:31</b></p> <p>1 Joseph Ford (2) 23:42    2 Kyle Dentith (1) 25:00 3 Jay Prescott (3) 31:49</p> <p><b>4 Wirral Ac 'C' 1:25:57</b></p> <p>1 Daniel Nuttall (3) 25:40    2 Patrick Delaney (5) 32:02 3 Maxalexander Clark (4) 28:15</p> <p><b>Incomplete Teams:</b></p> <p style="text-align: center;"><b>Liverpool Harriers &amp; Ac 'B'</b></p> <p>1 Andrew Grant (5) 27:39    2 Owen Simpson (4) 28:56</p>	<p><b>Fastest of all legs</b></p> <table style="width: 100%; border-collapse: collapse;"> <tbody> <tr><td>1</td><td>Joe Wigfield</td><td>WirralAc</td><td>A</td><td>23:34</td></tr> <tr><td>2</td><td>Joseph Ford</td><td>L'poolH</td><td>A</td><td>23:42</td></tr> <tr><td>3</td><td>Kyle Dentith</td><td>L'poolH</td><td>A</td><td>25:00</td></tr> <tr><td>4</td><td>Daniel Nuttall</td><td>WirralAc</td><td>C</td><td>25:40</td></tr> <tr><td>5</td><td>Michael Rooke</td><td>WirralAc</td><td>A</td><td>25:51</td></tr> <tr><td>6</td><td>Martin Hurst</td><td>WirralAc</td><td>B</td><td>25:57</td></tr> <tr><td>7</td><td>Ieuan Kearney</td><td>WirralAc</td><td>A</td><td>26:08</td></tr> <tr><td>8</td><td>Samuel Cross</td><td>WirralAc</td><td>B</td><td>26:12</td></tr> <tr><td>9</td><td>Samuel Tempest</td><td>WirralAc</td><td>B</td><td>27:20</td></tr> <tr><td>10</td><td>Andrew Grant</td><td>L'poolH</td><td>B</td><td>27:39</td></tr> </tbody> </table>	1	Joe Wigfield	WirralAc	A	23:34	2	Joseph Ford	L'poolH	A	23:42	3	Kyle Dentith	L'poolH	A	25:00	4	Daniel Nuttall	WirralAc	C	25:40	5	Michael Rooke	WirralAc	A	25:51	6	Martin Hurst	WirralAc	B	25:57	7	Ieuan Kearney	WirralAc	A	26:08	8	Samuel Cross	WirralAc	B	26:12	9	Samuel Tempest	WirralAc	B	27:20	10	Andrew Grant	L'poolH	B	27:39
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## Merseyside — Team Results — Final

(nn) is team position after the appropriate stage.

<p><b>1 Liverpool Harriers &amp; Ac</b> 'A' 1:31:21</p> <p>1 John Ashcroft (1) 22:12 2 Richard Burney (1) 22:50 3 James McNally (1) 23:03 4 Thomas Rogerson (1) 23:16</p>	<p><b>13 Penny Lane Striders</b></p> <p>1 Colin Dobbs (13) 26:47 2 Ian Crispin (15) 26:58 3 Rob Garth (14) 27:36 4 Christopher Lee (13) 27:31</p>	<p><b>'B' 1:48:52</b></p>
<p><b>2 Southport Waterloo Ac</b> 'A' 1:33:27</p> <p>1 Ciaran Walsh (7) 24:17 2 Ben Johnson (2) 22:14 3 David Hamilton (2) 24:19 4 David Mulvee (2) 22:37</p>	<p><b>14 St Helens Striders</b> 1:52:56</p> <p>1 Peter Fairclough (11) 26:15 2 Jonjo Doherty (11) 24:41 3 Mark Riley (13) 30:00 4 Paul Hargate (14) 32:00</p>	
<p><b>3 Liverpool Harriers &amp; Ac</b> 'B' 1:37:41</p> <p>1 Charla Hassan (4) 23:40 2 Adrian Roach (5) 24:51 3 Ian Moran (5) 24:35 4 Ryan Whiston (3) 24:35</p>	<p><b>15 St Helens Sutton Ac</b> 'B' 1:53:59</p> <p>1 Ian Costello (16) 27:46 2 Ian Roberts (19) 32:03 3 Barry Graney (17) 27:57 4 Ian Hayburn (15) 26:13</p>	
<p><b>4 Penny Lane Striders</b> 'A' 1:38:01</p> <p>1 Martin Swensson (2) 22:43 2 Lawrence Eccles (4) 25:04 3 Alex Cowin (6) 25:55 4 Stephen Watkin (4) 24:19</p>	<p><b>16 Knowsley Harriers</b> 'B' 1:54:29</p> <p>1 William Merritt (14) 26:50 2 Michael Connor (16) 31:43 3 Terry Mitchell (16) 27:10 4 Peter Hamlett (16) 28:46</p>	
<p><b>5 Liverpool Pembroke &amp; Sefton H</b> 'A' 1:39:40</p> <p>1 Mark Wynne (6) 23:56 2 Jonathon Bride (6) 24:49 3 James Loftus (4) 24:04 4 Harry Doran (5) 26:51</p>	<p><b>17 Penny Lane Striders</b> 'C' 1:56:33</p> <p>1 Nigel Grant (19) 30:03 2 John Jensen (18) 29:18 3 Ian Russell (19) 29:15 4 Andrew Keeley (17) 27:57</p>	
<p><b>6 Wirral Ac</b> 1:40:12</p> <p>1 Phillip Robertson (3) 23:07 2 Phillip Langan (3) 24:14 3 Alex McBain (3) 24:24 4 Kelvin Dickinson (6) 28:27</p>	<p><b>18 Penny Lane Striders</b> 'D' 1:59:24</p> <p>1 Simone Capponi (18) 28:49 2 James Malone (17) 30:31 3 Phil Macklin (18) 29:07 4 Steven Maguire (18) 30:57</p>	
<p><b>7 Knowsley Harriers</b> 'A' 1:40:34</p> <p>1 Stephen Doyle (12) 26:29 2 Chris Pownell (10) 24:15 3 Tom Michaelson (9) 25:00 4 Robert Owens (7) 24:50</p>	<p><b>19 Penny Lane Striders</b> 'E' 2:05:55</p> <p>1 Nigel Foo (20) 30:52 2 Gavin Melia (20) 30:18 3 Richard Stafford (20) 33:32 4 Barry Bright (19) 31:13</p>	
<p><b>8 Liverpool Running Club</b> 1:40:45</p> <p>1 Lee Ward (10) 25:30 2 Kyle Harrison (7) 23:42 3 James Toohey (8) 25:56 4 Ian Magill (8) 25:37</p>	<p><b>Incomplete Teams:</b></p> <p style="text-align: center;"><b>Liverpool Pembroke &amp; Sefton H 'B'</b></p> <p>1 Greg Callaghan (15) 26:55 2 John Halson (14) 26:20 3 Daniel Gilbody (15) 28:42</p>	
<p><b>9 St Helens Sutton Ac</b> 'A' 1:42:29</p> <p>1 Matthew Crehan (5) 23:55 2 Andrew Wilson (9) 25:50 3 Steven Anders (7) 25:17 4 Jamie White (9) 27:27</p>	<p><b>Fastest of all legs — Final</b></p> <p>1 John Ashcroft LiverpoolH A 22:12 2 Ben Johnson SouthportW A 22:14 3 David Mulvee SouthportW A 22:37 4 Martin Swensson PennyLaneS A 22:43 5 Richard Burney LiverpoolH A 22:50 6 James McNally LiverpoolH A 23:03 7 Philip Robertson WirralAc 23:07 8 Thomas Rogerson LiverpoolH A 23:16 9 Charla Hassan LiverpoolH B 23:40 10 Kyle Harrison LiverpoolR 23:42</p>	
<p><b>10 Liverpool Harriers &amp; Ac</b> 'C' 1:43:43</p> <p>1 Tom Clarke (9) 25:23 2 Mitchell Hawkins (12) 26:47 3 Dale Higham (11) 26:08 4 Colin Potts (10) 25:25</p>		
<p><b>11 Southport Waterloo Ac</b> 'B' 1:44:25</p> <p>1 Francois Rafferty (8) 25:11 2 Lewis Rooney (8) 24:06 3 Matthew Goddard (10) 27:36 4 Peter Roome (11) 27:32</p>		
<p><b>12 Liverpool Harriers &amp; Ac</b> 'D' 1:47:34</p> <p>1 Jake Goodwin (17) 27:48 2 Curtis Robb (13) 24:43 3 Christian Woods (12) 28:13 4 Kristian Quirk (12) 26:50</p>		