

Penny Lane 10k Results

Womens Team

Pos'n	Club	Counters				Total
1	Kirkby Milers AC	96	91	88	83	358
2	Penny Lane Striders	99	97	87	64	347
3	St Helens Striders	98	89	86	72	345
4	Knowsley Harriers	92	82	79	77	330
5	Southport Waterloo AC	94	85	80	68	327
6	Liverpool Running Club	81	76	75	65	297
7	Mossley Hill AC	90	74	66	63	293
8	Liverpool Pembroke Sefton AC	100	93	78		271
9	St Helens Sutton AC	95	70	69		234
10	Wallasey AC	71	67	61		199
11	Wirral AC	73	62			135
12	Liverpool Harriers	84				84

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Helen Sahgal	Liverpool Pembroke		00:37:51	100	100
2	Hazel Maccormick	Penny Lane Striders	FV35	00:39:45	99	99
3	Kelly Hamilton	St Helens Striders		00:39:45	98	98
4	Lauren Wilson	Penny Lane Striders		00:40:36	97	97
5	Jennifer Houghton	Kirkby Milers		00:41:43	96	96
6	Amy Corfield	St. Helens Sutton Ac		00:42:17	95	95
7	Trace Allan	Southport Waterloo AC	FV35	00:43:13	94	94
8	Victoria Jones	Liverpool Pembroke		00:44:17	93	93
9	Justine Moore	Knowsley Harriers AC	FV45	00:44:47	92	92
10	Angela Delaney	Kirkby Milers	FV50	00:45:19	91	91
11	Helen Jane Davies	Mossley Hill AC		00:45:29	90	90
12	Kylie Maguire	St Helens Striders		00:45:32	89	89
13	Georgina Gillen	Kirkby Milers	FV40	00:45:39	88	88
14	Joanne Harrison	Penny Lane Striders		00:46:37	87	87
15	Wendy Davies	St Helens Striders	FV40	00:47:08	86	86
16	Sarah Lunt	Southport Waterloo AC		00:47:40	85	85
17	Michelle Murphy	Liverpool Harriers	FV50	00:47:59	84	84
18	Lucy O'Connor	Kirkby Milers		00:48:02	83	83
19	Karen Parry	Knowsley Harriers AC	FV45	00:48:08	82	82
20	Laura Owens	Liverpool Running Club		00:48:29	81	81
21	Lynn Lewington	Kirkby Milers	FV50	00:48:38		80
22	Mari Dyson	Southport Waterloo AC	FV40	00:48:41	80	79
23	Hazel Brennan	Knowsley Harriers AC	FV35	00:48:45	79	78
24	Kirsty Mackenzie	Liverpool Pembroke		00:49:18	78	77
25	Pat Helsby	Kirkby Milers	FV60	00:49:53		76
26	Katie Pownell	Knowsley Harriers AC		00:49:57	77	75
27	Sarah Wealleans	Liverpool Running Club		00:49:57	76	74

28	Vicki Collins	Liverpool Running Club		00:49:58	75	73
29	Jennifer O'Sullivan	Kirkby Milers		00:50:43		72
30	Sue Spiers	Mossley Hill AC	FV55	00:50:46	74	71
31	Anja Dunsch	Knowsley Harriers AC		00:50:50		70
32	Maria Brockway	Wirral AC	FV55	00:51:18	73	69
33	Bhavna Mistry	Kirkby Milers	FV45	00:51:28		68
34	Sue Heaps	St Helens Striders	FV50	00:51:38	72	67
35	Suzy Hamley	Knowsley Harriers AC	FV40	00:52:25		66
36	Sharon Lamont	Wallasey AC	FV50	00:52:56	71	65
37	Rachel Beesley	St. Helens Sutton Ac		00:52:58	70	64
38	Rachel Wilcock	St. Helens Sutton Ac		00:53:00	69	63
39	Claire Standley	Kirkby Milers	FV35	00:53:15		62
40	Katy Davitt	Kirkby Milers	FV40	00:53:15		61
41	Sue Stewart	Southport Waterloo AC	FV70	00:53:29	68	60
42	Rachel Saunders	Wallasey AC	FV55	00:53:38	67	59
43	Tracey Carr	Knowsley Harriers AC	FV50	00:54:53		58
44	Leanne Irwin	Kirkby Milers		00:55:05		57
45	Sian Kilty	Mossley Hill AC		00:55:16	66	56
46	Gina Bellhouse	Southport Waterloo AC	FV50	00:55:20		55
47	Claudia Mclean	Knowsley Harriers AC	FV45	00:55:21		54
48	Sarah-jane Carroll	Kirkby Milers	FV35	00:55:29		53
49	Joanne Evans	Liverpool Running Club	FV35	00:55:30	65	52
50	Jayne Mcivor	Liverpool Running Club	FV55	00:55:31		51
51	Clare Wright	Liverpool Running Club	FV40	00:55:45		50
52	Sharon Samson	Penny Lane Striders	FV35	00:55:51	64	49
53	Jayne Russell	Kirkby Milers	FV40	00:55:56		48
54	Rebecca Harrison	Kirkby Milers		00:56:34		47
55	Susan Rogers	Mossley Hill AC	FV55	00:57:19	63	46
56	Karen Kelly	Kirkby Milers	FV35	00:58:00		45
57	Stephanie Fraughan	Kirkby Milers		00:58:39		44
58	Kelly Clark	Wirral AC	FV35	00:58:47	62	43
59	Jayne Hardcastle	Kirkby Milers	FV40	00:58:58		42
60	Jane Blacklin	Southport Waterloo AC	FV55	00:59:00		41
61	Kathryn Horsley	Knowsley Harriers AC	FV45	00:59:51		40
62	Hayley Mcnicholas	Wallasey AC		00:59:57	61	39
63	Joanne Sutherland	Penny Lane Striders	FV40	01:00:07		38
64	Frankie Fixter	Knowsley Harriers AC		01:00:18		37
65	Leanne Rimmer	Kirkby Milers	FV35	01:00:24		36
66	Liz Simpson	Penny Lane Striders	FV70	01:00:26		35
67	Leeanne Evans	Liverpool Running Club	FV35	01:00:56		34
68	Lisa Pritchard	Mossley Hill AC	FV35	01:01:12		33
69	Cara Bartlett	Knowsley Harriers AC	FV40	01:01:52		32
70	Christine Ho	Knowsley Harriers AC	FV40	01:02:38		31
71	Sharon Harrison	Kirkby Milers	FV40	01:06:01		30
72	Christine Beyga	Kirkby Milers	FV55	01:06:01		29
73	Mollie Swadkins	Knowsley Harriers AC		01:06:35		28

74	Jayne Ellis	Knowsley Harriers AC	FV45	01:09:19	27
75	Joanne Moody	Liverpool Running Club	FV35	01:14:37	26
76	debi McMillan.	Penny Lane Striders	FV45	01:23:27	25
77					24