

Merseyside County Grand Prix 2019
Seaside Runs 5k Results

Mens Team

Pos'n	Club	Counters						Total
1	Wirral AC	149	147	145	138	136	134	849
2	Kirkby Milers AC	146	140	133	132	130	129	810
3	Penny Lane Striders	141	137	127	125	123	117	770
4	Wallasey AC	150	144	114	111	107	98	724
5	St Helens Striders	143	131	118	116	108	101	717
6	Liverpool Running Bugs	124	122	119	110	106	104	685
7	UTS Running Club	148	135	102	100	95	94	674
8	Pensby Runners	142	126	120	96	92	90	666
9	Liverpool Running Club	121	115	113	105	99	97	650
10	Knowsley Harriers	128	103	93	89	88	87	588
11	Southport Waterloo AC	112	109					221
12	LPS AC	139						139
13	Mossley Hill AC	91						91

Mens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Rob Pearse	Wallasey Athletic Club	O40	00:16:14	150	150
2	Robert Deller	Wirral AC		00:16:25	149	149
3	William Barr	UTS Running Club		00:16:34	148	148
4	John Heap	Wirral AC	O40	00:16:38	147	147
5	Thomas Marper	Kirkby Milers AC		00:16:41	146	146
6	David Brockway	Wirral AC		00:16:50	145	145
7	Greg Jones	Wallasey Athletic Club		00:16:50	144	144
8	Chris Hazeldine	St Helens Striders		00:16:52	143	143
9	Rob Grantham	Pensby Runners	O40	00:17:03	142	142
10	Lawrence Eccles	Penny Lane Striders		00:17:10	141	141
11	Liam Brown	Kirkby Milers AC		00:17:13	140	140
12	Paul Milburn	Liverpool Pembroke & Sefton H.		00:17:19	139	139
13	William Strickley	Wirral AC		00:17:26	138	138
14	Sean Jones	Penny Lane Striders		00:17:31	137	137
15	Alex Poulston	Wirral AC		00:17:35	136	136
16	Jack Bernhem-Parter	UTS Running Club		00:17:44	135	135
17	Zach Ryan	Wirral AC		00:17:45	134	134
18	Oberon Kearney	Wirral AC		00:17:58		133
19	James Ellis	Kirkby Milers AC		00:18:00	133	132
20	Martin Christian	Kirkby Milers AC	O40	00:18:01	132	131
21	Daniel Cheetham	St Helens Striders		00:18:01	131	130
22	Richard Davies	Wirral AC		00:18:02		129
23	Lewis Houghton	Kirkby Milers AC		00:18:05	130	128
24	Gary Wilton	Kirkby Milers AC	O40	00:18:09	129	127

25	Sean	Wilton	Kirkby Milers AC		00:18:13		126
26	Daniel	Hayes	Wirral AC		00:18:15		125
27	John	Mclaren	Knowsley Harriers		00:18:16	128	124
28	Paul	Riley	Penny Lane Striders	O40	00:18:19	127	123
29	Ben	Grantham	Wirral AC		00:18:27		122
30	Ralph	Pawling	Pensby Runners		00:18:32	126	121
31	Ben	Cronshaw	Wirral AC		00:18:34		120
32	Phil	Riding	Penny Lane Striders	O40	00:18:37	125	119
33	Ian	Hewitt	Liverpool Running Bugs	O40	00:18:49	124	118
34	Julien	Tour	Penny Lane Striders		00:18:53	123	117
35	Ethan	Brady-Jones	Wirral AC		00:18:54		116
36	Tj	Jones	Wirral AC		00:18:55		115
37	David	Gain	Wirral AC		00:18:56		114
38	Shaun	Rhead	Liverpool Running Bugs		00:18:58	122	113
39	Kyle	Harrison	Liverpool Running Club		00:18:59	121	112
40	Steven	Mckenzie	Kirkby Milers AC	O40	00:19:01		111
41	Michael	Wilkinson	Wirral AC		00:19:02		110
42	Paul	Goodwin	Kirkby Milers AC	O50	00:19:04		109
43	Mark	Smith	Pensby Runners	O40	00:19:10	120	108
44	Kenneth	Day	Kirkby Milers AC		00:19:11		107
45	Christopher	Lee	Liverpool Running Bugs	O50	00:19:13	119	106
46	Eric	Ranson	St Helens Striders	O40	00:19:14	118	105
47	Lee	Warburton	Penny Lane Striders	O40	00:19:23	117	104
48	John	Williams	St Helens Striders	O40	00:19:24	116	103
49	Nigel	Grant	Penny Lane Striders	O50	00:19:26		102
50	George	Aylward	Penny Lane Striders		00:19:35		101
51	Matthew	Whalley	Kirkby Milers AC		00:19:39		100
52	Robert	Burke	Liverpool Running Club	O50	00:19:41	115	99
53	David	Lynan	Penny Lane Striders	O40	00:19:49		98
54	Dermot	Gough	Wallasey Athletic Club	O40	00:19:52	114	97
55	Alan	Sanderson	Liverpool Running Club	O40	00:20:03	113	96
56	Mike	Walker	Southport Waterloo AC	O70	00:20:08	112	95
57	Steve	Norton	Wallasey Athletic Club	O50	00:20:11	111	94
58	Paul	Thomas	Kirkby Milers AC		00:20:12		93
59	Richard	Costain	Penny Lane Striders		00:20:17		92
60	Andrew	Glen	Liverpool Running Bugs	O50	00:20:25	110	91
61	Nick	Wilson	Wirral AC	O40	00:20:36		90
62	Joseph	Chedgzoy	Kirkby Milers AC		00:20:41		89
63	Graham	Liu	Southport Waterloo AC	O50	00:20:44	109	88
64	Darren	Eckersley	St Helens Striders	O40	00:20:46	108	87
65	John	Diggle	Kirkby Milers AC	O40	00:20:47		86
66	Leo	Nilsson	Wallasey Athletic Club		00:20:47	107	85
67	David	Friend	Liverpool Running Bugs		00:20:52	106	84
68	Carl	Yu	Liverpool Running Club	O40	00:20:53	105	83
69	Nick	Morton	Kirkby Milers AC		00:20:57		82
70	Alex	Mitchell	Liverpool Running Bugs		00:21:00	104	81
71	Michael	O'Rourke	Penny Lane Striders		00:21:01		80
72	Jack	Heap	Wirral AC		00:21:02		79

73	Alan	Spencer	Knowsley Harriers	O50	00:21:03	103	78
74	Richard	Williams	UTS Running Club	O50	00:21:15	102	77
75	Anthony	Ellis	St Helens Striders		00:21:17	101	76
76	Stuart	Hellon	UTS Running Club		00:21:21	100	75
77	Frank	Kelly	Liverpool Running Club	O50	00:21:23	99	74
78	David	Navis	Liverpool Running Bugs		00:21:25		73
79	Jake	Goodwin	Kirkby Milers AC		00:21:29		72
80	Nigel	Foo	Penny Lane Striders	O50	00:21:31		71
81	Frank	Cahill	St Helens Striders	O60	00:21:38		70
82	Ian	Cannings	Wallasey Athletic Club	O60	00:21:44	98	69
83	James	Malone	Penny Lane Striders		00:21:46		68
84	Aaron	Wilson	Liverpool Running Club		00:21:48	97	67
85	Stephen	Cole	Wallasey Athletic Club	O40	00:21:50		66
86	Joshua	McGovern	Liverpool Running Bugs		00:21:52		65
87	Iain	Arnison	Pensby Runners	O40	00:22:00	96	64
88	Peter	Barham	Wallasey Athletic Club	O40	00:22:03		63
89	Anthony	Peacock	Penny Lane Striders	O60	00:22:17		62
90	Louis	Atkinson	Kirkby Milers AC		00:22:21		61
91	John	Lee	Kirkby Milers AC	O50	00:22:26		60
92	Michael	Pink	UTS Running Club	O50	00:22:42	95	59
93	Mark	Gibbons	UTS Running Club	O40	00:22:45	94	58
94	John	Cooney	Knowsley Harriers	O40	00:22:48	93	57
95	Paul	Alexander	Pensby Runners	O60	00:22:52	92	56
96	Christopher	McElroy	Mossley Hill AC	O40	00:22:56	91	55
97	Tony	Green	Penny Lane Striders	O60	00:23:00		54
98	James	Roberts	Penny Lane Striders		00:23:02		53
99	Graham	Swadkins	Liverpool Running Bugs	O50	00:23:03		52
100	John	Barr	St Helens Striders	O60	00:23:05		51
101	David	McAlister	Wallasey Athletic Club	O60	00:23:10		50
102	Robbie	Trecarichi	Liverpool Running Bugs	O40	00:23:15		49
103	Peter	Morgan	Penny Lane Striders	O60	00:23:20		48
104	John Paul	Dale	Liverpool Running Bugs		00:23:41		47
105	Kieron	Carr	Liverpool Running Bugs	O40	00:23:43		46
106	Chris	Falls	Wallasey Athletic Club	O40	00:23:47		45
107	Colin	Lamprey	Pensby Runners	O50	00:24:02	90	44
108	Xander	Heaton	Kirkby Milers AC		00:24:04		43
109	Stephen	Maddock	Liverpool Running Bugs	O50	00:24:12		42
110	Kevin	Carberry	Kirkby Milers AC	O40	00:24:17		41
111	Gordon	Scholefield	Pensby Runners	O60	00:24:22		40
112	David	Barrow	Kirkby Milers AC	O60	00:24:33		39
113	David	Gibbons	UTS Running Club		00:24:49		38
114	Dave	Jones	UTS Running Club	O40	00:24:55		37
115	Mark	Fillingham	St Helens Striders	O50	00:24:55		36
116	Phillip	Stanley	UTS Running Club	O50	00:25:07		35
117	Nathan	Cubbins	Kirkby Milers AC		00:25:50		34
118	Stephen	McConville	Pensby Runners	O50	00:26:08		33
119	Stan	Cottier	Liverpool Running Club	O70	00:26:35		32
120	Ian	Burt	St Helens Striders	O50	00:26:42		31

121	Anthony	Brockway	Wirral AC	O50	00:27:00		30
122	James	Atkin	Wirral AC	O60	00:27:49		29
123	Keith	Lewis	UTS Running Club	O50	00:28:00		28
124	Kevin	O'Brien	Kirkby Milers AC	O50	00:28:30		27
125	David	Dodd	Knowsley Harriers	O40	00:28:50	89	26
126	Ian	Chalmers	Pensby Runners	O70	00:29:37		25
127	Phillip	Hewitt	Liverpool Running Bugs	O40	00:29:40		24
128	Robert	Freeman	Liverpool Running Bugs	O40	00:29:44		23
129	Andy	Carragher	Wallasey Athletic Club	O60	00:30:20		22
130	Phil	Thorp	Liverpool Running Bugs	O60	00:30:22		21
131	Ben	McGovern	Liverpool Running Bugs		00:30:32		20
132	Ronald	Thornton	Liverpool Running Bugs	O70	00:31:08		19
133	Alan	D'Henin	Knowsley Harriers	O60	00:31:46	88	18
134	Richard	Potts	Pensby Runners	O50	00:34:01		17
135	Allan	Gibbs-Monaghan	Liverpool Running Bugs	O40	00:34:29		16
136	Spencer	Hanley	Knowsley Harriers		00:34:37	87	15