

Merseyside County Grand Prix 2019 Seaside Runs 5k Results

Womens Team

Pos'n	Club	Counters				Total
1	Penny Lane Striders	145	143	140	138	566
2	Wirral AC	150	137	136	135	558
3	Liverpool Running Club	149	141	124	118	532
4	Wallasey AC	142	139	127	122	530
5	Kirkby Milers AC	134	133	131	129	527
6	UTS Running Club	147	146	119	115	527
7	St Helens Striders	148	132	120	113	513
8	Liverpool Running Bugs	126	125	123	121	495
9	Pensby Runners	130	117	112	111	470
10	Knowsley Harriers	128	114	110	109	461
11	Southport Waterloo AC	144				144
12	Liverpool Harriers	116				116

Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points	
1	Sarah	Kearney	Wirral AC	040	00:19:20	150	150
2	Rebecca	Burke	Liverpool Running Club		00:19:32	149	149
3	Kelly	Hamilton	St Helens Striders		00:19:34	148	148
4	Nadine	Weeks	UTS Running Club		00:19:55	147	147
5	Jo	Irvin	UTS Running Club	040	00:20:02	146	146
6	Liz	Turner	Penny Lane Striders		00:20:20	145	145
7	Tracey	Allan	Southport Waterloo AC		00:20:48	144	144
8	Felicity	Pawling	Penny Lane Striders		00:21:05	143	143
9	Elaine	Opara	Wallasey Athletic Club		00:21:11	142	142
10	Laura	Owens	Liverpool Running Club		00:21:23	141	141
11	Kathryn	Bradley	Penny Lane Striders		00:21:30	140	140
12	Katherine	Holley	Wallasey Athletic Club		00:21:42	139	139
13	Sara	Kelly	Penny Lane Striders		00:21:43	138	138
14	Emma	Poulston	Wirral AC		00:21:47	137	137
15	Charlotte	Rawcliffe	Penny Lane Striders		00:21:57		136
16	Tallulah	Brady-Jones	Wirral AC		00:22:07	136	135
17	Sarah ami	Smith	Wirral AC		00:22:09	135	134
18	Leanne	Rimmer	Kirkby Milers AC		00:22:10	134	133
19	Ella	Heap	Wirral AC		00:22:14		132
20	Evie melissa	Smith	Wirral AC		00:22:20		131
21	Charlotte	Smith	Kirkby Milers AC		00:22:48	133	130
22	Sharron	Burt	St Helens Striders	040	00:22:49	132	129
23	Lucy	Helsby	Kirkby Milers AC		00:22:59	131	128
24	Katie	Johnson	Penny Lane Striders		00:23:03		127
25	Annmarie	Williams	Penny Lane Striders	040	00:23:23		126
26	Lisa	Grantham	Pensby Runners	040	00:23:38	130	125

27	Samantha	Bentall	Penny Lane Striders	O50	00:23:45		124
28	Amanda	Lee	Kirkby Milers AC	O40	00:23:45	129	123
29	Kelly	Marrin	Knowsley Harriers	O40	00:23:47	128	122
30	Katie	Bellew	Wallasey Athletic Club	O40	00:23:47	127	121
31	Kasia	Boydell	Liverpool Running Bugs		00:23:49	126	120
32	Ruth	Hewitt	Liverpool Running Bugs	O40	00:23:49	125	119
33	Delilah	Harty	Wirral AC		00:23:52		118
34	Pat	Helsby	Kirkby Milers AC	O60	00:23:52		117
35	Amber	Neal	Wirral AC		00:23:52		116
36	Sarah	Jackson	Penny Lane Striders	O40	00:23:53		115
37	Supanki	Kamalanathan	Penny Lane Striders		00:23:57		114
38	Alexandra	Harrison	Liverpool Running Club		00:24:00	124	113
39	Laura	Porter	Penny Lane Striders	O40	00:24:01		112
40	Angela	McGowan	Liverpool Running Bugs	O40	00:24:06	123	111
41	Bhavna	Mistry	Kirkby Milers AC	O40	00:24:20		110
42	Jannine	McArd	Wallasey Athletic Club	O40	00:24:21	122	109
43	Jade	Teeder	Liverpool Running Bugs		00:24:25	121	108
44	Sue	Heaps	St Helens Striders	O50	00:24:27	120	107
45	Louise	Marsden	Wallasey Athletic Club		00:24:28		106
46	Sophie	Marsden	UTS Running Club		00:24:32	119	105
47	Jessica	Garrigan	Liverpool Running Club		00:24:46	118	104
48	Amena	Madden	Liverpool Running Club	O40	00:24:53		103
49	Angela	Peerless	Pensby Runners	O60	00:25:15	117	102
50	Maria	Brockway	Wirral AC	O50	00:25:19		101
51	Jennifer	Grant	Liverpool Harriers & AC		00:25:23	116	100
52	Becky	Varnouse	Penny Lane Striders		00:25:25		99
53	Natalie	Grimes	UTS Running Club		00:25:41	115	98
54	Catherine	Oleary	UTS Running Club	O40	00:25:48		97
55	Susan	Burke	Liverpool Running Club	O50	00:25:58		96
56	Anne	Oxbrough	Penny Lane Striders		00:25:58		95
57	Sarah	Simons	Penny Lane Striders		00:26:01		94
58	Denise	Garrigan	Kirkby Milers AC		00:26:03		93
59	Onnor	Hampson	Liverpool Running Bugs	O40	00:26:29		92
60	Elaine	Coulter	Liverpool Running Bugs	O50	00:26:33		91
61	Shelley	Hignett	Knowsley Harriers		00:26:50	114	90
62	Jayne	Mcivor	Liverpool Running Club	O50	00:27:06		89
63	Stephanie	Donald	Kirkby Milers AC		00:27:11		88
64	Molly	Williams	Wirral AC		00:27:15		87
65	Jackie	Dobson	St Helens Striders	O50	00:27:27	113	86
66	Sandra	Ellison	Wallasey Athletic Club	O50	00:27:34		85
67	Jayne	Russell	Kirkby Milers AC	O40	00:27:37		84
68	Laura	Rooney	Liverpool Running Bugs		00:27:39		83
69	Jessikha	Ellison	Wallasey Athletic Club		00:27:49		82
70	Rachel	Tickle	St Helens Striders		00:27:52		81
71	Helen	Eaton	Kirkby Milers AC	O40	00:27:53		80
72	Jennifer	Chedgzoy	Kirkby Milers AC		00:27:55		79
73	Hayley	Mcnicholas	Wallasey Athletic Club		00:27:58		78
74	Sue	Davies	Pensby Runners	O50	00:27:59	112	77

75	Christine	Grant	Penny Lane Striders	050	00:28:03		76
76	Amy	Edwards	Penny Lane Striders		00:28:28		75
77	Jackie	Ellis	St Helens Striders	050	00:28:32		74
78	Mollie	Swadkins	Liverpool Running Bugs		00:28:35		73
79	Jenny	Cotterell	UTS Running Club		00:28:36		72
80	Alison	Engle	Wallasey Athletic Club	040	00:28:37		71
81	Kelly	Clark	Wirral AC	040	00:28:46		70
82	Zoe	Fillingham	St Helens Striders	050	00:28:58		69
83	Christine	Humphrey	St Helens Striders	050	00:28:59		68
84	Karen	Morgan	Liverpool Running Bugs	040	00:28:59		67
85	Tracey	Carr	Liverpool Running Bugs	050	00:28:59		66
86	Suzanne	Hall	Liverpool Running Bugs		00:29:12		65
87	Eunice	Nopondo	Penny Lane Striders	050	00:29:24		64
88	Carrie	O'Brien	Kirkby Milers AC		00:29:56		63
89	Hayley	Smallman	Kirkby Milers AC	040	00:29:56		62
90	Jan	Hughes	Penny Lane Striders	060	00:29:58		61
91	Paula	Heaton	Kirkby Milers AC	040	00:30:08		60
92	Tracey	Goble	Liverpool Running Bugs	050	00:30:09		59
93	Lorraine	Johnson	Liverpool Running Bugs		00:30:13		58
94	Nicola	Atherton	Liverpool Running Bugs	040	00:30:15		57
95	Gillian	Swadkins	Liverpool Running Bugs	050	00:30:30		56
96	Tracy	Sherlock	UTS Running Club	040	00:31:05		55
97	Susan	Beckett	UTS Running Club		00:31:05		54
98	Ann	Griffiths	UTS Running Club	040	00:31:06		53
99	Joanne	Edwards	Penny Lane Striders	040	00:31:15		52
100	Debi	McMillan	Penny Lane Striders	040	00:31:15		51
101	Michelle	Hawthorne	Pensby Runners	040	00:31:27	111	50
102	Jeannette	Ryan	Liverpool Running Bugs	050	00:31:51		49
103	Ann marie	Carberry	Kirkby Milers AC	050	00:32:11		48
104	Jane	Woods	Penny Lane Striders	040	00:32:46		47
105	Katie	Fielding	Liverpool Running Bugs		00:32:51		46
106	Val	Coldock	Liverpool Running Bugs	060	00:33:20		45
107	Deborah	Pink	UTS Running Club	050	00:34:03		44
108	Rebecca	Lewis	UTS Running Club	040	00:34:12		43
109	Lauren	Jenkins	Knowsley Harriers		00:34:35	110	42
110	Michelle	Elston	Liverpool Running Bugs	040	00:34:55		41
111	Joanne	Hanley	Knowsley Harriers	040	00:35:41	109	40
112	Joyce	Lloyd	Knowsley Harriers	040	00:36:56		39
113	Alison	Eland	Knowsley Harriers		00:36:56		38
114	Deborah	Crawley	Kirkby Milers AC	060	00:37:48		37
115	Natalie	O'Brien	Kirkby Milers AC		00:38:34		36
116	Shirley	O'Brien	Kirkby Milers AC	050	00:38:35		35