

Merseyside County Grand Prix 2019

St Helens 10k Results

Mens Team

Pos'n	Club	Counters						Total
1	Kirkby Milers AC	147	143	142	140	137	130	839
2	St Helens Striders	146	145	136	135	134	133	829
3	St Helens Sutton AC	150	139	132	126	118	116	781
4	Knowsley Harriers	149	144	122	120	110	109	754
5	Liverpool Running Bugs	128	127	124	123	121	119	742
6	Penny Lane Striders	148	131	115	114	112	108	728
7	Liverpool Running Club	117	111	107				335
8	Liverpool Pembroke Sefton AC	141	138					279
9	Liverpool Harriers	129	125					254
10	Pensby Runners	113						113

Mens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Matthew Crehan	St Helens Sutton AC		00:32:29	150	150
2	Chris Pownell	Knowsley Harriers		00:34:15	149	149
3	Jay Clarke	Penny Lane Striders		00:35:12	148	148
4	Thomas Dempsey	Kirkby Milers AC		00:35:44	147	147
5	Chris Hazeldine	St Helens Striders		00:35:46	146	146
6	Daniel Cheetham	St Helens Striders		00:36:57	145	145
7	Thomas O'dowd	Knowsley Harriers		00:37:11	144	144
8	James Ellis	Kirkby Milers AC		00:37:30	143	143
9	Sean Wilton	Kirkby Milers AC		00:37:45	142	142
10	Michael Gall	Liverpool PS AC		00:38:21	141	141
11	Gary Wilton	Kirkby Milers AC	M40+	00:38:35	140	140
12	Leon Hill	St Helens Sutton AC		00:38:42	139	139
13	Matt Thompson	Liverpool PS AC	M50+	00:38:51	138	138
14	Kevin Harrison	Kirkby Milers AC	M40+	00:38:55	137	137
15	Kevin Outten	St Helens Striders	M40+	00:38:57	136	136
16	Kieran Allen	St Helens Striders		00:39:28	135	135
17	John Williams	St Helens Striders	M40+	00:39:29	134	134
18	Joseph Weaver	St Helens Striders		00:39:42	133	133
19	Karl Bowles	St Helens Striders	M40+	00:39:42		132
20	Chris Taylor	St Helens Sutton AC		00:39:45	132	131
21	Lee Warburton	Penny Lane Striders	M40+	00:39:48	131	130
22	David Edwards	Kirkby Milers AC	M50+	00:39:50	130	129
23	Andrew Grant	Liverpool Harriers		00:39:59	129	128
24	Ian Hewitt	Liverpool Running Bugs	M40+	00:40:14	128	127
25	Paul Howard	St Helens Striders		00:40:50		126
26	Eric Ranson	St Helens Striders	M40+	00:40:53		125

27	Stuart	Sharp	Liverpool Running Bugs	M40+	00:41:10	127	124
28	Matthew	Whalley	Kirkby Milers AC		00:41:31		123
29	Barry	Graney	St Helens Sutton AC		00:41:44	126	122
30	Philip	Lawrenson	St Helens Striders	M50+	00:41:48		121
31	Kevin	Cornwell	Liverpool Harriers		00:41:57	125	120
32	Andrew	Lawrenson	St Helens Striders		00:42:03		119
33	Christopher	Reid	St Helens Striders	M50+	00:42:24		118
34	Jonathan	Kirkman	St Helens Striders		00:42:32		117
35	James	Done	Liverpool Running Bugs		00:42:35	124	116
36	Darren	Eckersley	St Helens Striders	M40+	00:42:50		115
37	Graham	Jones	St Helens Striders	M50+	00:42:59		114
38	Paul	Booth	St Helens Striders		00:43:32		113
39	Chris	Levy	St Helens Striders	M40+	00:43:48		112
40	Andrew	Shaw	St Helens Striders		00:44:01		111
41	Alex	Mitchell	Liverpool Running Bugs		00:44:04	123	110
42	Alan	Joyce	Knowsley Harriers	M60+	00:44:05	122	109
43	Richard	Seville	St Helens Striders	M40+	00:44:07		108
44	Michael	Smith	St Helens Striders		00:44:42		107
45	John	Diggle	Kirkby Milers AC	M40+	00:44:50		106
46	David	Navis	Liverpool Running Bugs		00:44:52	121	105
47	Anthony	Horsfall	St Helens Striders	M50+	00:45:12		104
48	Ian	Chisnall	St Helens Striders	M40+	00:45:17		103
49	Peter	Medlicott	St Helens Striders	M40+	00:45:39		102
50	Andrew	Donnelly	St Helens Striders	M50+	00:45:47		101
51	Paul	Dowdle	St Helens Striders	M40+	00:45:53		100
52	Michael	Mcintyre	Kirkby Milers AC		00:45:54		99
53	Alan	Spencer	Knowsley Harriers	M50+	00:45:57	120	98
54	Kieron	Carr	Liverpool Running Bugs	M40+	00:46:28	119	97
55	John	Jackson	St Helens Striders		00:46:37		96
56	Kenneth	Hill	St Helens Striders	M60+	00:46:51		95
57	John	Lee	Kirkby Milers AC	M50+	00:47:04		94
58	Martin	Johnson	St Helens Sutton AC		00:47:04	118	93
59	Carl	Yu	Liverpool Running Club	M40+	00:47:08	117	92
60	Christopher	Coatsworth	St Helens Sutton AC		00:47:10	116	91
61	Rick	Rowe	St Helens Striders		00:48:04		90
62	Ian	Jones	Penny Lane Striders	M60+	00:48:07	115	89
63	Andy	Duff	Liverpool Running Bugs	M40+	00:48:14		88
64	Lee	Brownbill	St Helens Striders		00:48:22		87
65	David	Bailey	St Helens Striders	M40+	00:48:23		86
66	Chris	Alexander	Kirkby Milers AC		00:48:28		85
67	James	Malone	Penny Lane Striders		00:48:49	114	84
68	Daniel	Tetlow	St Helens Striders		00:49:29		83
69	Martin	Ballard	St Helens Striders		00:49:31		82
70	Jeff	Wilson	St Helens Striders	M50+	00:49:41		81
71	Gordon	Scholefield	Pensby Runners	M60+	00:49:58	113	80
72	Nick	Mccole	Kirkby Milers AC	M40+	00:50:14		79
73	Christopher	Boydell	Liverpool Running Bugs	M40+	00:50:47		78
74	Mark	Fillingham	St Helens Striders	M50+	00:51:07		77

75	Simon	Ellis	Kirkby Milers AC		00:51:17		76
76	Peter	Bennett	St Helens Striders	M50+	00:51:34		75
77	Sean	Loughran	Kirkby Milers AC	M50+	00:51:53		74
78	Peter	Morgan	Penny Lane Striders	M60+	00:52:41	112	73
79	Chris	Owen	Liverpool Running Bugs		00:52:48		72
80	Paul	Hargate	St Helens Striders	M40+	00:52:57		71
81	Patrick	Davey	St Helens Striders	M50+	00:53:11		70
82	Ian	White	St Helens Sutton AC		00:53:20		69
83	Darren	Eccles	St Helens Striders	M40+	00:53:30		68
84	John	Lingard	St Helens Striders	M60+	00:53:47		67
85	Ian	Barker	St Helens Striders		00:54:01		66
86	Kevin	Cairns	St Helens Striders	M40+	00:55:17		65
87	David	Brisco	St Helens Striders	M50+	00:55:19		64
88	Anthony	Cheers	St Helens Striders		00:55:20		63
89	Ray	Chung	Liverpool Running Club	M50+	00:56:18	111	62
90	Dean	Thackray	Liverpool Running Bugs		00:56:24		61
91	Lee	Birkett	Liverpool Running Bugs	M40+	00:56:25		60
92	Michael	Charman	Knowsley Harriers	M60+	00:56:29	110	59
93	Ian	Spencer	St Helens Striders	M50+	00:57:14		58
94	James	Alexander	Liverpool Running Bugs	M50+	00:57:22		57
95	Stephen	Granville	St Helens Striders	M60+	00:58:07		56
96	Colin	Wilson	St Helens Striders	M50+	00:59:22		55
97	Steve	Wright	St Helens Striders	M50+	00:59:50		54
98	Stephen	Pickavance	St Helens Sutton AC		01:00:00		53
99	Daniel	Holcroft	St Helens Sutton AC		01:00:05		52
100	Chris	Paton	St Helens Sutton AC		01:00:39		51
101	Jordan	Clare	Kirkby Milers AC		01:00:43		50
102	David	Dodd	Knowsley Harriers	M40+	01:02:25	109	49
103	Russ	Owens	Knowsley Harriers	M50+	01:02:49		48
104	James	Mccarthy	St Helens Striders	M50+	01:02:55		47
105	Phil	Thorp	Liverpool Running Bugs	M60+	01:03:07		46
106	Justin	Smith	St Helens Striders	M40+	01:04:23		45
107	Phil	Robinson	Knowsley Harriers	M50+	01:07:30		44
108	Ray	Murphy	Kirkby Milers AC	M50+	01:07:39		43
109	Jim	Garvey	Penny Lane Striders	M60+	01:07:51	108	42
110	David	Barrow	Kirkby Milers AC	M60+	01:08:14		41
111	Bennett	Lawrenson	St Helens Striders		01:09:19		40
112	Dan	Broadfoot	Kirkby Milers AC	M40+	01:10:16		39
113	Simon	Clare	Kirkby Milers AC	M40+	01:10:16		38
114	Stephen	Hayes	Liverpool Running Club	M40+	01:10:22	107	37
115	Derek	Hughes	Liverpool Running Bugs	M60+	01:14:12		36
116	Bernard	Graney	St Helens Striders	M60+	01:16:14		35
117	Paul	Keegan	Kirkby Milers AC	M40+	01:17:33		34
118	Adrian	Pridgeon	St Helens Striders		01:22:25		33