

## Merseyside County Grand Prix 2019

### St Helens 10k Results

#### Womens Team

Pos'n	Club	Counters				Total
1	St Helens Striders	150	146	142	139	577
2	Knowsley Harriers	148	147	138	137	570
3	St Helens Sutton AC	149	144	143	132	568
4	Kirkby Milers AC	145	141	140	136	562
5	Liverpool Running Bugs	135	131	127	126	519
6	Liverpool Running Club	134	129	128	125	516
7	Penny Lane Striders	133	124			257
8	Southport Waterloo AC	130				130

#### Womens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Rachael Fairclough	St Helens Striders		00:41:00	150	150
2	Jade Smith	St Helens Sutton AC		00:41:10	149	149
3	Danielle Scott	Knowsley Harriers		00:41:54	148	148
4	Louise Jackson	Knowsley Harriers		00:42:18	147	147
5	Kylie Barlow	St Helens Striders		00:44:52	146	146
6	Sarah Treble	Kirkby Milers AC		00:47:04	145	145
7	Rachel Wilcock	St Helens Sutton AC		00:47:12	144	144
8	Rachel Beesley	St Helens Sutton AC		00:47:12	143	143
9	Pauline Horsfall	St Helens Striders	F60+	00:47:19	142	142
10	Charlotte Smith	Kirkby Milers AC		00:48:29	141	141
11	Amanda Lee	Kirkby Milers AC	F40+	00:48:43	140	140
12	Cherryl Orrick	St Helens Striders	F40+	00:48:44	139	139
13	Katie Pownell	Knowsley Harriers		00:49:11	138	138
14	Jennifer Martin	St Helens Striders		00:49:27		137
15	Sharron Burt	St Helens Striders	F40+	00:50:00		136
16	Sue Heaps	St Helens Striders	F50+	00:50:00		135
17	Anja Pownell	Knowsley Harriers		00:51:24	137	134
18	Hazel Brennan	Knowsley Harriers	F40+	00:51:26		133
19	Stephanie Donald	Kirkby Milers AC		00:51:27	136	132
20	Clare Pickavance	St Helens Striders	F40+	00:51:31		131
21	Elaine Parry	St Helens Striders	F40+	00:51:46		130
22	Kasia Boydell	Liverpool Running Bugs		00:51:59	135	129
23	Alexandra Harrison	Liverpool Running Club		00:52:37	134	128
24	Samantha Bentall	Penny Lane Striders	F50+	00:52:54	133	127
25	Lynne Doyle	Kirkby Milers AC	F40+	00:53:21		126
26	Brenda Cahill	St Helens Striders	F60+	00:53:57		125
27	Laura Carter	St Helens Striders		00:54:05		124

28	Rachel	Tickle	St Helens Striders		00:54:12		123
29	Maia	Robinson	Knowsley Harriers		00:55:09		122
30	Geraldine	Shaw	St Helens Striders		00:55:16		121
31	Jackie	Dobson	St Helens Striders	F50+	00:56:02		120
32	Gemma	Aden	St Helens Striders		00:56:02		119
33	Diane	Veasey	Kirkby Milers AC		00:56:06		118
34	Colette	Ohalleron	Kirkby Milers AC	F40+	00:56:06		117
35	Heather	Drillingcourt	St Helens Sutton AC		00:56:07	132	116
36	Gemma	Finnan	St Helens Striders		00:57:28		115
37	Lucy	St John	Liverpool Running Bugs		00:57:39	131	114
38	Susan	Cooper	Southport Waterloo AC	F60+	00:57:41	130	113
39	Solange	Hill	St Helens Striders		00:57:47		112
40	Jade	Booth	St Helens Striders		00:57:55		111
41	Christine	Humphrey	St Helens Striders	F50+	00:58:31		110
42	Sarah	Bowles	St Helens Striders	F40+	00:58:54		109
43	Zoe	Fillingham	St Helens Striders	F50+	00:59:26		108
44	Shirley	Chung	Liverpool Running Club	F50+	00:59:33	129	107
45	Caroline	Feeney	Liverpool Running Club		01:00:17	128	106
46	Carla	Langley	St Helens Striders		01:00:28		105
47	Claire	Birkett	Liverpool Running Bugs	F40+	01:00:44	127	104
48	Jackie	Ellis	St Helens Striders	F50+	01:01:21		103
49	Amanda	Coogan	St Helens Striders	F40+	01:01:30		102
50	Leanne	Bailey	St Helens Striders		01:01:51		101
51	Jennifer	Chedgzoy	Kirkby Milers AC		01:02:08		100
52	Angela	Joyce	Knowsley Harriers	F60+	01:02:10		99
53	Tracey	Carr	Liverpool Running Bugs	F50+	01:02:52	126	98
54	Tami	Garveyjones	St Helens Striders	F40+	01:03:16		97
55	Angela	Byron	Kirkby Milers AC	F40+	01:03:23		96
56	Jayne	Mcivor	Liverpool Running Club	F50+	01:03:51	125	95
57	Jane	Ashcroft	St Helens Sutton AC	F50+	01:03:56		94
58	Deborah	Lodge	Kirkby Milers AC	F50+	01:03:57		93
59	Chloe	Dowdle	St Helens Sutton AC	F40+	01:04:13		92
60	Joanne	Keogh	St Helens Striders	F40+	01:05:03		91
61	Joanne	Jackson	St Helens Striders	F40+	01:05:04		90
62	Carol	Platt	Kirkby Milers AC	F60+	01:06:17		89
63	Leeanne	Evans	Liverpool Running Club		01:06:38		88
64	Joanne	Evans	Liverpool Running Club		01:06:39		87
65	Gillian	Treadell	Knowsley Harriers	F40+	01:06:50		86
66	Jenny	Appleton	St Helens Striders		01:06:54		85
67	Joanne	Mercer	St Helens Striders	F50+	01:08:03		84
68	Natalie	Wilson	Kirkby Milers AC	F40+	01:08:15		83
69	Michelle Louise	Elston	Liverpool Running Bugs	F40+	01:08:33		82
70	Elizabeth	Connolly	Knowsley Harriers	F40+	01:08:53		81
71	Claire	Hayden	Penny Lane Striders	F40+	01:10:22	124	80
72	Nicola	Atherton	Liverpool Running Bugs	F40+	01:11:11		79
73	Angela	Jones	St Helens Striders	F40+	01:12:01		78
74	Stephanie	Charman	Knowsley Harriers	F60+	01:13:06		77

75	Elaine	Ahearn	St Helens Striders	F50+	01:13:36	76
76	Samantha	Ashton	St Helens Striders		01:15:29	75
77	Nicola	Higham	Kirkby Milers AC	F40+	01:20:09	74
78	Louise	Hill	St Helens Sutton AC	F40+	01:21:18	73
79	Kerry	Pridgeon	St Helens Striders		01:22:24	72
80	Gemma	Harkness	St Helens Striders		01:32:06	71