

Merseyside County Grand Prix 2020

GPW St Helens 10K

Men's Team

Pos	Club	Total
1	Knowsley Harriers	840
2	St Helens Sutton AC	838
3	Kirkby Milers AC	828
4	St Helens Striders	779
5	Penny Lane Striders	724
6	Liverpool Running Bugs	704
7	Liverpool Pembroke Sefton AC	260
8	Liverpool Running Club	228
9	Southport Waterloo AC	129
10	Liverpool Harriers AC	109
11	Mossley Hill AC	0
12	Pensby Runners	0
13	UTS Running Club	0
14	Wallasey AC	0
15	Wirral AC	0

Men's Individual

Pos	Name	Club	Cat	Gun Time	Team Points	Ind'l Points
1	Matthew Crehan	St Helens Sutton AC		00:31:26	150	150
2	Jon-Jo Doherty	St Helens Sutton AC		00:32:48	149	149
3	Charlie Roberts	St Helens Sutton AC		00:33:13	148	148
4	Chris Pownell	Knowsley Harriers		00:33:38	147	147
5	Stephen Campbell	Knowsley Harriers		00:33:52	146	146
6	Robert Owens	Knowsley Harriers		00:34:09	145	145
7	Ryan Jones	Kirkby Milers AC		00:34:14	144	144
8	Thomas Chadwick	St Helens Striders		00:34:27	143	143
9	Ben Lewington	Kirkby Milers AC		00:34:57	142	142
10	Jay Clarke	Penny Lane Striders		00:35:47	141	141
11	Se Loughlin	Liverpool Pembroke Sefton AC		00:36:06	140	140
12	Steven Mckenzie	Kirkby Milers AC	40+	00:36:22	139	139
13	Dylan Redican	St Helens Striders		00:36:23	138	138
14	Lee Moore	Kirkby Milers AC		00:36:54	137	137
15	Gary Wilton	Kirkby Milers AC	40+	00:36:56	136	136
16	Andrew Fearn	Knowsley Harriers	40+	00:37:07	135	135
17	John McLaren	Knowsley Harriers		00:37:09	134	134
18	Thomas O'dowd	Knowsley Harriers		00:37:38	133	133
19	Matt Blake	St Helens Sutton AC		00:37:47	132	132
20	Chris Taylor	St Helens Sutton AC	40+	00:37:57	131	131
21	Kevin Harrison	Kirkby Milers AC	40+	00:38:19	130	130
22	Francois Rafferty	Southport Waterloo AC	50+	00:38:31	129	129
23	Sean Triggs	Kirkby Milers AC		00:38:34		128
24	Michael Brussels	St Helens Sutton AC		00:39:01	128	127
25	Christopher Lee	Liverpool Running Bugs	50+	00:39:08	127	126
26	Kevin Brennan	St Helens Striders	50+	00:39:09	126	125
27	Anthony Lawlor	Knowsley Harriers	50+	00:39:14		124
28	Karl Bowles	St Helens Striders	40+	00:39:38	125	123
29	Jonathan Kirkman	St Helens Striders		00:39:39	124	122
30	Adam Fitzsimmons	Kirkby Milers AC		00:39:52		121
31	Ian Chisnall	St Helens Striders	40+	00:39:57	123	120
32	John Williams	St Helens Striders	40+	00:39:58		119
33	James Owens	St Helens Striders		00:40:05		118

34	Ian Hewitt	Liverpool Running Bugs	40+	00:40:07	122	117
35	Matthew Whalley	Kirkby Milers AC		00:40:27		116
36	David Edwards	Kirkby Milers AC	50+	00:40:27		115
37	Paul Gray	Penny Lane Striders	50+	00:40:30	121	114
38	Paul Howard	St Helens Striders		00:40:31		113
39	Mark Jenkins	Liverpool Pembroke Sefton AC	40+	00:40:50	120	112
40	Nigel Grant	Penny Lane Striders	50+	00:40:53	119	111
41	Anthony Ellis	St Helens Striders		00:40:56		110
42	Otis Honey	St Helens Striders		00:40:57		109
43	Andrew Lawrenson	St Helens Striders		00:42:22		108
44	Graham Jones	St Helens Striders	50+	00:42:25		107
45	Chris Levy	St Helens Striders	40+	00:43:10		106
46	Matt Smith	Liverpool Running Club		00:43:25	118	105
47	Gavin Parry	Knowsley Harriers	50+	00:43:51		104
48	Danny Murphy	Kirkby Milers AC		00:43:52		103
49	Stuart Ackers	Liverpool Running Bugs		00:43:53	117	102
50	Matthew Parmenter	St Helens Striders	40+	00:43:56		101
51	Mark Riley	St Helens Striders		00:44:20		100
52	Richard Seville	St Helens Striders	40+	00:44:21		99
53	Richard Costain	Penny Lane Striders		00:44:36	116	98
54	Chris Alexander	Kirkby Milers AC		00:44:43		97
55	Michael Smith	St Helens Striders		00:45:05		96
56	Colin Dobbs	Penny Lane Striders	40+	00:45:17	115	95
57	Joshua Mcgovern	Liverpool Running Bugs		00:45:37	114	94
58	Graham Deane	Knowsley Harriers		00:45:40		93
59	Christopher Reid	St Helens Sutton AC	50+	00:45:54		92
60	Luke Mcgovern	Liverpool Running Bugs		00:46:03	113	91
61	Andrew Donnelly	St Helens Striders	50+	00:46:06		90
62	Chris Wills	Knowsley Harriers	40+	00:46:15		89
63	Alan Joyce	Knowsley Harriers	60+	00:46:19		88
64	Shane Knott	Penny Lane Striders	40+	00:46:46	112	87
65	Alex Mitchell	Liverpool Running Bugs		00:46:51	111	86
66	David Lynch	St Helens Striders	40+	00:46:54		85
67	John Lee	Kirkby Milers AC	50+	00:47:05		84
68	Andrew O'connor	St Helens Sutton AC	50+	00:47:12		83
69	Andrew Hughes	Liverpool Running Bugs		00:47:17		82
70	Paul Dowdle	St Helens Striders	40+	00:47:18		81
71	William Merritt	Knowsley Harriers	50+	00:47:26		80
72	Ian Jones	Penny Lane Striders	60+	00:47:54		79
73	Benjamin Noon	Liverpool Running Bugs		00:48:00		78
74	Frank Cahill	St Helens Striders	60+	00:48:05		77
75	Joseph Wilson	St Helens Striders		00:48:12		76
76	Kieron Carr	Liverpool Running Bugs	40+	00:48:18		75
77	Peter Teeling	St Helens Striders	40+	00:48:18		74
78	Gary Eccleston	St Helens Striders		00:48:18		73
79	Jeff Wilson	St Helens Striders	50+	00:48:26		72
80	Paul Booth	St Helens Striders		00:48:37		71
81	David Navis	Liverpool Running Bugs		00:48:41		70
82	Martin Hirrell	Penny Lane Striders	50+	00:49:05		69
83	David Barrow	Kirkby Milers AC	60+	00:49:23		68
84	Dean Thackray	St Helens Striders		00:49:27		67
85	Jake Makin	St Helens Striders		00:49:36		66
86	Tom Leigh	St Helens Striders		00:49:38		65
87	Allan Henshall	Liverpool Running Bugs	50+	00:49:41		64
88	Andrew Troy	Penny Lane Striders		00:49:55		63
89	Chris Owen	Liverpool Running Bugs		00:50:09		62
90	Jonathan Tucker	St Helens Striders	50+	00:50:23		61
91	Tim Hawkins	Liverpool Running Bugs		00:50:50		60
92	Christopher Coatsworth	St Helens Sutton AC	50+	00:51:12		59

93	Neil Lowe	St Helens Sutton AC		00:52:27		58
94	Martin Johnson	St Helens Sutton AC	40+	00:52:30		57
95	Peter Bennett	St Helens Striders	50+	00:52:41		56
96	Mark Fillingham	St Helens Striders	50+	00:53:06		55
97	Patrick Davey	St Helens Striders	50+	00:53:19		54
98	Jason Mather	St Helens Striders	50+	00:53:25		53
99	D Rowan	St Helens Striders		00:53:35		52
100	Neil Webster	Liverpool Running Bugs		00:53:37		51
101	Kevin Outten	St Helens Striders	40+	00:54:32		50
102	Alex Abbott	St Helens Striders		00:54:33		49
103	John Lingard	St Helens Striders	60+	00:54:43		48
104	Steve Brown	St Helens Striders	40+	00:55:13		47
105	Jonathan Dobson	St Helens Striders	60+	00:55:41		46
106	Ray Chung	Liverpool Running Club	50+	00:55:56	110	45
107	Brian Ford	Kirkby Milers AC	50+	00:56:27		44
108	John Cahill	St Helens Striders		00:56:34		43
109	John Bosward	Knowsley Harriers	40+	00:57:12		42
110	Graham Howell	Liverpool Harriers AC	60+	00:57:29	109	41
111	Christopher Paton	St Helens Sutton AC	40+	00:57:49		40
112	Paul Keegan	Kirkby Milers AC	40+	00:58:18		39
113	Sean Ahearn	St Helens Striders		00:58:41		38
114	Ben MCGovern	Liverpool Running Bugs		00:59:05		37
115	Paul Fitzgerald	Knowsley Harriers	40+	00:59:16		36
116	Ian Spencer	St Helens Striders	50+	00:59:34		35
117	Phil Thorp	Liverpool Running Bugs	60+	01:00:04		34
118	Lee Birkett	Liverpool Running Bugs	40+	01:00:41		33
119	Ashley Hughes	Liverpool Running Bugs		01:00:56		32
120	Phil Lloyd	Kirkby Milers AC	40+	01:01:57		31
121	Daniel Holcroft	St Helens Sutton AC		01:02:16		30
122	Graham Ashton	Liverpool Running Bugs	50+	01:02:29		29
123	Christopher Boydell	Liverpool Running Bugs	40+	01:02:31		28
124	Simon Kyle	Liverpool Running Bugs	40+	01:02:46		27
125	David Ellis	St Helens Striders	60+	01:03:15		26
126	Christian Morris	Liverpool Running Bugs	40+	01:05:43		25
127	James Mccarthy	St Helens Striders	50+	01:06:01		24
128	Leslie Abbott	St Helens Striders	60+	01:06:39		23
129	Martin Farrar	St Helens Striders	50+	01:06:39		22
130	James Garvey	Penny Lane Striders	60+	01:07:34		21
131	Philip Moody	Knowsley Harriers	40+	01:07:43		20
132	Allan Gibbs-Monaghan	Liverpool Running Bugs	40+	01:07:49		19
133	Bennett Lawrenson	St Helens Striders		01:09:53		18
134	Kevin O'brien	Kirkby Milers AC	50+	01:10:32		17
135	Paul Blaney	Knowsley Harriers	60+	01:11:41		16
136	Phillip Hewitt	Liverpool Running Bugs	40+	01:14:05		15
137	Richard Deane	Knowsley Harriers	40+	01:16:31		14
138	Bernard Graney	St Helens Striders	60+	01:19:44		13