

Merseyside County Grand Prix 2019
Halewood Willowbrook 5k Results

Mens Team

Pos'n	Club	Counters						Total
1	Kirkby Milers AC	147	141	139	138	137	135	837
2	Knowsley Harriers	150	149	143	140	124	119	825
3	Penny Lane Striders	145	142	134	133	132	121	807
4	Liverpool Running Bugs	136	131	130	128	126	117	768
5	St Helens Striders	146	127	125	123	116	114	751
6	Liverpool Running Club	129	115	113				357
7	LPS AC	122	118					240
8	Wallasey AC	148						148
9	Liverpool Harriers	144						144
10	Southport Waterloo AC	120						120

Mens Individual

Pos'n	Name	Club	Cat	Time	Team Points	Ind'l Points
1	Chris Pownell	Knowsley Harriers		00:16:02	150	150
2	Stephen Campbell	Knowsley Harriers		00:16:09	149	149
3	Rob Pearse	Wallasey AC	MV45	00:16:35	148	148
4	Ryan Jones	Kirkby Milers AC		00:16:42	147	147
5	David Wilson	St Helens Striders		00:16:48	146	146
6	Jay Clarke	Penny Lane Striders		00:16:59	145	145
7	Paul Sankey	Liverpool Harriers	MV45	00:17:23	144	144
8	Andrew Fearn	Knowsley Harriers	MV40	00:17:42	143	143
9	David Willshire	Penny Lane Striders		00:17:48	142	142
10	Martin Christian	Kirkby Milers AC	MV45	00:17:55	141	141
11	John McLaren	Knowsley Harriers		00:17:59	140	140
12	Gary Wilton	Kirkby Milers AC	MV40	00:18:07	139	139
13	Tom Marper	Kirkby Milers AC		00:18:21	138	138
14	James Ellis	Kirkby Milers AC		00:18:23	137	137
15	Ian Hewitt	Liverpool Running Bugs	MV40	00:18:31	136	136
16	John Preece	Kirkby Milers AC	MV40	00:18:48	135	135
17	Tony Landry	Kirkby Milers AC	MV55	00:18:53		134
18	Julien Tour	Penny Lane Striders		00:18:57	134	133
19	Luke Harrison	Penny Lane Striders		00:18:59	133	132
20	Paul Goodwin	Kirkby Milers AC	MV50	00:19:04		131
21	Phil Riding	Penny Lane Striders	MV40	00:19:05	132	130
22	Graham Halsall	Liverpool Running Bugs	MV40	00:19:11	131	129
23	Adam Fitzsimmons	Kirkby Milers AC		00:19:24		128
24	Alex Bentley	Liverpool Running Bugs		00:19:26	130	127
25	Robert Burke	Liverpool Running Club	MV50	00:19:40	129	126
26	Alex Mitchell	Liverpool Running Bugs	MV45	00:19:42	128	125

27	Eric Ranson	St Helens Striders		00:19:44	127	124
28	Christopher Lee	Liverpool Running Bugs	MV50	00:19:48	126	123
29	Andrew Lawrenson	St Helens Striders		00:20:12	125	122
30	John Gilbert	Knowsley Harriers AC		00:20:13	124	121
31	Philip Lawrenson	St Helens Striders	MV45	00:20:17	123	120
32	John Halson	Liverpool Pembroke Sefton AC	MV55	00:20:19	122	119
33	Thomas Back	Penny Lane Striders		00:20:30	121	118
34	Graham Liu	Southport Waterloo AC	MV50	00:20:41	120	117
35	Craig Hacking	Penny Lane Striders	MV40	00:20:43		116
36	Chris McElroy	Knowsley Harriers AC	MV40	00:20:44	119	115
37	Michael Connor	Penny Lane Striders	MV55	00:20:47		114
38	Robbie Wood	Liverpool Pembroke Sefton AC	MV60	00:21:02	118	113
39	Luke McGovern	Liverpool Running Bugs		00:21:13	117	112
40	Frank Cahill	St Helens Striders	MV60	00:21:24	116	111
41	Alan Spencer	Knowsley Harriers AC	MV55	00:21:29		110
42	David Lloyd	Knowsley Harriers AC		00:21:30		109
43	Carl Yu	Liverpool Running Club	MV40	00:21:32	115	108
44	Alan Joyce	Knowsley Harriers AC	MV60	00:21:43		107
45	David Navis	Liverpool Running Bugs		00:22:14		106
46	John Barr	St Helens Striders	MV65	00:22:31	114	105
47	Steve Bennett	Penny Lane Striders	MV55	00:22:38		104
48	Tony Peacock	Penny Lane Striders	MV65	00:22:42		103
49	Chris Owen	Liverpool Running Bugs		00:22:52		102
50	Mike Evans	Knowsley Harriers AC	MV65	00:22:59		101
51	William Merritt	Knowsley Harriers AC	MV55	00:23:00		100
52	Ben McGovern	Liverpool Running Bugs		00:23:07		99
53	Kevin Carberry	Kirkby Milers AC	MV45	00:23:09		98
54	Kris Barnes	Liverpool Running Bugs		00:23:13		97
55	Mark Fillingham	St Helens Striders	MV50	00:24:06		96
56	David Barrow	Kirkby Milers AC	MV60	00:24:07		95
57	John Dobie	Knowsley Harriers AC	MV70	00:24:42		94
58	Ray Chung	Liverpool Running Club	MV55	00:25:00	113	93
59	Joe Langley	Liverpool Running Club		00:25:23	112	92
60	James Roberts	Penny Lane Striders		00:25:48		91
61	Ian Burt	St Helens Striders	MV50	00:25:54		90
62	Paul Roberts	Knowsley Harriers AC		00:26:08		89
63	James Stansfield	Penny Lane Striders		00:26:26		88
64	Tommy Gates	Penny Lane Striders	MV55	00:27:35		87
65	James Fletcher	Knowsley Harriers AC		00:27:48		86
66	Phil Thorp	Liverpool Running Bugs	MV60	00:28:09		85
67	Alan D'Henin	Knowsley Harriers AC	MV65	00:28:50		84
68	Michael Devereux	Penny Lane Striders	MV65	00:28:56		83
69	Jim Garvey	Penny Lane Striders	MV70	00:29:27		82
70	Richard Stafford	Penny Lane Striders		00:29:51		81
71	Jon Windle	Penny Lane Striders	MV45	00:29:52		80
72	Allan Gibbs-Monaghan	Liverpool Running Bugs	MV40	00:30:49		79
73	Ronald Thornton	Liverpool Running Bugs	MV75	00:31:49		78
74	Russ Owens	Knowsley Harriers AC	MV55	00:31:53		77

