

MERSEYSIDE COUNTY TRACK & FIELD CHAMPIONSHIPS 2018



Under UKA Rules

SATURDAY, 12TH MAY 2018 AT WAVERTREE

FEMALE ATHLETES

ENTER ONLINE AT <http://merseysidecountyaa.org.uk/>

QUALIFICATIONS TO COMPETE

In order to compete in the County Championships, you must have been BORN in the county OR you should have been living in the county for AT LEAST 9 MONTHS i.e. since 11 August 2017. Please remember to sign the declarations and tick either the BIRTH or RESIDENCY box.

CLOSING DATE Saturday 5th May, 2018

ENTRY FEE (Cheques **ONLY** made payable to Merseyside County AA)

£4 per event **BEFORE** the closing date;

£5 per event on line entry **AFTER** the closing date.

NO ENTRIES ON THE DAY BUT ONLINE ENTRIES WILL BE ACCEPTED UNTIL 10.00pm on TUESDAY 8th May, 2018

NOTES AND RULES OF COMPETITION

- IF by the **official closing date** i.e. **5th May, 2018** there are **NO** entries for an event, that event will **NOT** be held. Such events will therefore not be available even online after this date.
- The organisers may stage event/age groups simultaneously to improve the competition opportunities and for timetable purposes.
- AWARDS:** Medals to 1st 3 in every event.
- UKA AGE GROUPS – for track and field competitions to 1st September 2018**
 - Under 13 athletes must be born on or between 01/09/2005 & 31/08/2007
 - Under 15 athletes must be born on or between 01/09/2003 & 31/08/2005
 - Under 17 athletes must be born on or between 01/09/2001 & 31/08/2003
 - Under 20 athletes must be born on or between 01/01/1999 & 31/08/2001
 - Senior athletes must be born on or before 31/12/1998
- CLUB COLOURS** – In all events, competitors must wear at least vest and shorts (or equivalent clothing) which are clean and so designed and worn as not to be objectionable, even when wet. Competitors must wear the vest of their first claim Club, County, Area or National vest.
- ATHLETE REGISTRATION. FROM 1st APRIL ALL ATHLETES (U13 and OLDER) MUST BE REGISTERED WITH ENGLAND OR WELSH ATHLETICS AND QUOTE THEIR LICENCE (URN) NUMBER ON THE ENTRY FORM. If you don't know your URN or need to check you are registered visit.**
<http://livemyathletics.uka.org.uk/LicenceCheck/>

7. AGE-GROUP LIMITATIONS TO COMPETITION

- Under 13 – may compete in a MAXIMUM of 3 events. Only one of these is allowed to be between 600m and 1500m inclusive;
- Under 15 – may compete in a MAXIMUM of 3 events. Only one of these is allowed to be between 800m and 3000m inclusive;
- Under 17 – may compete in a MAXIMUM of 3 events;
- Under 20 – may compete in a MAXIMUM of 5 events;
- Seniors – No Limitations

8. ONLINE ENTRIES (Available until 10pm Tuesday 8th May)

The cost of entry is £4 per event before the closing date. After that date the only way to enter will be online and the cost will be £5 per event. Any unpaid entry fees prior to the Championship may render your entry VOID. Please check on the website that your event is still included in the programme and that there are still spaces in that event.

9. DECLARATIONS

- TRACK ATHLETES MUST DECLARE** and THEN pick up their number for their event(s) to the operator at the computer **one hour** before the event start time.
- FIELD** athletes pick up their number and then report direct to field event area, at least 30 minutes before the published event start time.

10. The organisers will have the right to limit entries for each event.

11. The Final Programme & Event schedule will appear on the website

by 8.00 pm. on Wednesday 9th May 2018

12. To assist the seeding process please provide personal best performances in the last column on the entry form

13. DEFINITELY NO ENTRIES ON THE DAY. NB ATHLETES WILL NOT BE ALLOWED TO CHANGE EVENTS ON THE DAY.

14. See <http://merseyside.athletics-uk.org> website for further details.

Under 11s (School Years 4 & 5) Development Events - 75m; 150m; 600m; 1000m, Long Jump & Soft Javelin. U11s can only compete in a maximum of 2 track events and no more than 3 events in total at a cost of £2.00 per event. Athletes may NOT compete in BOTH 600m AND 1000m

IF YOU CANNOT ENTER ONLINE YOU MAY HAND THIS COMPLETED FORM TO YOUR OWN CLUB REP.

Kirkby Milers – Paul Cope

Liverpool Pembroke & Sefton – Wally Bridson

Southport Waterloo – Ron Scott

St Helens Sutton – Dr. Phil Thomas

WESPA – Lisa Nuttall

Wirral – Ronan Kearney

All others AND Liverpool Harriers – Mike Dooling

Queries to: mcsaa.mike@gmail.com

MERSEYSIDE COUNTY TRACK & FIELD ENTRY FORM 2018 (FEMALES)

Event/Age Group	Senior W	Junior W	U17W	U15G	U13G	U11G	Enter PB
You may only compete within one age group (see UKA Rule 107)							
100m/75m U11 & 13	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
200m/150m U11 & 13	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
400m/300m U17/U15	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
800m/600m U11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
1500m/1200m U13	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
3000m/1000m U11	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		<input type="checkbox"/>	
Sprint Hurdles	100mH <input type="checkbox"/>	100mH <input type="checkbox"/>	80mH <input type="checkbox"/>	75mH <input type="checkbox"/>	70mH <input type="checkbox"/>		
400mH/300mH U17	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>				
Steeplechase	2km <input type="checkbox"/>	1½km <input type="checkbox"/>					
Long Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Triple Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Pole Vault	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
High Jump	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Hammer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Discus	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>			
Shot	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Javelin	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Soft Javelin						<input type="checkbox"/>	

PLEASE provide the following information using BLOCK CAPITALS

FIRST NAME	
SURNAME	
CLUB	
DATE OF BIRTH	
CONTACT NUMBER	
EA. LICENCE No.	
EMAIL ADDRESS	
QUALIFICATION	BIRTH <input type="checkbox"/> or RESIDENCY <input type="checkbox"/>
I have read and understood the rules of competition and conditions of entry AND I declare that I am an amateur eligible to compete under UKA rules in these County Championships. I consent to my data being stored electronically solely to assist with the administration of these Championships <input type="checkbox"/>	
Signed (Parent/Guardian Signature if you are under 16 years of age)	

