

Merseyside Cross Country Championship

5th January 2019, Sherdley Park, St Helens

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Results:- U11 Girls

Individuals (non Championship)

1	10	Valerie Teare	Liverpool Harriers & AC	5.48
2	20	Molly Carvell	WESPA	5.53
3	33	Megumi Hoshiko	Wirral AC	5.55
4	28	Amalie Rodrigues	WESPA	6.03
5	2	Anna Farmer	Liverpool Harriers & AC	6.11
6	9	Eleanor Redmond	Liverpool Harriers & AC	6.14
7	32	Ella Cowan	Wirral AC	6.17
8	8	Eve O'Mahoney	Liverpool Harriers & AC	6.18
9	23	Imogen Dunning	WESPA	6.19
10	3	Erin Fay	Liverpool Harriers & AC	6.20
11	6	Sophie Moss	Liverpool Harriers & AC	6.21
12	30	Lexie Ellis	WESPA	6.23
13	5	Bailey Hughes	Liverpool Harriers & AC	6.24
14	12	Renee Adams	1 UP Southport Waterloo AC	6.27
15	39	Katy Nicolson	LPS	6.39
16	31	Amelia Bodie	Wirral AC	6.44
17	27	Lucy Smout	WESPA	6.45
18	15	Lillie Birkett	St Helens Sutton	6.45
19	29	Ava Williamson	WESPA	6.49
20	13	Felicity Fletcher	Southport Waterloo AC	6.55
21	4	Elinor Greenwood	Liverpool Harriers & AC	6.58
22	37	Leila Vesey	Wirral AC	6.59
23	18	Georgia Andrews	WESPA	7.01
24	19	Maizie Rae Bimson	WESPA	7.04
25	34	Lydia Wilson	Wirral AC	7.05
26	26	Emma Hull	WESPA	7.07
27	24	Miranda Fludger	WESPA	7.11
28	38	Florence Wain	Wirral AC	7.16
29	35	Isla Neal	Wirral AC	7.17
30	25	Roxanne Ford	WESPA	7.37
31	17	Leah Taylor	St Helens Sutton	7.43
32	16	Emily Farrelly	St Helens Sutton	8.55

Teams (non Championship)

1	Liverpool Harriers & AC	1	5	6	12
2	WESPA	2	4	9	15
3	Wirral AC	3	7	16	26
4	St Helens Sutton	18	31	32	81

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Results:- U11 Boys

Individuals (non Championship)

1	65	Oberon Kearney	Wirral AC	5.22
2	58	Ben Cronshaw	Wirral AC	5.29
3	67	Dominic Poulston	Wirral AC	5.35
4	72	Noel Ford	WESPA	5.40
5	70	Joseph Wake	1 UP Southport Waterloo AC	5.44
6	68	Ben Williams	Wirral AC	5.46
7	71	Jac Chapman	WESPA	5.47
8	48	Max Talyor	Liverpool Harriers & AC	5.48
9	74	Tyler Piercy	WESPA	5.51
10	62	Joshua Hatton	Wirral AC	5.58
11	47	Jack Davies	Liverpool Harriers & AC	6.01
12	61	Malachi Harty	Wirral AC	6.03
13	45	Bobby Burney	Liverpool Harriers & AC	6.06
14	66	Michael Phelan	Wirral AC	6.10
15	73	Luca Noorpuri	WESPA	6.11
16	46	Kieran Cashman	Liverpool Harriers & AC	6.12
17	55	Will Vose	St Helens Sutton	6.13
18	60	Joseph Griffiths	Wirral AC	6.14
19	64	Theo Kaye	Wirral AC	6.15
20	51	Theo Cotter	St Helens Sutton	6.21
21	57	Luke Wilson	St Helens Sutton	6.22
22	63	Jack Hertzog-Garbett	Wirral AC	6.24
23	50	Jack Bloore	St Helens Sutton	6.24
24	69	Charles Fletcher	Southport Waterloo AC	6.32
25	59	William Gauller	Wirral AC	6.35
26	52	Will Marsden	St Helens Sutton	6.47
27	40	Joseph Brown	Kirkby Milers AC	6.47
28	53	Harvey Oakes	St Helens Sutton	6.55
29	56	Ben Williams	St Helens Sutton	7.00
30	49	Lewis Barr	St Helens Sutton	7.50
31	42	Ryan Jones	Kirkby Milers AC	8.59

Teams (non Championship)

1	Wirral AC	1	2	3	6
2	WESPA	4	7	9	20
3	Liverpool Harriers & AC	8	11	13	32
4	St Helens Sutton	17	20	21	58

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Results:- U13 Girls

Individuals

1	112	Sophie Fludger	WESPA	11.31
2	80	Harriet Bain	Liverpool Harriers & AC	11.33
3	81	Lara Bellingham	Liverpool Harriers & AC	11.50
4	107	Emily Dean	Southport Waterloo AC	12.29
5	89	Ella McMutrie	Liverpool Harriers & AC	12.35
6	126	Gabrielle Phelan	Wirral AC	12.41
7	91	Kylah O'Shea	Liverpool Harriers & AC	12.46
8	84	Emma Gittens	Liverpool Harriers & AC	12.49
9	122	Emma Poulston	Wirral AC	12.54
10	83	Beatrix Cole	Liverpool Harriers & AC	12.55
11	92	Emelia Smith	Liverpool Harriers & AC	12.56
12	123	Evie Smith	Wirral AC	13.17
13	82	Alisha Carroll	Liverpool Harriers & AC	13.18
14	111	Elizabeth Wake	Southport Waterloo AC	13.21
15	118	Anna Fraser	Wirral AC	13.23
16	121	Amber Neal	Wirral AC	13.32
17	119	Izzy Hall	Wirral AC	13.42
18	88	Mae Lawless	Liverpool Harriers & AC	13.48
19	109	Amber Hughes	Southport Waterloo AC	13.57
20	124	Sarah Smith	Wirral AC	14.04
21	115	Orla Smout	1 UP WESPA	14.06
22	117	Eliza Barnes	Wirral AC	14.09
23	120	Delilah Harty	Wirral AC	14.14
24	90	Megan McMutrie	Liverpool Harriers & AC	14.32
25	110	Charlotte Hughes	Southport Waterloo AC	14.35
26	85	Lucy Hardy	Liverpool Harriers & AC	14.42
27	108	Jemima Fletcher	Southport Waterloo AC	14.49
28	104	Daisy Ward	St Helens Sutton	14.52
29	113	Alice Jones	WESPA	14.55
30	114	Bella Khanijay	WESPA	15.06
31	99	Amelia McCarthy	Kirkby Milers AC	15.12
32	95	Rachel Curzon	LPS	15.18
33	94	Lottie Threadgold	Liverpool Harriers & AC	15.23
34	106	Lauren Byrne	Southport Waterloo AC	15.26
35	125	Alicia Evans	Liverpool Harriers & AC	16.22
36	97	Katelyn Swift	LPS	16.24
37	100	R Armstrong	St Helens Sutton	18.42
38	103	Chloe Mark	St Helens Sutton	20.05

Teams

1	Liverpool Harriers & AC	2	3	5	7	17
2	Wirral AC	6	9	12	15	42
3	Southport Waterloo AC	4	14	19	25	62
4	WESPA	1	21	29	30	81

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Results:- U13 Boys

Individuals

1	157	Alex Poulston	Wirral AC	10.13
2	141	Liam McCay	Liverpool Harriers & AC	10.23
3	144	Max Webster	Liverpool Harriers & AC	10.52
4	147	Oscar Kewley	1 UP WEPSA	10.58
5	134	Monty Barr	Southport Waterloo AC	11.18
6	133	James Read	LPS	11.24
7	158	Jack Talbot	Wirral AC	11.29
8	159	Tom Byrne	Liverpool Harriers & AC	11.32
9	154	Louis Hatton	Wirral AC	11.33
10	132	Derri Henderson	Kirkby Milers Ac	11.36
11	153	Miles Craven	Wirral AC	11.42
12	145	Iwan Williams	Liverpool Harriers & AC	11.43
13	127	Gabriel Mullen	St Helens Sutton	11.46
14	142	Josh Redmond	Liverpool Harriers & AC	11.48
15	139	Luke Ward	Southport Waterloo AC	11.49
16	140	James Evans	Liverpool Harriers & AC	12.03
17	143	Ben Taylor	Liverpool Harriers & AC	12.05
18	138	Sammy Pickerill	Southport Waterloo AC	12.19
19	146	Ethan Bainbridge	WEPSA	12.20
20	204	Harry Corcoran	LPS	12.25
21	152	Aodham Corr	Wirral AC	12.27
22	155	Jack Heap	Wirral AC	12.41
23	149	Joseph Colley	St Helens Sutton	13.27
24	136	Adam Byrne	Southport Waterloo AC	13.48
25	131	Xander Heaton	Kirkby Milers Ac	14.46
26	135	Jack Bradshaw	Southport Waterloo AC	17.08
27	150	Lewis Dunn	St Helens Sutton	17.17

Teams

1	Liverpool Harriers & AC	2	3	8	12	25
2	Wirral AC	1	7	9	11	28
3	Southport Waterloo AC	5	15	18	24	62

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Results:- U15 Girls

Individuals

1	173	Olivia Logan	Southport Waterloo AC	15.00
2	165	Faye O'Hare	Liverpool Harriers & AC	15.01
3	181	Zara White	Wirral AC	15.56
4	176	Keira Brady-Jones	Wirral AC	16.06
5	179	Ellen Mary Kearney	Wirral AC	16.07
6	167	Grace Tobin	Liverpool Harriers & AC	16.17
7	164	Tamzin Dentith	Liverpool Harriers & AC	17.14
8	180	Scarlett Liddy	Wirral AC	17.22
9	177	Emma Fildes	Wirral AC	17.31
10	182	Caitlin O'Brien	Liverpool Harriers & AC	18.03
11	163	Isobel Blakemore-Clark	Liverpool Harriers & AC	18.13
12	161	Faye Hannaway	1 UP LPS	18.18
13	171	Eleanor James	Southport Waterloo AC	18.45
14	166	Faye Robinson	Liverpool Harriers & AC	18.52
15	178	Ella Heap	Wirral AC	19.20
16	162	Emily Williamson	LPS	19.26
17	172	Annabel Lockie	Southport Waterloo AC	19.45
18	169	Holly Bradshaw	Southport Waterloo AC	20.08
19	168	Hollie Brussels	St Helens Sutton	20.25
20	170	Millie Ireland	Southport Waterloo AC	22.05
21	175	Katie Piercy	Southport Waterloo AC	22.27
22	160	Amy Cubbins	Kirkby Milers Ac	23.01

Teams

1	Wirral AC	3	4	5	8	20
2	Liverpool Harriers & AC	2	6	7	10	25
3	Southport Waterloo AC	1	13	17	18	49

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Results:- U15 Boys

Individuals

1	216	Daniel Hayes	Wirral AC	13.43
2	201	Charlie Teare	Liverpool Harriers & AC	13.46
3	217	TJ Jones	Wirral AC	13.49
4	223	William Strickley	Wirral AC	14.19
5	189	Joseph Byrne	1 UP St Helens Sutton	14.25
6	195	Matthew Brennan	Liverpool Harriers & AC	14.32
7	209	Luke Hampshire	Wallasey Athletic Club	14.37
8	206	Michael Henderson	LPS	14.38
9	215	Joshua Hale	Wirral AC	14.57
10	200	Harry Sweeney	Liverpool Harriers & AC	15.13
11	213	Ethan Brady-Jones	Wirral AC	15.17
12	196	Alex Kelly	Liverpool Harriers & AC	15.19
13	219	Harry Ross-Hughes	Wirral AC	15.31
14	202	Tom Webster	Liverpool Harriers & AC	15.31
15	207	Andrew Storch	LPS	15.38
16	203	Stanley Benson	LPS	15.39
17	186	Charlie Deakin	Kirkby Milers Ac	15.40
18	190	Michael Dobson	St Helens Sutton	15.48
19	205	Oscar Davidson	LPS	15.52
20	199	Ben Roach	Liverpool Harriers & AC	15.54
21	208	Finlay Austin	Wallasey Athletic Club	16.11
22	197	Conal McMahon	Liverpool Harriers & AC	16.18
23	218	Harry Kaye	Wirral AC	16.56
24	193	Ayaan Syed	St Helens Sutton	17.18
25	191	Matthew Dodd	St Helens Sutton	17.21
26	187	Cameron Oliver	Kirkby Milers Ac	17.23
27	212	Leo Nilsson	Wallasey Athletic Club	17.29
28	194	Andrew Worthington	St Helens Sutton	17.41
29	185	Joseph Allen	Kirkby Milers Ac	17.57
30	211	Samuel Jackson	Wallasey Athletic Club	18.05
31	210	Ewan Head	Wallasey Athletic Club	20.43

Teams

1	Wirral AC	1	3	4	9	17
2	Liverpool Harriers & AC	2	6	10	12	30
3	LPS	8	15	16	19	58
4	St Helens Sutton	5	18	24	25	72
5	Wallasey Athletic Club	7	21	27	30	85

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Results:- U17 & U20 Women

Individuals

1	917	Juliet Hodder	Wirral AC	U20 (1)	17.39
2	911	Jessica Cook	Liverpool Harriers & AC	U20 (2)	18.19
3	234	Isabel Hodder	Wirral AC		18.58
4	912	Emily Gray	Liverpool Harriers & AC	U20 (3)	19.00
5	915	Millie Raine	Liverpool Harriers & AC	U20 (4)	19.08
6	914	Jade Morgan	Liverpool Harriers & AC	U20 (5)	19.27
7	229	Jessica Dean	1 UP Southport Waterloo AC		19.44
8	236	Rachel Theobald	Wirral AC		20.02
9	235	Rachel Hurst	Wirral AC		20.39
10	233	Lucy Hignett	Wirral AC		21.06
11	227	Bethany Swift	LPS		33.59

Teams

1	Liverpool Harriers & AC	2	4	5	11
2	Wirral AC	1	3	8	12

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Results:- U17 Men

Individuals

1	244	Louis Johnston	Wirral AC	15.40
2	242	Charlie Roberts	St Helens Sutton	15.42
3	240	Thomas Cororan	LPS	17.19
4	241	Michael Brussels	1 UP St Helens Sutton	17.52
5	239	Mackenzie Woodward	Liverpool Harriers & AC	19.33

Teams

No Complete Teams

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Results:- U20 Men

Individuals

1	931	Joe Wigfield	Wirral AC	26.14
2	923	Thomas Rogerson	Liverpool Harriers & AC	26.36
3	927	Dan Slater	LPS	27.14
4	926	Joe Niven	1 UP LPS	28.24
5	932	Martin Hurst	Wirral AC	30.01
6	929	Tom Gillbanks	Wallasey Athletic Club	30.27
7	921	Daniel Corrigan	Liverpool Harriers & AC	31.49
8	930	Alex Norton	Wallasey Athletic Club	33.57
9	924	Matthew Whalley	Kirkby Milers AC	36.14

Teams

No Complete Teams

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Results:- Senior Women

Individuals

1	266	Kirsty Longley	LPS	V35 (1)	29.36
2	330	Emily Kearney	Wirral AC		30.05
3	277	Rachael Burns	Liverpool Harriers & AC	V35 (2)	30.32
4	333	Sophie Tarver	Wirral AC		30.46
5	263	Rosie Johnson	1 UP LPS		30.53
6	280	Charlotte Wilson-Dewhurst	Liverpool Harriers & AC		32.50
7	331	Sarah Kearney	Wirral AC	V35 (3)	33.03
8	303	Kelly Hamilton	St Helens Striders		33.42
9	302	Rachael Fairclough	St Helens Striders		34.07
10	278	Hannah Hughes	Liverpool Harriers & AC		34.41
11	328	Margaret Cooper	Wirral AC	V45 (1)	35.16
12	271	Tracey Allan	Southport Waterloo AC	V35 (4)	35.30
13	284	Nadine Weeks	UTS	V35 (5)	35.35
14	326	Helen Stansfield	Wallasey Athletic Club	V35 (6)	35.42
15	282	Jo Irvin	UTS	V35 (7)	35.46
16	259	Sarah Treble	Kirkby Milers AC		35.57
17	334	Louise Jackson	Knowsley Harriers		36.04
18	332	Anne Rosbottom	Wirral AC	V45 (2)	36.06
19	323	Elaine Opara	Wallasey Athletic Club	V35 (8)	36.21
20	300	Kylie Barlow	St Helens Striders		36.31
21	272	Nicola Simpson	Southport Waterloo AC	V35 (9)	36.39
22	293	Lucy Partridge	Pensby Runners	V35 (10)	36.45
23	307	Claire Scott	St Helens Striders	V45 (3)	36.54
24	288	Rachel Gyte	Liverpool Running Club		37.10
25	269	Liz Whitfield	Spectrum Striders	V35 (11)	37.16
26	335	Janet Owens	Knowsley Harriers	V35 (12)	37.43
27	318	Katherine Holley	Wallasey Athletic Club	V35 (13)	38.14
28	297	Charlotte Sanderson Rigby	Penny Lane Striders	V35 (14)	38.15
29	315	Michelle Alty	Wallasey Athletic Club	V45 (4)	38.56
30	287	Hayley Fairclough	Liverpool Running Club	V35 (15)	39.09
31	262	Vicky Gilbody	LPS		39.19
32	296	Charlotte Rawcliffe	Penny Lane Striders	V35 (16)	39.21
33	253	Helen Kelsall	Kirkby Milers AC	V35 (17)	39.32
34	273	Michelle Spencer	Southport Waterloo AC	V35 (18)	39.46
35	327	Helen Symonds	Wallasey Athletic Club	V45 (5)	40.04
36	324	Mary Rees	Wallasey Athletic Club	V65 (1)	40.21
37	299	Sarah Jackson	Penny Lane Striders	V35 (19)	40.24
38	325	Rachel Saunders	Wallasey Athletic Club	V55 (1)	40.42
39	290	Alexandra Royden	Pensby Runners		41.09
40	316	Julie Barbat	Wallasey Athletic Club	V55 (2)	41.19
41	281	Ann Costello Griffiths	UTS	V35 (20)	41.21
42	294	Claudia Pagoulatou	Pensby Runners	V45 (6)	41.31
43	254	Amanda Lee	Kirkby Milers AC	V45 (7)	42.20
44	336	Anja Pownell	Knowsley Harriers		42.45
45	322	Jan McArd	Wallasey Athletic Club	V45 (8)	42.46
46	310	Helen Broderick	St Helens Tri	V45 (9)	42.54
47	298	Becky Vermouse	Penny Lane Striders	V35 (21)	42.56
48	279	Jennifer Platt	Liverpool Harriers & AC	V35 (22)	43.01
49	329	Uyai Ikpat	Wirral AC	V35 (23)	43.23
50	283	Tracy Sherlock	UTS	V35 (24)	43.24
51	261	A Corfield	St Helens Sutton		43.48
52	295	Carole Morrison	Pensby Runners	V55 (3)	43.57
53	292	Helen Measures	Pensby Runners	V35 (25)	44.04
54	320	Sharon Lamont	Wallasey Athletic Club	V45 (10)	44.06

55	321	Louise Marsden	Wallasey Athletic Club		44.07
56	306	Kerry Riley	St Helens Striders	V35 (26)	44.44
57	255	Bhav Mistry	Kirkby Milers AC	V45 (11)	44.55
58	246	Stephanie Donald	Kirkby Milers AC		45.16
59	247	Lynne Doyle	Kirkby Milers AC	V45 (12)	45.24
60	286	Susan Burke	Liverpool Running Club	V55 (4)	46.18
61	257	Colette O'Halleron	Kirkby Milers AC	V45 (13)	47.44
62	248	Helen Eaton	Kirkby Milers AC	V45 (14)	49.27
63	317	Catherine Cuthbert	Wallasey Athletic Club	V45 (15)	50.23
64	313	Diane Taktak	St Helens Tri	V45 (16)	50.57
65	250	Ann Green	Kirkby Milers AC	V55 (5)	52.26
66	285	Deborah Pink	UTS	V45 (17)	52.54
67	314	Liz Spensley	St Helens Tri	V65 (2)	57.02
68	251	Paula Heaton	Kirkby Milers AC	V35 (27)	59.43
69	258	Catherine Treble	Kirkby Milers AC		62.58

Teams

1	Wirral AC	2	4	7	11	24
2	St Helens Striders	8	9	20	23	60
3	Liverpool Harriers & AC	3	6	10	48	67
4	Wallasey Athletic Club	14	19	27	29	89
5	UTS	13	15	41	50	119
6	Penny Lane Striders	28	32	37	47	144
7	Kirkby Milers AC	16	33	43	57	149
8	Pensby Runners	22	39	42	52	155

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Individuals

1	349	Dejene Gezimu	Liverpool Harriers & AC		38.18
2	490	Phil Robertson	Sale Harriers		38.55
3	418	Thomas Griffiths	St Helens Sutton		39.47
4	355	Richard Burney	Liverpool Harriers & AC	V35 (1)	40.49
5	351	Aaron Jarvis	Liverpool Harriers & AC		40.53
6	401	Chris Maher	1 UP LPS		40.56
7	454	Ben Johnson	Southport Waterloo AC		41.00
8	362	Lee Siemaszko	Liverpool Harriers & AC	V35 (2)	41.24
9	417	Matthew Crehan	St Helens Sutton		41.30
10	353	Alistair Rutherford	Liverpool Harriers & AC		41.41
11	624	Martin Svensson	Penny Lane Striders	V35 (3)	41.43
12	487	Jon-jo Doherty	St Helens Striders		42.00
13	405	Mark Wynn	LPS	V35 (4)	42.16
14	458	Mark Dunham	Southport Waterloo AC	V35 (5)	42.44
15	653	David Brockway	Wirral AC		42.54
16	481	David Wilson	St Helens Striders		42.59
17	345	Robert Owens	Knowsley Harriers	V35 (6)	43.04
18	647	Rob Pearce	Wallasey Athletic Club	V45 (1)	43.32
19	663	Stephen Spence	Wirral AC	V45 (2)	43.38
20	342	Stephen Campbell	Knowsley Harriers		43.46
21	650	Jay Walker	Wallasey Athletic Club		43.51
22	346	Chris Pownell	Knowsley Harriers		44.05
23	359	Adrian Roach	Liverpool Harriers & AC	V35 (7)	44.16
24	455	Andrew Kershaw	Southport Waterloo AC		44.26
25	360	Alan Ashton	Liverpool Harriers & AC	V45 (3)	44.41
26	467	Francois Rafferty	Southport Waterloo AC	V45 (4)	44.53
27	621	Alex Cowin	Penny Lane Striders	V35 (8)	44.54
28	450	Ryan Jones	Kirkby Milers AC		45.01
29	424	Andrew Wilson	St Helens Sutton	V45 (5)	45.30
30	660	John Heap	Wirral AC	V45 (6)	45.36
31	354	Glen Groves	Liverpool Harriers & AC	V45 (7)	45.47
32	420	Steve Anders	St Helens Sutton	V35 (9)	45.50
33	620	Lawrence Eccles	Penny Lane Striders	V35 (10)	45.52
34	426	John Greenall	St Helens Sutton	V55 (1)	46.07
35	456	Alex Waddelove	Southport Waterloo AC		46.10
36	475	Daniel Cheetham	St Helens Striders	V35 (11)	46.16
37	386	John Hunt	Pensby Runners	V45 (8)	46.26
38	409	Bernie Murphy	LPS	V45 (9)	46.32
39	496	Matthew Goodwin	UTS	V35 (12)	46.40
40	478	Peter Fairclough	St Helens Striders		46.46
41	377	Rob Beech	Pensby Runners		46.53
42	415	John Appleton	St Helens Sutton		47.03
43	361	Colin Potts	Liverpool Harriers & AC	V45 (10)	47.15
44	460	James Paybody	Southport Waterloo AC	V35 (13)	47.20
45	664	Ian Wallace	Wirral AC	V35 (14)	47.23
46	662	Mark Hulmston	Wirral AC	V35 (15)	47.24
47	428	James Ellis	Kirkby Milers AC	V35 (16)	47.49
48	461	Gareth Simpson	Southport Waterloo AC	V35 (17)	47.57
49	419	Jake Healy	St Helens Sutton		48.00
50	403	Mike Gall	LPS	V35 (18)	48.06
51	652	Richard Bargh	Wirral AC		48.11
52	434	Lee Moore	Kirkby Milers AC		48.18
53	604	David Isaac	St Helens Tri	V35 (19)	48.26
54	433	Steven McKenzie	Kirkby Milers AC	V35 (20)	48.34

55	640	Phil Dabner	Wallasey Athletic Club	V45 (11)	48.36
56	483	Kevin Brennan	St Helens Striders	V45 (12)	48.38
57	489	Kevin Outten	St Helens Striders	V45 (13)	48.38
58	473	Steven Wilkinson	Southport Waterloo AC	V45 (14)	48.43
59	392	Simon Rogers	Pensby Runners	V55 (2)	48.47
60	382	Alastair Malpas	Pensby Runners	V35 (21)	48.54
61	657	Simon Dunk	Wirral AC		48.58
62	641	Matt Gillbanks	Wallasey Athletic Club	V45 (15)	49.04
63	609	Kevin Dunbar	St Helens Tri	V35 (22)	49.05
64	480	Mark Riley	St Helens Striders		49.11
65	468	Mike Taylor	Southport Waterloo AC	V45 (16)	49.15
66	356	John Connolly	Liverpool Harriers & AC	V45 (17)	49.34
67	451	Gary Wilton	Kirkby Milers AC	V35 (23)	49.39
68	438	Gary Fisher	Kirkby Milers AC	V35 (24)	49.49
69	444	Lee Walmsley	Kirkby Milers AC	V45 (18)	49.56
70	422	C Taylor	St Helens Sutton	V35 (25)	50.00
71	423	Ian Roberts	St Helens Sutton	V45 (19)	50.05
72	608	Ian Orford	St Helens Tri	V35 (26)	50.19
73	439	Kevin Harrison	Kirkby Milers AC	V35 (27)	50.21
74	379	Ralph Pawling	Pensby Runners		50.24
75	629	Lee Warburton	Penny Lane Striders	V45 (20)	50.26
76	630	Nigel Grander	Penny Lane Striders	V55 (3)	50.35
77	357	Kevin Cornwell	Liverpool Harriers & AC	V35 (28)	50.51
78	375	Thomas Wilson	Liverpool Running Club		50.57
79	416	William Beesley	St Helens Sutton		50.59
80	425	Barry Graney	St Helens Sutton	V45 (21)	51.17
81	627	Paul Gray	Penny Lane Striders	V45 (22)	51.22
82	414	Chris Pedder	LPS	V55 (4)	51.25
83	381	Kev Charleston	Pensby Runners	V35 (29)	51.28
84	658	Simon Fox	Wirral AC	V45 (23)	51.34
85	485	Matthew Parmenter	St Helens Striders	V35 (30)	51.51
86	363	Robert Burke	Liverpool Running Club	V45 (24)	51.58
87	340	Tadi Abeki	Knowsley Harriers	V35 (31)	52.00
88	378	Gary Parker	Pensby Runners		52.06
89	655	Anthony Devoy	Wirral AC	V55 (5)	52.11
90	388	Patrick Corrigan	Pensby Runners	V55 (6)	52.14
91	373	Dean Wilson	Liverpool Running Club	V35 (32)	52.16
92	442	Robert Johnson	Southport Waterloo AC	V55 (7)	52.18
93	477	Anthony Ellis	St Helens Striders		52.18
94	440	Andrew McGlone	Kirkby Milers AC		52.28
95	476	Darren Eckersley	St Helens Striders	V45 (25)	52.35
96	374	Paul Wilson	Liverpool Running Club	V45 (26)	52.41
97	492	Tony Jackson	Newburgh Nomads RC	V55 (8)	52.47
98	642	Kevin Hall	Wallasey Athletic Club	V45 (27)	52.58
99	366	Matt Helme	Liverpool Running Club	V55 (9)	53.04
100	429	Adam Fitzsimmons	Kirkby Milers AC		53.22
101	665	Nick Wilson	Wirral AC	V45 (28)	53.27
102	637	John Bassett	Wallasey Athletic Club	V45 (29)	53.36
103	613	Lee Stinch	St Helens Tri	V45 (30)	53.47
104	607	Robert O'Shea	St Helens Tri		53.54
105	625	Michael Connor	Penny Lane Striders	V45 (31)	54.04
106	626	Nigel Foo	Penny Lane Striders	V45 (32)	54.04
107	491	Andrew Gaskell	Spectrum Striders	V45 (33)	54.09
108	605	Alan McKeegan	St Helens Tri	V35 (33)	54.18
109	668	Keith Swift	Southport Waterloo AC	V35 (34)	54.20
110	448	Ian Rivers	Kirkby Milers AC	V45 (34)	54.31
111	645	Steve Norton	Wallasey Athletic Club	V55 (10)	54.33
112	494	Neil Beckett	UTS	V35 (35)	54.42
113	602	Kevin Dudley	St Helens Tri		55.16
114	623	Robert Jon Cooper	Penny Lane Striders	V35 (36)	55.24
115	638	Phil Bird	Wallasey Athletic Club	V55 (11)	55.34
116	384	Chris Davies	Pensby Runners	V45 (35)	56.00

117	499	Roger Graham	UTS	V45 (36)	56.07
118	443	Nick Morton	Kirkby Milers AC		56.12
119	387	Richard Shayle	Pensby Runners	V45 (37)	56.15
120	628	Alan McDermott	Penny Lane Striders	V45 (38)	56.34
121	482	Paul Booth	St Helens Striders	V35 (37)	56.47
122	633	Steven Pemberton	Penny Lane Striders	V55 (12)	56.53
123	427	Andrew O'Connor	St Helens Sutton	V55 (13)	57.42
124	441	Terry Noon	Kirkby Milers AC	V35 (38)	57.45
125	400	Greg Carns	St Helens Sutton		57.59
126	368	George Pierce	Liverpool Running Club	V45 (39)	58.04
127	435	Neil Barber	Kirkby Milers AC	V35 (39)	58.16
128	601	Andy Devaynes	St Helens Tri	V35 (40)	58.59
129	471	Graham Liu	Southport Waterloo AC	V45 (40)	59.13
130	380	Robert Chalmers	Pensby Runners	V35 (41)	59.18
131	383	Dan Bruffell	Pensby Runners	V45 (41)	59.22
132	614	Andrew Bridge	St Helens Tri	V45 (42)	59.30
133	500	Michael Stone	UTS	V55 (14)	60.05
134	385	Nikolaos Giotakis	Pensby Runners	V45 (43)	60.14
135	390	Gary Johnstone	Pensby Runners	V55 (15)	60.16
136	343	William Merritt	Knowsley Harriers	V55 (16)	60.35
137	370	Jon Reynolds	Liverpool Running Club	V45 (44)	60.49
138	498	Paul Holmes	UTS	V35 (42)	61.06
139	634	Tommy Burke	Penny Lane Striders	V65 (1)	61.30
140	632	Joe McGlynn	Penny Lane Striders	V55 (17)	61.30
141	631	Tony Green	Penny Lane Striders	V55 (18)	61.52
142	644	Derek McArdle	Wallasey Athletic Club	V55 (19)	62.35
143	622	Phil Riding	Penny Lane Striders	V35 (43)	63.21
144	347	Alan Spencer	Knowsley Harriers	V55 (20)	63.30
145	431	Sean Loughran	Kirkby Milers AC	V55 (21)	63.32
146	649	Dan Seddon	Wallasey Athletic Club	V55 (22)	63.36
147	395	Gordon Scholefield	Pensby Runners	V65 (2)	63.40
148	617	James Roberts	Penny Lane Striders		64.04
149	341	Ian Broadhurst	Knowsley Harriers	V45 (45)	64.33
150	449	David Barrow	Kirkby Milers AC	V55 (23)	64.43
151	394	Roy Fisher	Pensby Runners	V65 (3)	67.26
152	474	Billy Hargreaves	Southport Waterloo AC	V65 (4)	68.23
153	636	Steven Armstrong	Wallasey Athletic Club	V45 (46)	69.29
154	457	Lee Coupland	Southport Waterloo AC	V35 (44)	70.43
155	466	Ian Pike	Southport Waterloo AC	V45 (47)	72.14
156	393	Ian Chalmers	Pensby Runners	V65 (5)	76.51

Teams

1	Liverpool Harriers & AC	1	4	5	8	10	23	51
2	St Helens Sutton	3	9	29	32	34	42	149
3	Southport Waterloo AC	7	14	24	26	35	44	150
4	Wirral AC	15	19	30	45	46	51	206
5	St Helens Striders	12	16	36	40	56	57	217
6	Penny Lane Striders	11	27	33	75	76	81	303
7	Kirkby Milers AC	28	47	52	54	67	68	316
8	Pensby Runners	37	41	59	60	74	83	354
9	Wallasey Athletic Club	18	21	55	62	98	102	356
10	Knowsley Harriers	17	20	22	87	136	144	426
11	St Helens Tri	53	63	72	103	104	108	503
12	Liverpool Running Club	78	86	91	96	99	126	576