

**Merseyside Fell Running Championships****Rivington Pike****April 11th, 2009**

<b>Race</b>						
<b>Men</b>	<b>position</b>					
	1	5	John Hunt	M40	Wirral AC	18.53
	2	8	Jon-Philip Seymour	U18	Wirral AC	19.05
	3	15	Alan Ashton		L/pool H	19.46
	4	20	Glen Groves	M40	L/pool H	20.07
	5	44	Steve McLean	M45	SportWat	21.54
	6	46	Ross Maxwell	U18	Wirral AC	22.03
	7	54	John Sprackland	M45	SportWat	22.34
	8	55	Luke Proudfoot	U18	Wirral AC	22.37
	9	102	Billy Hargreaves	M60	L/pool H	24.34
	10	111	Edwin Sherstone	M40	SportWat	25.14
	11	146	Will Ferguson		Wirral AC	26.16
	12	201	Pat Henley	M60	L/pool H	30.04

**Teams**

1	Wirral AC	1,2,6	9
2	L/pool H	3,4,9	16
3	Southport Waterloo AC	5,7,10	22

**Womens**

<b>Women</b>		<b>race</b>				
	<b>position</b>					
	1	56	3 Liz Whitfield		Spectrum	22.38
	2	82	6 Sophie Hunt	U18	Wirral AC	23.53
	3	92	7 Clare Murphy	U20	L/pool H	24.11
	4	99	8 Sarah Jackson		L/pool H	24.29
	5	107	9 Rebecca Hannah	U20	Wirral AC	25.01
	6	134	13 Marina Ali		L/pool H	26.00
	7	154	19 Pam Morgan	F40	L/pool H	26.45
	8	170	22 Michelle Spencer		SportWat	27.30
	9	176	23 Charlotte Wilson		L/pool H	28.23
	10	186	25 Karen Dalby	F45	L/pool H	28.53
	11	192	26 Phillipa Stott	U18	Wirral AC	29.27

**Teams**

1	L/pool H A	3,4,6	13
2	Wirral AC	2,5,11	18
3	L/pool H B	7,9,10	26

Thanks to the organisers of the Rivington Pike for allowing us to piggy-back off their race