

# Merseyside County AA

## Best Performance Trophy Winners <sup>1</sup>

### Blair Trophy for male athletes

### Pat Green Trophy for female athletes

<b>2018</b>	Jamie Webb	800m	Liverpool H & AC	<b>2018</b>	Katarina Johnson-Thompson	Combined Events	Liverpool H & AC
<b>2017</b>	Jonny Mellor	Marathon	Liverpool H & AC	<b>2017</b>	Anyika Onuora	400m	Liverpool H & AC
<b>2016</b>	Jamie Webb	800m	Liverpool H & AC	<b>2016</b>	Anyika Onuora	400m	Liverpool H & AC
<b>2015</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2015</b>	Katarina Johnson-Thompson	High & Long Jump	Liverpool H & AC
<b>2014</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2014</b>	Katarina Johnson-Thompson	Heptathlon	Liverpool H & AC
<b>2013</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2013</b>	Anyika Onuora	100m	Liverpool H & AC
<b>2012</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2012</b>	Anyika Onuora	100m	Liverpool H & AC
<b>2011</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2011</b>	Anyika Onuora	100m	Liverpool H & AC
<b>2010</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2010</b>	Vicky Griffiths	800m	Liverpool H & AC
<b>2009</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2009</b>	Vicky Griffiths	800m	Liverpool H & AC
<b>2008</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2008</b>	Vicky Griffiths	800m	Liverpool H & AC
<b>2007</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2007</b>			
<b>2006</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2006</b>	Anyika Onuora	100m	Liverpool H & AC
<b>2005</b>	Michael Rimmer	800m	L'pool Pembroke & Sefton H & AC	<b>2005</b>	Diane Allahgreen	100m Hurdles	Trafford AC
<b>2004</b>	Phil McGlory	Cross Country	Liverpool H & AC	<b>2004</b>	Diane Allahgreen	100m Hurdles	Trafford AC
<b>2003</b>	Kevin Thompson	Triple Jump	Liverpool H & AC	<b>2003</b>	Diane Allahgreen	100m Hurdles	Trafford AC
<b>2002</b>	Danny Graham	High Jump	Liverpool H & AC	<b>2002</b>	Diane Allahgreen	100m Hurdles	Trafford AC
<b>2001</b>	Danny Graham	High Jump	Liverpool H & AC	<b>2001</b>	Diane Allahgreen	100m Hurdles	Trafford AC
<b>2000</b>	Steve Smith	High Jump	Liverpool H & AC	<b>2000</b>	Diane Allahgreen	100m Hurdles	Liverpool H & AC
<b>1999</b>	Steve Smith	High Jump	Liverpool H & AC	<b>1999</b>	Diane Allahgreen	100m Hurdles	Liverpool H & AC
<b>1998</b>	Steve Garland	Decathlon	L'pool Pembroke H & AC	<b>1998</b>	Diane Allahgreen	60m Hurdles	Liverpool H & AC
<b>1997</b>	Steve Smith	High Jump	Liverpool H & AC	<b>1997</b>	Diane Allahgreen	100m Hurdles	Liverpool H & AC
<b>1995</b>	Steve Smith	High Jump	Liverpool H & AC	<b>1995</b>	Diane Allahgreen	100m Hurdles	Liverpool H & AC

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1994	Rob Laing	Decathlon	Liverpool H & AC			
1993	Steve Smith	High Jump	Liverpool H & AC			
1992	Steve Smith	High Jump	Liverpool H & AC			
	Curtis Robb	800m	Liverpool H & AC			
1991	Martin McLoughlin	5K	Liverpool Pembroke			
1990	Martin McLoughlin	10K	Liverpool Pembroke			
1989	Alex Kruger	110m Hurdles	Liverpool Pembroke			
1988	Alex Kruger	Decathlon	Liverpool Pembroke			
1987	Martin McLoughlin	10 Miles	Liverpool Pembroke			
1986	Kevin Capper	3K S/chase	Liverpool H & AC			
1985	Dave Murphy	5K	Liverpool H & AC			
1984	Alex Kruger	High Jump	Liverpool Pembroke			
1983	Geoff Smith	10K	Liverpool H & AC			
1982	John Woods	5K	Liverpool H & AC			
1981	Geoff Smith	Middle Dist	Liverpool H & AC			
1980	Geoff Smith	Middle Dist	Liverpool H & AC			
1979	Geoff Smith	Middle Dist	Liverpool H & AC			
1978	Geoff Smith	Middle Dist	Liverpool H & AC			
1977	Sean Butler	2K S/chase	Liverpool H & AC			
	Tony Baker	Javelin	Liverpool H & AC			
1976	Jeff Brooks	Javelin	Southport AC			
1975	Bill Hartley	400m Hurdles	Liverpool H & AC			
1974	Bill Hartley	400m Hurdles	Liverpool H & AC			

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1973	Bill Hartley	400m Hurdles	Liverpool H & AC			
1972	Bill Hartley	400m Hurdles	Liverpool H & AC			
1971	Brian Green	100m	Pilkington Rec			
1970	Brian Green	100m	Pilkington Rec			
1969	Barrie Williams	Hammer	Liverpool H & AC			
1968	Geoff Hignett	Long Jump	Liverpool Pembroke			
	Philip Aylward	120 Yds Hurdles	Waterloo Harriers			
1967						
1966	Mike Turner	Cross Country	Liverpool H & AC			
1965	Mike Turner	Cross Country	Liverpool H & AC			
1964	Mike Turner	Cross Country	Liverpool H & AC			
1963	Mike Turner	Cross Country	Liverpool H & AC			
1962	Ken Wilcock	440 yds	Sutton Harriers			
1961	Ken Wilcock	440 yds	Sutton Harriers			
1960	Tom Farrell	880 yds	Liverpool H & AC			
1959	Martin Heath	Mile	Merchant Taylors'			
1958	Ken Wilcock	880 yds	Sutton Harriers			
1957	Tom Farrell	440 yds Hurdles	Liverpool H & AC			
1956	Tom Farrell	440 yd Hurdles	Liverpool H & AC			
1955	Tom Farrell	440 yd Hurdles	Liverpool H & AC			
1954	Jim Railton	100 yds	Liverpool Pembroke			
1953	Ron Davies	Cross Country	Liverpool H & AC			
1952	Len Platt	Long Jump	Wallasey AC			

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