

Merseyside County AA Cross Country Champions – 1992-2018

The first Cross Country Championships of MCAA took place at Clarke Gardens, Allerton, on December 12th, 1992. In season 1998-99, the event moved to January. The Championship in season 2009-10 was cancelled due to adverse weather conditions,

| Year | U13 Boys Team Eddie McCartney Cup | U 13 Boys Individual | U15 Boys Team George Rice Trophy | U15 Boys Individual |
|-------------|--|-----------------------------|---|----------------------------|
| 1992-93 | L/pool Pemb AC | A Shannon (Liv H) | Wirral AC | R Burke (S/WAC) |
| 1993-94 | Wirral AC | A Brabin (Wirral) | L/pool H&AC | D Moore (Liv H) |
| 1994-95 | Wirral AC | M Bate (Liv H) | Wirral AC | W Goudie (Wirral) |
| 1995-96 | Wirral AC | S Charlton (Wirral) | Wirral AC | W Goudie (Wirral) |
| 1996-97 | L/pool H&AC | A Spencer (LPS) | L/pool H&AC | S Edwards (Wirral) |
| 1997-98 | Wirral AC | R Smith (Wirral) | L/pool Pemb&Sef AC | D Harris (LPS) |
| 1998-99 | S/port Waterloo AC | M Rimmer (S/WAC) | Wirral AC | P Hennessey (Liv H) |
| 1999-00 | L/pool H&AC | T Michaelson (Liv H) | Wirral AC | R Smith (Wirral) |
| 2000-01 | L/pool H&AC | K Hesketh (Wallsy) | L/pool H&AC | B Jones (Wirral) |
| 2001-02 | L/pool H&AC | C Gunderson (Liv H) | L/pool H&AC | P McHugh (Liv H) |
| 2002-03 | St Helens Sut AC | P Cummins (Liv H) | L/pool H&AC | C Hoy (Liv H) |
| 2003-04 | St Helens Sut AC | S Duckers (Wirral) | L/pool H&AC | J Fargher (StHSut) |
| 2004-05 | L/pool H&AC | J Healy (StHSut) | Wirral AC | D Forrester (StHSut) |
| 2005-06 | Wirral AC | M Bride (LPS) | L/pool H&AC | D Connolly (Liv H) |
| 2006-07 | Wirral AC | M Jeffers (Wirral) | L/pool Pemb&Sef AC | D Forrester (StHSut) |
| 2007-08 | L/pool H&AC | J Christie (Liv H) | Wirral AC | M Jeffers (Wirral) |
| 2008-09 | Wirral AC | L Ellis (S/WAC) | Wirral AC | M Jeffers (Wirral) |
| 2010-11 | L/pool H &AC | A Moorcroft (Liv H) | S/port Waterloo A C | M Shirling (StHSut) |
| 2011-12 | L/pool H&AC | T Rogerson (Liv H) | Wirral AC | M Wigelsworth (Warr) |
| 2012-13 | Wirral AC | J Wigfield (Wirral) | L/pool H&AC | T Clarke (Liv H) |
| 2013-14 | Wirral AC | K RobinsonMurray (LPS) | L/pool H&AC | D Slater (LPS) |
| 2014-15 | Wirral AC | J Quarmby (Wirral) | Wirral AC | D Slater (LPS) |
| 2015-16 | Wirral AC | L Johnston (Wirral) | Wirral AC | M Brame (Liv H) |
| 2016-17 | L/pool H&AC | C Teare (Liv H) | L/pool H&AC | L Johnston (Wirral) |
| 2017-18 | Wirral AC | A Poulston (Wirral) | Wirral AC | L Johnston (Wirral) |

| Year | U17 Men Team Rachel Finney Cup | U17 Men Individual | U20 Men Team H M Finney Cup | U20 Men Individual |
|-------------|---|---------------------------|--|---------------------------|
| 1992-93 | Wirral AC | B Reese (Wirral) | Wirral AC | C Yates (Wirral) |
| 1993-94 | Wirral AC | I Edwards (StHSut) | Wirral AC | K Wright (LeighH) |
| 1994-95 | L/pool Pembroke | R Burke (S/W AC) | Wirral AC | B Reese (Wirral) |
| 1995-96 | L/pool Pemb&Sef AC | C Lindesay (Wirral) | L/pool Pemb&Sef AC | P McGuinness (Liv H) |
| 1996-97 | L/pool Pemb&Sef AC | L Sanders (LPS) | Wirral AC | C Lindesay (Wirral) |
| 1997-98 | Wirral AC | A Brabin (Wirral) | Wirral AC | P Howarth (Wirral) |
| 1998-99 | Wirral AC | L Russell (Wirral) | L/pool H&AC | C Lindesay (Wirral) |
| 1999-00 | L/pool H&AC | P McGlory (Liv H) | L/pool H&AC | J Rice (LPS) |
| 2000-01 | L/pool H&AC | P McGlory (Liv H) | L/pool H&AC | J Rice (LPS) |
| 2001-02 | L/pool Pemb&Sef AC | B Jones (LPS) | L/pool Pemb&Sef AC | P McGlory (Liv H) |
| 2002-03 | L/pool Pemb&Sef AC | B Jones (LPS) | L/pool Pemb&Sef AC | P McGlory (Liv H) |
| 2003-04 | Wirral AC | Peers (Wirral) | L/pool Pemb&Sef AC | P McGlory (Liv H) |
| 2004-05 | L/pool H&AC | A Peers (Wirral) | L/pool H&AC | S Mayers (StHSut) |
| 2005-06 | L/pool H&AC | D Forrester (StHSut) | No team closed | J Mellor (Liv H) |
| 2006-07 | Wirral AC | H Boyd (S/W AC) | L/pool H&AC | J Mellor (Liv H) |
| 2007-08 | Wirral AC | H Boyd (S/W AC) | L/pool H&AC | A Peers (Liv H) |
| 2008-09 | L/pool Pemb&Sef AC | D Forrester (LPS) | L/pool H&AC | C Gunderson (Liv H) |
| 2010-11 | Wirral AC | N Jones (Wirral) | L/pool Pemb&Sef AC | T Loveridge (LPS) |
| 2011-12 | L/pool H&AC | O Sharp (Wirral) | L/pool Pemb&Sef AC | T Loveridge (LPS) |
| 2012-13 | L/pool H&AC | D Jarvis (Liv H) | L/pool Pemb&Sef AC | J Vernon McGuigan(LPS) |
| 2013-14 | L/pool H&AC | A Sharif (Liv H) | No team closed | A Jarvis (Liv H) |
| 2014-15 | L/pool H&AC | J Taylor (Wirral) | L/pool H&AC | M Shirling (Liv H) |
| 2015-16 | Wirral AC | D Slater (LPS) | No team closed | R Evans (Liv H) |
| 2016-17 | Wirral AC | D Slater (LPS) | L/pool H&AC | A Jarvis (Liv H) |
| 2017-18 | Wirral AC | A Kearney (Wirral) | No team closed | D Slater (LPS) |

| Year | U13 Girls Team Bob Roberts Cup | U13 Girls Individual | U15 Girls Team Kirkby Trophy | U15 Girls Individual |
|-------------|---|-----------------------------|---|-----------------------------|
| 1992-93 | L/pool H&AC | H Evans (Liv H) | L/pool H&AC | D Adams (Liv H) |
| 1993-94 | L/pool H&AC | M Whalley (Wigan) | L/pool H&AC | D Adams (Liv H) |
| 1994-95 | S/port Waterloo AC | C Terry (SWAC) | L/pool H&AC | J Shortall (Liv H) |
| 1995-96 | L/pool H&AC | C Terry (SWAC) | L/pool H&AC | J Mochler (Liv H) |
| 1996-97 | L/pool H&AC | H O'Connor (StHSut) | L/pool H&AC | J Mochler (Liv H) |
| 1997-98 | L/pool H&AC | K Wilson (LPS) | L/pool H&AC | L Michaelson (Liv H) |
| 1998-99 | L/pool H&AC | K Vogel (LPS) | L/pool H&AC | L Doyle (Wirral) |
| 1999-00 | L/pool H&AC | M Adams (Liv H) | L/pool H&AC | K Vogel (LPS) |
| 2000-01 | L/pool H&AC | M Ronan (Liv H) | L/pool H&AC | R Thompson (Liv H) |
| 2001-02 | L/pool H&AC | M Ronan (Liv H) | L/pool H&AC | L Quine (Liv H) |
| 2002-03 | L/pool H&AC | S James (SWAC) | L/pool H&AC | M Ronan (Liv H) |
| 2003-04 | L/pool H&AC | R Ellis (SWAC) | L/pool H&AC | M Ronan (Liv H) |
| 2004-05 | L/pool H&AC | M Davies (Liv H) | L/pool H&AC | R Ellis (SWAC) |
| 2005-06 | L/pool H&AC | L Towers (Liv H) | L/pool H&AC | R Ellis (SWAC) |
| 2006-07 | L/pool H&AC | H Whiteside (Liv H) | L/pool H&AC | R Linney (Liv H) |
| 2007-08 | L/pool H&AC | B Tynan (Liv H) | Wirral AC | R Linney (Liv H) |
| 2008-09 | L/pool H&AC | C Jarvis (StHSut) | L/pool H&AC | H Tarver (Wirral) |
| 2010-11 | L/pool H&AC | S Tarver (Wirral) | L/pool H&AC | R Burton (Liv H) |
| 2011-12 | Wirral AC | B Strange (Liv H) | L/pool H&AC | R Johnson (LPS) |
| 2012-13 | L/pool H&AC | B Strange (Liv H) | L/pool H&AC | R Johnson (LPS) |
| 2013-14 | L/pool H&AC | L Miller (Liv H) | L/pool H&AC | E Gray (Liv H) |
| 2014-15 | L/pool H&AC | E McNiven (Liv H) | L/pool H&AC | E Gray (Liv H) |
| 2015-16 | L/pool H&AC | E-M Kearney (Wirral) | L/pool H&AC | E McNiven (Liv H) |
| 2016-17 | S/port Waterloo AC | F O'Hare (Liv H) | L/pool H&AC | E McNiven (Liv H) |
| 2017-18 | L/pool H&AC | H Bain (Liv H) | Wirral AC | F O'Hare (Liv H) |

| Year | U17/20 Women Team Harry Shiers Trophy | U17 Women Individual | U20 Women Individual |
|-------------|--|-----------------------------|-----------------------------|
| 1992-93 | L/pool H&AC * | C Swift (Liv H) | No race ** |
| 1993-94 | Wirral AC | H Lawrence (Wirral) | L Carney (Liv H) |
| 1994-95 | L/pool H&AC | D Adams (Liv H) | L Carney (Liv H) |
| 1995-96 | L/pool H&AC | K Upton (Liv H) | C Smith (Liv H) |
| 1996-97 | L/pool H&AC | J Shorthall (Liv H) | E Ford (Liv H) |
| 1997-98 | L/pool H&AC | L Vernon (Liv H) | K Upton (Liv H) |
| 1998-99 | L/pool H&AC | L Michaelson (Liv H) | J Shorthall (Liv H) |
| 1999-00 | L/pool H&AC | C Terry (Liv H) | S Bullock (Liv H) |
| 2000-01 | L/pool Pemb&Sef AC | M Barrett (LPS) | H Flett (Liv H) |
| 2001-02 | L/pool H&AC | R Thompson (Liv H) | E Yavari (Wirral) |
| 2002-03 | L/pool H&AC | R Thompson (Liv H) | L Doyle (LPS) |
| 2003-04 | L/pool H&AC | E Halsall (LPS) | L Davenport (StHSut) |
| 2004-05 | L/pool H&AC | M Ronan (Liv H) | M Barrett (LPS) |
| 2005-06 | L/pool H&AC | C O'Connell (Wirral) | S Sullivan (Wirral) |
| 2006-07 | L/pool H&AC | R Ellis (SWAC) | J Pybis (Liv H) |
| 2007-08 | Wirral AC | R Ellis (SWAC) | C O'Connell (Wirral) |
| 2008-09 | Wirral AC | R Linney (Liv H) | R Ellis (LPS) |
| 2010-11 | L/pool H&AC | H Tarver (Wirral) | J Girdler (S/WAC) |
| 2011-12 | L/pool H&AC | K Walker (Liv H) | H Whiteside (Liv H) |
| 2012-13 | Wirral AC | E Kearney (Wirral) | H Tarver (Wirral) |
| 2013-14 | L/pool H&AC | R Johnson (LPS) | R Donohue (Liv H) |
| 2014-15 | Wirral AC | R Johnson (LPS) | E Kearney (Wirral) |
| 2015-16 | No Team closed | B Strange (Liv H) | R Johnson (LPS) |
| 2016-17 | L/pool H&AC | J Cook (Liv H) | S Tarver (Wirral) |
| 2017-18 | L/pool H&AC | E McNiven (Liv H) | A Oliver (Liv H) |

* U17 team only ** U20s ran with Senior Women

Senior Men

| Year | Team Lewis's Cup | Individual | Vet 40-49 | Vet Over 50 |
|-------------|-----------------------------|----------------------|---------------------|----------------------|
| 1992-93 | L/pool Pembroke | M McLoughlin (L Pem) | No award | No award |
| 1993-94 | L/pool Pembroke | P Fearnley (WarrAC) | M McDevitt (Wirral) | P Lonsdale (Wallsy) |
| 1994-95 | L/pool Pembroke | M McLoughlin (L Pem) | M Girvan (WarrAC) | J Cottrell (Wallsy) |
| 1995-96 | L/pool Pem&Sef AC | M McLoughlin (LPS) | M McDevitt (Wirral) | F Davies (Liv H) |
| 1996-97 | L/pool H&AC | M McLoughlin (LPS) | M McDevitt (WarrAC) | S James (S/WAC) |
| 1997-98 | L/pool H&AC | G Ellis (Liv H) | M McDevitt (WarrAC) | S James (S/WAC) |
| 1998-99 | L/pool Pem&Sef AC | G Ellis (Liv H) | M Girvan (WarrAC) | C Slavin (LRC) |
| 1999-00 | L/pool Pem&Sef AC | P Howarth (Wirral) | M McDevitt (WarrAC) | B Hargreaves (Liv H) |
| 2000-01 | L/pool H&AC | A O'Connor (Liv H) | M Girvan (WarrAC) | P Bailey (S/WAC) |
| 2001-02 | L/pool H&AC | P Walsh (Liv H) | P Quine (Liv H) | P Bailey (S/WAC) |
| 2002-03 | L/pool H&AC | A O'Connor (Liv H) | D Edwards (LRC) | M McDevitt (Wirral) |
| 2003-04 | Wirral A C | R Burney (Liv H) | K Buxton (Wirral) | S James (S/WAC) |
| 2004-05 | L/pool H&AC | R Burney (Liv H) | P Scarrett (Wirral) | M McDevitt (Wirral) |
| 2005-06 | L/pool H&AC | R Berry (S/WAC) | P Scarrett (Wirral) | M McDevitt (Wirral) |
| 2006-07 | L/pool H&AC | P McGlory (Liv H) | J Hunt (Wirral) | G Cairns (LPS) |
| 2007-08 | L/pool H&AC | R Burney (Liv H) | B Murphy (LPS) | C Pedder (LPS) |
| 2008-09 | L/pool H&AC | S Mills (Sale H) | B Murtphy (LPS) | G Cairns (LPS) |
| 2010-11 | L/pool H&AC | J Mellor (Liv H) | J Hunt (Wirral) | C Pedder (LPS) |
| 2011-12 | L/pool H&AC | J Mellor (Liv H) | M Thompson (S/WAC) | P Quine (Liv H) |
| 2012-13 | Wirral A C | B Jones (Wirral) | M Thompson (S/WAC) | K Buxton (Wirral) |
| 2013-14 | L/pool H&AC | R Burney (Liv H) | M Keeley (Liv H) | K Buxton (Wirral) |
| 2014-15 | L/pool H&AC | R Burney (Liv H) | J Heap (Hallam) | G Callaghan (LPS) |
| 2015-16 | L/pool H&AC | D Gezimu (Liv H) | M Wynne * (LPS) | G English (LRC) |
| 2016-17 | S/port Waterloo AC | D Gezimu (Liv H) | - ** | - ** |
| 2017-18 | L/pool H&AC | R Burney (Liv H) | - ** | - ** |

* M Thompson (SWAC, M40) was awarded 3rd overall

** New veteran categories were introduced from the 2016-17 season

Senior Men Veteran Awards

| Year | MV35 | MV45 | MV55 | MV65 |
|-------------|------------------|--------------------|-------------------|----------------|
| 2016-17 | R Burney (Liv H) | D Hamilton (S/WAC) | T Barbat (Wallsy) | A Gow (Pensby) |
| 2017-18 | R Burney (Liv H) | K Usher (LPS) | T Barbat (Wallsy) | A Gow (Pensby) |

Senior Women

| Year | Team Roy Berrington Cup | Individual | Vet 35-44 | Vet Over 45 |
|-------------|--------------------------------|-------------------------|-----------------------|------------------------|
| 1992-93 | L/pool Pembroke | J Clague (Liv H) | No award | No award |
| 1993-94 | L/pool H&AC | A Griffiths (Sale H) | M McKenzie (LRC) | A Keenan (Liv H) |
| 1994-95 | L/pool H&AC | A Griffiths (Sale H) | M McKenzie (LRC) | K Grogan (S Liv) |
| 1995-96 | L/pool H&AC | J Colleran (Liv H) | V Langley (StHSut) | C Cutner (SWAC) |
| 1996-97 | L/pool H&AC | J Colleran (Liv H) | V Langley (StHSut) | L Danson (Wirral) |
| 1997-98 | L/pool H&AC | J Colleran (Liv H) | B Woods (LPS) | C Fitzsimmons (StHSut) |
| 1998-99 | Wirral AC | A Griffiths (Sale) | G Darby (LPS) | E Giblin (S Liv) |
| 1999-00 | L/pool H&AC | H Lawrence (Wirral) | S Crehan (Sale H) | S Cooper (SWAC) |
| 2000-01 | L/pool H&AC | E Ford (Liv H) | J Taylor (Liv H) | S Cooper (SWAC) |
| 2001-02 | L/pool H&AC | H Lawrence (Wirral) | S Singleton (Liv H) | S Cooper (SWAC) |
| 2002-03 | L/pool H&AC | J Clague (Liv H) | A Hewitt (Wirral) | C Nevin (PLS) |
| 2003-04 | Wirral A C | H Lawrence (Wirral) | J Rothwell (Liv H) | S Cooper (SWAC) |
| 2004-05 | L/pool H&AC | H Lawrence (Wirral) | C Murphy (Liv H) | S Cooper (SWAC) |
| 2005-06 | L/pool H&AC | G Laithwaite * (StHSut) | A Egginton (SWAC) | S Cooper (SWAC) |
| 2006-07 | L/pool H&AC | G Laithwaite * (StHSut) | J Fox (Wirral) | S Cooper (SWAC) |
| 2007-08 | S/port Waterloo AC | J Clague (Liv H) | J Fox (Wirral) | S Cooper (SWAC) |
| 2008-09 | L/pool H&AC | A Crook (SWAC) | L Hogg (StHSut) | S Cooper (SWAC) |
| 2010-11 | L/pool H&AC | M Barrett (Liv H) | S Kearney (Wirral) | R Isaacs (Pensby) |
| 2011-12 | L/pool H&AC | K Longley * (LPS) | S Kearney (Wirral) | M Murphy (Liv H) |
| 2012-13 | L/pool H&AC | A Crook (SWAC) | K Longley (LPS) | M Murphy (Liv H) |
| 2013-14 | L/pool H&AC | K Longley * (LPS) | C Constable (SWAC) | C Puccini (PLS) |
| 2014-15 | L/pool H&AC | S Whiteside (Liv H) | C Constable (LPS) | M Murphy (Liv H) |
| 2015-16 | L/pool H&AC | R Burns * (Liv H) | S Kearney ** (Wirral) | M Murphy (Liv H) |
| 2016-17 | L/pool H&AC | R Burns (Liv H) | - *** | - *** |
| 2017-18 | L/pool H&AC | K Longley * (LPS) | - *** | - *** |

* G Laithwaite, K Longley and R Burns were in the F35 age group when they won the title

** K Longley (LPS, F35) was awarded 3rd overall

*** New veteran categories were introduced from the 2016-17 season

Senior Women Veteran Awards

| Year | LV35 | LV45 | LV55 | LV65 |
|-------------|-----------------|----------------------|---------------------|-------------|
| 2016-17 | R Burns (Liv H) | M Murphy (Liv H) | M Rees (Wallsy) | No award |
| 2017-18 | K Longley (LPS) | A Rosbottom (Wirral) | R Saunders (Wallsy) | No award |

Medal Tables – Team Titles

| Male | | Female | |
|-----------------------|----|-----------------------|----|
| Liverpool H&AC | 51 | Liverpool H&AC | 84 |
| Wirral A C | 43 | Wirral A C | 11 |
| L/pool Pem & Sef AC * | 22 | Southport Waterloo AC | 3 |
| Southport Waterloo AC | 3 | L/pool Pem & Sef AC * | 2 |
| St Helens Sutton AC | 2 | | |

Medal Tables – Individual Titles (including Veteran awards***)

| Male | | Female | |
|-----------------------|----|-----------------------|----|
| Liverpool H&AC | 55 | Liverpool H&AC | 81 |
| Wirral A C | 47 | Wirral AC | 26 |
| L/pool Pem & Sef AC * | 27 | Southport Waterloo AC | 23 |
| Southport Waterloo AC | 15 | L/pool Pem & Sef AC * | 21 |
| St Helens Sutton AC | 8 | St Helens Sutton AC | 9 |
| Warrington A C | 8 | Sale H | 4 |
| Wallasey A C | 5 | Liverpool RC | 2 |
| Liverpool R C | 3 | Mossley Hill AC ** | 2 |
| Pensby Runners | 2 | Penny Lane Striders | 2 |
| Hallamshire Harriers | 1 | Wallasey AC | 2 |
| Leigh H | 1 | Pensby Runners | 1 |
| Sale H | 1 | Wigan & District H | 1 |
| | | | |

* Includes the Liverpool Pembroke medals prior to amalgamation with Sefton Harriers

** Medals won when Mossley Hill AC were called South Liverpool AC

*** New Veteran age category awards were introduced from 2016-17)

Venues and Finishing Numbers

| <i>Year</i> | <i>Venue</i> | <i>Number of Male finishers</i> | <i>Number of Female finishers</i> |
|-------------|-----------------------|---------------------------------|-----------------------------------|
| 1992-93 | Clarke Gardens | 264 | 129 |
| 1993-94 | Croxteth Country Park | 224 | 102 |
| 1994-95 | Sherdley Park | 216 | 99 |
| 1995-96 | Arrowe Park | 248 | 102 |
| 1996-97 | Clarke Gardens | 204 | 95 |
| 1997-98 | Croxteth Country Park | 238 | 109 |
| 1998-99 | Sherdley Park | 177 | 86 |
| 1999-00 | Arrowe Park | 175 | 92 |
| 2000-01 | Clarke Gardens | 180 | 87 |
| 2001-02 | Sherdley Park | 161 | 100 |
| 2002-03 | Croxteth Country Park | 177 | 111 |
| 2003-04 | Stadt Moers Park | 168 | 83 |
| 2004-05 | Arrowe Park | 172 | 91 |

| Year | Venue | Number of Male finishers | Number of Female finishers |
|-------------|------------------------------------|---------------------------------|-----------------------------------|
| 2005-06 | Wavertree | 172 | 91 |
| 2006-07 | Croxteth Country Park | 194 | 101 |
| 2007-08 | Sherdley Park | 164 | 94 |
| 2008-09 | Arrowe Park | 178 | 91 |
| 2009-10 | Event cancelled due to bad weather | | |
| 2010-11 | Stadt Moers Park | 169 | 92 |
| 2011-12 | Sherdley Park | 208 * | 87 * |
| 2012-13 | Arrowe Park | 172 * | 87 * |
| 2013-14 | Stadt Moers Park | 174 * | 102 * |
| 2014-15 | Sherdley Park | 165 * | 86 * |
| 2015-16 | Arrowe Park | 218 * | 122 * |
| 2016-17 | Sherdley Park | 192 * | 147 * |
| 2017-18 | Arrowe Park | 196 * | 127 * |

* For comparison with earlier years, the numbers in the year 9 &10 race has been excluded.