

Merseyside County AA Cross Country Champions

The first Cross Country Championships of MCAA took place at Clarke Gardens, Allerton, on December 12th, 1992. In season 1998-99, the event moved to January. The Championship in season 2009-10 was cancelled due to adverse weather conditions.

Year	U13 Boys Team Eddie McCartney Cup	U 13 Boys Individual	U15 Boys Team George Rice Trophy	U15 Boys Individual
1992-93	L/pool Pemb AC	A Shannon (Liv H)	Wirral AC	R Burke (S/WAC)
1993-94	Wirral AC	A Brabin (Wirral)	L/pool H&AC	D Moore (Liv H)
1994-95	Wirral AC	M Bate (Liv H)	Wirral AC	W Goudie (Wirral)
1995-96	Wirral AC	S Charlton (Wirral)	Wirral AC	W Goudie (Wirral)
1996-97	L/pool H&AC	A Spencer (LPS)	L/pool H&AC	S Edwards (Wirral)
1997-98	Wirral AC	R Smith (Wirral)	L/pool Pemb&Sef AC	D Harris (LPS)
1998-99	S/port Waterloo AC	M Rimmer (S/WAC)	Wirral AC	P Hennessey (Liv H)
1999-00	L/pool H&AC	T Michaelson (Liv H)	Wirral AC	R Smith (Wirral)
2000-01	L/pool H&AC	K Hesketh (Wallsy)	L/pool H&AC	B Jones (Wirral)
2001-02	L/pool H&AC	C Gunderson (Liv H)	L/pool H&AC	P McHugh (Liv H)
2002-03	St Helens Sut AC	P Cummins (Liv H)	L/pool H&AC	C Hoy (Liv H)
2003-04	St Helens Sut AC	S Duckers (Wirral)	L/pool H&AC	J Fargher (StHSut)
2004-05	L/pool H&AC	J Healy (StHSut)	Wirral AC	D Forrester (StHSut)
2005-06	Wirral AC	M Bride (LPS)	L/pool H&AC	D Connolly (Liv H)
2006-07	Wirral AC	M Jeffers (Wirral)	L/pool Pemb&Sef AC	D Forrester (StHSut)
2007-08	L/pool H&AC	J Christie (Liv H)	Wirral AC	M Jeffers (Wirral)
2008-09	Wirral AC	L Ellis (S/WAC)	Wirral AC	M Jeffers (Wirral)
2010-11	L/pool H &AC	A Moorcroft (Liv H)	S/port Waterloo A C	M Shirling (StHSut)
2011-12	L/pool H&AC	T Rogerson (Liv H)	Wirral AC	M Wigelsworth (Warr)
2012-13	Wirral AC	J Wigfield (Wirral)	L/pool H&AC	T Clarke (Liv H)
2013-14	Wirral AC	K RobinsonMurray (LPS)	L/pool H&AC	D Slater (LPS)
2014-15	Wirral AC	J Quarmby (Wirral)	Wirral AC	D Slater (LPS)
2015-16	Wirral AC	L Johnston (Wirral)	Wirral AC	M Brame (Liv H)
2016-17	L/pool H&AC	C Teare (Liv H)	L/pool H&AC	L Johnston (Wirral)
2017-18	Wirral AC	A Poulston (Wirral)	Wirral AC	L Johnston (Wirral)
2018-19	L/pool H&AC	A Poulston (Wirral)	Wirral AC	D Haines (Wirral)
2019-20	Wirral AC	O Kearney (Wirral)	Wirral AC	W Strickley (Wirral)

Year	U17 Men Team Rachel Finney Cup	U17 Men Individual	U20 Men Team H M Finney Cup	U20 Men Individual
1992-93	Wirral AC	B Reese (Wirral)	Wirral AC	C Yates (Wirral)
1993-94	Wirral AC	I Edwards (StHSut)	Wirral AC	K Wright (LeighH)
1994-95	L/pool Pembroke	R Burke (S/W AC)	Wirral AC	B Reese (Wirral)
1995-96	L/pool Pemb&Sef AC	C Lindesay (Wirral)	L/pool Pemb&Sef AC	P McGuinness (Liv H)
1996-97	L/pool Pemb&Sef AC	L Sanders (LPS)	Wirral AC	C Lindesay (Wirral)
1997-98	Wirral AC	A Brabin (Wirral)	Wirral AC	P Howarth (Wirral)
1998-99	Wirral AC	L Russell (Wirral)	L/pool H&AC	C Lindesay (Wirral)
1999-00	L/pool H&AC	P McGlory (Liv H)	L/pool H&AC	J Rice (LPS)
2000-01	L/pool H&AC	P McGlory (Liv H)	L/pool H&AC	J Rice (LPS)
2001-02	L/pool Pemb&Sef AC	B Jones (LPS)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2002-03	L/pool Pemb&Sef AC	B Jones (LPS)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2003-04	Wirral AC	Peers (Wirral)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2004-05	L/pool H&AC	A Peers (Wirral)	L/pool H&AC	S Mayers (StHSut)
2005-06	L/pool H&AC	D Forrester (StHSut)	No team closed	J Mellor (Liv H)
2006-07	Wirral AC	H Boyd (S/W AC)	L/pool H&AC	J Mellor (Liv H)
2007-08	Wirral AC	H Boyd (S/W AC)	L/pool H&AC	A Peers (Liv H)
2008-09	L/pool Pemb&Sef AC	D Forrester (LPS)	L/pool H&AC	C Gunderson (Liv H)
2010-11	Wirral AC	N Jones (Wirral)	L/pool Pemb&Sef AC	T Loveridge (LPS)
2011-12	L/pool H&AC	O Sharp (Wirral)	L/pool Pemb&Sef AC	T Loveridge (LPS)
2012-13	L/pool H&AC	D Jarvis (Liv H)	L/pool Pemb&Sef AC	J Vernon McGuigan(LPS)
2013-14	L/pool H&AC	A Sharif (Liv H)	No team closed	A Jarvis (Liv H)
2014-15	L/pool H&AC	J Taylor (Wirral)	L/pool H&AC	M Shirling (Liv H)
2015-16	Wirral AC	D Slater (LPS)	No team closed	R Evans (Liv H)
2016-17	Wirral AC	D Slater (LPS)	L/pool H&AC	A Jarvis (Liv H)
2017-18	Wirral AC	A Kearney (Wirral)	No team closed	D Slater (LPS)
2018-19	No team closed	L Johnston (Wirral)	No team closed	J Wigfield (Wirral)
2019-20	L/pool H&AC	C Roberts (StHSut)	Wirral AC	J Niven (LPS)

Year	U13 Girls Team Bob Roberts Cup	U13 Girls Individual	U15 Girls Team Kirkby Trophy	U15 Girls Individual
1992-93	L/pool H&AC	H Evans (Liv H)	L/pool H&AC	D Adams (Liv H)
1993-94	L/pool H&AC	M Whalley (Wigan)	L/pool H&AC	D Adams (Liv H)
1994-95	S/port Waterloo AC	C Terry (S/WAC)	L/pool H&AC	J Shortall (Liv H)
1995-96	L/pool H&AC	C Terry (S/WAC)	L/pool H&AC	J Mochler (Liv H)
1996-97	L/pool H&AC	H O'Connor (StHSut)	L/pool H&AC	J Mochler (Liv H)
1997-98	L/pool H&AC	K Wilson (LPS)	L/pool H&AC	L Michaelson (Liv H)
1998-99	L/pool H&AC	K Vogel (LPS)	L/pool H&AC	L Doyle (Wirral)
1999-00	L/pool H&AC	M Adams (Liv H)	L/pool H&AC	K Vogel (LPS)
2000-01	L/pool H&AC	M Ronan (Liv H)	L/pool H&AC	R Thompson (Liv H)
2001-02	L/pool H&AC	M Ronan (Liv H)	L/pool H&AC	L Quine (Liv H)
2002-03	L/pool H&AC	S James (S/WAC)	L/pool H&AC	M Ronan (Liv H)
2003-04	L/pool H&AC	R Ellis (S/WAC)	L/pool H&AC	M Ronan (Liv H)
2004-05	L/pool H&AC	M Davies (Liv H)	L/pool H&AC	R Ellis (S/WAC)
2005-06	L/pool H&AC	L Towers (Liv H)	L/pool H&AC	R Ellis (S/WAC)
2006-07	L/pool H&AC	H Whiteside (Liv H)	L/pool H&AC	R Linney (Liv H)
2007-08	L/pool H&AC	B Tynan (Liv H)	Wirral AC	R Linney (Liv H)
2008-09	L/pool H&AC	C Jarvis (StHSut)	L/pool H&AC	H Tarver (Wirral)
2010-11	L/pool H&AC	S Tarver (Wirral)	L/pool H&AC	R Burton (Liv H)
2011-12	Wirral AC	B Strange (Liv H)	L/pool H&AC	R Johnson (LPS)
2012-13	L/pool H&AC	B Strange (Liv H)	L/pool H&AC	R Johnson (LPS)
2013-14	L/pool H&AC	L Miller (Liv H)	L/pool H&AC	E Gray (Liv H)
2014-15	L/pool H&AC	E McNiven (Liv H)	L/pool H&AC	E Gray (Liv H)
2015-16	L/pool H&AC	E-M Kearney (Wirral)	L/pool H&AC	E McNiven (Liv H)
2016-17	S/port Waterloo AC	F O'Hare (Liv H)	L/pool H&AC	E McNiven (Liv H)
2017-18	L/pool H&AC	H Bain (Liv H)	Wirral AC	F O'Hare (Liv H)
2018-19	L/pool H&AC	S Fludger (WESPA)	Wirral AC	O Logan (S/WAC)
2019-20	Wirral AC	M Hoshiko (Wirral)	L/pool H&AC	K Brady-Jones (Wirral)

Year	U17/20 Women Team Harry Shiers Trophy	U17 Women Individual	U20 Women Individual
1992-93	L/pool H&AC *	C Swift (Liv H)	No race **
1993-94	Wirral AC	H Lawrence (Wirral)	L Carney (Liv H)
1994-95	L/pool H&AC	D Adams (Liv H)	L Carney (Liv H)
1995-96	L/pool H&AC	K Upton (Liv H)	C Smith (Liv H)
1996-97	L/pool H&AC	J Shorthall (Liv H)	E Ford (Liv H)
1997-98	L/pool H&AC	L Vernon (Liv H)	K Upton (Liv H)
1998-99	L/pool H&AC	L Michaelson (Liv H)	J Shorthall (Liv H)
1999-00	L/pool H&AC	C Terry (Liv H)	S Bullock (Liv H)
2000-01	L/pool Pemb&Sef AC	M Barrett (LPS)	H Flett (Liv H)
2001-02	L/pool H&AC	R Thompson (Liv H)	E Yavari (Wirral)
2002-03	L/pool H&AC	R Thompson (Liv H)	L Doyle (LPS)
2003-04	L/pool H&AC	E Halsall (LPS)	L Davenport (StHSut)
2004-05	L/pool H&AC	M Ronan (Liv H)	M Barrett (LPS)
2005-06	L/pool H&AC	C O'Connell (Wirral)	S Sullivan (Wirral)
2006-07	L/pool H&AC	R Ellis (SWAC)	J Pybis (Liv H)
2007-08	Wirral AC	R Ellis (SWAC)	C O'Connell (Wirral)
2008-09	Wirral AC	R Linney (Liv H)	R Ellis (LPS)
2010-11	L/pool H&AC	H Tarver (Wirral)	J Girdler (SWAC)
2011-12	L/pool H&AC	K Walker (Liv H)	H Whiteside (Liv H)
2012-13	Wirral AC	E Kearney (Wirral)	H Tarver (Wirral)
2013-14	L/pool H&AC	R Johnson (LPS)	R Donohue (Liv H)
2014-15	Wirral AC	R Johnson (LPS)	E Kearney (Wirral)
2015-16	No Team closed	B Strange (Liv H)	R Johnson (LPS)
2016-17	L/pool H&AC	J Cook (Liv H)	S Tarver (Wirral)
2017-18	L/pool H&AC	E McNiven (Liv H)	A Oliver (Liv H)
2018-19	L/pool H&AC	I Hodder (Wirral)	J Hodder (Wirral)
2019-20	Wirral AC	O Logan (SWAC)	E McNiven (Liv H)

* U17 team only ** U20s ran with Senior Women

Senior Men

Year	Team Lewis's Cup	Individual	Vet 40-49	Vet Over 50
1992-93	L/pool Pembroke	M McLoughlin (L Pem)	No award	No award
1993-94	L/pool Pembroke	P Fearnley (WarrAC)	M McDevitt (Wirral)	P Lonsdale (Wallsy)
1994-95	L/pool Pembroke	M McLoughlin (L Pem)	M Girvan (WarrAC)	J Cottrell (Wallsy)
1995-96	L/pool Pem&Sef AC	M McLoughlin (LPS)	M McDevitt (Wirral)	F Davies (Liv H)
1996-97	L/pool H&AC	M McLoughlin (LPS)	M McDevitt (WarrAC)	S James (SWAC)
1997-98	L/pool H&AC	G Ellis (Liv H)	M McDevitt (WarrAC)	S James (SWAC)
1998-99	L/pool Pem&Sef AC	G Ellis (Liv H)	M Girvan (WarrAC)	C Slavin (LRC)
1999-00	L/pool Pem&Sef AC	P Howarth (Wirral)	M McDevitt (WarrAC)	B Hargreaves (Liv H)
2000-01	L/pool H&AC	A O'Connor (Liv H)	M Girvan (WarrAC)	P Bailey (SWAC)
2001-02	L/pool H&AC	P Walsh (Liv H)	P Quine (Liv H)	P Bailey (SWAC)
2002-03	L/pool H&AC	A O'Connor (Liv H)	D Edwards (LRC)	M McDevitt (Wirral)
2003-04	Wirral A C	R Burney (Liv H)	K Buxton (Wirral)	S James (SWAC)
2004-05	L/pool H&AC	R Burney (Liv H)	P Scarrett (Wirral)	M McDevitt (Wirral)
2005-06	L/pool H&AC	R Berry (SWAC)	P Scarrett (Wirral)	M McDevitt (Wirral)
2006-07	L/pool H&AC	P McGlory (Liv H)	J Hunt (Wirral)	G Cairns (LPS)
2007-08	L/pool H&AC	R Burney (Liv H)	B Murphy (LPS)	C Pedder (LPS)
2008-09	L/pool H&AC	S Mills (Sale H)	B Murphey (LPS)	G Cairns (LPS)
2010-11	L/pool H&AC	J Mellor (Liv H)	J Hunt (Wirral)	C Pedder (LPS)
2011-12	L/pool H&AC	J Mellor (Liv H)	M Thompson (SWAC)	P Quine (Liv H)
2012-13	Wirral A C	B Jones (Wirral)	M Thompson (SWAC)	K Buxton (Wirral)
2013-14	L/pool H&AC	R Burney (Liv H)	M Keeley (Liv H)	K Buxton (Wirral)
2014-15	L/pool H&AC	R Burney (Liv H)	J Heap (Hallam)	G Callaghan (LPS)
2015-16	L/pool H&AC	D Gezimu (Liv H)	M Wynne * (LPS)	G English (LRC)
2016-17	S/port Waterloo AC	D Gezimu (Liv H)	- **	- **
2017-18	L/pool H&AC	R Burney (Liv H)	- **	- **
2018-19	L/pool H&AC	D Gezimu (Liv H)	- **	- **
2019-20	L/pool H&AC	P Robertson (Sale H)	- **	- **

* M Thompson (SWAC, M40) was awarded 3rd overall

** New veteran categories were introduced from the 2016-17 season

Senior Men Veteran Awards

Year	MV35	MV45	MV55	MV65
2016-17	R Burney (Liv H)	D Hamilton (SWAC)	T Barbat (Wallsy)	A Gow (Pensby)
2017-18	R Burney (Liv H)	K Usher (LPS)	T Barbat (Wallsy)	A Gow (Pensby)
2018-19	R Burney (Liv H)	R Pearse (Wallsy)	J Greenall (StHSut)	T Burke (PLS)
2019-20	R Burney (Liv H)	K Usher (LPS)	J Sprackland (SWAC)	A Gow (Pensby)

Senior Women

Year	Team Roy Berrington Cup	Individual	Vet 35-44	Vet Over 45
1992-93	L/pool Pembroke	J Clague (Liv H)	No award	No award
1993-94	L/pool H&AC	A Griffiths (Sale H)	M McKenzie (LRC)	A Keenan (Liv H)
1994-95	L/pool H&AC	A Griffiths (Sale H)	M McKenzie (LRC)	K Grogan (S Liv)
1995-96	L/pool H&AC	J Colleran (Liv H)	V Langley (StHSut)	C Cutner (SWAC)
1996-97	L/pool H&AC	J Colleran (Liv H)	V Langley (StHSut)	L Danson (Wirral)
1997-98	L/pool H&AC	J Colleran (Liv H)	B Woods (LPS)	C Fitzsimmons (StHSut)
1998-99	Wirral AC	A Griffiths (Sale)	G Darby (LPS)	E Giblin (S Liv)
1999-00	L/pool H&AC	H Lawrence (Wirral)	S Crehan (Sale H)	S Cooper (SWAC)
2000-01	L/pool H&AC	E Ford (Liv H)	J Taylor (Liv H)	S Cooper (SWAC)
2001-02	L/pool H&AC	H Lawrence (Wirral)	S Singleton (Liv H)	S Cooper (SWAC)
2002-03	L/pool H&AC	J Clague (Liv H)	A Hewitt (Wirral)	C Nevin (PLS)
2003-04	Wirral AC	H Lawrence (Wirral)	J Rothwell (Liv H)	S Cooper (SWAC)
2004-05	L/pool H&AC	H Lawrence (Wirral)	C Murphy (Liv H)	S Cooper (SWAC)
2005-06	L/pool H&AC	G Laithwaite * (StHSut)	A Egginton (SWAC)	S Cooper (SWAC)
2006-07	L/pool H&AC	G Laithwaite * (StHSut)	J Fox (Wirral)	S Cooper (SWAC)
2007-08	S/port Waterloo AC	J Clague (Liv H)	J Fox (Wirral)	S Cooper (SWAC)
2008-09	L/pool H&AC	A Crook (SWAC)	L Hogg (StHSut)	S Cooper (SWAC)
2010-11	L/pool H&AC	M Barrett (Liv H)	S Kearney (Wirral)	R Isaacs (Pensby)
2011-12	L/pool H&AC	K Longley * (LPS)	S Kearney (Wirral)	M Murphy (Liv H)
2012-13	L/pool H&AC	A Crook (SWAC)	K Longley (LPS)	M Murphy (Liv H)
2013-14	L/pool H&AC	K Longley * (LPS)	C Constable (SWAC)	C Puccini (PLS)
2014-15	L/pool H&AC	S Whiteside (Liv H)	C Constable (LPS)	M Murphy (Liv H)
2015-16	L/pool H&AC	R Burns * (Liv H)	S Kearney ** (Wirral)	M Murphy (Liv H)
2016-17	L/pool H&AC	R Burns (Liv H)	- ***	- ***
2017-18	L/pool H&AC	K Longley * (LPS)	- ***	- ***
2018-19	Wirral AC	K Longley * (LPS)	- ***	- ***
2019-20	Wirral AC	K Longley * (LPS)	- ***	- ***

* G Laithwaite, K Longley and R Burns were in the F35 age group when they won the title

** K Longley (LPS, F35) was awarded 3rd overall

*** New veteran categories were introduced from the 2016-17 season

Senior Women Veteran Awards

Year	LV35	LV45	LV55	LV65
2016-17	R Burns (Liv H)	M Murphy (Liv H)	M Rees (Wallsy)	No award
2017-18	K Longley (LPS)	A Rosbottom (Wirral)	R Saunders (Wallsy)	No award
2018-19	K Longley (LPS)	M Cooper (Wirral)	R Saunders (Wallsy)	M Rees (Wallsy)
2019-20	K Longley (LPS)	S Kearney (Wirral)	C James (SWAC)	M Rees (Wallsy)

Medal Tables – Team Titles

Male		Female	
Liverpool H&AC	55	Liverpool H&AC	87
Wirral A C	47	Wirral A C	16
L/pool Pem & Sef AC *	22	Southport Waterloo AC	3
Southport Waterloo AC	3	L/pool Pem & Sef AC *	2
St Helens Sutton AC	2		

Medal Tables – Individual Titles (including Veteran awards***)

Male		Female	
Liverpool H&AC	58	Liverpool H&AC	82
Wirral A C	53	Wirral AC	32
L/pool Pem & Sef AC *	29	Southport Waterloo AC	26
Southport Waterloo AC	16	L/pool Pem & Sef AC *	25
St Helens Sutton AC	10	St Helens Sutton AC	9
Warrington A C	8	Wallasey AC	5
Wallasey A C	6	Sale H	4
Liverpool R C	3	Liverpool RC	2
Pensby Runners	3	Mossley Hill AC **	2
Sale H	2	Penny Lane Striders	2
Penny Lane Striders	1	Pensby Runners	1
Hallamshire Harriers	1	Wigan & District H	1
Leigh H	1	WESPA	1

* Includes the Liverpool Pembroke medals prior to amalgamation with Sefton Harriers

** Medals won when Mossley Hill AC were called South Liverpool AC

*** New Veteran age category awards were introduced from 2016-17

Venues and Finishing Numbers

<i>Year</i>	<i>Venue</i>	<i>Number of Male finishers</i>	<i>Number of Female finishers</i>	<i>Total finishers</i>
1992-93	Clarke Gardens	264	129	393
1993-94	Croxteth Country Park	224	102	326
1994-95	Sherdley Park	216	99	315
1995-96	Arrowe Park	248	102	350
1996-97	Clarke Gardens	204	95	299
1997-98	Croxteth Country Park	238	109	347
1998-99	Sherdley Park	177	86	263
1999-00	Arrowe Park	175	92	267
2000-01	Clarke Gardens	180	87	267
2001-02	Sherdley Park	161	100	261
2002-03	Croxteth Country Park	177	111	288
2003-04	Stadt Moers Park	168	83	251
2004-05	Arrowe Park	172	91	263

Year	Venue	Number of Male finishers	Number of Female finishers	Total finishers
2005-06	Wavertree	172	91	263
2006-07	Croxteth Country Park	194	101	295
2007-08	Sherdley Park	164	94	258
2008-09	Arrowe Park	178	91	269
2009-10	<i>Event cancelled due to bad weather</i>			-
2010-11	Stadt Moers Park	169	92	261
2011-12	Sherdley Park	208 *	87 *	295 *
2012-13	Arrowe Park	172 *	87 *	259 *
2013-14	Stadt Moers Park	174 *	102 *	276 *
2014-15	Sherdley Park	165 *	86 *	251 *
2015-16	Arrowe Park	218 *	122 *	340 *
2016-17	Sherdley Park	192 *	147 *	339 *
2017-18	Arrowe Park	196 *	127 *	323 *
2018-19	Sherdley Park	228 *	140 *	368 *
2019-20	Stadt Moers Park	222 *	159 *	381 *

* For comparison with earlier years, the numbers in the year 9 & 10 (U11) races have been excluded.