

## Merseyside County AA Cross Country Champions – 1992-2017

The first Cross Country Championships of MCAA took place at Clarke Gardens, Allerton, on December 12<sup>th</sup>, 1992. In season 1998-99, the event moved to January. The Championship in season 2009-10 was cancelled due to adverse weather conditions,

<b>Year</b>	<b>U13 Boys Team Eddie McCartney Cup</b>	<b>U 13 Boys Individual</b>	<b>U15 Boys Team George Rice Trophy</b>	<b>U15 Boys Individual</b>
1992-93	L/pool Pemb AC	A Shannon (Liv H)	Wirral AC	R Burke (S/WAC)
1993-94	Wirral AC	A Brabin (Wirral)	L/pool H&AC	D Moore (Liv H)
1994-95	Wirral AC	M Bate (Liv H)	Wirral AC	W Goudie (Wirral)
1995-96	Wirral AC	S Charlton (Wirral)	Wirral AC	W Goudie (Wirral)
1996-97	L/pool H&AC	A Spencer (LPS)	L/pool H&AC	S Edwards (Wirral)
1997-98	Wirral AC	R Smith (Wirral)	L/pool Pemb&Sef AC	D Harris (LPS)
1998-99	S/port Waterloo AC	M Rimmer (S/WAC)	Wirral AC	P Hennessey (Liv H)
1999-00	L/pool H&AC	T Michaelson (Liv H)	Wirral AC	R Smith (Wirral)
2000-01	L/pool H&AC	K Hesketh (Wallsy)	L/pool H&AC	B Jones (Wirral)
2001-02	L/pool H&AC	C Gunderson (Liv H)	L/pool H&AC	P McHugh (Liv H)
2002-03	St Helens Sut AC	P Cummins (Liv H)	L/pool H&AC	C Hoy (Liv H)
2003-04	St Helens Sut AC	S Duckers (Wirral)	L/pool H&AC	J Fargher (StHSut)
2004-05	L/pool H&AC	J Healy (StHSut)	Wirral AC	D Forrester (StHSut)
2005-06	Wirral AC	M Bride (LPS)	L/pool H&AC	D Connolly (Liv H)
2006-07	Wirral AC	M Jeffers (Wirral)	L/pool Pemb&Sef AC	D Forrester (StHSut)
2007-08	L/pool H&AC	J Christie (Liv H)	Wirral AC	M Jeffers (Wirral)
2008-09	Wirral AC	L Ellis (S/WAC)	Wirral AC	M Jeffers (Wirral)
2010-11	L/pool H &AC	A Moorcroft (Liv H)	S/port Waterloo A C	M Shirling (StHSut)
2011-12	L/pool H&AC	T Rogerson (Liv H )	Wirral AC	M Wigelsworth (Warr)
2012-13	Wirral AC	J Wigfield (Wirral)	L/pool H&AC	T Clarke (Liv H)
2013-14	Wirral AC	KRobinsonMurray (LPS)	L/pool H&AC	D Slater (LPS)
2014-15	Wirral AC	J Quarmby (Wirral)	Wirral AC	D Slater (LPS)
2015-16	Wirral AC	L Johnston (Wirral)	Wirral AC	M Brame (Liv H)
2016-17	L/pool H&AC	C Teare (Liv H)	L/pool H&AC	L Johnston (Wirral)

<b>Year</b>	<b>U17 Men Team Rachel Finney Cup</b>	<b>U17 Men Individual</b>	<b>U20 Men Team H M Finney Cup</b>	<b>U20 Men Individual</b>
1992-93	Wirral AC	B Reese (Wirral)	Wirral AC	C Yates (Wirral)
1993-94	Wirral AC	I Edwards (StHSut)	Wirral AC	K Wright (LeighH)
1994-95	L/pool Pembroke	R Burke (S/W AC)	Wirral AC	B Reese (Wirral )
1995-96	L/pool Pemb&Sef AC	C Lindesay (Wirral)	L/pool Pemb&Sef AC	P McGuinness (Liv H)
1996-97	L/pool Pemb&Sef AC	L Sanders (LPS)	Wirral AC	C Lindesay (Wirral)
1997-98	Wirral AC	A Brabin (Wirral)	Wirral AC	P Howarth (Wirral)
1998-99	Wirral AC	L Russell (Wirral)	L/pool H&AC	C Lindesay (Wirral)
1999-00	L/pool H&AC	P McGlory (Liv H)	L/pool H&AC	J Rice (LPS)
2000-01	L/pool H&AC	P McGlory (Liv H)	L/pool H&AC	J Rice (LPS)
2001-02	L/pool Pemb&Sef AC	B Jones (LPS)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2002-03	L/pool Pemb&Sef AC	B Jones (LPS)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2003-04	Wirral AC	Peers (Wirral)	L/pool Pemb&Sef AC	P McGlory (Liv H)
2004-05	L/pool H&AC	A Peers (Wirral)	L/pool H&AC	S Mayers (StHSut)
2005-06	L/pool H&AC	D Forrester (StHSut)	No team closed	J Mellor (Liv H)
2006-07	Wirral AC	H Boyd (S/W AC)	L/pool H&AC	J Mellor (Liv H)
2007-08	Wirral AC	H Boyd (S/W AC)	L/pool H&AC	A Peers (Liv H)
2008-09	L/pool Pemb&Sef AC	D Forrester (LPS)	L/pool H&AC	C Gunderson (Liv H)
2010-11	Wirral AC	N Jones (Wirral)	L/pool Pemb&Sef AC	T Loveridge (LPS)
2011-12	L/pool H&AC	O Sharp (Wirral)	L/pool Pemb&Sef AC	T Loveridge (LPS)
2012-13	L/pool H&AC	D Jarvis (Liv H)	L/pool Pemb&Sef AC	J Vernon McGuigan(LPS)
2013-14	L/pool H&AC	A Sharif (Liv H)	No team closed	A Jarvis (Liv H)
2014-15	L/pool H&AC	J Taylor (Wirral)	L/pool H&AC	M Shirling (Liv H)
2015-16	Wirral AC	D Slater (LPS)	No team closed	R Evans (Liv H)
2016-17	Wirral AC	D Slater (LPS)	L/pool H&AC	A Jarvis (Liv H)

<b>Year</b>	<b>U13 Girls Team Bob Roberts Cup</b>	<b>U13 Girls Individual</b>	<b>U15 Girls Team Kirkby Trophy</b>	<b>U15 Girls Individual</b>
1992-93	L/pool H&AC	H Evans (Liv H)	L/pool H&AC	D Adams (Liv H)
1993-94	L/pool H&AC	M Whalley (Wigan)	L/pool H&AC	D Adams (Liv H)
1994-95	S/port Waterloo AC	C Terry (SWAC)	L/pool H&AC	J Shortall (Liv H)
1995-96	L/pool H&AC	C Terry (SWAC)	L/pool H&AC	J Mochler (Liv H)
1996-97	L/pool H&AC	H O'Connor (StHSut)	L/pool H&AC	J Mochler (Liv H)
1997-98	L/pool H&AC	K Wilson (LPS)	L/pool H&AC	L Michaelson (Liv H)
1998-99	L/pool H&AC	K Vogel (LPS)	L/pool H&AC	L Doyle (Wirral)
1999-00	L/pool H&AC	M Adams (Liv H)	L/pool H&AC	K Vogel (LPS)
2000-01	L/pool H&AC	M Ronan (Liv H)	L/pool H&AC	R Thompson (Liv H)
2001-02	L/pool H&AC	M Ronan (Liv H)	L/pool H&AC	L Quine (Liv H)
2002-03	L/pool H&AC	S James (SWAC)	L/pool H&AC	M Ronan (Liv H)
2003-04	L/pool H&AC	R Ellis (SWAC)	L/pool H&AC	M Ronan (Liv H)
2004-05	L/pool H&AC	M Davies (Liv H)	L/pool H&AC	R Ellis (SWAC)
2005-06	L/pool H&AC	L Towers (Liv H)	L/pool H&AC	R Ellis (SWAC)
2006-07	L/pool H&AC	H Whiteside (Liv H)	L/pool H&AC	R Linney (Liv H)
2007-08	L/pool H&AC	B Tynan (Liv H)	Wirral AC	R Linney (Liv H)
2008-09	L/pool H&AC	C Jarvis (StHSut)	L/pool H&AC	H Tarver (Wirral)
2010-11	L/pool H&AC	S Tarver (Wirral)	L/pool H&AC	R Burton (Liv H)
2011-12	Wirral AC	B Strange (Liv H)	L/pool H&AC	R Johnson (LPS)
2012-13	L/pool H&AC	B Strange (Liv H)	L/pool H&AC	R Johnson (LPS)
2013-14	L/pool H&AC	L Miller (Liv H)	L/pool H&AC	E Gray (Liv H)
2014-15	L/pool H&AC	E McNiven (Liv H)	L/pool H&AC	E Gray (Liv H)
2015-16	L/pool H&AC	E-M Kearney (Wirral)	L/pool H&AC	E McNiven (Liv H)
2016-17	S/port Waterloo AC	F O'Hare (Liv H)	L/pool H&AC	E McNiven (Liv H)

<b>Year</b>	<b>U17/20 Women Team Harry Shiers Trophy</b>	<b>U17 Women Individual</b>	<b>U20 Women Individual</b>
1992-93	L/pool H&AC *	C Swift (Liv H)	No race **
1993-94	Wirral AC	H Lawrence (Wirral)	L Carney (Liv H)
1994-95	L/pool H&AC	D Adams (Liv H)	L Carney (Liv H)
1995-96	L/pool H&AC	K Upton (Liv H)	C Smith (Liv H)
1996-97	L/pool H&AC	J Shorthall (Liv H)	E Ford (Liv H)
1997-98	L/pool H&AC	L Vernon (Liv H)	K Upton (Liv H)
1998-99	L/pool H&AC	L Michaelson (Liv H)	J Shorthall (Liv H)
1999-00	L/pool H&AC	C Terry (Liv H)	S Bullock (Liv H)
2000-01	L/pool Pemb&Sef AC	M Barrett (LPS)	H Flett (Liv H)
2001-02	L/pool H&AC	R Thompson (Liv H)	E Yavari (Wirral)
2002-03	L/pool H&AC	R Thompson (Liv H)	L Doyle (LPS)
2003-04	L/pool H&AC	E Halsall (LPS)	L Davenport (StHSut)
2004-05	L/pool H&AC	M Ronan (Liv H)	M Barrett (LPS)
2005-06	L/pool H&AC	C O'Connell (Wirral)	S Sullivan (Wirral)
2006-07	L/pool H&AC	R Ellis (S/WAC)	J Pybis (Liv H)
2007-08	Wirral AC	R Ellis (S/WAC)	C O'Connell (Wirral)
2008-09	Wirral AC	R Linney (Liv H)	R Ellis (LPS)
2010-11	L/pool H&AC	H Tarver (Wirral)	J Girdler (S/WAC)
2011-12	L/pool H&AC	K Walker (Liv H)	H Whiteside (Liv H)
2012-13	Wirral AC	E Kearney (Wirral)	H Tarver (Wirral)
2013-14	L/pool H&AC	R Johnson (LPS)	R Donohue (Liv H)
2014-15	Wirral AC	R Johnson (LPS)	E Kearney (Wirral)
2015-16	No Team closed	B Strange (Liv H)	R Johnson (LPS)
2016-17	L/pool H&AC	J Cook (Liv H)	S Tarver (Wirral)

\* U17 team only \*\* U20s ran with Senior Women

### Senior Men

<b>Year</b>	<b>Team Lewis's Cup</b>	<b>Individual</b>	<b>Vet 40-49</b>	<b>Vet Over 50</b>
1992-93	L/pool Pembroke	M McLoughlin (L Pem)	No award	No award
1993-94	L/pool Pembroke	P Fearnley (WarrAC)	M McDevitt (Wirral)	P Lonsdale (Wallsy)
1994-95	L/pool Pembroke	M McLoughlin (L Pem)	M Girvan (WarrAC)	J Cottrell (Wallsy)
1995-96	L/pool Pem&Sef AC	M McLoughlin (LPS)	M McDevitt (Wirral)	F Davies (Liv H)
1996-97	L/pool H&AC	M McLoughlin (LPS)	M McDevitt (WarrAC)	S James (SWAC)
1997-98	L/pool H&AC	G Ellis (Liv H)	M McDevitt (WarrAC)	S James (SWAC)
1998-99	L/pool Pem&Sef AC	G Ellis (Liv H)	M Girvan (WarrAC)	C Slavin (LRC)
1999-00	L/pool Pem&Sef AC	P Howarth (Wirral)	M McDevitt (WarrAC)	B Hargreaves (Liv H)
2000-01	L/pool H&AC	A O'Connor (Liv H)	M Girvan (WarrAC)	P Bailey (SWAC)
2001-02	L/pool H&AC	P Walsh (Liv H)	P Quine (Liv H)	P Bailey (SWAC)
2002-03	L/pool H&AC	A O'Connor (Liv H)	D Edwards (LRC)	M McDevitt (Wirral)
2003-04	Wirral A C	R Burney (Liv H)	K Buxton (Wirral)	S James (SWAC)
2004-05	L/pool H&AC	R Burney (Liv H)	P Scarrett (Wirral)	M McDevitt (Wirral)
2005-06	L/pool H&AC	R Berry (S/WAC)	P Scarrett (Wirral)	M McDevitt (Wirral)
2006-07	L/pool H&AC	P McGlory (Liv H)	J Hunt (Wirral)	G Cairns (LPS)
2007-08	L/pool H&AC	R Burney (Liv H)	B Murphy (LPS)	C Pedder (LPS)
2008-09	L/pool H&AC	S Mills (Sale H)	B Murphey (LPS)	G Cairns (LPS)
2010-11	L/pool H&AC	J Mellor (Liv H)	J Hunt (Wirral)	C Pedder (LPS)
2011-12	L/pool H&AC	J Mellor (Liv H)	M Thompson (S/WAC)	P Quine (Liv H)
2012-13	Wirral A C	B Jones (Wirral)	M Thompson (S/WAC)	K Buxton (Wirral)
2013-14	L/pool H&AC	R Burney (Liv H)	M Keeley (Liv H)	K Buxton (Wirral)
2014-15	L/pool H&AC	R Burney (Liv H)	J Heap (Hallam)	G Callaghan (LPS)
2015-16	L/pool H&AC	D Gezimu (Liv H)	M Wynne * (LPS)	G English (LRC)
2016-17	S/port Waterloo AC	D Gezimu (Liv H)	- **	- **

\* M Thompson (SWAC, M40) was awarded 3rd overall

\*\* New veteran categories were introduced from the 2016-17 season

### Senior Men Veteran Awards

<b>Year</b>	<b>MV35</b>	<b>MV45</b>	<b>MV55</b>	<b>MV65</b>
2016-17	R Burney (Liv H)	D Hamilton (S/WAC)	T Barbat (Wallsy)	A Gow (Pensby)

### Senior Women

<b>Year</b>	<b>Team Roy Berrington Cup</b>	<b>Individual</b>	<b>Vet 35-44</b>	<b>Vet Over 45</b>
1992-93	L/pool Pembroke	J Clague (Liv H)	No award	No award
1993-94	L/pool H&AC	A Griffiths (Sale H)	M McKenzie (LRC)	A Keenan (Liv H)
1994-95	L/pool H&AC	A Griffiths (Sale H)	M McKenzie (LRC)	K Grogan (S Liv)
1995-96	L/pool H&AC	J Colleran (Liv H)	V Langley (StHSut)	C Cutner (SWAC)
1996-97	L/pool H&AC	J Colleran (Liv H)	V Langley (StHSut)	L Danson (Wirral)
1997-98	L/pool H&AC	J Colleran (Liv H)	B Woods (LPS)	C Fitzsimmons (StHSut)
1998-99	Wirral AC	A Griffiths (Sale)	G Darby (LPS)	E Giblin (S Liv)
1999-00	L/pool H&AC	H Lawrence (Wirral)	S Crehan (Sale H)	S Cooper (SWAC)
2000-01	L/pool H&AC	E Ford (Liv H)	J Taylor (Liv H)	S Cooper (SWAC)
2001-02	L/pool H&AC	H Lawrence (Wirral)	S Singleton (Liv H)	S Cooper (SWAC)
2002-03	L/pool H&AC	J Clague (Liv H)	A Hewitt (Wirral)	C Nevin (PLS)
2003-04	Wirral A C	H Lawrence (Wirral)	J Rothwell (Liv H)	S Cooper (SWAC)
2004-05	L/pool H&AC	H Lawrence (Wirral)	C Murphy (Liv H)	S Cooper (SWAC)
2005-06	L/pool H&AC	G Laithwaite * (StHSut)	A Egginton (SWAC)	S Cooper (SWAC)
2006-07	L/pool H&AC	G Laithwaite * (StHSut)	J Fox (Wirral)	S Cooper (SWAC)
2007-08	S/port Waterloo AC	J Clague (Liv H)	J Fox (Wirral)	S Cooper (SWAC)
2008-09	L/pool H&AC	A Crook (SWAC)	L Hogg (StHSut)	S Cooper (SWAC)
2010-11	L/pool H&AC	M Barrett (Liv H)	S Kearney (Wirral)	R Isaacs (Pensby)
2011-12	L/pool H&AC	K Longley * (LPS)	S Kearney (Wirral)	M Murphy (Liv H)
2012-13	L/pool H&AC	A Crook (SWAC)	K Longley (LPS)	M Murphy (Liv H)
2013-14	L/pool H&AC	K Longley * (LPS)	C Constable (SWAC)	C Puccini (PLS)
2014-15	L/pool H&AC	S Whiteside (Liv H)	C Constable (LPS)	M Murphy (Liv H)
2015-16	L/pool H&AC	R Burns * (Liv H)	S Kearney ** (Wirral)	M Murphy (Liv H)
2016-17	L/pool H&AC	R Burns (Liv H)	- ***	- ***

\* G Laithwaite, K Longley and R Burns were in the F35 age group when they won the title

\*\* K Longley (LPS, F35) was awarded 3rd overall

\*\*\* New veteran categories were introduced from the 2016-17 season

### Senior Women Veteran Awards

<b>Year</b>	<b>LV35</b>	<b>LV45</b>	<b>LV55</b>	<b>LV65</b>
2016-17	R Burns (Liv H)	M Murphy (Liv H)	M Rees (Wallsy)	No award

## Medal Tables – Team Titles

Male		Female	
Liverpool H&AC	50	Liverpool H&AC	81
Wirral A C	40	Wirral A C	10
L/pool Pem & Sef AC *	22	Southport Waterloo AC	3
Southport Waterloo AC	3	L/pool Pem & Sef AC *	2
St Helens Sutton AC	2		

## Medal Tables – Individual Titles (including Veteran awards\*\*\*)

Male		Female	
Liverpool H&AC	53	Liverpool H&AC	76
Wirral A C	44	Wirral AC	25
L/pool Pem & Sef AC *	25	Southport Waterloo AC	23
Southport Waterloo AC	15	L/pool Pem & Sef AC *	19
St Helens Sutton AC	8	St Helens Sutton AC	9
Warrington A C	8	Sale H	4
Wallasey A C	4	Liverpool RC	2
Liverpool R C	3	Mossley Hill AC **	2
Sale H	1	Penny Lane Striders	2
Hallamshire Harriers	1	Pensby Runners	1
Leigh H	1	Wallasey AC	1
Pensby Runners	1	Wigan & District H	1

\* Includes the Liverpool Pembroke medals prior to amalgamation with Sefton Harriers

\*\* Medals won when Mossley Hill AC were called South Liverpool AC

\*\*\* New Veteran age category awards were introduced from 2016-17)

## Venues and Finishing Numbers

<b>Year</b>	<b>Venue</b>	<b>Number of Male finishers</b>	<b>Number of Female finishers</b>
1992-93	Clarke Gardens	264	129
1993-94	Croxteth Country Park	224	102
1994-95	Sherdley Park	216	99
1995-96	Arrowe Park	248	102
1996-97	Clarke Gardens	204	95
1997-98	Croxteth Country Park	238	109
1998-99	Sherdley Park	177	86
1999-00	Arrowe Park	175	92
2000-01	Clarke Gardens	180	87
2001-02	Sherdley Park	161	100
2002-03	Croxteth Country Park	177	111
2003-04	Stadt Moers Park	168	83
2004-05	Arrowe Park	172	91
2005-06	Wavertree	172	91
2006-07	Croxteth Country Park	194	101

2007-08	Sherdley Park	164	94
2008-09	Arrowe Park	178	91
2009-10	Event cancelled due to bad weather		
2010-11	Stadt Moers Park	169	92
2011-12	Sherdley Park	208 *	87 *
2012-13	Arrowe Park	172 *	87 *
2013-14	Stadt Moers Park	174 *	102 *
2014-15	Sherdley Park	165 *	86 *
2015-16	Arrowe Park	218 *	122 *
2016-17	Sherdley Park	192 *	147 *

\* For comparison with earlier years, the number in the year 9 &10 race has been excluded.