

## Merseyside County Grand Prix 2019

### Award Winners

Men's Champion	Chris Pownell , Knowsley Harriers
Men's Runner Up	Rob Pearse, Wallasey AC
Men's Third Place	Rob Owens, Knowsley Harriers
Men's Team Winners	Kirkby Milers AC
Men's Team Runners Up	Penny Lane Striders
Men's Team Third Place	Knowsley Harriers
Women's Champion	Louise Jackson, Knowsley Harriers
Women's Runner Up	Rachael Fairclough, St Helens Striders
Women's Third Place	Danielle Scott, Knowsley Harriers
Women's Team Champions	St Helens Striders
Women's Team Runners Up	Penny Lane Striders
Women's Team Third Place	Knowsley Harriers
MV40 Winner	Andrew Fearn, Knowsley Harriers
MV45 Winner	Paul Riley, Penny Lane Striders
MV50 Winner	Paul Goodwin, Kirkby Milers AC
MV55 Winner	David Edwards, Kirkby Mikers AC
MV60 Winner	Alan Joyce, Knowsley Harriers
MV65 Winner	Mike Walker, Southport Waterloo AC
FV35 Winner	Katherine Holley, Wallasey AC
FV40 Winner	Jennifer Brady, Liverpool Running Bugs
FV45 Winner	Amanda Lee, Kirkby Milers AC
FV50 Winner	Samantha Bentall, Penny Lane Striders
FV55 Winner	Sue Heaps, St Helens Striders
FV60 Winner	Brenda Cahill, St Helens Striders