



# MERSEYSIDE COUNTY ATHLETIC ASSOCIATION

President: M Dooling MBE (LHAC)

## 14th Fell Running County Championships

Saturday – 5th December 2021

### Cardington Cracker

Senior Men and Women (Over 18s only)

Individuals with county qualifications from a club outside Merseyside - Email - [mcsaa.mike@gmail.com](mailto:mcsaa.mike@gmail.com)

Clubs can run 2nd claim athletes if their 1st claim club is outside the county

Runners must enter the race in advance using the race organisers online entry and then enter the MCAA champs separately by emailing [john.hunt@ntu.ac.uk](mailto:john.hunt@ntu.ac.uk) and paying MCAA £2.00 per entry, use the runner's name as the payment reference.

⇒⇒⇒⇒ !!!!!!! NO ENTRIES ON THE DAY !!!!!!! ⇐⇐⇐⇐

Medals will be awarded to

First 3 teams Mens and Womens (3 runners to count in a team)

First 3 individuals and First 3 veterans in the age groups below

There will be VETERANS AWARDS

First 3 x 40, 50, 60, 70 Men and Women

NB Veterans will also qualify for individual awards

**Club vests must be worn in all Championship races.**