



MERSEYSIDE COUNTY ATHLETIC ASSOCIATION

17th Fell Running County Championships

Monday 26th August 2024

Cilcain Mountain Race

Senior Men and Women (Over 18s only)

Individuals with county qualifications from a club outside Merseyside
Email – john.hunt@ntu.ac.uk

Clubs can run 2nd claim athletes if their 1st claim club is outside the county

Runners must enter the county race in advance using the MCAA champs separately by emailing john.hunt@ntu.ac.uk and paying £2.00 per entry to Merseyside County Athletics Association, Account No. 63119815, Sort Code 20-10-84, use the runner's name as the payment reference.
Cash/cheque payments are not currently accepted.

⇒⇒⇒⇒ NO ENTRIES TO THE COUNTY CHAMPIONSHIP ON THE DAY ⇐⇐⇐⇐

Medals will be awarded to
First 3 teams Men's and Women's (3 runners to count in a team)
First 3 individuals and First 3 veterans in the age groups below
There will be VETERANS AWARDS
First 3 x 35, 45, 55, 65 75 Men and Women
NB Veterans will also qualify for individual awards

County Championship runners must also enter the race itself sperately, pre entry for the race is at <https://racesignup.co.uk/site/event.php?eventid=3806>

Club vests must be worn in all Championship races.